

AUSTRALIAN MEN'S LACROSSE TEAM

ISSIIF DECEMBER

timeline 2013

Merry Christmas to all

timeline 2014

January 2014 Dimboola - Training Session

Wednesday 26th February Squad Departs for Tokyo, Japan

Friday 28th February Japanese University vs Australia

Saturday 1st-Sunday 2nd March International Friendly Games Japan vs Australia

Monday 3rd March Squad returns to Australia

Saturday 5th-Sunday 6th April Dimboola - Team Camp

Wednesday 4th-Saturday 7th June Adelaide - Senior Nationals

Saturday 28th June Melbourne - Team Departs for USA

FIL 2014 Men's World Championship Opens Thursday 10th July Finishes Saturday 19th July

TEAM CONTACTS

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John Keesing | Team Manager Australian Men's Lacrosse Team 2014 M 0437 968 766

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Greg Hamilton Sponsorship & Fundraising M 0449 179 349

E auslax2014@gmail.com



from the Head Cnach

We would like to welcome Lion and Hahn Super Dry to the list of terrific sponsors of our 2014 Australian Men's Team. Lion is a leading beverage and food company and Matt Windsor was an outstanding long pole,

from the AussieSharks

representing Australia in the 94, 98 and 02 Australian teams. <u> SuperDry</u>

Matt has generously organised a terrific donation package for the

team. We will have more detail in the New Year. Thanks Matt ... Thanks Lion and Hahn Super Dry.

Since the October Camp in Melbourne, the players have been busy with around 6 training sessions a week, including intense lifting and running programs provided

by Ted Polglaze and Stuart Cormack along with specific skill sessions in each State.

What our players put themselves through, both financially and physically, in an amateur sport like ours is simply amazing. Their drive to Denver and the World stage is now in full flight. Go Sharks

We will be grabbing a well deserved week off for Christmas and New Year and then recommence with the new strength and conditioning program to push even harder towards the Dimboola camp on the 18th and 19th of January followed by the Japan tour commencing February 27th.

On behalf of the players, coaching staff and team management I would like to wish you all a very Merry Christmas and a safe and happy New Year.

Just 200 days to Denver.

Glenn Meredith HEAD COACH Australian Men's Lacrosse Team 2014 M 0425 806 720 E laxcoachaus2014@gmail.com



Australian Sports Commission



Bendigo

Bank



LACROSSE, NOT JUST DIFFERENT, BETTER



it's getting hot ... let's push past \$10K

So get a group of friends together, represent your club, show your support and help the players to Denver.

All donations from the subscriptions go directly to supporting all team members travelling to Denver.

Supporters Pack Gold • \$200

Aussie Sharks 2014 Official Supporters - Polo, Supporters Game Day - T Shirt, Cap, Pen, Official Invitation Only Event with the Team in Denver. Gold Supporters will be acknowledged in newsletters, on websites and in all Official Australian Men's Lacrosse Team communications.

Supporters Pack Green . \$100

Aussie Sharks 2014 Official Supporters - Polo, Cap and Pen. Green Supporters will be acknowledged in newsletters, on websites and in all Official Australian Men's Lacrosse Team communications.

Subscription details can be posted or emailed to auslax2014@gmail.com Please mail cheques, payable to Australian Men's Lacrosse Team c/o 13 Murrumbeena Crescent Murrumbeena Vic 3163

Alternatively, Direct Deposit to the account below, please use your Surname as the reference

All donations welcome and appreciated Australian Men's Lacrosse Team BSB 065 114 Account 10244870

We are planning Player Presentations and Promotional nights in each State during the 2014 year, be certain to mark this date in your calendar now, book your flight

Team Blazer Presentation

Members of the 2014 Australian Men's Lacrosse Team will be presented with their Team Blazer at a Presentation Night / Dinner on Friday 27th June venue TBA.

This event will be held in Melbourne on Friday 27th June, the night before the teams departure to the USA. Plan your calendar now and show your support for lacrosse in Australia.

PLATINUM

SUPPORTERS

Crows SA Past Players Assoc Mark Stephen

GOLD SUPPORTERS

Dick Morgan Bill Taylor Robert Speakman Alan Gandy Noel and Carol Gilbert Freddie Forster Joe Forster Michael Gates Shane Taylor Jennifer Taylor **Kelvin Minerds** Murray Gates Kylie Cockman Cameron Blair Mal Hamilton Ben Hitchins

GREEN SUPPORTERS

Bruce Freeman Graham Reid Victorian Past Players Assoc Leighton Beamsley Shobbrook Family









trave**l**ing to Denver for the World Games?

Acland Travel - can assist and have offered to donate \$50 per person for every flight booking from Supporters of the Sharks, travelling to Denver for the 2014 World Championships.

For good advice and to support the Team please contact Edith Szabo. Suite 1, 128 Acland Street Melbourne. 3128

PH: [03] 9534 0901 M: 0433 483 256





NEED ACCOMMODATION

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