



Affiliated NFL Clubrooms:

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P.O. Box 531, Hurstbridge 3099

JUNIOR PLAYERS

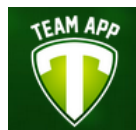
Information Booklet **Season 2016**

For all the latest club information visit:

www.hurstbridgefc.com



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HURSTBRIDGE JUNIOR FOOTBALL CLUB



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HFC - History

Founded in 1914, the Hurstbridge Football Club has a rich history, having won a total of 9 Senior & 15 Junior Premierships. We have over 50 life members, highlighting the commitment of the locals to the club.

We have been based at the Ben Frilay Oval since 1922, so you could say we are an integral part of the township.

The unique design of the Blue & Gold strip was introduced in 1988 when we joined the DVFL, where we are the only Senior Team to have played in all 3 divisions.

This originality, tenacity, attitude and community spirit is what makes this club so special.

Hurstbridge Football Club would like to recognise and congratulate the following players who have taken their football well into the next level. We hope they look back at their time here with pride, as the place where their footballing journey started

Jack Grimes:

Melbourne

2008 – current;



Selected in the 2007 National Draft @ Pick 14
NAB Rising Star Nominee – Round 14, 2009
Club Captain 2012-2014

Dylan Grimes

Richmond

2010 - current



Selected in the 2010 Pre-Season Draft @ Pick 2
NAB Rising Star Nominee – Round 3, 2013
Member of Richmond Leadership Group: 2013 – current.



Lachlan East
Daniel Jarvis

Northern Knights – TAC Cup Squad 2014
Northern Knights – TAC Cup Squad 2014

COMMENTS, COMPLAINTS & FEEDBACK

If you have any complaints, comments or suggestions regarding any aspect of the Hurstbridge Junior Football Club, please speak to any member of the committee.

All formal complaints must be submitted in writing. We will do all we can to address and resolve any concerns raised.

Players may also contact the Player Welfare Officer for any issue or concern they have.

All communications will be treated in the strictest confidence by the committee.

For full details refer to the HFC Operations Manual available at the clubrooms.

HURSTBRIDGE FOOTBALL CLUB

2016 JUNIOR COMMITTEE

POSITION	NAME	TELEPHONE
Club President:	Steve East	0419 002 342
Junior Club President:	Chris Butterfield	0417 068 627
Junior Secretary	Lori Lovett	0407 437 750
Junior Treasurer	Jackie Carr	0404 069 229

Committee Members

Chris Butterfield	Registrations	0417 068 627
Jamie Beauchamp	Sponsorship	0419 365 667
Nev Dixon	Sponsorship	0417 586 607
Tim Lakeman	Coaches Coordinator	0409 115669
Lyn Keith	Clothing	
Tracey Hopkins	Clothing	

General Committee

Dave Andrews
Danni Missen
Stewart McKie
Phil Crawford
Nev Dixon
Roy Lovett
Graeme Kerney
Rod Nihill
Jamie Beauchamp

The committee is made up solely of volunteers, to enable our kids to enjoy playing with the Bridges. Decisions are made in the best interest of the Players, Club and Local Community. We are always looking for more volunteers and feedback on how to improve the club so come on down and lend your support. A strong club spirit will give our kids the best environment in which to be part of a community, succeed & enjoy their Football.

HFC PHILOSOPHY

The Hurstbridge Junior Football Club is about participation and enjoyment of football, developing a sense of community, resilience, structure, discipline, local pride and being part of a team. In order to help develop the players football skills, teamwork as well as social conscience and sense of belonging we have further broken the Junior teams into two groups.

Junior Development Teams (Age Group's U/8 through to U/12)

The focus on this age-group is participation, skills development, teamwork and most of all enjoyment.

The coaching strategy revolves around individual skill development and basic gamesmanship that will enhance the development of all players. This is so that the team does not become overly reliant on too few as this is not sustainable in later years. Skills will be taught that are appropriate to the age of the kids so that a gradual progression is achieved.

Players will be rotated through all positions on the ground, so that they begin understand the requirements of each role. It will ensure they are adaptable and flexible and be suited to any position on the ground as they progress through the junior system with their bodies developing (at different rates). This is critical for the long term development of the players and success in the youth teams and should not be compromised to try and win games now.

While there is no limit on the number of players registered in these age groups, the team consists of 18 players on the field and while up to 12 players are allowed on the bench. In this situation, players will be rostered off. Every player will be rested once prior to any player being rested twice

Youth Teams (Age Group's U/13 through to U/18)

While there is still an emphasis on teamwork, personal development and enjoyment our ambition is to be a highly competitive team with a never give up attitude. Coaches are encouraged to lead by example and show leadership.

Through this development, we aspire to provide players the opportunity to play in and be exposed to the highest level of competition within the league including the opportunity to make representative teams and development squads.

Best & Fairest awards are awarded only to the youth teams

The NFL regulations state there is a maximum of 24 players per week (6 interchange) and no limit to the number of registered players. In this situation, players will be rostered off. Every player will be rested once prior to any player being rested twice

Player Registration

Players must meet the NFL & HFC requirements as detailed below in order to register to for the club. For the initial player registration, an original birth certificate / extract must be provided for validation of age.

A player will not be allowed to take the field (in a Home & Away Game or Final) unless their registration has been paid. If you are having financial difficulties, please speak with the club so we can determine a suitable payment plan.

To qualify to participate in a particular competition age group, a player must meet the age requirements as of the 1st January prior to the season in question. Players are initially assigned to teams based on their chronological age according to the table below.

Players who have not turned seven years of age on or before the 1st of January each year are not eligible to play in the Under 8 or any level of NFL competition.

Age Requirement – 2016 Season

NFL Age	HFC Team	Date of Birth (inclusive)	
Under 8	Grade 2	1-Jan-2008	to 31-Dec-2008
Under 9	Grade 3	1-Jan-2007	to 31-Dec-2007
Under 10	Grade 4	1-Jan-2006	to 31-Dec-2006
Under 11	Grade 5	1-Jan-2005	to 31-Dec-2005
Under 12	Grade 6	1-Jan-2004	to 31-Dec-2004
Under 13	Year 7	1-Jan-2003	to 31-Dec-2003
Under 14	Year 8	1-Jan-2002	to 31-Dec-2002
Under 15	Year 9	1-Jan-2001	to 31-Dec-2001
Under 16	Year 10	1-Jan-2000	to 31-Dec-2000
Under 17	Year 11	1-Jan-1999	to 31-Dec-1999

Team Selection:

All teams will be structured, based on the following criteria

1. Must be under the Maximum allowed age according to the NFL requirements
2. Players from the same school year level but who qualify for the lower age group can request to play up with their respective school years. As registration is based purely on age, a formal written request must be made to the Junior Committee. Players will only be allowed to play one age group higher that their chronological age determines.

The player will be permitted to play up an age level so long as their physical capacity and social sense enable them to compete adequately. The decision must be made in conjunction with the Player, Parents/Guardians, Coach and the Committee.

Only under exceptional circumstances will this not be allowed. For example if a team will be unable to field a complete team if a player is taken out. A full team is defined as the number of players required to fill all positions on the ground. This is 18 players for a standard team, reduced for some of the younger teams as defined by the NFL.

Once permission has been granted, no further formal requests are required for future seasons so long as there is verbal consent between the player, parents, coach and committee.

3. If there are insufficient players to field a complete team (only a few players short), players from the next lowest age group may be requested by the club to play up in the higher age group. This is not preferred – for the enjoyment and development of

the players, the Club prefers everyone to play within their own peer groups. This will help reinforce teamwork and friendships now and into the future.

The request will be made based on the player having the required physical capacity, social and football skills to play in that age group. In this case, the decision will be solely that of the Player & Parents/Guardians.

4. If there are insufficient players to field a team in a particular age group, that team and adjacent higher age group may be merged. This can only occur after consultation with the players, parents, coaches and committee. Every attempt will be made for this to be avoided, however if required we would make every effort for it to occur prior to the commencement of the season.
5. Where player numbers exceed the maximum requirement as stipulated by the NFL, the 'resting' players will be rotated. Every player will be rested before prior to any player being rested twice.
6. Players may temporarily fill in for an older age group that is short of players so long as it does not jeopardize them playing in their own team. Players are not permitted to play more than 2 age groups above their own

Training:

Training is a critical aspect of the development of the players, teams and club. All players are expected to attend training – if they are unable to attend, please inform the coach and team manager.

A free sausage sizzle follows training every Friday night once the season commences, including for the Auskick kids.

UNDER 9's	5.00pm – 6.00pm	
Friday Night:		
UNDER 10's	5.00pm – 6.00pm	Starting Date: early March
Friday Night:		
UNDER 12's		
Wednesday Night:	5.00pm – 6.00pm	Starting Date: early March
Friday Night:	5.00pm – 6.00pm	
UNDER 13's		
Tuesday Night:	5.00pm – 6.30pm	Starting Date: early March
Friday Night:	5.00pm – 6.30pm	
UNDER 14's		
Tuesday Night	5.00pm – 6.30pm	
Thursday Night	5.00pm – 6.30pm	
UNDER 16's		
Tuesday Night:	5.00pm – 6.30pm	Starting Date: early December
Thursday Night:	5.00pm – 6.30pm	
U18G		Starting Mid-February
Tuesday Night:	5.00pm – 6.30pm	
Thursday Night:	5.00pm – 6.30pm	

Game Day Policy:

While ensuring our kids can enjoy their football, we must also ensure that it's fair and safe. As such there are several rules and policies that must be enforced.

Mouthguards are compulsory for all players in all games – this includes practice matches

Medications for pre-existing conditions must be brought to the game by the player and the team manager informed. eg: Asthma pump, epi pen, etc.

Any regular strapping required is the **responsibility of the player** and should be supplied and applied prior to arriving at the ground. HFC does not have qualified strappers

The effectiveness of helmets in the reduction of injuries, including concussion is an area where research is constantly being conducted. At present, there is no AFL or NFL policy on the requirement to wear helmets. Approved Helmets can be worn at the discretion of the parents / guardians.

We recommend that each parent/guardian review the current published research and review the benefits and disadvantages of wearing a helmet prior to making any decision. The HFC policy will reflect the AFL & NFL requirement on the use of helmets in junior football.

Concussion is a temporary dysfunction of the brain following trauma. HFC follow the AFL concussion response procedure as summarised below. For full details, refer to the information available at the Club and on the website

- Any player who has suffered a concussion or is suspected of having a concussion must be **IMMEDIATELY REMOVED FROM PLAY** and medically assessed as soon as possible after the injury. The player must not be allowed to return to play in the same game or practice session.
- A concussed player must not return to training, playing, physical activity or school before having a formal medical clearance.

In the best practice management of concussion in football, the critical element remains the welfare of the player, both in the short and long term

Junior Development Teams:

On game day, every player in the team will be given equivalent game time (averaged out over the season). Each player is required by the NFL to spend a minimum of ½ the game on the field (excluding injuries) - This applies to all matches, including finals.

Players will be rotated through all positions on the ground every week to ensure they are all involved and engaged in the game, while learning and developing key skills for all positions.

However players will spend additional time on the bench if they breach the values and rules of the team and code of conduct. This includes continually being Disruptive, Bad sportsmanship, arguing with any Official or any form of Bullying.

Youth Teams:

With a stronger focus on structure and discipline, players will be put in suitable roles and positions that assist with both their development and the performance of the team.

While minimum game time of one half is still a requirement including finals, the players will be rewarded based on their attitude to the game, training and general sportsmanship.

NFL GROUND LOCATIONS

Team	Ground	Address	Melways Ref
Bundoora	Yulong Reserve	Cnr Plenty Rd & Bent St, Bundoora	Map 9 K12
Bundoora Park	Bundoora Park Oval	Snake Gully Drive, Bundoora	Map 19 G2
Diamond Creek	Coventry Oval	Elizabeth St, Diamond Creek	Map 12 A6
	Margrook Oval	Main St, Diamond Creek	Map 12 A5
Eltham	Central Park	Panther Place, Eltham	Map 21 J5
	Susan Street Reserve	Susan St, Eltham	Map 21 H6
Epping	Epping Recreational Reserve	Corner of High St & Park St, Epping	Map 182 B8
Fitzroy Stars	Sir Douglas Nicholls Oval	Cnr St. Georges Rd and Watt St, Thorbury	Map 30 E3
Greensborough	Anthony Beale Reserve	St Helena Rd, Greensborough	Map 11 D11
	War Memorial Park	Henry St, Greensborough	Map 20 H2
Heidelberg	Warringal Park	Beverley Rd, Heidelberg	Map 32 C4
Heidelberg West	Heidelberg Park	Beverley Rd, Heidelberg	Map 32 B4
Hurstbridge	Ben Frilay Oval	Greysharps Rd, Hurstbridge	Map 185 J8
Keon Park	J.C. Donath Reserve	Harmer St, Reservoir	Map 18 J1
Kinglake	Kinglake Memorial Oval	Corner Kinglake-Whittlesea Rd & Extons Rd	Map 380 B2
Lalor	Lalor Reserve	Sydney Cres, Lalor	Map 9 A4
Lalor Stars	W.A. Smith Reserve	Darebin Drive, Lalor	Map 9 D4
Laurimar	Laurimar Reserve	Montville St, Doreen	Map 391 E5
Mernda	Mernda Recreation Reserve	Schotters Rd, Mernda	Map 390 J9
Mill Park	Redleap Reserve	Redleap Ave, Mill Park	Map 9 K4
Montmorency	Montmorency Park Oval No.2	Para Rd, Montmorency	Map 21 B5
Northcote	McDonnell Park	Cnr Wilmoth St & Clifton St, Northcote	Map 30 J8
Northcote Park	Bill Lawry Oval	Westgarth St, Northcote	Map 30 G11
North Heidelberg	Shelley Reserve	Shelley St, Heidelberg Heights	Map 19 G12
Panton Hill	Cracknell Reserve	Bishops Rd, Panton Hill	Map 263 K9
Research	Research Park	Main Rd, Research	Map 22 F1
Reservoir	Crispe Park	Gloucester St, Reservoir	Map 18 E7
South Morang	The Lakes Reserve	The Lakes Blvd, South Morang	Map 183 C6
Thomastown	Main Street Reserve	Main St, Thomastown	Map 8 G7
Wallan	Greenhill Reserve	Cnr Duke St & Northern Highway, Wallan	Map 646 A12
Watsonia	A.K. Lines Reserve	Cnr Grimshaw St & Greensborough Hwy	Map 20 F2
West Ivanhoe	Seddon Reserve	Green St, Ivanhoe	Map 31 C7
West Lalor	Huskisson Avenue Reserve	Huskisson Ave, Lalor	Map 8 H3.
West Preston	Preston Nissan Oval	J.E. Moore Park - Gilbert Rd, Reservoir	Map 18 E6
Whittlesea	Whittlesea Showgrounds	Yea Rd, Whittlesea	Map 246 H8
Yarrambat	Yarrambat War Memorial Park	Ironbark Rd, Yarrambat	Map 184 G8

NFL MATCH CONDITIONS & ARRANGEMENTS

The NFL will progressively revise the regulations in line with the AFL Junior Football Match Guide over the next two seasons. By season 2015 the NFL will be 100% compliant with the national model for junior football competitions. This will primarily impact the Under 9's through to Under 12's. Details will be published on the HFC website as they become available. The information contained here is correct at the time of publishing.

Length of Quarters:

Under 9, 10	Twelve minutes	No time on.
Under 11, 12, 12G, 13, 14G, 16G	Fifteen minutes	No time on.
Under 14, 15, 16, 17 & 18G	Twenty minutes	No time on.

Breaks

- ¼ time - 5 minutes
- ½ time - 10 minutes
- ¾ time - 5 minutes

The intervals must be strictly adhered to. Fines will be imposed by the NFL for incorrect timing.

Match Commencement Time Guide: (typical but not always)

Under 9's	8.30 am
Under 10's & 11's	10.00 am
Under 12's & 13's + 12 Girls	11.30 am
Under 14's & 15's + 15 Girls	1.00 pm
Under 16's & 17's + 18 girls	3.00 pm

All players are required in the rooms as advised by the coach – this is typically 30 mins prior to the match start time.

Teams (except U9/U10) must have a minimum of **14 players** to start the match

The team must be on the ground at the times listed and must be ready to start within four minutes, if the game preceding the match is running late, teams should be ready to commence no later than one minute after the final siren of the earlier match.

Size of Football:

Under 9 & 10	Size 2 Synthetic
Under 11 + U12 (Girls)	Size 3 Synthetic
Under 12	Size 3 Leather
Under 13, 14, U16 (Girls), U18 (Girls)	Size 4 Leather
Under 15, 16 & 17	Size 5 Leather

Finals:

Finals are played in age groups U11's and above. To qualify for finals, player must play a minimum of 3 games in that team.

Drawn Matches:

Home & Away matches: No extra time will be played; both teams receive 2 premiership points.

Extra time will be played in the finals should the match be tied at full time.

NFL MATCH REGULATIONS

Players in any grade, may be ordered from the field by the field umpire and may be reported. Players can be ordered from the field for breaching the AFL rules of football/NFL codes of conduct. All players sent off can be replaced

Order off Rule in Under Age Football:

The NFL adopts the AFL Laws of Australian Football in relation to the order off rules.

Schedules 21 details the circumstances and application of the Order off Laws. Refer below for an overview of the Card System

Yellow Card:

The Field Umpire has the discretionary powers to order a player from the playing field and that player remains off the ground for a period of 15 minutes of playing time.

If a player receives 2 yellow cards in the one game or during the season the player will incur an automatic 1 week suspension by the NFL.

Should a player receive 3 yellow cards in one season they will incur an automatic 2 week suspension by the NFL.

Red Card:

A player who receives a red card from the field umpire means they have been reported and are ordered off the ground for the remainder of the match. After a player has been ordered off they cannot enter the field to listen to quarter or three quarter time address.

Reported Players/Officials & Tribunal

A player or a Club official who has been reported by an approved umpire of a match controlled or authorised by the Northern Football League, concerning the conduct of the player or a Club official before, during or after the match, must appear before the Independent Tribunal on the Tuesday or Wednesday night following the match, at the Northern Football League offices, Unit 11/10 – 14 Simms Road, Greensborough at a nominated time set by the League

Fines

Where a player receives a fine for a clear breach of NFL or HFC policies / Codes of Conduct, the fine must be paid by the player or the players' parents / guardian within 2 weeks of the infraction.

If the fine has not been paid within the required time, the player will be ineligible to play.

JUNIOR PLAYERS CODE OF CONDUCT

1 PLAY FOR THE FUN OF IT – AFTER ALL IT’S JUST A GAME!

All sport, including football should be fun. Do not play just to please your parents, coaches or friends. Play to improve your skills, to keep fit & active. If you enjoy an activity you will learn much quicker, perform much better and become more skilful.

If you are not having Fun, it may be time to try something else.

2 ABIDE BY THE RULES OF THE GAME

The rules exist for the safety & enjoyment of all people involved in football – so take the time to learn and understand them. Deliberately breaking the rules (including Team, Club or League rules) will result in consequences for you and your team. Do not let yourself or the team down.

3 BE A GOOD SPORT – SHOW INTEGRITY

Applaud all good plays whether they are by your team or your opponent. Be proud to walk off the ground after each game knowing that you have given your best effort. Make every effort to congratulate your opponent and shake their hand after every match.

Be humble in victory and gracious in defeat. Disappointment at losing is natural, but remember no one wins all the time. You learn more from a loss than you do from a 100 wins. Winning is not important – Trying is. All players are expected to take responsibility for your own actions.

4 WORK EQUALLY HARD FOR YOURSELF AND FOR YOUR TEAM

You owe it to yourself and others involved in your team to train and play to the best of your abilities. The team’s performance will benefit, and so will you – it’s a team game, treat it that way.

One or two training sessions is all we have together each week. If you want to be a GREAT footballer you obviously need to practice more than that. “Homework” may be given to you to further enhance your skills, as well as increase your understanding of the rules and way our game is played.

5 NEVER ARGUE WITH AN UMPIRE OR OFFICIALS – SHOW THEM RESPECT

The umpire is always right - even when the decision is wrong. Umpiring is a difficult job, and mistakes will be made. All decisions are final and must be accepted with dignity. If you disagree with a decision, tell your coach at the next break or after the game.

Disputing decisions and not accepting incorrect calls is bad sportsmanship and not acceptable. Remember the game cannot be played without umpires, and they will have as many perfect games (umpiring), as you will playing.

6 TREAT OTHERS AS YOU WOULD LIKE TO BE TREATED

Respect the ability of your team mates as well as your opponents. Chances are there is someone better and someone worse than you playing. Everyone makes mistakes and just because someone cannot perform as well as you do does not mean that they are not trying – The important thing to note is they are out there having a go – Remember without them there would be no game.

Do not abuse or damage club property or equipment. It is there for everyone to use & enjoy.

7 ANTI DISCRIMINATION & BULLYING

Any form of Bullying or Discrimination against officials, players or spectators is not acceptable and will not be tolerated by the club. This includes physical and verbal abuse, the use of derogatory language or insulting remarks based on race, religion, gender or ability, deliberately distracting, provoking and sledging an opponent – none of this will help you enjoy or win the and it is letting down your coach, team-mates and family. Any breach of this will result in disciplinary action by the club.

PARENTS & SPECTATORS CODE OF CONDUCT

1 BE A RESPONSIBLE ROLE MODEL FOR THE PLAYERS – LEAD BY EXAMPLE

Show & Encourage good sportsmanship by recognising and applauding good play from all players, not just our own. Do not criticise any player, including yours for making a mistake – This is how they learn.

Encourage other persons to follow and help enforce these principles

Accept ALL decisions made by the Umpires. If you do have any concerns ensure they are raised through the appropriate channels – DO NOT question the official's judgment and honesty in public.

2 ENCOURAGE PARTICIPATION

Encourage your children to play, but do not force them. They should be playing because they enjoy it.

Teach children that an honest effort is always more important than a victory. The focus in the junior levels is developing skills, playing the game and keeping fit.

3 CONTRIBUTE TO THE TEAM

Support your club officials in maintaining the highest standard of behavior, both on and off the field for the betterment of the league and your family. Offer assistance to your child's team so that every opportunity is being provided for the very best supervision and support. Your involvement will give both your child and yourself far more satisfaction.

4 EDUCATE THE PLAYERS IN RESPONSIBILITY

Ensure the players understand their Code of Conduct, what is expected of them and the potential consequences. This applies not only to the club but to everyday life.

Each player is part of a team, which is impacted by individual actions. Show respect to the team by turning up and arriving punctually for training and games. If your child can't make it, let the Coach and Team Manager know as soon as possible

5 ANTI DISCRIMINATION, BULLYING & VIOLENCE

Do not participate in any type of aggressive behaviour, both physical and verbal, to umpires, officials, players or any other club members, committee members or opposition teams. – This type of behaviour should be condemned

Actively support all efforts to remove both verbal and physical abuse from junior football.

PROCEDURE FOR BREACHING CODE OF CONDUCT

Upon receiving a complaint, an Executive Committee meeting will be called and an investigation conducted. All sides of the allegations will be heard prior to any decision being made.

Dependent on the severity of the breach, one of following actions will be put in place.

1. Verbal warning – in place for the duration of the season.
2. Written warning – in place for the duration of the season
3. Suspension from Club – period defined as part of the penalty
4. Expulsion from the Club

NFL investigators and/or Police may be called to support the investigation for serious breaches.

ANTICIPATED EXPENSES

Registration fees contribute to our share of NFL levies, Umpires, footballs, training equipment, clubroom costs, etc. but does not cover all of these costs. We rely on our Sponsors, Canteen, Fundraising activities and Club events throughout the season to meet the entire cost of fielding the junior football teams.

So come down to the clubrooms and help us support the kids playing football.

Registration

The registration fees are as follows:

1 st Child of family	\$165 +\$25 NFL Levy = \$190
2 nd Child of family	\$125 +\$25 NFL Levy = \$150
3 rd Child and beyond	\$80 each +\$25 NFL Levy = \$105

In 2016 the NFL has levied a \$25 fee per registered player. If you need more information regarding this charge please contact a HFC Junior committee member for further details.

This cost for the Entire season – **there are no extra weekly payments required.**

A player will not be allowed to take the field (in a Home & Away Game or Final) unless their registration has been paid. If you are having financial difficulties, please speak with the club so we can determine a suitable payment plan.

Refund Policy

Generally refunds will not be given for change of mind. Any refund of registration payment will be at the discretion of the committee. Submissions for refund must be submitted to the committee in writing.

Players Insurance

The fee covers players Injury Insurance through the NFL insurer JLT. Details of the benefits will be distributed to all players when they register.

This does not include Ambulance cover or Hospital cover so the HFC committee recommend that all players have their own separate cover.

An ambulance will be called at the discretion of the team medic or ground official if deemed to be required. The cost of this is the responsibility of the parents / guardians

Player's Jumper

Club jumpers are supplied to players to wear on Game Day Only – These are not to be worn to training. The jumpers are to be washed each week and returned to the Team manager at the end of the season. Playing jumpers are the responsibility of the player during the season. Lost jumpers will need to be replaced by the player/guardian at the cost nominated by the club.

Players are permitted to wear a T-shirt or Skivvy underneath a sleeveless playing jumper, provided that it is Navy Blue and does not create any additional risk of injury. It must not have any buttons, holes/catching points that can catch fingers or ropes/drawstrings. Players wishing to wear gloves are able to do so as long as the gloves are NFL approved and inspected by the umpire prior to the game.

Players Uniform

It is compulsory for all players to wear the approved HFC uniform to take the field each week. This is only available for purchase from the club. The uniform shop is open on Friday night from 5pm-6pm or you can contact Chris Butterfield on 0417 068627 to make alternate arrangements.

Failure to wear the correct uniform will result in the Club incurring fines.

Shorts & Socks

There are two pairs of Football shorts required – Home (Blue) & Away (White), and Blue Socks with a Yellow band. All items must have the official NFL logo on them.

Bike shorts/skins may be worn underneath the football shorts provided they are neutral (Beige), Black or White in colour.

Boots

Boots must be checked every week to ensure the stops are in good order (not sharp or dangerous – there can be no metal showing) Metal stops are not allowed in the NFL. Players are not permitted to wear jewellery of any kind. i.e. No earrings, rings etc.

Mouthguards

All junior players are required to wear mouthguards whilst playing, this includes practice matches.

Personalised mouthguards will be available for purchase before the season start. Fitting day is **Thursday 3rdth March 2016**.

CLUB MERCHANDISE – 2016 PRICE LIST

All Prices include GST

Go to hurstbridgefc.com for the latest pricing & Special Offers

Juniors (Sizes 4 – 16)

Playing Shorts	\$26.50
Socks	\$13.50
HFC Sport Bags	\$38.50
Training Singlets	\$25.00
Warm Up Jackets	\$38.50
Polar Fleece	\$38.50
Hoodies	\$45.00
Polo Shirts	\$33.00

JUNIOR START UP PACK – Ideal for New Players

The kit contains the HFC sports bag, Home shorts, Away shorts, 1 Pair of Socks and a HFC Hoodie. Valued at \$150.00

SPECIAL PRICE \$135.00 (10% discount) Only available in sizes 4-16 - does not include adults

Adult (Sizes S-XXXL)

Polo Shirts	\$48.50
Winter Jackets	\$71.50
Warm Up Jackets	\$49.50
Polar Fleece	\$44.00
Hoodies	\$45.00
Training Singlets	\$25.00
Playing Shorts	\$33.00
Socks	\$16.50
Ladies Polo Shirts (Old Stock)	\$33.00
Ladies Jacket	\$75.00

Miscellaneous items

Beanies	\$20.00
Caps	\$22.00
HFC Umbrellas	\$35.00
Boot Bags	\$20.00

Prices accurate as of February 8th, 2016

JUNIOR PLAYERS SPONSORSHIP PACKAGE

A few years ago we launched a new Sponsorship option, specifically aimed at the parents of the junior players. It has proven to be a great success and is extremely popular with the Junior players who all loved having their photos on display inside the clubrooms.

Junior Player Sponsorship package includes:	1 st Child	2 nd Child	3 rd Child+
	Value	Value	Value
➤ Player photo on display in rooms	\$75	\$150	\$225
➤ Player registration	\$165	\$290	\$370
➤ Team Photo	\$20	\$40	\$60
➤ Two Senior Memberships (entitles free entry to all senior games and voting rights at AGM)	\$100	\$100	\$100
Value of package	\$360	\$580	\$755
Savings	\$75	\$155	\$260
NFL Levy (new 2016) refer committee if you need more information	\$25	\$25	\$25
All You Pay	\$310	\$450	\$520

The Display photo contains the Players name and Sponsor – this can be your Family name or Company. This photo is then yours at the end of the season. Receipts are issued which may be Tax deductible.

This is not much more than you would pay for just registration and photos, plus you get the following additional benefits:

- Child's photo to go up in clubrooms on Parents Sponsor Board
- Free team photo
- Free entry to all senior home and away games

CORPORATE SPONSORSHIP PACKAGES

Various corporate sponsorship packages are available to any business who would like to support the club or for parents of junior players who have their own business and are able to utilize this tax deduction and assist the juniors with their financial support.

Corporate sponsorship packages can be customised to suit individual needs. Basic options include:

- Signage around the ground
- Advertising in the Clubrooms
- On team jumpers,
- Club Apparel

Contact: Nev Dixon on 0417 586 607, nev@nwdix.com.au , Jamie Beauchamp 0419 365 667, jbeach2@bigpond.com

COACHES CODE OF CONDUCT

In line with the clubs constitution, all coaching positions are declared vacant at the end of each season and advertised for the following season. Please check the club website, newsletter and postings around the club for application closing dates which are usually posted a few months after the end of the season.

All applications must be submitted in writing to the coaches co-ordinator or club president stating the reasons for the application for that particular age group, relevant qualifications and experience.

In general the coach is required to: -

1. Hold a current accreditation under the Australian Coaching Accreditation Scheme to a minimum of Level 1. Note: Level 1 accreditation is not required at the time of application. The club will pay for the successful applicant to attend the course and become accredited.
2. Have relevant knowledge and experience for the particular age group.
3. Follow all Hurstbridge Football Club & NFL rules & regulations.
4. Ensure, as far as practical, other team officials abide by the club and NFL rules.
5. Strictly follow and encourage other officials, supporters and players to follow the relevant Codes of Conduct.
6. Participate in Coaching Panel meetings as required.
7. Follow all relevant club procedures.
8. Ensure the team is ready to play by the allocated times including the start of the game and quarter breaks.
9. Set an example at all times in respect to "sportsmanship." Young players will take on the behaviour and attitudes of their leader.
10. Encourage all players equally and avoid "favouritism"
11. Provide an environment which maximises players opportunity to learn.
12. Follow agreed strategies as determined by the Coaching panel.
13. Participate in Club functions where possible.
14. Teach correct skill techniques as determined by the Coaching panel.
15. Be positive at all times.
16. Set and communicate team goals.
17. Encourage the team related aspect of the game rather than individual ones.
18. Consider individual player abilities and injuries and at no stage compromise their health and safety by allocating them inappropriate tasks.
19. The Committee will appoint a Coaches Co-ordinator, who will provide the link between the Committee and the coaching panel. The Co-ordinator's role is primarily to provide a forum for all coaches to communicate together in the interests of developing uniform strategies for game plans, training and skill development. In this way players can develop under a systematic staged process where each year builds on the previous.
20. As stated in the club constitution, no coach will be able to coach the same group of players for more than 3 consecutive seasons unless approved by the executive committee.

COACHES CORNER - 2016

Once again we are extremely fortunate to have a very energetic and enthusiastic group of coaches for this season. They bring to the Club a wealth of experience in both Junior and Senior levels of football.

Our Junior coaches donate their time because of their love of the game and a desire to develop the skills and camaraderie of the kids playing football. However their primary goal is to make playing footy fun. This job is made a lot easier if they receive support from the parents, volunteering for match day roles, helping out on the ground at training, being a sponsor of the club, or lending your expertise. This all allows the coach to focus on the development and advancement of your kids, and the kids all get a kick out of you helping them.

Please feel free to approach your child's coach at any time to discuss their football and any queries or issues you have. If you cannot achieve a satisfactory outcome with the coach, please contact the Coaches Co-ordinator, Player Welfare Officer or a Member of the Junior Committee

Under 9's	TBA Shortly	
Under 10's	Rod Nihill	0438 455 242
Under 12's	Jaiden Vann	0402 848 504
Under 13's	Brett Eid	0448 448 752
Under 14's	Mark Donnelly	0418 542 736
Under 16	Phil Crawford	0413 223 366
Under 18 Girls	Ross Nihill	0402 435 457
Coaches Co-ordinator:	Tim Lakeman	0409 115669

WE WISH ALL COACHES & TEAMS GOOD LUCK FOR THE 2016 SEASON

RACIAL & RELIGIOUS VILIFICATION POLICY PROCEDURES AND ACTION PLAN SEASON 2016

Policy

The Hurstbridge Football Club (the Club) is committed to the NFL policy in relation to Racial and Religious Vilification and will take steps to ensure that all players and officials associated with their Club understand their responsibilities under the NFL Rule as well as State and Federal Anti-Discrimination legislation.

Procedures

1. Policy Dissemination

Information about the policy and related penalties will be included in Senior and Junior handbooks and shall be posted in prominent places around the Clubrooms. Information will also be included in information sheets given to Coaches, Assistant Coaches, Team Managers, Runners and any other person acting in an official manner either in a voluntary or paid position.

2. Education and Awareness

At the commencement of each new season all players, staff, committee members and officials will receive a briefing on the Clubs stand in relation to Racial & Religious Vilification.

3. Breaches of the Rule

Any player or official who is deemed to be in breach of the rule, regardless of whether a complaint has been made to the NFL, shall be subject to the existing discipline processes and procedures of the Club including Exclusion, Suspension or other penalties as deemed necessary.

4. Supporters and Spectators

All Committee Members and Officials have a responsibility to raise awareness amongst spectators and to, where required, address issues as they arise by explaining the Club policy to offenders.

GAME DAY ROLES & RESPONSIBILITIES

There are numerous positions that must be filled each week in order to play a junior match. While some, such as the Team Coach & Team manager are season long appointments, others can either be for the season or on a week-to-week basis. Without these roles being filled, there will be no match.

In addition to the game roles, volunteers are required to work in the canteen (for all home games) and for the junior development teams cook the Friday night BBQ for Auskick & Juniors Training.

- a) Trainer (Must hold minimum Level 1 First Aid course certificate) – All age groups
- b) Timekeeper – All age groups
- c) Goal umpire – All age groups
- d) Umpires escort – All age groups
- e) Runner – All age groups, except under 9 & 10s
In age groups U12 and below, the age of the Runner must be 15 years or older.
In all other age groups and Youth Girls, the Runner must be 18 years or older.
- f) Boundary umpire – All age groups, except under 9 & 10's
- g) Water carrier (Optional) – Not allowed in under 9's (Note: Volunteer/s are still required to wash and refill the water bottles every week) (min age 12)
- h) Interchange Steward – All age group, except under 9 & 10's
- i) **Best & Fairest Voting – Under 13 upward**

The basic descriptions of the roles are listed below. Where required, the specified clothing (T-shirts, bibs, Goal Umpire Jackets, etc) and equipment (eg: Flags, score cards, etc) are supplied by the club.

For each game, there can be no more than a total of six trainers and water carriers

Please let the team manager know if you would like and are able to fill one of these roles for the duration of the season. For the positions that remain available, a rotation roster will be drawn up. Every family that does not already have a role will be assigned duties, until every position is filled every week.

Note: Please let the team manager know if there are days you cannot support. Once the roster is published and you find you are not available for your allocated time, please arrange to swap days with someone else and let the team manager know.

Alcohol consumption is not permitted at Junior games.

Smoking is not permitted while you are acting as an official of the game, including while you are in an official's uniform. To ensure we comply with the regulations and as an example to the kids, discretion while smoking would be appreciated. In addition to this, the NFL does not permit any persons to smoke on the playing arena at any time including quarter, half and three-quarter time intervals.

Note: Anyone acting in an official role, including Coaches can be reported by field umpires.

Timekeeper

The Timekeeper must be over 18 years of age and their name listed on the team sheet. Both competing teams are required to supply a timekeeper. The timekeeper's responsibilities are:

1. To sound a bell or siren at the start and finish of each quarter. No time on is added in any junior competition matches.
2. To keep the time of each quarter on time cards.
3. To keep a record of scores for use by the controlling body in the event of the goal umpires cards not agreeing.

Timekeeper cards and Record of Scores are not required for Under 9s.

Trainer

The trainers are to be listed on the team sheet.

1. Trainers must wear White NFL approve vest with TRAINER on the back. If you wear football boots they are not to have metal showing from the stops, aluminium spikes
2. Jewellery is not to be worn, e.g. rings, necklaces, plaster casts or medical supports. Medical supports can be exempt by the Northern Football League prior to the game. Watches can be worn for the need to check on a pulse.
3. Stand behind the boundary line about 25 metres to 50 metres from the goals. After attending to an injured player, leave the ground straight away.
4. Leave the field when a fight starts (unless attending an injured player) and do not get involved. Trainers can and do get reported as well as clubs fined. You cannot be a trainer if you are currently serving a suspension. Suspended players or officials have to stay behind the fence when a Northern Football League match is being played.
5. Trainers can carry drink bottles. When giving a drink try to make sure that the drinker's mouth does not come into contact with the drink container. Use containers that do not allow contact to be made and if you can wash out the containers before and after the match. Hepatitis is easy to spread.
6. Do not carry medical kits onto the ground unless play has stopped.
7. When calling for a stretcher the umpire needs to be told. They will stop the game at the next break in play when the stretcher enters the field. e.g. Out of bounds, Free kick, Score or stop in play. They cannot stop the play until the stretcher is on the oval. Use a runner to notify the umpires. The game can recommence when the stretcher is back over the boundary line. Take the injured player directly to the clubrooms.
8. Do not stand or sit in the coach's box. However trainers are allowed to work on a player if the player is in the coaches' box.
9. Do not go into or be in the Centre Square when there is going to be a ball up or into the 50 metre arc when kicking in from a behind, or a free kick will be given to the other team. Trainers are allowed inside the square or 50 metre arc when there is going to be a ball up or if they are working on an injured player.

10. Do not **coach** or send messages to the players or back to the coach.
11. Trainers must have completed and passed at least a level 1 first aid course.

Goal Umpire

The Goal Umpire must be at least 15 years of age and are required to wear a white coat.

1. Before the match ensure details of the match have been entered on the scorecard supplied by the Northern Football League.
2. During the match stand behind goal line in line with the flight of the ball. Wait for the field umpire to give the all clear before giving decision. Both goal umpires must wave the flags for each score. Enter score on card and check scores with other goal umpire at the quarter breaks and after the match. The scorecard must be handed to the team manager after the match.
3. Club supplied umpires are not permitted to barrack or comment on play. If the field umpire is of the opinion that a club supplied goal umpire is making deliberately wrong or incompetent decisions he or she may demand the offending club to replace the goal umpire before re-commencing the match.

Goal umpires are required only to wave the flags in the under 9 & 10 competitions – NO scores are to be kept.

Umpires Escort

The Umpires Escort must be over 18 years of age and their name listed on the team sheet. Both competing teams are required to supply an escort.

1. You are not a **bodyguard** but are there to warn people of the respect that umpires deserve.
2. At the start of the game you are to escort the umpires from their change rooms to the centre of the oval. Wait there until given permission to return to the sidelines. At the completion of the first quarter, stand with the umpires in the centre square.
3. At the end of the second quarter escort the umpires to their rooms. Return to get the goal umpires checking the scoreboard.
4. At the start of the third quarter you are to escort the umpires from their change rooms to the centre of the oval. Wait there until given permission to return to the sidelines. At the completion of the third quarter, stand with the umpires in the centre square.
5. At the end of the game escort the umpires to their rooms. Return to get the goal umpires checking the scoreboard.
6. If the escort cannot do this then a club official can escort them off after introducing themselves as the escort. Failure to do this may result in a fine for your club.
7. Coaches are not allowed in the centre square during the breaks.

Runner

1. You have to be at least 18 years of age and your name on the team sheet.
2. Jewellery is not to be worn, e.g. Ear rings, Rings, Necklaces, Watches, Plaster casts or Medical supports. Medical supports could be exempt by the League prior to the game.
3. Runners should wear a green T-shirt with RUNNER and the clubs name on the back of the T-shirt. Any colour long pants can be worn but if shorts are worn then they are to be green. Runners or football boots can be worn providing the stops do not have any metal protruding through or made of aluminium. Running spikes are not permitted. Hats can be worn.
4. Stand behind the line in front of the coaches' box so to allow the boundary umpires a clear area to run.
5. Transport messages to and from the Coach and Players. Leaving the field when messages have been given. Do not carry clipboards onto the oval.
6. Leave the field when a fight starts and do not get involved. Runners can and do get reported that as well clubs get fined. You cannot be the runner if you are currently serving a suspension. Suspended players or Officials have to stay behind the fence whilst a Northern football league game is being played.
7. Notify the umpires that there is a stretcher coming onto or is on the oval. They will stop the match at the next break in play. E.g. out of bounds, Free kick, Score or stop in play. Re-starting the game when the stretcher is back over the boundary line directly to the clubrooms. They cannot stop the game until the stretcher is on the oval.
8. Do not go into or be in the centre square when there is going to be a ball up of into the 50m arch when kicking in from a behind. A free kick will go to the other team.
9. Do not carry a water bottle - Water persons and trainers do.
10. The coach cannot go into the centre square at quarter, half, or three quarter time. This will result in a fine for the club. This is umpires space.
11. The captain can ask questions, and is the only one who can ask for a head count.
12. Do not swear or abuse the umpires, spectators or other players.

Boundary Umpire

1. You must wear white T-shirts. If you wear football boots they are not to have metal showing from the stops, aluminium stops or running spikes
2. In all under 15 to senior grade matches boundary umpires must be at least 15 years of age In all under 10 to under 14 grade matches boundary umpires must be at least the same age as the grade in which they are officiating
3. Boundary umpires are to assist official NFL field umpires, you are required to retrieve the football after a goal is kicked and throw the football in when out of bounds
4. No coaching is allowed.

Water Person

1. You have to be at least 15 years old for senior, Reserves or Thirds and at least 12 years old for junior matches and your name be on the team sheet.
2. Jewellery is not to be worn, e.g. rings, necklaces, watches, plaster casts or medical supports. Medical supports can be exempt by the Northern football League prior to the game.
3. Water persons are to wear a supplied orange bib. Long pants are to be worn. If you wear runners or football boots they are not to have metal showing from the stops, aluminium stops or running spikes. Hats can be worn
4. You must stand behind the boundary line, adjacent to the 50 metre mark inside the designated box.
5. Water carriers can deliver water after a goal has been scored and before the ball is bounced in the centre to restart play. During general play a water carrier can deliver water to his players at one end when the ball is at the opposite end (i.e. backline when ball is in forward line) provided they move off the ground immediately after delivery, and don't encroach within 100 metres of the play
6. Do not stand or sit in the coaches' box.
7. Leave the field when a fight starts and do not get involved. Water persons can and do get reported as well as clubs get fined. You cannot be the Water person if you are currently serving a suspension. Suspended players or Officials have to stay behind the fence when a Northern football League game is being played.
8. When giving a drink try to make sure that drinker's mouth does not come into contact with the drink container. Use containers that do not allow contact to be made. Wash containers before and after use. Germs are very easy to spread.
9. Do not coach or send messages to players or back to the coach. Water carriers are not allowed within 15m of the coaches box
10. Do not go into or be in the centre square when there is going to be a ball up or into the 50 metre arc when kicking in from a behind. The other team will get a free kick.

Interchange Steward

1. You have to be at least 18 years old and your name be on the team sheet. You must wear the "Interchange" armband
2. When taking players ON and OFF the ground, The interchange steward must ensure the player goes through the interchange gate.
3. If a player did not leave via the interchange and has been replaced then that player cannot come back on for the remainder of the match. (the only exception is if a player is taken off on a stretcher)
4. The team manager can also be the Interchange Steward.

BEST AND FAIREST VOTING

Club Best & Fairest is awarded from Under 13's onward. The voting is split, as detailed below to ensure, as far as possible, that best and fairest votes are awarded without bias and to the appropriate players.

The B&F votes are to be awarded to the Best players on the day – it is not to be used as an opportunity to give recognition to players for encouragement or other reasons. There are other specific awards given for this purpose.

1. Team Managers are to arrange three vote cards prior to the start of the game as follows:
 - One to the Coach – Votes to be given by coach or coach can delegate this to assistant coach, Team Manager or Runner.
 - Two to relevant knowledgeable parents/supporters
2. The vote cards are to be accompanied by a copy of "Guidelines for Voting" as per the attachment in the Operations Manual and a Copy of the teams player names and numbers. After the vote card is completed it is to be sealed by the voter in the individual envelope.
3. Voting shall be from 5 votes down to 1 vote (5 being for the best on ground)
4. Team Managers are to emphasise that voting should be carried out individually without discussion between the other voters. This ensures impartiality.
5. Team Managers will collect the Individual vote envelopes once completed, and seal them in the provided Game round envelope, which will then be handed to the assigned committee member after the game. Results should be kept confidential.

For the NFL Best & Fairest voting, applicable from U13 to U17 the Field umpire is required to award the votes.

These votes are then tallied to determine a NFL B&F in each age group and division.

H.F.C. HONOUR BOARD - BEST & FAIREST

Year	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14/15	Under 17
1979					R. Purchase		
1980		R.Wooley			D.Bertram		
1981		S.Sleeth			D.Dyson	D.Wiseman	D.Wilson
1982					D.Attwell	D.Wiseman	
1983		S.Keenan				D.Attwell	J.Allen
1984		C.Keenan			P.Hussey	D.Attwell	L.Attwell
1985	P.Holzer		C. Keenan		S.Ferraro		L.Carter
1986		G.Brown J.Doolan			G.Singleton	D.Melbourne	B.Wiseman
1987		R.Laoumtzis D.Miller			C.Keenan	D.Melbourne D.Renouf	
1988		C.Laoumtzis	M.Bouchier		S.Griffiths	S.Keenan	
1989		D.Lyngcoln	C.Laoumtzis		G.Donnelly	G.Melbourne	M.Asbell
1990		T.Jeninson	D.Johnston		M.Reeve	C.Keenan	
1991		P.Paros			C.Laoumtzis	A.Curtis	C.Keenan
1992		J.Audley	W.Websdale		M.Morse	R.Laoumtzis	I.Scarpa
1993		J.Laoumtzis	D.Keenan		J.Baillie	C.Laoumtzis	J.Lyngcoln
1994		R.Davies	J.Laoumtzis		D.Rowley	D.Morse	T.Clark
1995		A.Gardam	N.Laurence		M.Green	J.Duckworth	J.Henham
1996		R.Jackson	D.Harris		B.Austerberry	D.Keenan	P.Bramston
1997		R.Jackson	R.Len	L.Morse	S.McManus	D.Keenan	L.Hails
1998		J.Grimes	R.Jackson	B.Jones	A.Gardam	L.Jackson	B.O'Shannassy
1999		S.Jellie	J.Grimes	R.Jackson	B.Jones	G.Horton	L.Jackson
2000		C.Pohl	J.Grimes	C.Scott	R.Jackson	J.Crowe	M.Higgs
2001		R.McDougall D. Grimes	S.Pike	N.Milne	S.Jones	N.Grimes	H.Pohl
2002		C.Caulfield	D.Grimes	C.Pohl	J.Grimes	D.Carmody	N.Grimes
2003		M.Lucas	M.Rabel	J.Howell	B.Simondson	S.Caldwell	J.Cubeta
2004		T.Keys	M.Gersh	C.Caulfield	J.Howell	J.Grimes	D.Carmody

Year	Under 13	Under 14	Under 15	Under 16	Under 17	U18 Girls
2005	J. Donnelly	J. Howell	S.Pike		J. Gibson	
2006	B.Abbatangelo	J. Fisher	J.Howell		S. Clarkson	
2007	H. Taylor	N.Kos	K. Neil		J. Howell	
2008	T. Keys		H. Taylor		L. Johnstone	
2009	C. Jenkins	T. Keys	J. Barbera		B. Fennell	
2010	D. Jarvis	C. Jenkins	J. Bramble		H. Taylor	
2011	M. Dale	D. Jarvis	C. Jenkins	T. Keys	M. Thompson	
2012		T Gallagher T Ramsdale	D. Jarvis	B. Jordan		
2013	K. Nogie- Birthsiel		M.Dale	D. Jarvis	R. Reading	
2014		A.Butterfield		M.Dale	R.Dyson	K.Fitzgerald
2015	A. EL-LEISSY		C. FLANAGAN		M. HYMUS	K.FITZGERALD

JUNIOR CLUB PREMIERSHIPS

1993	Under 17 Premiers DVFL Div. 3
1994	Under 13 Premiers DVFL Div. 3 Under 17 Premiers DVFL Div. 2
1995	Under 11 Premiers DVFL Div. 2
1997	Under 15 Premiers DVFL Div. 3
1998	Under 12 Premiers DVFL Div. 2
2000	Under 10 Premiers DVFL Div. 3 Under 11 Premiers DVFL Div. 3
2004	Under 13 Premiers DVFL Div. 2
2005	Under 17 Premiers DVFL Div. 2
2009	Under 11 Premiers NFL Div. Green Under 14 Premiers NFL Div. Green Under 15 Premiers NFL Div. Red
2011	Under 15 Premiers NFL Div. Red Under 17 Premiers NFL Div. Red

CLUB THEME SONG

Sung to the tune of "Yankee Doodle Dandy"

We're from Hurstbridge we're the blue boys'

The Hurstbridge Football Club are we Real
good stickers for the Blue and Gold Always

we fight for victory

The best in this here competition

We don't give up until they lose

We are a team of champions

Full of fighting spirit

That's why we're called the Hurstbridge Blues

H. U. R. S. T. B. R. I. D. G. E



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IN 2016 AND BEYOND

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