



Coaching Notes – Thursday, 31st July

Team Work and Self Improvement

- The coaching is not a one way conversation, all umpires are expected to self-assess individually and as a group of umpires and not expect the coach to tell you
- Take an active role in your improvement and development
- Team Work – work together and look after each other to get the correct decision. Consult with other umpires where necessary to get the correct outcome
- We will make mistakes – don't dwell on it, move onto the next decision/act of play

Our Philosophy

- Protect the head
- Protect the back
- Protect the ball player
- Protect the player on the bottom of the pack

Going into Finals Football

- There are matches Saturday and Sunday during the finals, make sure your availability is up to date in schedula for all days
- Arrive at matches approximately one hour prior to the game starting time
- Use the ¼ time break to go onto the field and commence your warm up
- Following ¾ time break field umpires to go to team rooms and meet the coach and captain
- In the umpire room talk about the game plan before the match - the teams that are competing, what do you need to be looking for, what plays do they run, where do they like to deliver the ball, etc.
- Selection will take into account the umpires commitment to training, coaching sessions, fitness and performance throughout the year

Umpires on field during breaks at Senior Matches

- Umpires at the ground who are not umpiring in the senior match are not to approach the umpires in the centre of the ground, particularly if they have been drinking alcohol. The only people allowed to speak with umpires during the breaks will be the coaching staff (Shane Downie, Ian Hunter, Norm Maclure, Mark Bywater) or their appointed representatives. This is to avoid any unnecessary comments or advice to the umpires that could affect their performance during the match.