

Hi Guys,

Please find below the details of the Senior Coaching Certificate on the Sunday 6<sup>th</sup> and 13<sup>th</sup> April at Yerrinbool from 8.30am-4.30pm.

If you have any questions regarding the course please ask.

## **SENIOR COACHING CERTIFICATE**

### **1. Introduction**

The course is aimed at coaches of players aged 17 years of age who are in the 'Performance Phase'

The Senior Coaching course is for those coaches who seek the knowledge and competency to analyse, define and design sessions to improve/develop Performance.

This course replaces the Senior Certificates and Senior Licence and is an accredited program under the auspices of the Football Federation Australia National Coach Accreditation Scheme.

Football Federation Australia's approved Presenters focus the course content on competent organisation of suitable practices.

The course has been designed to further enhance the knowledge of those coaches who are currently coaching senior players.

### **2. Course Objectives and Outcomes**

On the completion of this course the coach will be able to:

- Plan and deliver position specific 'Passing Warm-up' activities by focusing on SETUP.
- FORM good playing and training habits within 'Positioning Games'.
- FORM good playing and training habits within specific game related practices.
- Plan and deliver a progressive 'Game Training' component of a session for 9–13 age group.
- Observe and analyse the GAME at the end of session.
- Have a clear understanding of the coaching processes involved in each component of a training session.
- Implement a physical component into football related practices.
- Conduct a practice session in a safe environment, ensuring maximum participation and maintaining adequate supervision.
- Perform the role of team coach on game day.

- Safety, Risk Management, Group Management, Communication, Inclusion Coaching, Ethical Coaching and Appropriate Coach Behaviour will be integrated into the course.

### 3. Course Duration

14 hours

### 4. Course Preparation

Candidates are advised to undertake adequate pre-course preparation by downloading and printing the **Senior Certificate** Course Manual from <http://www.myfootballclub.com.au/index.php?id=188>

Candidates must bring the printed course manual to the course.

It is recommended that the candidates prepare themselves in a physical sense, particularly if they are not actively playing or coaching immediately prior to the start of the course.

NOTE: Candidates will be invited to participate in practical sessions. Those who are unable to do so are required to declare any medical impediment in writing and advise the Course Presenter.

### 5. Course Content

All modules are practical.

### 6. Pre-Requisites

No pre-requisites.

### 7. Candidate Assessment

There is no formal assessment on the course however candidates will have several teaching practice opportunities.

- Successful completion of course workbook
- Full attendance at all modules
- Active contribution/s during Peer group feedback

### 8. Course Fees

\$90.00

## 9. Registration

Please send your name, club, and contact details to Nick D'Amore [dir.coach@hsa.org.au](mailto:dir.coach@hsa.org.au) The online registration is not yet set up. Details will be sent when the link is available.

### Nick D'Amore

Director of Coaching & Development

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