**Fax or Email to LSA at (08) 8355 3360 /** [**office@lacrossesa.com.au**](mailto:office@lacrossesa.com.au)

**GENERAL INFORMATION** (PLEASE PRINT CLEARLY)

Please select the position you are applying for:  Head Coach  Assistant Coach

Team Age Group:       Team:  Male  Female Competition:

Where:       Date From:    /    /    Date To:    /    /

Name (in full):

Address:       Suburb:       P/Code:

Phone: (  )           Mobile:

Email:       Current Club:

**PLAYING INFORMATION**

When and at what levels have you played:

Club:

State:

National:

**COACHING INFORMATION**

When, at what levels, what success and for whom have you coached:

Club:

State:

National:

ASC Basic Coaching Certificate:  Yes  No Certificate No:       Expiry Date:    /    /

Current ALA Club Coaching Certificate:  Yes  No

Do you have a Police Clearance:  Yes  No (must be in place before application)

Please indicate any other sports related qualifications you have:

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What criteria would you use to select the team:

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In the space below, please provide a basic outline of the training plan you will use, based on sound coaching principles for this event, should you be appointed:

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**OTHER SPECIFIC SKILLS** (Please indicate)

Psychology/Motivation/Mental Training  Technical/Concepts

Conditioning  Strength Training

Nutrition  Team Building

Injury Prevention  Organisation

Other (please specify)

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Any other supporting information:

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**FOR HEAD COACH APPLICANTS ONLY**

Do you have a preferred Assistant Coach:

Do you have a preferred Team Manager:

**Please attach with your application the following Documents**

1. ASC Basic Coaching Principles Certificate.
2. ALA Club Coaching Certificate.
3. Player trials plan, including:
   1. Team selection criteria
   2. Dates/locations of trials
   3. List of selectors
   4. Training plan/run sheet
4. Training Plan Outline.

Please read and understand the information below. You will be required to sign-off and return this with your application, for your application to proceed.

**AUSTRALIAN SPORTS COMMISSION**

**COACH CODE OF BEHAVIOUR**

In addition to Lacrosse’s General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Lacrosse SA, a member association or an affiliated club and in your role as a coach appointed by Lacrosse SA, a member association or an affiliated club:

1. Do not tolerate acts of aggression.
2. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
3. Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
4. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
5. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
6. Involve the players in decisions that affect them.
7. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
8. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.
9. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
10. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
11. Avoid situations with your players that could be construed as compromising.
12. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
13. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
14. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
15. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
16. Be honest and ensure that qualifications are not misrepresented.

**GENERAL CODE OF BEHAVIOUR**

As a member of Lacrosse SA, a member association or an affiliated club or a person required to comply with Lacrosse SA’s member protection policy, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Lacrosse SA, a member association or an affiliated club and in any role you hold within Lacrosse SA, a member association or an affiliated club:

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealing with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adhesion to, Lacrosse's standards, rules, regulations and policies.
6. Operate within the rules of the sport including national and international guidelines which govern Lacrosse, the member associations and the affiliated clubs.
7. Do not use your involvement with Lacrosse, a member association or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of Lacrosse, a member association or an affiliated club.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring Lacrosse, a member association or an affiliated club into disrepute.
12. Provide a safe environment for the conduct of the activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.

I have read and understood the Australian Sports Commission Coach Code of Behaviour and the General Code of Behaviour above. I have also read and understood my obligations under the Lacrosse SA Member Protection Policy. By signing this form I am bound to abide by the above codes and policies and understand any breaches may involve disciplinary action as determined by the Board of Lacrosse SA or its delegates.

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| Name: | Signature: | Date:    /    / |