

METRO SOUTH JUNIOR FOOTBALL LEAGUE INC.

Brand of Football and Sizes

In Metro South we use only Sherrin or Burley Footballs.

Grades	Size	Type	Brand
Under 8's	Size 2	Synthetic	Sherrin or Burley
Under 9's	Size 2	Synthetic	Sherrin or Burley
Under 10's	Size 2	Synthetic	Sherrin or Burley
Under 11's	Size 3	Synthetic	Sherrin or Burley
Under 12's	Size 3	Synthetic	Sherrin or Burley
Under 13's	Size 4	Leather	Sherrin or Burley
Under 14's	Size 4	Leather	Sherrin or Burley
Under 15's	Full Size	Leather	Sherrin or Burley
Under 16.5's	Full Size	Leather	Sherrin or Burley

Time of Quarters plus Breaks

All times must be adhered to at all times.

No Teams are to leave the ground at Half Time.

Grade	Time of Quarters	¼ & ¾ Time	½ Time
Under 8's	10 minute quarters	3 minutes	5 minutes
Under 9's	10 minute quarters	3 minutes	5 minutes
Under 10's	10 minute quarters	3 minutes	5 minutes
Under 11's	14 minute quarters	3 minutes	5 minutes
Under 12's	14 minute quarters	3 minutes	5 minutes
Under 13's	18 minute quarters	5 minutes	8 minutes
Under 14's	18 minute quarters	5 minutes	8 minutes
Under 15's	20 minute quarters	5 minutes	10 minutes
Under 16.5's	20 minute quarters	5 minutes	10 minutes