

# SELF EVALUATION FOR REFEREES

It is not always possible for an assessor to observe your performances, so it is important for you to be able to measure your own performance on a match by match basis. You are the only person at every game you referee, so you may find it helpful to keep a record of how you feel you have refereed each of your games.



This self-evaluation list below will assist with this exercise. Simply ask yourself each of the 50 questions after each game and then enter a tick for each one you answered "Yes" to. These are your "Strengths". For the questions you answered "No" to just enter a cross against them. These are your "Shortcomings". Soon, you will build up a profile of your performances which will help you to address those areas which you feel need to be improved upon. It is recommended that you discuss your entries with your Branch Coach, a Technical Sub Committee member or a Senior Referee once you have completed a few matches next year.

## SELF EVALUATION LIST FOR REFEREES

You, the referee, are usually your own most severe critic and this should be the case. After every game you should analyse your match performance and identify those aspects of your game that you did well and those that you feel you may have done better.

In order to assist you in an honest and constructive evaluation, it is suggested that you ask yourself the following questions in relation to your most recent performances:

### DID I

#### Appearance

1. Look smart and confident when I entered and departed from the field of play?
2. Approach the game calmly and fully prepared and not distracted in any way?
3. Appear confident, without being "gimmicky" or unnecessarily the "centre of attention"?

#### Signals

4. Make the whistle "talk" for me with proper variation and emphasis?
5. Consider my whistle to be effective?
6. Give the proper standard arm signals on all occasions?
7. Give the correct direction signal on all occasions and not only point to where the offence occurred?

**Stoppages**

8. Deal effectively with players who wasted time?
9. Get the game restarted quickly after each stoppage?
10. Move into position before signalling for restarts?

**Advantage**

11. Apply the "Advantage Clause" when wise to do so?

**Co-operation  
with Assistant  
Referees**

12. Properly indicate "Advantage" application and speak to the offender and inform the offended?
13. Develop and maintain genuine teamwork with my assistant referees?
14. Issue proper instructions to my assistant referees and make certain that I was understood?
15. Use the assistant referees to assist my match control?
16. Look to the assistant referees only for help with decisions which were not initially clear to me?
17. Where necessary, consult with assistant referees quickly, privately and briefly?
18. Thank my assistant referees after the game (and discuss relevant factors afterwards if they were assistant referees)?

**Application of  
Law**

19. Enforce the Laws correctly?
20. Apply the Laws correctly in relation to fair and unfair physical challenges?
21. Interpret dangerous play correctly?
22. Allow or condone the entry to the field of trainers without my signalled permission?
23. Caution or send off any players and record the necessary details?
24. Deal promptly and correctly with players not retiring the correct distance?
25. Allow substitutes on only after the players being substituted had left and at the halfway line?

**Positioning**

26. Anticipate play and quickly move to be as near as possible to incidents?
27. Aim to keep a position where the play was between my location and that of the appropriate assistant referee?
28. Always face the area of restarts after indicating free kicks, etc?

29. Make full use of the Diagonal System of match control?
30. Move along my diagonal patrol path while not becoming too distant from the play?
31. Keep clear of the immediate location of play?
32. Get a good side-on view of midfield challenges?
33. Maintain maximum activity throughout the game?
34. Move around the field of play when necessary?
35. Move sufficiently from end to end of the field of play?
36. Move to the extremities of the field of play when necessary?
37. Penetrate the penalty areas when necessary?
38. Keep all possibilities in view by not turning my back on the action?
39. Run through play to the goal line when required?
40. Deal with misconduct sensibly and correctly?
41. Properly deal with any dissent from my decisions?
42. Communicate effectively with players?
43. Remember not to place my hands on a player's person for any reason?
44. Avoid wagging my finger at players or in any manner to suggest that I was belittling them?
45. When necessary, approach players, rather than demand they approach me?
46. Act decisively, suggesting that I was fully interested in the game?
47. Concentrate on the game and my responsibilities at all times?
48. Properly establish and maintain general control of the game?
49. Deal with players who surrounded me to appeal against or question my decisions?
50. Control myself using an effective whistle and calm voice to control the players?

## Movement

## Control

*(Source England FA Advice to Newly Qualified Referees booklet).*