



#HONOURTHEBOMBER

Bomber Talk

2015 Pre-Season

21st / 28th March 2015



North Shore Australian Football Club - Established 1903

WWW.NORTHSHOREFC.COM.AU

Welcome to North Shore 2015

It's great to be back on board for what promises to be an absorbing season of footy.

The 2014 season presented plenty of challenges for the club; but there was much to celebrate.

A highlight was our Under 19s side. A strong run late in the season saw the Young Bombers make it through to the Grand Final. And although the result didn't go our way on the day, the way these players developed during last season gives plenty of hope for a bright future for the Bombers.

Our Thirds side also took part in finals action last season; and many players from that side will be backing up in 2015 and looking to build on what they achieved last year.

We've seen changes in the football department over the off-season. Gareth Lawson has taken over as Senior Coach. Guru has been working the squad hard over the off-season. Skills, strength & conditioning, and some new game plans.

There's been some good numbers at pre-season training. Including many new faces. To all our new players, welcome to North Shore.

Pre-season has been important for preparing for the season ahead. And the preparation

steps up with the trial games on the 21st & 28th of March.

Already our senior squad have had a hit-out against Terrigal; and the Under 19s against the Swans Academy. This fortnight, we've got games involving all our teams. A chance for players to press their claims to selection, to work on game plans, and fine-tune our preparation.

There's been plenty happening behind the scenes. John Goode has taken over as President of the club; with Liz Fitzgerald and Steve Watters becoming Vice-Presidents.

The hard-working committee are working on strengthening the club, on and off the field; thinking outside the square in ways to improve our club's position.

In 2015, we'll again be fielding five teams. Four open-age teams and one Under 19s. To field these teams, we rely heavily on volunteers to take on the roles than enable a game day to function. To those volunteers who put in tireless efforts throughout the season, we thank you in advance.

A community sporting club such as ours wouldn't exist without the generous support of sponsors. To those who sponsor our club, our gratitude to you is enormous.

Trial Match Schedule

Saturday 21st March

Blacktown International SportsPark

8:30am – 3rds & 4ths v Pennant Hills

10:10am – Under 19s v Pennant Hills

11:50am – Reserves v Pennant Hills

3:15pm – Seniors v Pennant Hills

Sunday 28th March

Blacktown ISP No 2 Oval

All sides v UNSW-ES

Check website, Team App & Twitter for game times.



Got any news for us?

We're always looking for content for our newsletter, and looking for ways to keep our players, members and supporters in the loop. If you have any announcements, news, pics or hot gossip that deserves a wider audience, drop us a line at northshorefc@yahoo.com.au

Canteen Manager Required

The Club's long serving canteen co-ordinator has not been able to continue with this role this season so we are searching for a replacement.

The canteen is a vital source of funding for the club and something that we cannot do without.



Essentially what is required is a passionate person to co-ordinate the purchasing and stocking of food in the canteen prior to home games. On home game days, oversee the running of the canteen and its volunteers. Thursday night dinners on rotation with Crows Nest Hotel nights and other volunteers.

The job description is extensive and could be split amongst 2 or three people if necessary.

The dates for the home games are all Saturdays with the first game at 8.30am and the latest game starting at 5.45pm however most games are between 8.30 am and 2.30pm starts.

- April 11
- April 18
- May 9
- May 23
- June 27
- July 4
- July 11
- August 8
- August 22

This is of the utmost urgency to find a canteen manager, so if you feel that you could fill one of the roles or take on the whole shebang, please contact Liz Fitzgerald on 0417 290 219 as soon as possible.

The players, coaches and committee look forward to welcoming a new member to the North Shore family.



Visit our website
www.northshorefc.com.au



Like us on Facebook
facebook.com/NorthShoreAI



Follow us on Twitter
[@northshorefc](https://twitter.com/northshorefc)



Download the North Shore smartphone app through Team App
In App Store for iPhone
In Google Play for Android

Players - Are you registered?

Please head to SportingPulse
http://www.foxsportspulse.com/assoc_page.cgi?c=1-1047-0-0-0&SID=86831 to register for the 2015 season.

To be eligible for selection, you must be registered and paid up. Unregistered players will not be able to take the field for North Shore in the 2015 regular season.

By registering and paying your rego fee, you will be covered by the AFL & the club insurance policies; which covers you for practice matches, regular season games and training - **so get onto it now.**

Player subs are also due to be paid before the commencement of the season. If you need to work out a payment plan, please contact our Master of Coin, Peter Gurry, at guzz1970@yahoo.com.au

If you have any problems registering, please contact Stuart Kennedy at stuart_kennedy1@bigpond.com



Training

Our Bombers have been working hard on the training track during the pre-season. Most of our sessions have been at Gore Hill; but we've been out and about.



Footy Tipping is Back in 2015

The North Shore Footy Tipping competition is back for the 2015 season.



The current price for early bird entry is if you get it

in before Round 1. Entry between Round 1 and 3 is

There will be no more payments accepted around Round 3 so make sure you get in now before the price rises. Payments can be made through TeamApp or via Bank Transfer

PAYMENT DETAILS:

Name: North Shore AFC

Account #: 146787411

BSB: 633 000

Please put

description box so we know who has paid.

Payment must be received by Rnd 3 or tippers will be removed from the competition.

For more information including prizes and scoring check the TeamApp Store or footy tipping page available below.

<http://www.footytips.com.au/comps/NorthShoreFC>

Player Sponsorship 2015

This year the club is again offering player sponsorships.

For any player who gets sponsored they do not have to pay their registration fee. As per regos the fee must be paid prior to the first game.

Sponsorship fee is

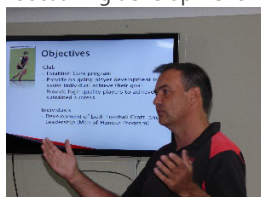
photo, together with your sponsors name will be hung in the clubrooms. Please advise Stu Kennedy of the details of your sponsor.

Payment to be made to our bank account. BSB 063300 A/C 146787411. In the description put your name and

The North Shore Academy

The North Shore Australian Football Club is excited to launch the North Shore Academy.

Headed by North Shore's Director of Coaching, former senior coach Jon Hayres, the Academy is a program for young footballers who aspire to further their footballing development.



Many of our players have the talent to play at higher levels, while others

have the potential to grow into leadership roles at North Shore.

The Academy program will give players the opportunity for further coaching, additional strength and conditioning programs and further match practice. Academy players will also take part in match reviews, leadership training and personal development.

Players selected to be a part of the Academy will be expected to come early on training nights to do additional sessions before the main club training; and will also take part in other activities designed to create leaders.

The program will be up and running in April, and the club will shortly in a position to name



the candidates selected for our first intake.

Additional intakes will take place from time to time as the program unfolds and develops – another reason for an aspiring footballer to choose North Shore as the club to choose to be a part of.

Round 1 Fixtures

Saturday 11th April – Gore Hill Oval

8:30am – Div Five (4ths) v NorWest

10:30am – Div Four (3rds) v Southern Power

12:30pm – Div Two (Reserves) v Blacktown

2:30pm – Premier Division (Seniors) v Wests

5:15pm – Under 19s v South Coast

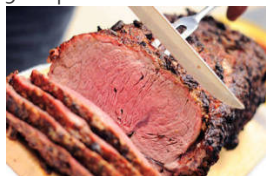
Gallery - U19s Grand Final

Our Under 19s took part in Sydney footy's biggest stage last season, taking part in the Grand Final. Although it wasn't the result we wanted, it was a great step in the development of our young Bombers.



Season Launch - SpitRoast

To launch the 2015 season the club will be hosting a spit roast Thursday night dinner on 9th April.



The teams for Round 1 will be announced following the meal.

Dinner will include:

- Beef spit roast with gravy
- Roast lamb spit roast with mint sauce
- Pork spit roast with apple sauce
- Five different salads
- Pavlova, Mud Cake and Cheesecake for dessert

Friends, parents and partners welcome. Please respond to the event on Facebook or TeamApp if you are coming and also let us know if you

Price per person

\$35 before March 31st, \$40 April

No payments on the night.

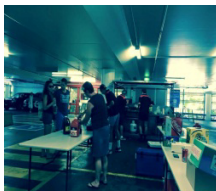
Pay on TeamApp or Bank Transfer. BSB 063300 A/C 146787411. In the description put your name and

Bunnings BBQ

North Shore took control of the barbeque at Bunnings Artarmon on 2nd March.

A successful day, which was a useful fund-raiser for the club.

We're keen to have more fund-raising days in future. Of course we'll be looking for volunteers to make it happen; so stay tuned for chances to be involved as they happen.



Supporter Merchandise



A range of supporter gear, including polo shirts, and hoodies are available for purchase through the Team App store.

Download the Team App to your smartphone; or visit it through <https://northshore.teamapp.com> and click on the Team Store link.

Pirate Night/Cash Draw

Save the date for the 2015 Season Launch.

Last year the 80



smash hit and this year will be even better

We'll be at the Gore Hill Oval clubrooms on Saturday 18th April from 8pm till late. It'll be a Pirate Night; and there's a draw with

More details to follow.



Our Bombers unwind after the golf day at Northbridge Golf Club in February.

North Shore acknowledges with thanks our sponsors for 2015.



Bendigo Bank
www.bendigobank.com.au



Prime Constructions
www.theprimegroup.com.au



Crows Nest Hotel
www.crowsnesthotel.com.au



MMB Print Management
www.mmbprint.com.au



The Physiotherapy & Sports Injury Clinic North Sydney
www.nsosmc.com.au/physiotherapy



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www.iscsport.com