
Unit Title: AFL

Band Level: Years 1-2

Strands:

Movement and Physical Activity

Description:

A six week unit in which Year 1-2 students will have an opportunity to experience a variety of AFL skills and develop their game sense through various modified and minor team based games.

Content Descriptions

Moving our body

- Practise fundamental movement skills in different movement situations (ACPMP025)
- Create and participate in games. (ACPMP027)

Understanding Movement

- Incorporate elements of effort, space, time, objects and people in performing simple movement sequences. (ACPMP029)

Learning through movement

- Use strategies to work in group situations when participating in physical activity (ACPMP030)
- Identify rules and play fairly when participating in physical activity (ACPMP032)

Elaborations

- Performing locomotor movements using different body parts to travel in different directions.
 - Performing fundamental movement skills involving controlling objects with equipment and different body parts.
 - Inventing games with rules using one or two pieces of equipment.
 - Performing movements under, over, through and between objects, people and equipment.
 - Comparing different types of movements and identifying which ones are easier and harder and why might this be the case.
 - Work cooperatively with a partner when practicing new skills.
 - Explaining why rules are needed in games and physical activity
 - Demonstrating turn taking and sharing equipment when participating in minor games.
 - Explaining how rules contribute to fair play and applying them in group activity.
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