
Unit Title: AFL**Band Level:** Foundation**Strands:**

Movement and Physical Activity

Description:

A six week unit in which Foundation students will have an opportunity to experience a variety of AFL skills and develop their game sense through various modified and minor team based games.

Content Descriptions**Moving our body**

- Practise fundamental movement skills and movement sequences using different body parts and in response to stimuli. (ACPMP008)
- Participate in games with and without equipment. (ACPMP009)

Elaborations

- Performing locomotor skills in any direction from one point to another.
- Sending, controlling and receiving objects at different levels and in different ways.
- Participating in games that require students to be of personal safety and game boundaries.

Understanding Movement

- Identify and describe how their body moves in relation to effort, space time. Objects and people (ACPMP011)

- Moving at different speeds and in different directions with others in a designated area.
- Demonstrating the difference between personal space and general space in physical activities.
- Working with a partner or small groups to complete a movement task or challenge.

Learning through movement

- Cooperate with others when participating in physical activities (ACPMP012)
- Test possible solutions to movement challenges through trial and error. (ACPMP013)
- Follow rules when participating in physical activities (ACPMP014)

- Using words and body language to communicate intentions clearly when playing minor games.
 - Making positive choices when faced with a decision about how they participate in a movement activity.
 - Following instructions for personal safety and fair play.
 - Responding to a whistle and commands when participating in physical activities.
 - Demonstrating appropriate use of equipment.
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