

The Basketball Queensland National Performance Program

This program is about performance in the international arena for our Queensland athletes; requiring the best athletes, coaches and teams involved in a well planned international program driving for international success.

Philosophically, this program is about Basketball Queensland creating a High Performance culture of excellence and a program that athletes and coaches aspire to be involved in. It is about resourcing this program properly and providing adequate training spaces, facilities and equipment. We want Basketball Queensland athletes and coaches to become regular participants in international competitions and we want them to have a firm understanding of the requirements and demands of international competition.

Basketball Queensland will identify and select the “best” age group athletes for participation in the program. This program is not only about talented athletes achieving international standards, this program has an immediate focus of increasing the frequency, duration and volume of our best junior athletes training with our best coaches. The goal is to place them in a rapid acceleration development program to increase their competencies both on and off the court through the use of KPI’s and individual performance plans (IPP). There also may be a need to customize the athletes to the specific requirements of the respective National team’s coaches. Subjectivity is an unavoidable element of selection to the BQ-NPP, each athlete applying will be considered against the selection criteria below;

- Submitted a completed application
- Current or pending Australian citizenship
- Endorsement by their Association and have no outstanding financial obligations
- Demonstrate outstanding potential and desire to represent QLD and Australia
- Physical Attributes; genetics, anthropometric measurements, strength and size
- Athletic Talent: speed, quickness, power, vertical leap
- Potential Basketball Talent: Ability to learn the skills and ability to make decisions under pressure
- Demonstrated desire to succeed and outstanding desire and commitment to working hard

Identification of athletes for this program will be flexible to allow athletes to re-enter the system from alternate programs (ie, NCAA, AIS and Professional Leagues). The athletes must apply to be selected to the NPP and fully commit to their training plans to remain involved in this program.

One of the strategies that will be employed in the delivery and individual athlete development of our National Performance Program is the enhancement of our relationship with the Queensland High Schools. We want to improve our communication channels and access to the many resources schools can provide to our National Performance Program as well as coordinate activities with the BQ High Performance calendar and High School calendars.

The Queensland Sport and Athletic Centre (QSAC) will continue to play an important role in our National Performance Program, We will maximise the use and valuable contributions the QAS provides for our senior and junior athletes. The exceptional sports development, access to world class facilities and significant investment the QAS provides to our sport is greatly appreciated and we would like to see this partnership enhanced through our performance at the World Championships and Olympic and Commonwealth games.

The stated objectives of the National Performance Program

- Work with those athletes that have been identified by the senior men’s and women’s National team coaches (Boomers, Opals, Gliders & Rollers), Junior National Teams (Gems, Emus) with the provision of High Performance Coaching, access to world class training facilities and sports science services.
- Improved alignment between National, Professional and State athlete performance plans to ensure each athlete has a unified and well balanced annual training plan.
- Identify Queensland most talented junior basketball players with the correct tools to become International players and provide the selected athletes with a tailored, measured and effective program of development to enable them to reach their full potential.
- Identify proven techniques and scientific resources which will assist BQ in developing International standard players.
- Create a pool of players that can be selected into the National programs