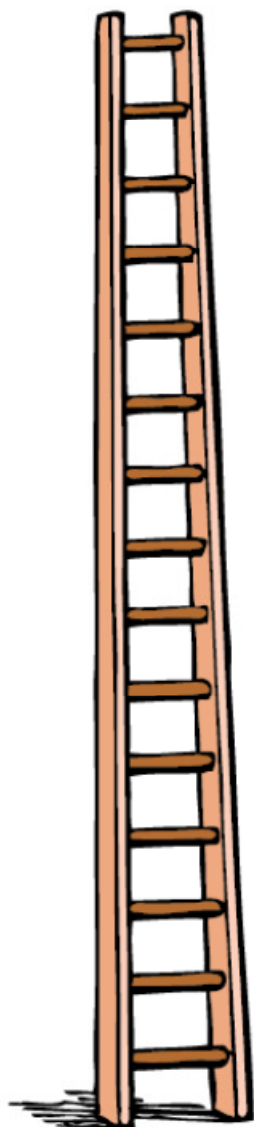


TAIPANS FUTURE DEVELOPMENT PROGRAM



'TAIPANS AND LADDERS' 'CLIMB THE LADDER TO SUCCESS'



Taipans NBL & WNBL Program

Mens and Womens Teams

QBL Program

Mens and Womens Teams

CQUniversity Taipans Academy

15+ years of age (TAP)



Taipans Performance Program

13 to 15 years (SPP)

Taipans Future Development Program

10 to 13 years (FDP)

Tiny Taipans Program

4 to 9 years (TTP)



Proudly supported by



TAIPANS FUTURE DEVELOPMENT PROGRAM

Program Description:

The Taipans Future Development Program is the first step in the elite development pathway for Far North Queensland. It is designed to identify and work with talented players from 10 to 13 and is an integral part of the Taipans Player pathway. It is aimed at teaching technical and tactical elements of Basketball along with introducing athletes and coaches to essential sports science areas. The program is run under the direction of Cairns Basketball and will follow the new nationally developed skill development curriculum designed by Basketball Australia under the guidance of Cairns Taipans Coaches.

Age:

10 to 13 year olds

Program Numbers:

Approximately 50 boys and 50 girls will be selected to the Taipans Future Development Program from the Under 12 and Under 14 age groups. Final numbers for this program will be dependent on coach interest and should we fail to find enough interested coaches.

Objectives:

This program is designed as the perfect stepping stone or transition into representative program it provides grounding for kids aged **10 to 13 years of age** and is focused on enhancing the basic fundamental skill set of all players and introducing them to essential sports sciences that pertain to Basketball.

Key Objectives for FDP athletes and coaches:

- Preparation for representative Basketball with a focus on QNJBC and State Classics competition
- Access to state of the art High Performance coaching and training facilities
- Provide a unified and balanced annual training plan.
- Provide FNQ's most talented junior basketball players with the correct tools to become state players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist Cairns in developing state standard players with the ultimate goal of developing future Cairns Taipans NBL and WNBL players and coaches
- Physical Testing where players will be subjected to the same tests as the Cairns Taipans and award winners will be identified at the conclusion of the program.
- Conduct appropriate testing both physically and skill based to provide feedback to athletes on expected standards to be an elite basketball athlete.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

Stage 1: Taipans Future Development Skills Day

All players wishing to become a part of the Taipans 'Future Development Program must attend the Taipans Future Development Skills Day. This day is designed for coaches and athletes throughout the Far North Queensland region to learn the essential skills involved in the game of Basketball in a fun and exciting environment.

Cost: \$25 which includes the following

- 4 hours on court specialised training
- Taipans Home Skill Program

Dates: **Sunday 25 May**

Times:	Boys	Session 1	8.00am	to	10.00am
		Session 2	10.30am	to	12.00pm
	Girls	Session 1	1.00pm	to	3.00pm
		Session 2	3.30pm	to	5.00pm

Stage 2: Taipans Future Development Program – Individual Programs

The second stage of the Taipans Future Development Program is the reinforcement of essential Basketball fundamentals through the implementation of weekly training sessions. The weekly sessions will be reliant on coaches within all centres having access to training facilities. The main base will be Cairns Basketball centre and players are encouraged to attend the centralised sessions

Training Schedule for the Taipans Future Development Program:

Boys Sessions	Day	Time		Girls Sessions	Day	Time
Session 1	Tuesday 27 May	6.15am to 7.45am		Session 1	Wednesday 28 May	6.15am to 7.45am
Session 2	Thursday 29 May	6.15am to 7.45am		Session 2	Friday 30 May	6.15am to 7.45am
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Session 4	Thursday 5 June	6.15am to 7.45am		Session 4	Friday 6 June	6.15am to 7.45am
Session 5	Tuesday 10 June	6.15am to 7.45am		Session 5	Wednesday 11 June	6.15am to 7.45am
Session 6	Thursday 12 June	6.15am to 7.45am		Session 6	Friday 13 June	6.15am to 7.45am
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Session 12	Thursday 3 July	6.15am to 7.45am		Session 12	Friday 4 July	6.15am to 7.45am

If you wish to be part of this program the weekly sessions are compulsory. Every session conducted will be based on the Taipans the latest teaching methods from the Cairns Taipans coaches and the Basketball Australia curriculum. It is hoped across the course of the program Scott Butler High Performance Coach for North Queensland will visit our program to ensure the program is delivered in a quality manner.

For those in regional centres that have to travel from the likes of Innisfail, Tully, Mareeba, Atherton, Mossman an additional training weekend may be arranged depending on numbers and or sessions arranged in those centres where possible.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
- Taipans Home Skill Program
- Taipans shooting chart and shooting program
- Introduction to Sports Psychology through use of goal setting
- Introduction to strength and conditioning with Taipans Strength and Conditioning Coach
- Physical Testing based on Taipans testing protocols

Stage 3: Taipans Future 'Time to be a Taipan' Tournament

The culmination of the program will be the 'Time to be a Taipan' Tournament. This tournament will be played across a Sunday in July TBA of exact dates. All athletes from within the program will be split into teams and play a round robin tournament. We will not charge athletes for this section of the program and Cairns Basketball will absorb the cost of the 'Time to be a Taipan' tournament.

Taipans Future Development Program Selection Criteria:

The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

As part of the Taipans Future Development Program we are attempting to encourage as many coaches in Far North Queensland to become involved. It is envisaged this will be a great learning experience for our coaches to have access to latest teaching methods and techniques.

Coaches from the Cairns Taipans, Cairns Dolphins QBL, Cairns Marlins QBL will all take part in the program and will assist you to develop your coaching into the future.

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COACH APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

1. _____

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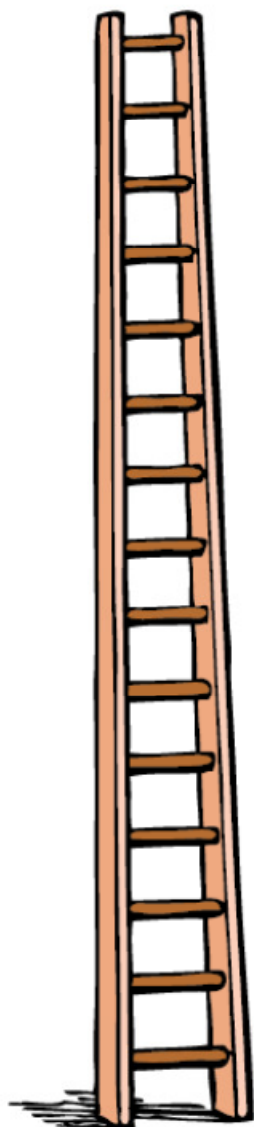
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Program Numbers:

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PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

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TAIPANS FUTURE DEVELOPMENT PROGRAM

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1. _____

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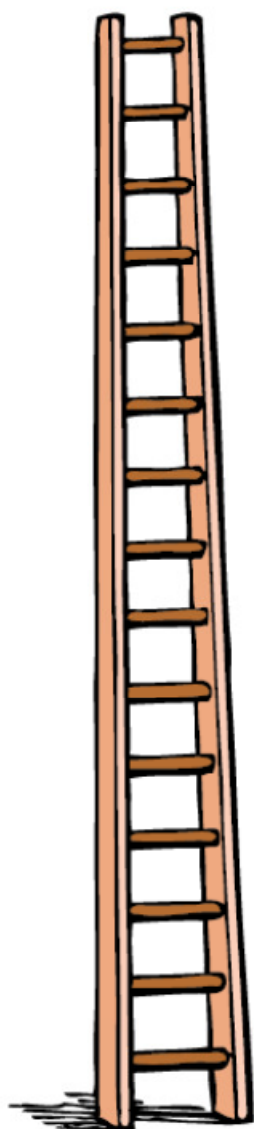
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NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

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TOTAL COST FOR THE PROGRAM:

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This includes

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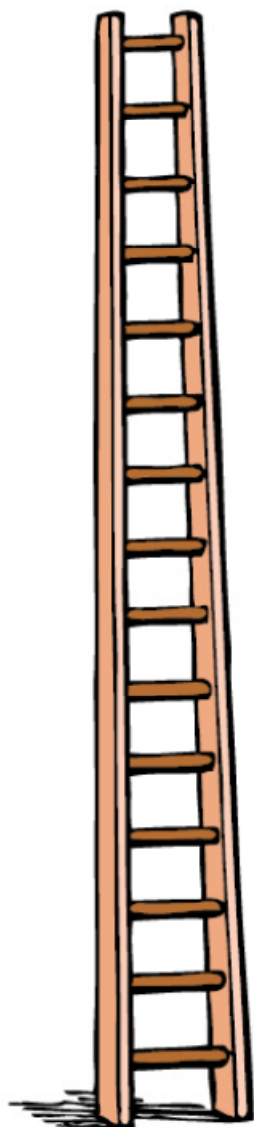
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- Access to state of the art High Performance coaching and training facilities
- Provide a unified and balanced annual training plan.
- Provide FNQ's most talented junior basketball players with the correct tools to become state players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist Cairns in developing state standard players with the ultimate goal of developing future Cairns Taipans NBL and WNBL players and coaches
- Physical Testing where players will be subjected to the same tests as the Cairns Taipans and award winners will be identified at the conclusion of the program.
- Conduct appropriate testing both physically and skill based to provide feedback to athletes on expected standards to be an elite basketball athlete.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

Stage 1: Taipans Future Development Skills Day

All players wishing to become a part of the Taipans 'Future Development Program must attend the Taipans Future Development Skills Day. This day is designed for coaches and athletes throughout the Far North Queensland region to learn the essential skills involved in the game of Basketball in a fun and exciting environment.

Cost: \$25 which includes the following

- 4 hours on court specialised training
- Taipans Home Skill Program

Dates: **Sunday 25 May**

Times:	Boys	Session 1	8.00am	to	10.00am
		Session 2	10.30am	to	12.00pm
	Girls	Session 1	1.00pm	to	3.00pm
		Session 2	3.30pm	to	5.00pm

Stage 2: Taipans Future Development Program – Individual Programs

The second stage of the Taipans Future Development Program is the reinforcement of essential Basketball fundamentals through the implementation of weekly training sessions. The weekly sessions will be reliant on coaches within all centres having access to training facilities. The main base will be Cairns Basketball centre and players are encouraged to attend the centralised sessions

Training Schedule for the Taipans Future Development Program:

Boys Sessions	Day	Time		Girls Sessions	Day	Time
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Session 4	Thursday 5 June	6.15am to 7.45am		Session 4	Friday 6 June	6.15am to 7.45am
Session 5	Tuesday 10 June	6.15am to 7.45am		Session 5	Wednesday 11 June	6.15am to 7.45am
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Session 12	Thursday 3 July	6.15am to 7.45am		Session 12	Friday 4 July	6.15am to 7.45am

If you wish to be part of this program the weekly sessions are compulsory. Every session conducted will be based on the Taipans the latest teaching methods from the Cairns Taipans coaches and the Basketball Australia curriculum. It is hoped across the course of the program Scott Butler High Performance Coach for North Queensland will visit our program to ensure the program is delivered in a quality manner.

For those in regional centres that have to travel from the likes of Innisfail, Tully, Mareeba, Atherton, Mossman an additional training weekend may be arranged depending on numbers and or sessions arranged in those centres where possible.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
- Taipans Home Skill Program
- Taipans shooting chart and shooting program
- Introduction to Sports Psychology through use of goal setting
- Introduction to strength and conditioning with Taipans Strength and Conditioning Coach
- Physical Testing based on Taipans testing protocols

Stage 3: Taipans Future 'Time to be a Taipan' Tournament

The culmination of the program will be the 'Time to be a Taipan' Tournament. This tournament will be played across a Sunday in July TBA of exact dates. All athletes from within the program will be split into teams and play a round robin tournament. We will not charge athletes for this section of the program and Cairns Basketball will absorb the cost of the 'Time to be a Taipan' tournament.

Taipans Future Development Program Selection Criteria:

The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

As part of the Taipans Future Development Program we are attempting to encourage as many coaches in Far North Queensland to become involved. It is envisaged this will be a great learning experience for our coaches to have access to latest teaching methods and techniques.

Coaches from the Cairns Taipans, Cairns Dolphins QBL, Cairns Marlins QBL will all take part in the program and will assist you to develop your coaching into the future.

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COACH APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

1. _____

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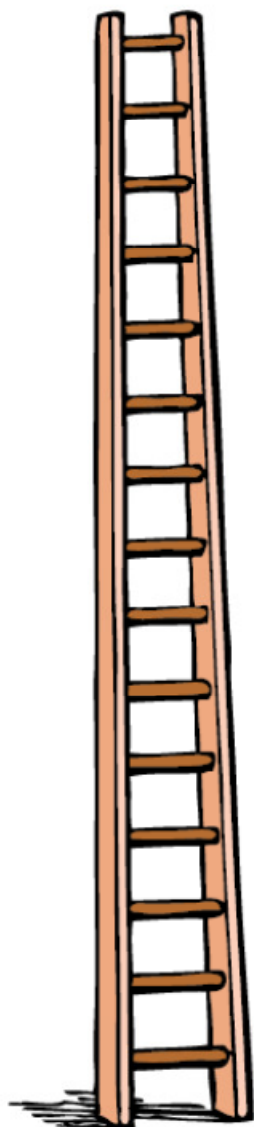
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TAIPANS FUTURE DEVELOPMENT PROGRAM



'TAIPANS AND LADDERS' 'CLIMB THE LADDER TO SUCCESS'



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Taipans Performance Program

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10 to 13 years (FDP)

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4 to 9 years (TTP)



Proudly supported by



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Program Description:

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Age:

10 to 13 year olds

Program Numbers:

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Objectives:

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NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

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COACH EDUCATION:

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GOALS FOR COACHING BASKETBALL:

1. _____

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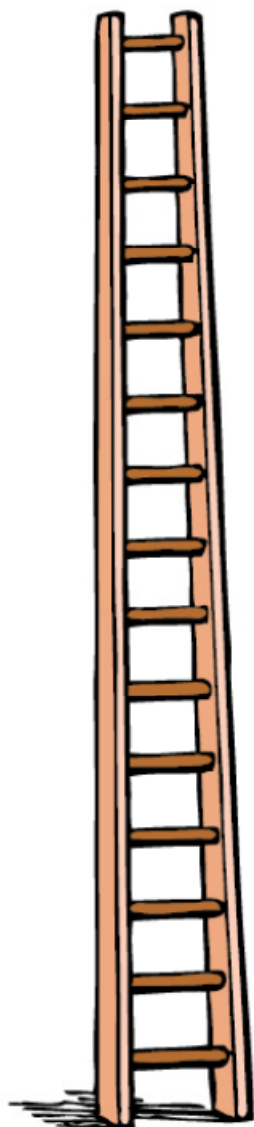
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TOTAL COST FOR THE PROGRAM:

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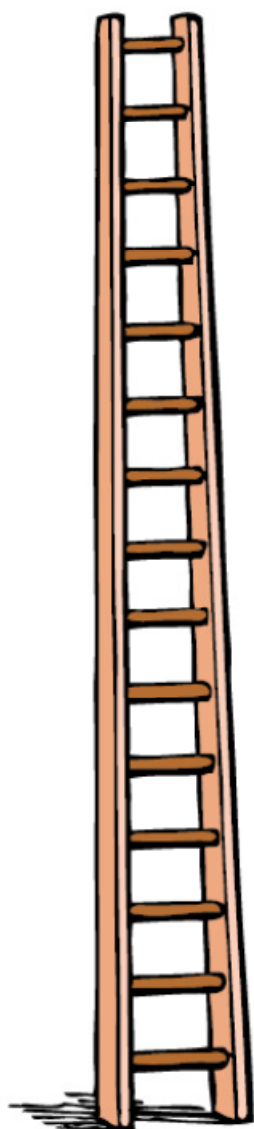
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Dates: **Sunday 25 May**

Times:	Boys	Session 1	8.00am	to	10.00am
		Session 2	10.30am	to	12.00pm
	Girls	Session 1	1.00pm	to	3.00pm
		Session 2	3.30pm	to	5.00pm

Stage 2: Taipans Future Development Program – Individual Programs

The second stage of the Taipans Future Development Program is the reinforcement of essential Basketball fundamentals through the implementation of weekly training sessions. The weekly sessions will be reliant on coaches within all centres having access to training facilities. The main base will be Cairns Basketball centre and players are encouraged to attend the centralised sessions

Training Schedule for the Taipans Future Development Program:

Boys Sessions	Day	Time		Girls Sessions	Day	Time
Session 1	Tuesday 27 May	6.15am to 7.45am		Session 1	Wednesday 28 May	6.15am to 7.45am
Session 2	Thursday 29 May	6.15am to 7.45am		Session 2	Friday 30 May	6.15am to 7.45am
Session 3	Tuesday 3 June	6.15am to 7.45am		Session 3	Wednesday 4 June	6.15am to 7.45am
Session 4	Thursday 5 June	6.15am to 7.45am		Session 4	Friday 6 June	6.15am to 7.45am
Session 5	Tuesday 10 June	6.15am to 7.45am		Session 5	Wednesday 11 June	6.15am to 7.45am
Session 6	Thursday 12 June	6.15am to 7.45am		Session 6	Friday 13 June	6.15am to 7.45am
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Session 12	Thursday 3 July	6.15am to 7.45am		Session 12	Friday 4 July	6.15am to 7.45am

If you wish to be part of this program the weekly sessions are compulsory. Every session conducted will be based on the Taipans the latest teaching methods from the Cairns Taipans coaches and the Basketball Australia curriculum. It is hoped across the course of the program Scott Butler High Performance Coach for North Queensland will visit our program to ensure the program is delivered in a quality manner.

For those in regional centres that have to travel from the likes of Innisfail, Tully, Mareeba, Atherton, Mossman an additional training weekend may be arranged depending on numbers and or sessions arranged in those centres where possible.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
- Taipans Home Skill Program
- Taipans shooting chart and shooting program
- Introduction to Sports Psychology through use of goal setting
- Introduction to strength and conditioning with Taipans Strength and Conditioning Coach
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Stage 3: Taipans Future 'Time to be a Taipan' Tournament

The culmination of the program will be the 'Time to be a Taipan' Tournament. This tournament will be played across a Sunday in July TBA of exact dates. All athletes from within the program will be split into teams and play a round robin tournament. We will not charge athletes for this section of the program and Cairns Basketball will absorb the cost of the 'Time to be a Taipan' tournament.

Taipans Future Development Program Selection Criteria:

The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

As part of the Taipans Future Development Program we are attempting to encourage as many coaches in Far North Queensland to become involved. It is envisaged this will be a great learning experience for our coaches to have access to latest teaching methods and techniques.

Coaches from the Cairns Taipans, Cairns Dolphins QBL, Cairns Marlins QBL will all take part in the program and will assist you to develop your coaching into the future.

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NAME: _____

ADDRESS: _____ **POST CODE:** _____

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ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

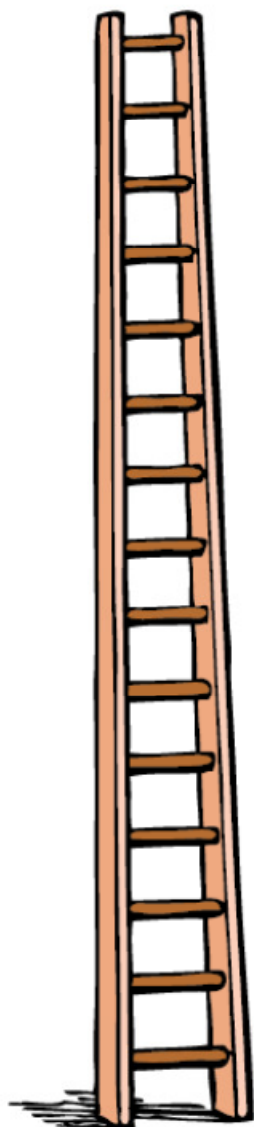
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TAIPANS FUTURE DEVELOPMENT PROGRAM



'TAIPANS AND LADDERS' 'CLIMB THE LADDER TO SUCCESS'



Taipans NBL & WNBL Program

Mens and Womens Teams

QBL Program

Mens and Womens Teams

CQUniversity Taipans Academy

15+ years of age (TAP)



Taipans Performance Program

13 to 15 years (SPP)

Taipans Future Development Program

10 to 13 years (FDP)

Tiny Taipans Program

4 to 9 years (TTP)



Proudly supported by



TAIPANS FUTURE DEVELOPMENT PROGRAM

Program Description:

The Taipans Future Development Program is the first step in the elite development pathway for Far North Queensland. It is designed to identify and work with talented players from 10 to 13 and is an integral part of the Taipans Player pathway. It is aimed at teaching technical and tactical elements of Basketball along with introducing athletes and coaches to essential sports science areas. The program is run under the direction of Cairns Basketball and will follow the new nationally developed skill development curriculum designed by Basketball Australia under the guidance of Cairns Taipans Coaches.

Age:

10 to 13 year olds

Program Numbers:

Approximately 50 boys and 50 girls will be selected to the Taipans Future Development Program from the Under 12 and Under 14 age groups. Final numbers for this program will be dependent on coach interest and should we fail to find enough interested coaches.

Objectives:

This program is designed as the perfect stepping stone or transition into representative program it provides grounding for kids aged **10 to 13 years of age** and is focused on enhancing the basic fundamental skill set of all players and introducing them to essential sports sciences that pertain to Basketball.

Key Objectives for FDP athletes and coaches:

- Preparation for representative Basketball with a focus on QNJBC and State Classics competition
- Access to state of the art High Performance coaching and training facilities
- Provide a unified and balanced annual training plan.
- Provide FNQ's most talented junior basketball players with the correct tools to become state players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist Cairns in developing state standard players with the ultimate goal of developing future Cairns Taipans NBL and WNBL players and coaches
- Physical Testing where players will be subjected to the same tests as the Cairns Taipans and award winners will be identified at the conclusion of the program.
- Conduct appropriate testing both physically and skill based to provide feedback to athletes on expected standards to be an elite basketball athlete.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

Stage 1: Taipans Future Development Skills Day

All players wishing to become a part of the Taipans 'Future Development Program must attend the Taipans Future Development Skills Day. This day is designed for coaches and athletes throughout the Far North Queensland region to learn the essential skills involved in the game of Basketball in a fun and exciting environment.

Cost: \$25 which includes the following

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Dates: **Sunday 25 May**

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- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
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- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

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TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

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EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

1. _____

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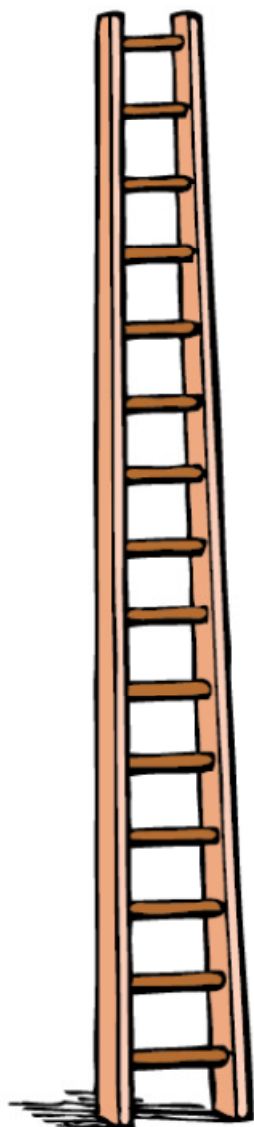
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TAIPANS FUTURE DEVELOPMENT PROGRAM



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TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

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ADDRESS: _____ **POST CODE:** _____

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1. _____

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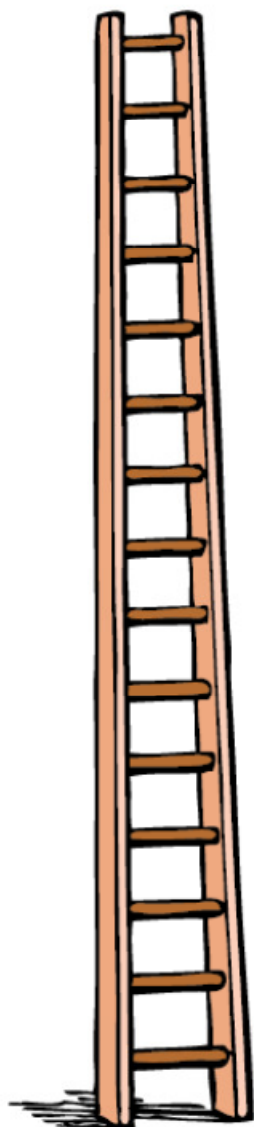
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If you wish to be part of this program the weekly sessions are compulsory. Every session conducted will be based on the Taipans the latest teaching methods from the Cairns Taipans coaches and the Basketball Australia curriculum. It is hoped across the course of the program Scott Butler High Performance Coach for North Queensland will visit our program to ensure the program is delivered in a quality manner.

For those in regional centres that have to travel from the likes of Innisfail, Tully, Mareeba, Atherton, Mossman an additional training weekend may be arranged depending on numbers and or sessions arranged in those centres where possible.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
- Taipans Home Skill Program
- Taipans shooting chart and shooting program
- Introduction to Sports Psychology through use of goal setting
- Introduction to strength and conditioning with Taipans Strength and Conditioning Coach
- Physical Testing based on Taipans testing protocols

Stage 3: Taipans Future 'Time to be a Taipan' Tournament

The culmination of the program will be the 'Time to be a Taipan' Tournament. This tournament will be played across a Sunday in July TBA of exact dates. All athletes from within the program will be split into teams and play a round robin tournament. We will not charge athletes for this section of the program and Cairns Basketball will absorb the cost of the 'Time to be a Taipan' tournament.

Taipans Future Development Program Selection Criteria:

The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

As part of the Taipans Future Development Program we are attempting to encourage as many coaches in Far North Queensland to become involved. It is envisaged this will be a great learning experience for our coaches to have access to latest teaching methods and techniques.

Coaches from the Cairns Taipans, Cairns Dolphins QBL, Cairns Marlins QBL will all take part in the program and will assist you to develop your coaching into the future.

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COACH APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

1. _____

2. _____

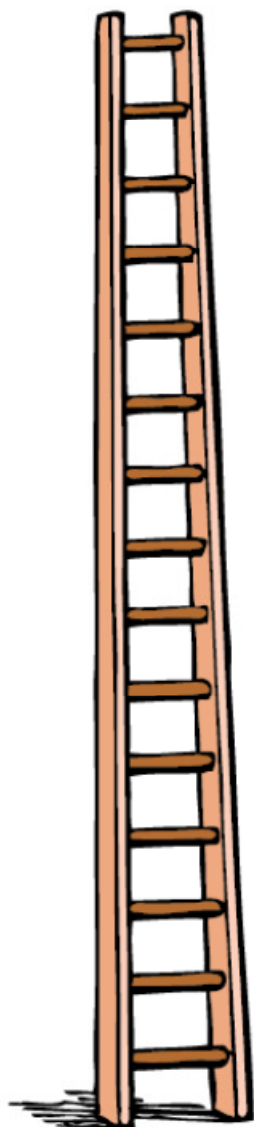
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TAIPANS FUTURE DEVELOPMENT PROGRAM



'TAIPANS AND LADDERS' 'CLIMB THE LADDER TO SUCCESS'



Taipans NBL & WNBL Program

Mens and Womens Teams

QBL Program

Mens and Womens Teams

CQUniversity Taipans Academy

15+ years of age (TAP)



Taipans Performance Program

13 to 15 years (SPP)

Taipans Future Development Program

10 to 13 years (FDP)

Tiny Taipans Program

4 to 9 years (TTP)



Proudly supported by



TAIPANS FUTURE DEVELOPMENT PROGRAM

Program Description:

The Taipans Future Development Program is the first step in the elite development pathway for Far North Queensland. It is designed to identify and work with talented players from 10 to 13 and is an integral part of the Taipans Player pathway. It is aimed at teaching technical and tactical elements of Basketball along with introducing athletes and coaches to essential sports science areas. The program is run under the direction of Cairns Basketball and will follow the new nationally developed skill development curriculum designed by Basketball Australia under the guidance of Cairns Taipans Coaches.

Age:

10 to 13 year olds

Program Numbers:

Approximately 50 boys and 50 girls will be selected to the Taipans Future Development Program from the Under 12 and Under 14 age groups. Final numbers for this program will be dependent on coach interest and should we fail to find enough interested coaches.

Objectives:

This program is designed as the perfect stepping stone or transition into representative program it provides grounding for kids aged **10 to 13 years of age** and is focused on enhancing the basic fundamental skill set of all players and introducing them to essential sports sciences that pertain to Basketball.

Key Objectives for FDP athletes and coaches:

- Preparation for representative Basketball with a focus on QNJBC and State Classics competition
- Access to state of the art High Performance coaching and training facilities
- Provide a unified and balanced annual training plan.
- Provide FNQ's most talented junior basketball players with the correct tools to become state players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist Cairns in developing state standard players with the ultimate goal of developing future Cairns Taipans NBL and WNBL players and coaches
- Physical Testing where players will be subjected to the same tests as the Cairns Taipans and award winners will be identified at the conclusion of the program.
- Conduct appropriate testing both physically and skill based to provide feedback to athletes on expected standards to be an elite basketball athlete.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

Stage 1: Taipans Future Development Skills Day

All players wishing to become a part of the Taipans 'Future Development Program must attend the Taipans Future Development Skills Day. This day is designed for coaches and athletes throughout the Far North Queensland region to learn the essential skills involved in the game of Basketball in a fun and exciting environment.

Cost: \$25 which includes the following

- 4 hours on court specialised training
- Taipans Home Skill Program

Dates: **Sunday 25 May**

Times:	Boys	Session 1	8.00am	to	10.00am
		Session 2	10.30am	to	12.00pm
	Girls	Session 1	1.00pm	to	3.00pm
		Session 2	3.30pm	to	5.00pm

Stage 2: Taipans Future Development Program – Individual Programs

The second stage of the Taipans Future Development Program is the reinforcement of essential Basketball fundamentals through the implementation of weekly training sessions. The weekly sessions will be reliant on coaches within all centres having access to training facilities. The main base will be Cairns Basketball centre and players are encouraged to attend the centralised sessions

Training Schedule for the Taipans Future Development Program:

Boys Sessions	Day	Time		Girls Sessions	Day	Time
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TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
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The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

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NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

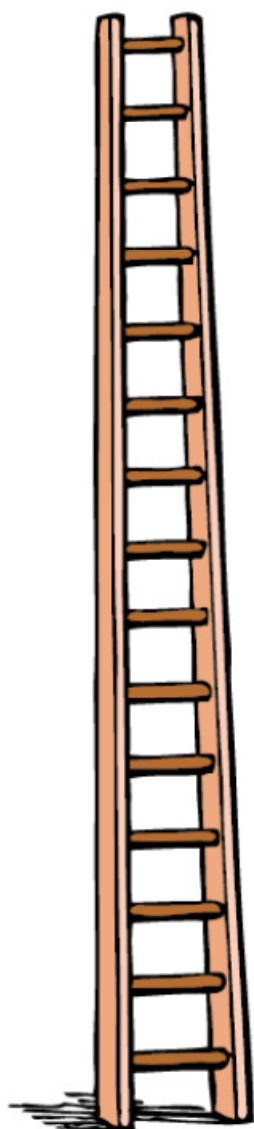
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TAIPANS FUTURE DEVELOPMENT PROGRAM



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Taipans NBL & WNBL Program

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15+ years of age (TAP)



Taipans Performance Program

13 to 15 years (SPP)

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4 to 9 years (TTP)



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Age:

10 to 13 year olds

Program Numbers:

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TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

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Stage 2: Taipans Future Development Program – Individual Programs

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PLEASE NOTE:

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How to register as an athlete:

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NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

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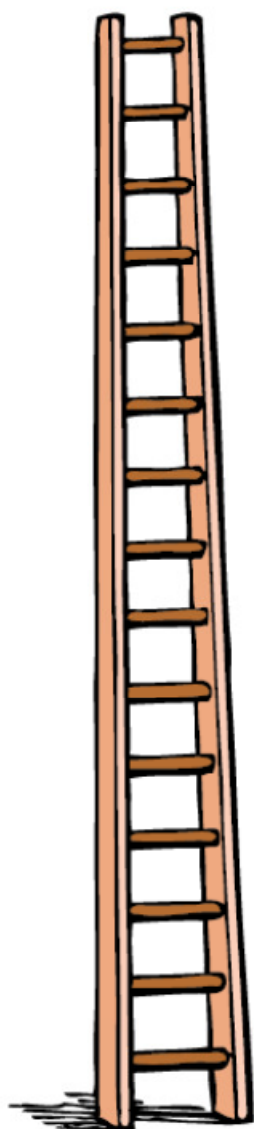
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Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
- Taipans Home Skill Program
- Taipans shooting chart and shooting program
- Introduction to Sports Psychology through use of goal setting
- Introduction to strength and conditioning with Taipans Strength and Conditioning Coach
- Physical Testing based on Taipans testing protocols

Stage 3: Taipans Future 'Time to be a Taipan' Tournament

The culmination of the program will be the 'Time to be a Taipan' Tournament. This tournament will be played across a Sunday in July TBA of exact dates. All athletes from within the program will be split into teams and play a round robin tournament. We will not charge athletes for this section of the program and Cairns Basketball will absorb the cost of the 'Time to be a Taipan' tournament.

Taipans Future Development Program Selection Criteria:

The athlete must demonstrate outstanding potential and desire to represent Cairns and Basketball Queensland in basketball

- Physical attributes; height, length, genetics and anthropometric measurements
- Athletic talent; speed, agility, strength, power, vertical leap
- Potential basketball talent; ability to learn the skills and ability to make decisions under pressure
- The athlete must be able to embrace the Cairns Basketball themes
- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

NOTE: it is compulsory for you to attend the Taipans Future Development Program if you have been identified by the Basketball Queensland to be part of the FDP.

How to register as an athlete:

Please fill out the required information below to be considered for this program and for your chance to attend the Taipans Future Development Program:



TAIPANS FUTURE DEVELOPMENT PROGRAM

PLAYER APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

Stage 1: \$25

This includes

- 4 Hours of High Performance Training
- Taipans Home Shooting Program

For players to register please email ceo@cairnsbasketball.com with the above information.



TAIPANS FUTURE DEVELOPMENT PROGRAM

COACH EDUCATION:

As part of the Taipans Future Development Program we are attempting to encourage as many coaches in Far North Queensland to become involved. It is envisaged this will be a great learning experience for our coaches to have access to latest teaching methods and techniques.

Coaches from the Cairns Taipans, Cairns Dolphins QBL, Cairns Marlins QBL will all take part in the program and will assist you to develop your coaching into the future.

**WE WANT YOU TO BECOME INVOLVED AND AT THE END THIS WILL WORK
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**SHOULD YOU WISH TO BE PART OF THE CAIRNS REPRESENTATIVE COACHING PROGRAM YOU ARE STRONGLY ADVISED
TO REGISTER AND BECOME A PART OF THE PROGRAM**

So please fill out the form below to register your interest in coaching within this fantastic new program:

COACH APPLICATION FORM:

NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

CLUB COACHING FOR: _____

GOALS FOR COACHING BASKETBALL:

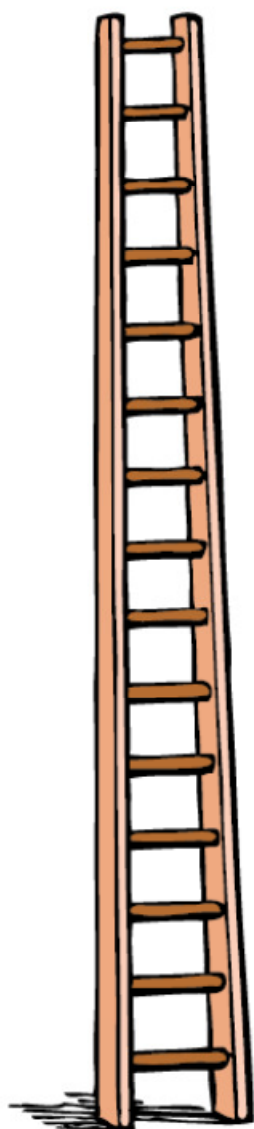
1. _____
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TAIPANS FUTURE DEVELOPMENT PROGRAM



'TAIPANS AND LADDERS' 'CLIMB THE LADDER TO SUCCESS'



Taipans NBL & WNBL Program

Mens and Womens Teams

QBL Program

Mens and Womens Teams

CQUniversity Taipans Academy

15+ years of age (TAP)



Taipans Performance Program

13 to 15 years (SPP)

Taipans Future Development Program

10 to 13 years (FDP)

Tiny Taipans Program

4 to 9 years (TTP)



Proudly supported by



TAIPANS FUTURE DEVELOPMENT PROGRAM

Program Description:

The Taipans Future Development Program is the first step in the elite development pathway for Far North Queensland. It is designed to identify and work with talented players from 10 to 13 and is an integral part of the Taipans Player pathway. It is aimed at teaching technical and tactical elements of Basketball along with introducing athletes and coaches to essential sports science areas. The program is run under the direction of Cairns Basketball and will follow the new nationally developed skill development curriculum designed by Basketball Australia under the guidance of Cairns Taipans Coaches.

Age:

10 to 13 year olds

Program Numbers:

Approximately 50 boys and 50 girls will be selected to the Taipans Future Development Program from the Under 12 and Under 14 age groups. Final numbers for this program will be dependent on coach interest and should we fail to find enough interested coaches.

Objectives:

This program is designed as the perfect stepping stone or transition into representative program it provides grounding for kids aged **10 to 13 years of age** and is focused on enhancing the basic fundamental skill set of all players and introducing them to essential sports sciences that pertain to Basketball.

Key Objectives for FDP athletes and coaches:

- Preparation for representative Basketball with a focus on QNJBC and State Classics competition
- Access to state of the art High Performance coaching and training facilities
- Provide a unified and balanced annual training plan.
- Provide FNQ's most talented junior basketball players with the correct tools to become state players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist Cairns in developing state standard players with the ultimate goal of developing future Cairns Taipans NBL and WNBL players and coaches
- Physical Testing where players will be subjected to the same tests as the Cairns Taipans and award winners will be identified at the conclusion of the program.
- Conduct appropriate testing both physically and skill based to provide feedback to athletes on expected standards to be an elite basketball athlete.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Structure of the Program:

Stage 1: Taipans Future Development Skills Day

All players wishing to become a part of the Taipans 'Future Development Program must attend the Taipans Future Development Skills Day. This day is designed for coaches and athletes throughout the Far North Queensland region to learn the essential skills involved in the game of Basketball in a fun and exciting environment.

Cost: \$25 which includes the following

- 4 hours on court specialised training
- Taipans Home Skill Program

Dates: **Sunday 25 May**

Times:	Boys	Session 1	8.00am	to	10.00am
		Session 2	10.30am	to	12.00pm
	Girls	Session 1	1.00pm	to	3.00pm
		Session 2	3.30pm	to	5.00pm

Stage 2: Taipans Future Development Program – Individual Programs

The second stage of the Taipans Future Development Program is the reinforcement of essential Basketball fundamentals through the implementation of weekly training sessions. The weekly sessions will be reliant on coaches within all centres having access to training facilities. The main base will be Cairns Basketball centre and players are encouraged to attend the centralised sessions

Training Schedule for the Taipans Future Development Program:

Boys Sessions	Day	Time		Girls Sessions	Day	Time
Session 1	Tuesday 27 May	6.15am to 7.45am		Session 1	Wednesday 28 May	6.15am to 7.45am
Session 2	Thursday 29 May	6.15am to 7.45am		Session 2	Friday 30 May	6.15am to 7.45am
Session 3	Tuesday 3 June	6.15am to 7.45am		Session 3	Wednesday 4 June	6.15am to 7.45am
Session 4	Thursday 5 June	6.15am to 7.45am		Session 4	Friday 6 June	6.15am to 7.45am
Session 5	Tuesday 10 June	6.15am to 7.45am		Session 5	Wednesday 11 June	6.15am to 7.45am
Session 6	Thursday 12 June	6.15am to 7.45am		Session 6	Friday 13 June	6.15am to 7.45am
Session 7	Tuesday 17 June	6.15am to 7.45am		Session 7	Wednesday 18 June	6.15am to 7.45am
Session 8	Thursday 19 June	6.15am to 7.45am		Session 8	Friday 20 June	6.15am to 7.45am
Session 9	Tuesday 24 June	6.15am to 7.45am		Session 9	Wednesday 25 June	6.15am to 7.45am
Session 10	Thursday 26 June	6.15am to 7.45am		Session 10	Friday 27 June	6.15am to 7.45am
Session 11	Tuesday 1 July	6.15am to 7.45am		Session 11	Wednesday 2 July	6.15am to 7.45am
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If you wish to be part of this program the weekly sessions are compulsory. Every session conducted will be based on the Taipans the latest teaching methods from the Cairns Taipans coaches and the Basketball Australia curriculum. It is hoped across the course of the program Scott Butler High Performance Coach for North Queensland will visit our program to ensure the program is delivered in a quality manner.

For those in regional centres that have to travel from the likes of Innisfail, Tully, Mareeba, Atherton, Mossman an additional training weekend may be arranged depending on numbers and or sessions arranged in those centres where possible.

TAIPANS FUTURE DEVELOPMENT PROGRAM

Cost: \$75

- 18 hours on court specialised training
- Taipans T-shirt
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- The athlete must be prepared to accept and carry out Cairns Basketball Athlete Code of Ethics, Standards and general practices.
- Endorsement from their association and have no outstanding financial obligations.

PLEASE NOTE:

Athletes who have already been selected into the Basketball Queensland Future Development Program are automatically selected into the Taipans Future Development Program. As you are already required to pay an amount for training and a camp in Brisbane you will not be required to pay associated fees within the program. Cairns Basketball will be reimbursed from Basketball Queensland for this amount.

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ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

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PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

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This includes

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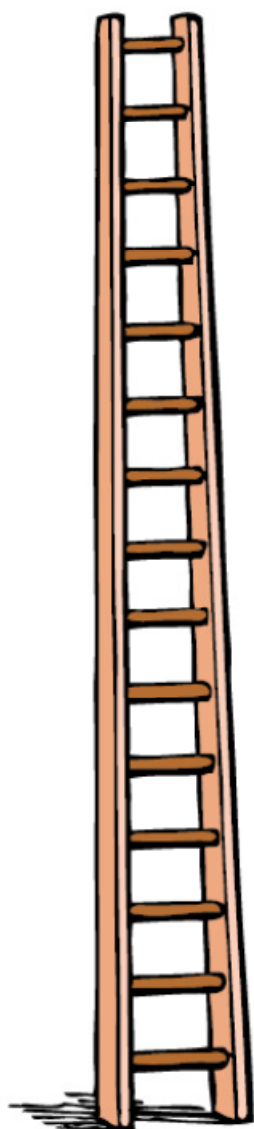
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PLEASE NOTE:

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NAME: _____

ADDRESS: _____ **POST CODE:** _____

EMAIL: _____

ASSOCIATION: _____

PLAYING CLUB: _____

GOALS FOR BASKETBALL:

1. _____

2. _____

3. _____

TOTAL COST FOR THE PROGRAM:

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This includes

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