

Stage: Yr 3-4 – Marking/ Bouncing

Content Outcomes:

Lesson Number: 1

Resources/Equipment

Footballs, Cones (minimum of 3 colours), goals

LESSON SEGMENT & TIMING	CONTENT/LEARNING EXPERIENCES	KEY TEACHING POINTS	ORGANISATION/PROCEDURE
<p><b>Warm Up (5 min)</b></p> <p><b>Lesson Content (10 mins)</b></p> <p><b>Modified Game (10mins)</b></p> <p><b>Conclusion (5mins)</b></p>	<p>Bouncing Grid</p> <p>Tag Footy</p> <p>Marks Up</p>	<ul style="list-style-type: none"> <li>• Hold the ball in 2 hands</li> <li>• Whilst running, reach down tap the ball on the ground</li> <li>• Bounce the ball out in front so that it pops up to the players chest</li> </ul>  <ul style="list-style-type: none"> <li>• Kicking to a target</li> <li>• Aim to hit the targets chest.</li> </ul> 	<p><b>Bouncing Grid</b> (groups of 6-8) Line students up behind the starting marker then places markers in lines over 5,10,15m. Students will bounce the ball at each line, turn around and repeat on the way back and pass to next in line.</p> <p><b>Tag Footy</b> Class spreads out side the playing space. Nominate 2 taggers. Taggers must bounce the ball once before they can run and tag a player with the football. Once a player is tagged they pick up football from the side line and join the taggers.</p> <p><b>Marks Up</b> Groups of 5, 4 players spread to make a 10x10m square. Players kick the ball to player in the middle to mark. Mark the ball and swap with the player in the middle. After the mark is taken, players is run and bounce with ball when swapping with the player who kicked it. Objective- First group to have every player mark the ball in the middle.</p>