



PLAY CADBURY AFL 9s

Cadbury AFL 9s is the AFL's newest game. It's a fun, free-flowing game that involves 9 players on each team playing on a smaller field with modified rules, no contact and only 20 minute halves.

AFL 9s enables people of all ages, abilities and fitness levels to participate in male, female or mixed competitions that fit around their busy lives and provide a social and fitness outlet.

Get some friends together and join us for an
AFL 9s BUSHFIRE APPEAL FUNDRAISER

on

Wednesday 30th October 2013

Where: Greygums Oval, Cranebrook

Time: 6:30pm onwards **Cost:** \$10.00 / person

ALL PROCEEDS GOING TO THE NSW BUSHFIRE APPEAL

To register or for more information

please contact:

Jennifer Brown on 0403830140 or email bjm_2805@hotmail.com or

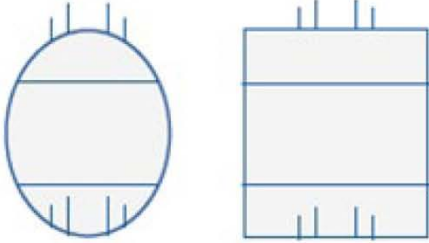
Mike O'Grady on 0431 955 721 or email mike.ogrady@aflnswact.com.au

FOR MORE INFORMATION VISIT AFL9s.COM.AU

KEY RULES OF AFL 9S

THE PLAYING GROUND:

The recommended playing field measures a maximum of 100 x 50 metres and is divided into three zones. The zones are advised to be set as 30m / 40m / 30m.



PLAYERS:

Nine (9) players to take the field at any one time with unlimited interchange players. In 'mixed' competitions there must be a minimum of three players of each gender on the ground at all times.

MARK:

A mark is awarded irrespective of the distance the ball has travelled.

SCORING:

Teams score by kicking or handballing the football into their attacking scoring zone to designated forwards who are the only players permitted to score. A goal scored by female forwards is worth 9 points.

TURNOVER:

If the ball hits the ground or goes out of bounds it is an automatic turnover. A turnover is also awarded if a player is touched while in possession of the ball.

NON CONTACT – 'TOUCH' RULE:

An opposing player is NOT permitted to touch another player unless the player is in possession of the ball. The opposing player may apply a one or two handed touch to enforce a turnover.

