

Karratha Junior Basketball Rules 2015

- Normal FIBA rules apply to all games however some rules have been modified as outlined below to allow for everyone to develop their skills and enjoy the game of basketball.
- All games are 2 x 20 minute halves

Boys Year 2

- Ring at lower height
- Ball size 5
- Free throws taken from first yellow line or as determined by referee. (may need to be closer in first few games)
- **Maximum of 5 dribbles per player** and then must pass or shoot. Ball given to the opposing team.
- **No steals** are allowed.
- **Defence** is only to be played in the **3 point area** and must be **man to man** – no zone defence.
- Defence when shooting must be **arms straight up** – no reaching over the top of a smaller player
- 1 time out per half.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- **Travel** will be called if no reasonable attempt to dribble before stepping or stopping, passing or shooting within a couple of steps (ie running with the ball) – referee to talk to player. Ball given to the opposing team.
- **Double dribble** will be explained first time and ball given to opposing team thereafter.
- Players to be encouraged to move through the keyway and not stay in there when in attack to teach 3 second rule. Not called by referee but explained if continued, coaches to teach.

Boys Year 3

- Ring at lower height
- Ball size 5
- Free throws taken from first yellow line or as determined by referee. (may need to be closer in first few games)
- Maximum of 5 dribbles per player and then must pass or shoot. Ball given to the opposing team.
- No steals are allowed.
- Defence is only to be played from half court and must be man to man – no zone defence.
- Defence when shooting must be arms straight up – no reaching over the top of a smaller player
- 1 time out per half.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- Travel will be called if no reasonable attempt to dribble before stepping or stopping, passing or shooting within a couple of steps (ie running with the ball) – referee to talk to player. Ball given to the opposing team.
- Double dribble will be explained first time and ball given to opposing team thereafter.
- Players to be encouraged to move through the keyway and not stay in there when in attack to teach 3 second rule. Not called by referee but explained if continued, coaches to teach.

Boys Year 4

- Ring at lower height
- Ball size 5
- Free throws taken from free throw line.
- No steals are allowed.
- Intercepting a pass is allowed.
- Defence is only to be played from half court and must be man to man – no zone defence.
- Defence when shooting must be arms straight up – no reaching over the top of a smaller player
- 2 time outs per half.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- Travel will be called, referee to talk to player. Ball given to the opposing team.
- Double dribble will be called, referee to talk to player and ball given to opposing team.
- Players to be encouraged to move through the keyway and not stay in there when in attack to teach 3 second rule. Not called by referee but explained if continued, coaches to teach.

Boys Year 5

- Ring at full height
- Ball size 5
- Free throws taken from free throw line.
- Steals are allowed after half way only.
- Defence is only to be played after half court and must be man to man – no zone defence.
- Defence when shooting must be arms straight up – no reaching over the top of a smaller player.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- Travel will be called, ball given to the opposing team.
- Double dribble will be called, ball given to opposing team.
- Players to move through the keyway and not stay in there when in attack to teach 3 second rule. It will be called by referee and explained, ball given to opposing team.

Boys Year 6

- Ring at full height.
- Ball size 6
- Full rules apply.
- Defence is man to man only no zone defence.
- Coaches to use discretion and ensure if team is 20 points up to encourage tactics of half court defence only, 5 passes before shooting, no steals etc. We do not want to discourage anyone from the game.

Boys Year 7 & 8 and Year 9-12

- Ring full height
- Ball size 7
- Full rules apply. Coaches to use discretion if team 20 points up ie no steals, half court defence.

Girls Year 2 & 3

- Ring at lower height
- Ball size 5
- Free throws taken from first yellow line or as determined by referee. (may need to be closer in first few games)
- Maximum of 5 dribbles per player and then must pass or shoot. Ball given to the opposing team.
- No steals are allowed.
- Defence is to be played from half court and must be man to man – no zone defence allowed.
- Defence when shooting must be arms straight up – no reaching over the top of a smaller player
- 1 time out per half.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- Travel will be called if no reasonable attempt to dribble before stepping or stopping, passing or shooting within a couple of steps (ie running with the ball) – referee to talk to player. Ball given to the opposing team.
- Double dribble will be explained first time and ball given to opposing team thereafter.
- Players to be encouraged to move through the keyway and not stay in there when in attack to teach 3 second rule. Not called by referee but explained if continued, coaches to teach.

Girls Year 4, 5 & 6

- Ring at lower height
- Ball size 5
- Free throws taken from free throw line.
- No steals are allowed.
- Intercepting a pass is allowed.
- Defence is only to be played from half court and must be man to man – no zone defence.
- Defence when shooting must be arms straight up – no reaching over the top of a smaller player
- 2 time outs per half.
- Substitutions called through the referee. Players must be ready to go on, no delays.
- Travel will be called, referee to talk to player. Ball given to the opposing team.
- Double dribble will be called, referee to talk to player and ball given to opposing team.
- Players to be encouraged to move through the keyway and not stay in there when in attack to teach 3 second rule. Not called by referee but explained if continued and ball given to opposing team, coaches to teach.

Girls Year 7 & 8 and 9-12

- Ring at full height
- Ball size 6
- Full rules apply.
- Coaches to use discretion and ensure if team is 20 points up to encourage tactics of half court defence only, 5 passes before shooting, no steals etc. We do not want to discourage anyone from the game.

