

Laurimar Football Club

Power Cable



Dates to Remember

Hot Dog Nights

16th May 2014:

- Under 9's
 - White & D2

30th May 2014:

- Under 10's

13th June 2014:

- Under 11's

27th June 2014

- Under 12's

18th July 2014

- Under 14's

Ladies Night

24th May 2014

Family Night

25th May 2014

Cocktail Event

21st June 2014

President's Report

Dear Power Families,

It's been a very interesting start to the season!

Auskick soaring past 200 (229 at last count) making us one of the biggest centres in the country (as I've recently been informed).

This is a credit to Bluey for developing Auskick over the last couple of seasons and a credit to Kev and his team for continuing to run a great program for our kids. Keep up the great work guys!

Under 9's - 5 teams. Over 100 kids and finally they got the first round underway last weekend. While I acknowledge it's been a frustrating start to the season, I just wanted to thank you all for your patience as we transition into the new framework for junior footy and particular the Under 9's who have seen the biggest change with respect to ground sizes, limited numbers on the field and zones. The conversations I've had with a few of the coaches gives me a sense that they're all keen to embrace the challenge of implementing the new rules, even though other clubs are perhaps struggling a bit to adapt. At a recent NFL information night on the Under 9's, the guys that attended (Coaches, Team Managers, Matt Collins (Footy Ops) and Myself) represented the club really well in a forum that a lot of frustration could have easily come out.

Under 10's – Any news is good news they say! I'm not so sure about that, but at least our club got some terrific exposure on the back of a topic that has clearly divided the football community (from the very top right down to grass roots footy). No scoring, No ladder, No finals. As a result the NFL is keen for our club to participate in the next round of research conducted by Monash Uni to review how the implementation of the new rules has impacted junior footy. So far, I hope it's been positive and the kids are just enjoying having a kick and playing footy with their mates – but importantly singing the song when they can!

Under 11's and 12's have been ticking along really well, playing some good footy and putting themselves in good positions to perform well for the rest of the season, and hopefully into finals.

Under 14's – Some difficult decisions were made at the start of the season to aim for two sides given the additional numbers coming to us from other clubs to get into the program we've set up. As a result we implemented our grading policy for the first time to determine how each side would be formed. Making this decision allowed us to do a couple of things: 1/ Accommodate requests to come to our club and 2/ retain kids across both sides that otherwise may have needed to play elsewhere.

Numbers remain an issue as we only have 20 & 19 respectively in each side, but we trust the remainder of the season will be played out in the right spirit and we can review the decisions made and how we carry it forward into 2015.

Supers – Yes, the "old fellas". We added another side this year and have 56 blokes on the list which is a fantastic addition to the club. We have a few of our juniors training with them weekly and our Under 14's have also joined in a times and the feedback from all concerned is really positive on the inclusive nature of the supers and the support they're giving the kids. Great Stuff.

Basketball – Flying. The season almost over and a few teams well in the hunt for finals. Next season registrations are coming up and with the access to the new training facility we're really excited by the ability to advertise which has lead us to the likelihood of our first girls team coming onboard. It's all happening here!

Infrastructure – The change rooms go out to tender at the end of this month and we're expecting works to finally begin in August in readiness for season 2015. Lights on the main oval are due to be installed in the coming weeks meaning more flexibility with training. Car park has been regraded but we'll keep a close eye on the state of it as we move further into winter.

Representing the Club – Part of our success as a club in our short history has been how well you, our members, have represented Laurimar Footy Club whether "home" or "away", no matter the situation, no matter the frustration. Now while there have been many an example of exactly that this year, unfortunately I've also received a number of "please explains" from the NFL on the basis of reports coming back from umpires and other officials over the first few rounds with respect to "over the top" behaviour! It's certainly not targeted at anyone in particular and in fact the NFL concede it's difficult to pinpoint exactly who / where this behaviour is coming from, but it's none-the-less a timely reminder of the need to be respectful to umpires / officials / and other clubs when representing Laurimar Football Club. We'd love to go back to back in the Junior club of the year award and this plays a significant part of it!

Fundraising - We're coming into that time of year where you'll see a lot of events including our major fundraiser for the year (Cocktail Night) which are great nights and really well organised by our social committee! Please look out for and get behind these events and support the club where you can and importantly come along, socialise and meet other Power families.

Sponsorship – Our sponsors provide us with invaluable support year on year, so please ensure you familiarise yourself with who they are, what they can provide to you and use them whenever you can

Lastly – While a few ups and downs to start the season, overall we're extremely proud as to how the season has started, how some challenges have been faced and how we're now getting stuck into the season proper.

Keep up the great work all!

Cheers,

Alasdair Walker – President
Laurimar Football & Power Basketball Clubs

Season Update

JUNIOR AND SUPERS UPDATE

With a massive build up to Season 2014, and now 3 rounds of footy completed, our 12 Junior sides and 2 Super Rules sides are representing the POWER with pride and great sportsmanship. Here's a few words from the coaches about their teams from rounds 1-3. It's great to see how all our teams are going and support everyone who wears the Power Jumper.

Under 9's

There has been a big change to the rules this season for our young U/9's, and we are really happy with the way the kids, parents, our coaches and their support teams, have all embraced them. The intra club games were terrific to watch and our coaches are doing an amazing job.

Finally after the long wait, all 5 Under 9 teams got their first crack at a fixtured game. Not sure who was more excited, the kids or the coaches. With the ground sizes being reduced, we may have 4 games going on at once at the powerhouse which will be very exciting for all involved.

Under 9 Black

From the bitterly cold start to round 1, the u9 black team started a bit slow but really got going after quarter time. The attitude that the kids conducted themselves was first rate. There are some key areas of the new format that we still need to work on but the kids are willing to listen and learn which for the most part is very pleasing to the coaching staff. I'm rapt with the efforts of this team so far and can't wait to see how they progress through the remainder of the season.

Jacko

Under 9 White

We started in fine form against Montmorency at Barling Reserve with the players showing great team work, including fantastic marking and awesome tackling. Our next game was against South Morang in cold and wet conditions where they showed great courage and commitment in such conditions. Last week's game against Eltham the boys put in a great effort, worked really hard for each other having a great game for Mother's Day.

Thanks to Laurimar Football Club for providing Mother's Day flowers, our kids were very proud handing their Mum's a flower at the end of the game. Big thanks to John Gomez for his generosity providing chocolates to the kids to also give to their Mum's on the day.

Cameron Robson

Under 9 Teal

V research @ research

It was true winter conditions for the team's first match of the year. The zones worked very well. They opened the game up a lot which allowed more scoring.

Very proud of how the team has once again formed a close bond, this combined with their sportsmanship, respect and team attitude will set them up for very enjoyable footy careers.

Thanks to all parents and family for all your patience and help getting the team out there.

Jason Sellman

Under 9 D1

I am very proud with the way the boys have listened to instructions and have been able to improve all of their skills in the short time we have been training.

On Sunday they came up against Northcote which were a very tall team and well advanced as it was their second year at U/9's the boys played very competitive football for 3 quarters without being able to score and came out in the last and kicked 1.1 ..Well done boys

Brett Buckingham

Under 9 D2

The boys had a blast being able to play their very first game. I was very impressed with the boys, following direction and going in hard for the ball. It was great to see the kids bonding as the D2 team. I look forward to seeing what the rest of the season brings.

Jason Eid

Under 10 Teal

After the first 3 rounds of the season I'm very happy with our progress so far. There has been a steady improvement of our skills that shows the side is starting to play well as a team. All the kids are learning to play in various positions to help their development. There looks to be a lot of fun & enjoyment ahead as we improve our skills and teamwork further. Thanks to all the parents that have been helping us out its much appreciated.

Reidy

U 11 Black

Round 1: Tough first game against Monty, the boys learnt a lot from it (so did we as coaches). We got beaten by a few goals but took a lot from the game and worked on it at training.

Round 2: Really open flowing game against Whittlesea at their ground. Controlled the game from the beginning until late in the fourth when it got a bit tight, but they held on for a well fought win.

Round 3: Hard work at training shone through with the boys scoring in the first minute of the game and never looking back, each of the boys stuck to their task and worked as a team. Was by far the best they have played so far, they really looked like a footy team.

Looking forward to working on a few more things with the boys to keep the development going. We are a very proud coaching group of the boys.

Matty Anderson

Under 11 Teal

Under 11 Teal are playing some good team football that has seen us win all 3 of our games so far this season. The players are really starting to gel as a unit in their second year together and with the inclusion of a few new faces we look forward to more success as the season continues.

Kev

Under 12's

Round 1 saw the U12 Power side go down in a close contest to Reservoir. With only 15 players for each side on the field, there was a lot of open space on a big ground, with the difference being two points at the siren.

The next week saw a preliminary final re-match between Laurimar and South Morang. After trailing by 3 goals in the 3rd quarter, the Power ran over the top of their opponents to win by 16 points.

Last week saw a loss to Hurstbridge. In the end the 55 point margin was flattering to our opponents as the Power controlled the play in the second half, including keeping their opponents goal-less in the 3rd term, yet were still outscored. It was a matter of a more experienced team (who have been together for 4 seasons) kicking quick goals in spurts, while making us work hard for ours.

The under 12's would also like to welcome new players in Liam G, Nathan, Liam H, Jessie, Ayden and Brock.

Dave

Under 14 Black

Only finalised our team list before 1st game and boys still getting to know each other and play together. First 2 games were both 20 goal wins against Wallan & Whittlesea. 3rd game against undefeated reigning premiers South Morang who jumped us in the 1st quarter to lead by 6 goals. Boys fought back well and this was the same margin in the end. We now know what level we have to get ourselves up to and everyone is working hard to achieve it.

Richo

Under 14 Teal

Rnd 1 V Eltham. – We were very undermanned with only 14 players taking the field against a very strong Eltham side. With lots of open space our players worked really hard, especially down back where our players were under the pump for most of the day.

Rnd 2 V West Preston. - We welcomed a few new players, plus had an additional few players from the Black side to really give our group some confidence. The 1st half saw hard tackling and attack on the ball, which resulted in winning a lot of contested ball. We were then able to use the ball in space and hit our tall forwards. We played 2 players down in the 2nd half and managed to out score the opposition with hard running and attacking football. A fantastic win for the team.

Rnd 3 V Sth Morang. - The team fought hard and we are starting to see the structure we want to play and courage to try new things. Going forward we will concentrate on our skills, running, defensive efforts and working together as a team.

Collo & Al

Super Rules

Our reserves team are flying after a win in round 1 and a hard fought draw on the weekend which sits them into 2nd on the ladder.

Our senior side had a slow start to their first game but really fought the 2nd half out to outscore the opposition in their first match of the season.

Numbers are fantastic at training with close to 50 blokes hitting the track each Thursday night.

A Few Thankyous.....

A big thankyou to **Melissa Cramp** who is our Medical Co-ordinator who has done an outstanding job, organizing all of our Team medics with booking them into courses, and ordering/updating our medical and first aid equipment.

Also a big thanks to **Kate Anderson** our Team Managers Co-ordinator for helping our new Team Managers understand their roles in such an important role for their teams.

Thankyou also to all the parents, relatives and friends who are volunteering to help out on game days, and also to the parents that help our coaches on training nights. Please continue to get involved.

Matt Collins – Football Operations

Auskick Update

There was a lot of talk around the playground, Skate Park and the local shops leading up to a most important date. No it wasn't Christmas, and wrong again, it wasn't a birthday, it was the start of Laurimar Power AUSKICK training!!

Saturday April 5, saw the Laurimar Power fields become electrified with excited future AFL stars and of course the paparazzi. I'm talking about all of the eager Mums and Dad's taking enormous amounts of photos to savour the memories.

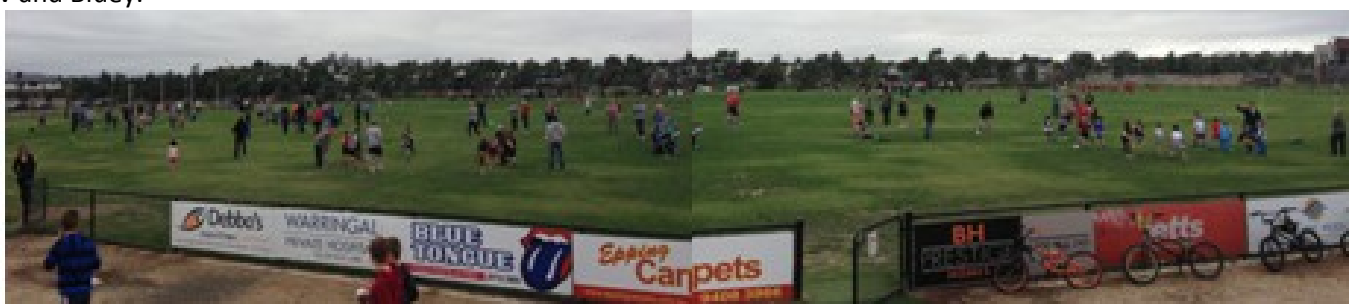
2014 has seen record registrations for a Powers Auskick season, with over 210 future stars registered to participate and an enormous amount of volunteers helping out on the ground and in the canteen. A massive thanks to you all for "putting in" and making it a great time for the kids.

What has been great to see this year, as in past years, is the little Auskickers making new friends, constantly having a footy in their hands and learning the basic principles of playing footy. These basic principles don't only apply to the kids. We have seen parents interacting with their children and other families from the Laurimar and surrounding areas as well.

Week 5's theme was "Mother's Day" and what a morning! Mother's day saw Mums, Grand Ma's and even a great Grandma join in and take the drills. These days are irreplaceable as the kids will always remember when Mum took the drill at Auskick. The day was finished off with a Mother's day raffle which saw 4 lucky mums win pamper packs that were made up from donations from the local community.

Some of our upcoming sessions will include an AFL player visit, training with our super rules/junior players, an under 9 exhibition game and the famous kids versus parents annual game. You kids are improving every session so keep turning up and listening to your coaches and parents!

Kev and Bluey.



NFL Junior Representative Squad

"The NFL has announced its final junior representative squads to compete at the 2014 AFL Victoria Junior Metropolitan Championships. We would like to congratulate 9 Laurimar Power players who have been selected to represent the NFL in the upcoming championships.

Well done to:

- Jake Richards
- Bryce Kotas
- Benjamin Laschko
- Mason Knowles
- Charlie Cochrane
- Caelan Anderson
- Taryn Booth
- Kyle Yankos
- Presten Campi

Good luck with your first night game on Wednesday 28th May in Macedon. We're proud of you all. "

Hot Dog Nights



Laurimar Football are proud to launch our first year of Team Hot Dog Nights. Hot Dog nights provides the opportunity for the kids to hang out with their team mates and provides a social environment for parents to get to know one another. Each team have been allocated a night thru out the season where the night kicks off at 6pm, finishing up at 11pm. Footy will be telecast on TV for extra entertainment and the bar will be open from 6pm – 11pm. The club provides each player with a hot dog and a soft drink on the night. Parents and siblings can purchase hot dogs at \$3.00 and drinks (inc. soft drinks) are at bar prices.

To ensure your team's night is a successful one please volunteer your time helping with cooking hotdogs and handing food & drinks out to the children.

Your team managers will be asking for numbers prior to the event to ensure we cater correctly as we do not want to be wasting food. Enjoy your hot dog night!



Team	Date	Time
U9 White & D2	16 th May 2014	6pm onwards
U10's	30 th May 2014	6pm onwards
U 11's	13 th June 2014	6pm onwards
U12's	27 th June 2014	6pm onwards
U14's	18 th July 2014	6pm onwards



Merchandise Sales

Merchandise Shop Now Open

Where: Container at rear of club rooms

When: Wednesday's

Time: 4:15pm – 5:15pm

Go to our website for Merchandise Prices

www.laurimarfc.com.au

Meet our new Social Club Sub-Committee

In our last newsletter we were looking for a number of volunteers to fill various positions and we are delighted to say the interest from you all has been very positive.

We would like to thank and introduce the following people for putting their hands up to dedicate their valuable time to help with the Social Sub-Committee:

- Anita McCormack
- Lynn Eid
- Rachel McCall
- Michelle Greenwood
- Leonie Bondrov
- Tammy Richards
- Chelsa Robson

2014 Fundraising Target

Our target this year is to raise funds for the following projects:

- Shelter around the grounds
- Electronic Scoreboard

We will keep you all posted thru out the year how we are tracking.

You will no doubt meet these ladies through out the season as they will be selling you tickets to our various functions and selling raffle tickets to help raised much needed funds for our amazing football club.

Seeking Donations.....

Our major fundraiser is only just around the corner! To ensure it is successful we are looking for local businesses and members of our great club that could donate goods we can use for raffles, prizes etc. These donations will help raise much needed funds.

We rely on the generosity of our local community to help us achieve our fundraising targets for 2014.

If you can help in anyway please contact us via: social@laurimarfc.com.au

Upcoming Events

We are excited to announce we have many different social events occurring this year, ranging from Family orientated nights to Adults nights out! We look forward to seeing you all there!

Save the following dates in your calendar:

Events	Date	Time	Family Night	Adults Only
Hot Dog Night – U9 White / D2	16 th May 2014	6pm		
Ladies Night	24 th May 2014	6:30pm		
Family Night	25 th May 2014	4:30pm		
Hot Dog Night – U10's	30 th May 2014	6pm		
Hot Dog Night – U11's	13 th June 2014	6pm		
Cocktail Night	21 st June 2014	6:45pm		
Hot Dog Night – U12's	27 th June 2014	6pm		
Family Night	29 th June 2014	4:30pm		
Hot Dog Night – U14's	18 th July 2014	6pm		
Last Game – Family Night	27 th July 2014	4:30pm		
Golf Trip	3-5 th Oct 2014			



Family Nights



Laurimar Football Club invites all families!

Time: 4:30pm onwards
 Drinks: @ Bar Prices
 Food: Pizza @ \$1.00 per Slice
 Served at the canteen window

Lights will be on for the kids/parents to play footy

Adults Night Out



Laurimar Football Club Ladies Night

When: Saturday 24th May 2014
Where: Laurimar Football Club
Time: 6.30pm – 12pm
Drinks served till 11pm
Cost: \$10.00 per person
Tickets purchased at the door
Food: Provided

Drinks @ Bar Prices

Contact

Anita McCormack – 0416 205 494
Chelsea Robson – 0407 993 113

RSVP – 22nd May 2014



Laurimar Football & Netball Club Invites You to Our Annual Cocktail Event

When: Saturday 21st June 2014
Where: Laurimar Primary School Gym,
Arimdale Road, Doreen.
Arrival Time: 6.45pm
Drinks Served: 7.00pm – 11.00pm
Dress code: After 5

Choice of Drink Packages Available

Includes Unlimited Cocktails, Beer, Wine, Champagne

- \$60 per person
- Includes Unlimited Mocktails & Soft drink
- \$30 per person

Bring a small plate to share

Games and Fundraising events thru out the night

Contacts

Laurimar Power Football Club
Anita McCormack – 0416 205 494
Chelsea Robson – 0407 993 113
social@laurimarfc.com.au

Laurimar Power Netball Club
Melissa Wosgien – 0409 442 055
incmerchandise@hotmail.com.au

RSVP - 9th June 2014

Install our App

Laurimar Power Football Club now has it's own App!

To keep up to date with the current information and events around Laurimar Football Club please install Team App now. You will receive push notifications with up to date information on what is going on with your team, events happening at the club and easy access to the current fixtures. We intend on using this as our communication tool going forward to keep our members up to date so we encourage you to check it out and download the app.

We currently have 99 members registered and our target is to have 100% of our members registered with Team App before the season is out.

If you do not have a Smart Phone don't worry you can access and register via the web, link below:

<https://laurimarfootballclub.teamapp.com>

Follow the instructions below.

LAURIMAR FOOTBALL CLUB NOW HAS ITS OWN APP



Download our awesome new app now and stay up to date with all the latest information!

Install the Laurimar Football Club App on your smartphone or tablet now!

Follow these steps:

1. Download Team App from the Apple or Google Play app store.
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Laurimar Football Club".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to <https://laurimarfootballclub.teamapp.com> to sign up and view this App online.



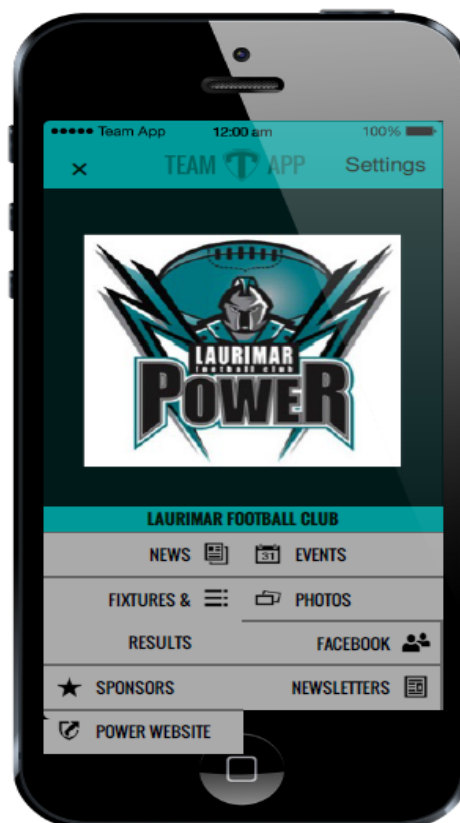
Need help?

Contact: Brett McCormack

Email:

commercial.ops@laurimarfc.com.au

Phone: 0433919714



2014 Winter Basketball Season – Recruiting Now

Laurimar Power Basketball Club

Hey Girls & Boys – Power Basketball Club are looking for players to start the 2014 winter season.

Why don't you get your friends together and create a 'Power' basketball team or contact the club to join an existing team!

We are looking for all junior age groups, aged 6 or over to play for our club next season.

We are also looking for volunteers interested in the following roles:

- Coaching
- Team Managers
- Basketball Committee

If this is for you please contact us ASAP to discuss further.

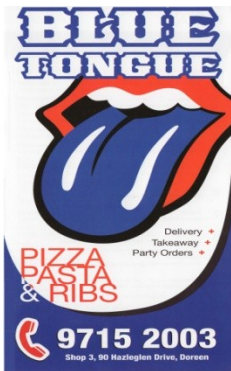
Alasdair Walker 0408 038 227

Brett McCormack 0433 919 714

info@laurimarfc.com.au



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www.in2physio.com.au
In 2 Physio - Laurimar
 120 Painted Hills Road
 Doreen, 3754.
 T: 9717 0804
 F: 9717 0806
In 2 Physio - Mernda
 60 Mernda Village Drive
 Mernda, 3754.
 T: 9717 0099
 F: 9717 1055

BUNDOORA TROPHIES
 4 York Place, Bundoora 3083
9467 3436
www.bundooratrophies.com.au

Useful Links

Laurimar Football Club	www.laurimarfc.com.au	NFL	www.nfl.org.au
BH Prestige Homes	www.bhprestigehomes.com.au	Masters Football	www.mafv.com
Morrison Kleeman	www.morrisonkleeman.com.au	DVBA	www.dvbasketball.com.au
Jetts Gym	www.jetts.com.au	Kiddy Kapers	www.kiddykapers.com.au
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In 2 Physio	www.in2physio.com.au		
Diamond Valley Garden Centre	www.dvgardencentre.com.au		

Quiz Time

Test your AFL knowledge.

Answers released next week via email.

1. Which Magpie was required to serve voluntary night shifts for the Salvation Army as punishment for continually parking in CEO Gary Pert's car space?
2. Which teams played the only draw in home and away matches
3. St Kilda hosted Sydney in which city in 2013?
4. Which legend retired after a 679-game coaching career?
5. Who won the Coleman Medal?
6. Which Carlton player was dropped after showing poor body language in a match against the Bombers?
7. Lance Franklin kicked how many goals in his last game for Hawthorn?
8. Gary Ablett won his second Brownlow Medal-by one vote. How many votes did he poll?
9. Which teams played each other in consecutive weeks?
10. A double-arm fracture ended the season of the brother of which Brownlow medallist?

Did you know.....

Children at play.

Please don't smoke here.

health

In Victoria, the places where children play are now smoke-free.

From 1 April 2014, smoking is banned outdoors within 10 metres of:

- playgrounds and skate parks
- sporting venues during under 18s events and within public swimming pool grounds.

Under the *Tobacco Act 1987* smoking is now unlawful within these areas and could result in an infringement penalty of \$144¹.

Some councils have also introduced local laws that prohibit smoking in other areas or at other times where children play.

Why has smoking been banned where children play?

To protect everyone, especially children and young people, from the dangers of second-hand smoke. There is no safe level of exposure to second-hand tobacco smoke. Children are influenced by what they see going on around them. When smokers light up in their company, children notice. The more they see smoking in public places the more they will tend to think smoking is ok, rather than harmful.

Community attitudes towards smoking have changed. We don't want to see children connecting healthy recreation with the habit of smoking.

Let's keep the places where children play clean and clear of cigarette butt litter.



Please don't smoke here.

Please respect the right of everyone to enjoy clean places to play and fresh air, by not smoking at playgrounds, skate parks, children's sporting events and at public swimming pools.

Need more information?

For more information on the statewide smoking ban where children play, you can visit:

www.health.vic.gov.au/tobaccoreforms or contact the Department of Health at: tobacco.policy@health.vic.gov.au

QUIT NOW. WE CAN HELP.

For help to quit smoking, call Quitline on 13 78 48 or visit www.quit.org.au

Authorised by the Victorian Government, Melbourne, December 2013. To receive this document in an accessible format email tobacco.policy@health.vic.gov.au

¹ As of July 2013.