

# Rockets Review



## GRAND FINALS FEVER

15 Rockets teams made it into Grand Finals this season. A big congratulations to all teams who competed. This edition showcases the faces and stories of those teams journeys.

## ABL Women in Grand Final showdown



The Rockets ABL women, appeared in their second Grand Final showdown with Norwood in consecutive years.

The Rockets were competitive in the first half and found the basket unforgiving in the second, conceding the game to Norwood, but still applying enough pressure to make Norwood feel discomfort.

Jamie-Lee Peris was best for North, her 18 points good for equal top-scoring rights on the night.

Shannon McKay was also commendable, adding 9 points to the team's total. Congratulations to all the girls and the coaches for a wonderful season.

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## U10 Div 1 Boys

The grand final topped off a fantastic year for our Division 1 Under 10 boys who were successful in a tough Grand Final against For-estville Eagles, by 12 points.

They went through the winter season unde-feated and were only defeated once for the whole year, during the summer season.

Add to this the Division 2 boys teams who were also both very successful playing finals during the year and we have a good depth of player going through the club for many years to come.

Well done boys.



## U10 Div 2 Girls

The Rockets under 10 girls division 2 team played against Western Magic. The 2 teams had been great rivals throughout the season with the winning margin for their previous three encounters being 2

points or less. We all expected a close game on Saturday but unfortunately Western Magic had other ideas. The final score was 33 to 9.

The girls should be very proud of themselves for the huge improvement they have each shown and for making it into the grand final. Congratulations girls and good luck for next year!

## U12 Div 2 Boys

On Friday night the boys played against Sturt at the Adelaide Arena. It was a tough match and Sturt couldn't miss a basket. The boys fought hard throughout the game and despite coming back to within 4 points with a tense 2 minutes remaining on the clock, Sturt won the game.



The boys are to be congratulated on a fantastic season and on a great Grand Final game. They have played extremely well as a team all season.

Thank you to Kane Della- Pia and Adrian Logan for coaching the team. Well done, Aidan Thatcher, James Taylor, Jaxon Sangster, Angus O'Neil, Alex Harris, Patrick Raggatt, Nic Logan and Ryan Davis.

## U12 Div 3 Boys

What a season we had!. We lost players, and we gained players, but our boys managed to keep going.

We finished 2<sup>nd</sup> on the ladder and with only 4 loses for the season it was a great accomplishment for our boys.

Our finals campaign was over shadowed by, of course, STURT! But it was a great experience for the boys to make the grand final.



Over all our the boys should feel very proud of themselves. Team - Keiren Wehr, Darcy Saponari, Brayden Cameron, Ky Cooper, Jordan Smith, Nathan Pascale, Jonathon Wootton, Devin Mclean, Coach - Brett Aistrope, Assistant Coach - Paul Smith, Team Manager - Mel Cameron.



## U12 Div 4 Red Boys

U12 Boys Div 4 Red had a great season playing 18 games minor round undefeated, with the closest being a 1 point Victory vs Woodville.

The team had some great set plays that left their competitors scratching their heads, Mushroom, Roller Coaster, Stack, Box, Rocket & Side Ball could be heard frequently.

Parents were amazed by the discipline of their little warriors and the expert execution. The Grand Final didn't disappoint, execution was faultless and the boys showed their pedigree closing out

the game by 5 points. Rockets 35 – Magic 30. 20 games without loss! A great effort by everyone and our parents were fabulous with their passionate support. Congratulations boys.

Gary Saponari (Coach) and Elisa Chillingworth (Manager) Team –Alex Trzcinski #6 Harrison Chillingworth #11 Daniel Mount #20 Callum Cooper #21 Mason Manning #30 Max Bemmerl #55 Paul Wentrock #73 and Jonathon Wootton #81



## U16 Div 4 Boys

From 7<sup>th</sup> to Premiers, that's an achievement!

2013 Winter season was very difficult for the U16Boys Div 4. We lost 4 players after 3 rounds and were sitting second last af-

ter 8 games. However with determination and belief the boys rallied to win the next Nine of Ten games. Scraping into the Finals.

1<sup>st</sup> final we beat Forestville Gold by 2 points in OT 2<sup>nd</sup> final we backed up with a 2 point win in a gritty and physical game vs Sturt at Pasadena. Should have seen their faces, priceless- out in straight sets.

Grand Final we played Forestville Blue and we were the form team, winning by 5 points, making it 12 games out of 13. The boys just played the percentages and played their role. Boys with big heads are easy to find, with big hearts is much more difficult- And I was lucky to find them.



## U16 Div 6 Boys

The Under 16 Division 6 boy's played Forestville Eagles at Morphett Vale in the Grand Final, and can out victors 52 to 28.

The boys played well all season entering the competition in the 6th round, they were undefeated for the season winning 16 games straight including the finals.

The team was forged together with the left over players of the Under 16 division's, and through solid training and structure bonded together as a strong team in the competition, and shared great friendships through out the season.

I would like to thank Richard Slater for all his support during the season, and all the parents for their ongoing training commitment.

Mark Thulborne - Coach



## U18 Div 1 Girls

The Div 1 under 18 girls hold on in cliff hanger

The girls came to play and played hard leading Forestville by 14 points at half time.

In the third quarter Forestville kept coming. The Rockets girls played great defence but were outscored in the third quarter. The final quarter was intense with Forestville taking the lead with 2 minutes to go. But to the credit of the girls they held it together to snatch the lead

back in the last 29 seconds and hold on for a 1 point victory. Scores 43 – 42.

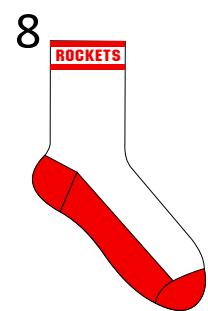
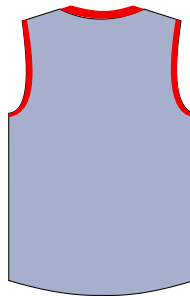
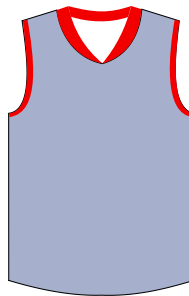
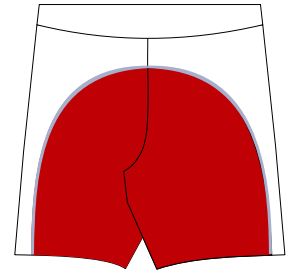
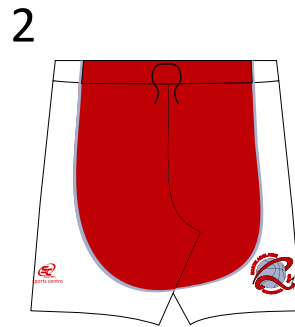
The atmosphere was amazing with a lot a support there for the Rockets girls. A special thanks to the ABA women who were all in good voice. Well done to all the girls was a fantastic team effort and well deserved.

Photo Back row – John Della-Pia (Coach) Sarah Elworthy: Elisabeth Jackson: Zoe Martin:  
Courtney Hansen: Karen Hansen (TM) Jordan Goggins (Assistant Coach)  
Front row – Rebekah Hatchard: Tayla Calvert: Ana Botei: Tayla Macaskill



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### MyPOD Welcome a New Member

MyPod Podiatry are very pleased to have Podiatrist Laura Hutchison supporting myPod Podiatry Company Director Kirsty Stupel in Adelaide. myPod now has more appointments available per week across the two Adelaide sites.



#### About Laura:

Laura graduated from UniSA with a Bachelor of Podiatry with first class Honours in 2012. Her interest in Podiatry began as a child when treatment from Podiatrist Kim Nankivell allowed her to play netball pain free.

Laura was awarded the TG Mitchell prize for the graduating Podiatrist with the highest overall score, received merit awards each year during her studies and a chancellor's letter of commendation upon her graduation. At the 2013 Australasian podiatry conference Laura was awarded 'best new investigator' for the presentation of her honours research and has an abstract published in the Journal of Foot and Ankle Research. Laura has a strong interest in research and as such tutors Podiatry students at UniSA in evidence based practice as well as fulfilling a part time role of graduate Podiatrist at the Royal Adelaide Hospital.

Laura is based in Adelaide, but grew up in Naracoorte and is a country girl at heart. During her spare time Laura enjoys spending time with family, friends and her Labradoodle Teddy, and playing the piano.

Laura and Kirsty now have available appointments at both the South Tce and Marion clinics. Bookings can be initiated from [www.mypodpodiatry.com.au](http://www.mypodpodiatry.com.au)

*The Rockets Management Committee would like to extend their thanks and gratitude to all the volunteers who helped in coaching, managing teams, fundraising and assistance given during the Summer/Winter 2012/13 season.*

**Be sure to come along to the Presentation day at Hillcrest Sunday 22nd Sept starting at 2pm. Free bbq and soft drinks.**



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