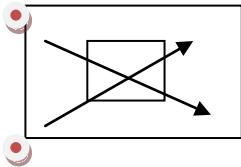
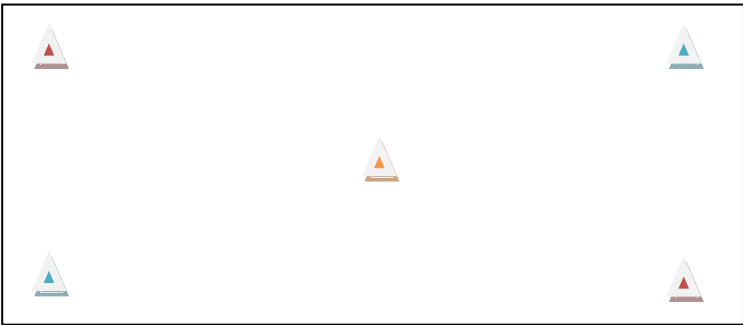


Stage: Year 5/6 - Handballing

Content Outcomes:

Lesson Number: 1

Resources/Equipment: Footballs, Cones (minimum of 3 colours), goals

LESSON SEGMENT & TIMING	CONTENT/LEARNING EXPERIENCES	KEY TEACHING POINTS	ORGANISATION/PROCEDURE
Warm Up (5 min) Lesson Content (10 mins)	Criss, Cross, Handball	<ul style="list-style-type: none"> Running, weaving through space. Timing the handball 	Criss, Cross, Handball Set up a square 5x5m, inside that set up a 2x2m square. Students line up evenly on the points of the outside square. 2 Footballs, students run to the diagonally opposite side. Students must handball when inside the small square.
Modified Game (10mins) Conclusion (5mins)	5 Point Handball	<ul style="list-style-type: none"> Moving to space to receive a pass Strategy to move the ball from point to point 	5 Point Handball Set up a 25x15m space as the playing field, class is split into 2 teams. Inside the playing field place markers to form a triangle (big enough for a player to mark the ball inside). As seen in the diagram. Red triangle is 1 point Blue triangle is 2 points Orange triangle is 5 points <u>Objective</u> of the game is to keep possession of the ball and move it around the field to score. <u>Rules variations</u> Can/ Cant rule with the ball Drop ball turn over Number of passes before a score <u>Game Variations</u> 21- first team to score 21 points, team maintains possession each score. <i>Clear the field-</i> First team to mark the ball in each triangle.