



# Laurimar Football Club

## AusKick Program

Training Drill Information Sheet



### DRILL SET #3

**Drill Name:** Mad Eagle

**Drill:** The coach stands in the middle of the circle with 8-10 balls. The children are given a number (either 1 or 2). When their number is called out, they have to run round the outside of the circle and then when they get back to their spot, they have to try and 'steal' a ball from the coach. The coach tries to tag each of the players before they take a ball – if successful, the child has to return to their spot before trying again.

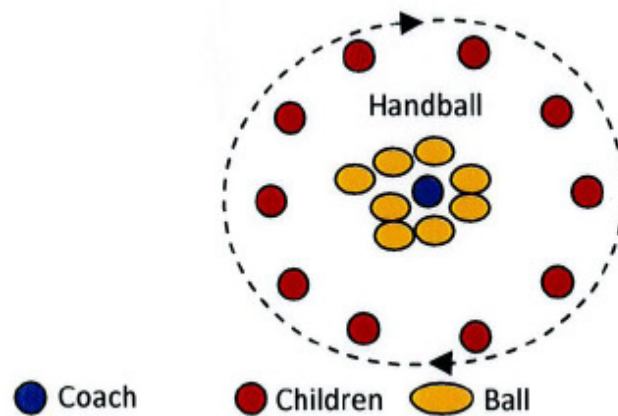
**Objective:**

- This is a fun exercise
- Teach the child to pick up the ball quickly
- Teach the child to move amongst a pack

**No. Helpers:** 1 x Coach

**Resources:** 10 x Ball  
10 x Cones

**Drill Setup:**



**Teaching Points:**

- Keep your eye on the ball
- Watch for other players around you