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**Unit Title:** AFL

**Band Level:** Years 3-4

**Strands:**

Movement and Physical Activity

**Description:**

A six week unit in which Year 3-4 students will have an opportunity to experience a variety of AFL skills and develop their game sense through various modified and minor team based games.

**Content Descriptions**

Moving our body

- Practise and refine fundamental movement skills in different situations (ACPMP043)
- Practise and apply movement concepts and strategies. (ACPMP045)

Understanding Movement

- Combine the elements of effort, space, time, objects and people when performing movement sequences. (ACPMP047)

Learning through movement

- Adopt inclusive practices when participating in physical activities (ACPMP048)
- Apply basic rules and scoring systems and demonstrate fair play when participating (ACPMP050)

**Elaborations**

- Performing activities where locomotor and object control skills are combined to complete a movement.
  - Planning and performing strategies to be successful in tag and dodge games.
  - Demonstrating movement concepts and strategies.
  - Demonstrating acceleration and deceleration of movement in physical activities.
  - Discussing and demonstrating different levels, movement pathways and use of space and flow in movement sequences.
  - Work cooperatively with team members to maintain possession in a game by passing to other players and listening to tem-mates. .
  - Collaborating to decide rules for a new game.
  - Recognizing consequences of personal and team actions in group activities.
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