

# TAC CUP Newsletter



TECHNIKA  
COOKING WITH PASSION

# KNIGHT LIFE

TECHNIKA  
COOKING WITH PASSION

Edition 05/16

10th March 2016

## U/18 TAC CUP FITNESS TESTING DAY DETAILS

Date: Saturday 12<sup>th</sup> March  
 Time: 7:45am  
 Venue: Maribyrnong Secondary College  
 (Gordon Street, Maribyrnong)  
 Melways Ref: Map 28 A11

- All players and staff need to be in attendance at 7:45am, 15 minutes prior to our first official activity.
- Players should **not** bring valuables e.g. wallet, phones etc. as the classrooms will not be locked!
- All players are to wear the numbered singlet they are allocated for testing. This will be handed out to you on Saturday morning. Singlets are to be returned to Chris Paras at the completion of testing. Player will wear the Northern Knights Football Jumper for the Headshot photos. Chris Paras will have these available on the day.
- The Warm Up area will be just outside the Testing Venue on the synthetic surface.
- The car park entrance will be from Gordon St, **PLEASE NOTE THAT THIS IS A DIFFERENT ENTRANCE FROM LAST YEAR.**

Full Details of the U/18 TAC Cup Fitness Testing Day will be emailed out to all U18 players, parents and staff.

## UPCOMING DATES

<b>Friday 11th March</b>	<b>U/18 Training @ La Trobe University 5:00pm</b>
<b>Saturday 12th March</b>	<b>U/18 TAC Cup Fitness Testing Day @ Maribyrnong Secondary College 7:45am</b>
<b>Monday 14th March</b>	<b>NO TRAINING—LABOUR DAY</b>
<b>Wednesday 16th March</b>	<b>Youth Academy Squad Training &amp; U/16 Team Photo @ La Trobe University 5:00pm U/18 Training @ La Trobe University 5:00pm</b>
<b>Friday 18th March</b>	<b>U/18 Training @ TBA</b>
<b>Sunday 20th March</b>	<b>U/16 Practice Match vs Bendigo Pioneers @ RAMS Arena, Craigieburn 10:00am U/18 Practice Matches vs Bendigo Pioneers @ RAMS Arena, Craigieburn 12:00pm, 2:00pm</b>

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## DEEPEST SYMPATHIES

It is with deep regret to advise that our Trainer and Life Member Dom Conte's mother, tragically passed away last weekend after a short illness.

We pass on our deepest sympathy to Dom and his family, at this very sad time.

The Funeral will be held in Adelaide next week.

## JACOB FAHEY

Congratulations to U18 player Jacob Fahey who made a successful return to football in last weekend's Intra Club Practice Match!



Remember to follow the Northern Knights on all your social media @NthKnights!

[www.facebook.com/NthKnights](http://www.facebook.com/NthKnights)

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## 2015 NORTHERN KNIGHTS PLAYERS DEBUT IN NAB CHALLENGE

Congratulations to Brayden Sier and Brayden Fiorini who both played their first match in the 2016 AFL NAB Challenge!



## 2016 GUERNSEY PRESENTATION NIGHT & SEASON LAUNCH

We hope that you will be able to attend our Season Launch, as a guest of the Northern Knights FC

- Date:** Monday 21st March
- Time:** 6:30pm
- Venue:** "The Grandstand" Function Room—Preston City Oval, Cramer St Preston
- Dress:** Smart Casual & Knights Apparel for Players. Finger Food will be provided at the start. Drinks will be available at Bar Prices.



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