

Laurimar Football Club

Power Cable

BH DEVELOPMENTS
Will turn your dreams into reality


Upcoming Social Events

Date Change to Junior Presentation New Date is Sunday 25 August 2013

As we had originally scheduled the Junior Presentation on Fathers Day, 1 September we have decided to bring the date forward a week to keep all Fathers and their families happy.

The day will be held at the Clubrooms and commence at 10am with team presentation times as follows:

10:30am -	Auskick
11:30am -	U9 White
12:00pm -	U9 Teal
12:30pm -	U9 Black
1:00pm -	U10 Black
1:30pm -	U10 Teal
2:00pm -	U11
2:30pm -	U12
3:00pm -	U13

The canteen will be open during the day to purchase food, drinks and snacks.

LAURIMAR POWER PRESENTATION NIGHT & DINNER DANCE

Come and celebrate the end of another fantastic season for both the Superules and Netball's NFL team. All members welcome.

Date:	Saturday 17 August
Time:	7pm - 12am
Venue:	Whittlesea Golf Club
Cost:	\$40 per head includes a 3 course meal. Drinks at bar prices.
Dress:	Semi Formal

The club has organised a bus to get us there and back at a cost \$10 per head. This will depart the Football Club at 6.30pm. Please book and pay for your seat when you RSVP.

Please **RSVP** by no later than **10 August** to social@laurimarfc.com.au and advise if you have any special dietary requests. You will then be advised how to make payment and collect your tickets.

Dates for the Diary

August 10:

Ladies Night

August 17:

Dinner Dance/Supers
Presentation Night

August 25:

Junior Presentation Day

September 28:

AFL Grand Final Day at
Clubrooms

October 4-6:

POWER Golf Trip

President's Report

Hi to all our Power Families,

When I sit down to write a report on the club I quite often find myself thinking about the things we still need to do, and at times get so lost in that I forget to reflect on how far we've come in such a short period of time.

- From 2 teams in 2011 to 8 (+ Supers) now
- Auskick keeps going from strength to strength and is the foundation for our growth.
- Power Basketball
- The introduction of Cricket to the Laurimar Sporting Landscape in 2013 (Exciting news, so watch out for more information to follow very soon)
- Improved Car Parking facilities
- Improved Security (A big thank you to Eagle Security for donating the Alarm System and Council for the security grills)
- Family Nights which are very well attended and received by all
- Finally, a decent whack of funds allocated to Laurimar in the 2013/14 budget
- Increase in the number of sponsors.
- Increase of committee members

Not bad at all for a club in it's third year!

Therefore as season 2013 draws to it's close, and putting into perspective some disappointing feedback from another clubs president on the state of our facilities, over the last couple of weeks I have been well and truly reminded of what we're about.

Of our 3 U9's sides, two of them made the finals of their respective divisions on Tackers day, with the other narrowly missing out. Of course if you don't know already U9 Black took out their division meaning the first premiership for Laurimar Football Club....An awesome effort by the kids and their coach (Jacko) for an amazing achievement. Very well done.

Of our 5 Under age sides playing for points and eligible for finals, 4 of them finished top 4. And, after the first week of finals, 3 of them are progressing into the second week and contesting for a spot in their respective divisions Grand Finals. Again, an awesome effort by all concerned.

However, and back to my point of what reminded me of how special this club is, regardless of results, as I looked at how well Laurimar Football Club was represented by our Auskickers, and at the Tackers day and first week of finals, it struck me that it isn't the "bricks and mortar" for change rooms, it isn't a completed car park or coaches boxes that ultimately defines us as a football club it's you, our families and the smiles on the faces of ALL our kids and the enthusiasm of our parents when representing POWER that makes us the fantastic club we are. It's the reaction and engagement of the people within the club that instill the confidence in our committee that we continue to build the right culture for the kids and parents to enjoy their football. So while the infrastructure developments are still vitally important for the growth of the club going forward and we continue to push hard to get the things we need from council, we can ALL still be very proud of what we've done to date.

Don't forget the upcoming social events, Ladies night (this Saturday 10th), Presentation / Dinner Dance (Saturday 17th August) that we need to confirm numbers for by this Saturday. So if you plan to attend, please send your RSVP to social@laurimarfc.com.au. And in particular the junior presentation day, which has been brought forward a week to the 25th August. Refer further details as per page 1 & 2.

Thank you for a great 2013 and for those teams competing in finals this weekend, Good Luck.

Alasdair Walker
President

Upcoming Social Events

LADIES NIGHT

AT THE POWER HOUSE!

10TH AUGUST 2013

7PM-12AM

\$5 entry fee.

MUSIC, DANCING AND LOTS OF LAUGHS!

BRING A SMALL PLATE &
DRINKS AT BAR PRICES

RSVP BY 9TH AUGUST

TEXT ANITA

0416 205 494

SOCIAL COMMITTEE

Upcoming Social Events



LFC 2013 GOLF TRIP

Date: 4-6 October 2012

Venue: Yarrawonga

Cost: \$280 which includes, bus, accommodation, 1 round of golf and more.

We currently have 32 spots available, so in order to secure your seat on the bus please pay a \$50 deposit to Brett McCormack by 15 August- PH: 0433 919 714.

We also require volunteer drivers with light rigid licences to drive there and back. Please let me know if you are available.

Upcoming Social Events.....

Friday Night Football

The club bar will be open every Friday night from 6pm until 27 September for members and friends to come down and socialise while watching and supporting their favourite AFL football team on our BIG Screen.



Laurimar POWER 2013 Raffle

Laurimar POWER 2013 Raffle

- 1st Prize:** 50' LG Plasma TV - **\$949**
 - 2nd Prize:** Jetts Gym Membership - **\$600**
 - 3rd Prize:** Playstation 3 Bundle - **\$339**
 - 4th Prize:** Karnage Chrome Penny Board - **\$79**
- Plus more Prizes

DRAWN: Sunday, 25 August at Junior Presentation Day

The winners will be notified by telephone.

All players and Auskickers will have received a booklet of tickets to sell. As a major fundraiser for the club, we encourage everybody to get these tickets sold ASAP. All raffle tickets stubs, money and unsold books must be returned to either your Team Manager or to the Committee members of the Laurimar Football Club by the morning of 25 August 2013. Tickets can be dropped off at the club on Friday night's between 7pm and 10pm once the football season has finished.



Alarm Donation for Clubrooms – Eagle Security



A big thank you to our newest Sponsor Eagle Security who has kindly donated an alarm system for our clubrooms. Scott from Eagle Security heard about the trouble we had been having with break ins and damage to the clubrooms and was more than happy to install an alarm for us

Eagle Security Systems is a family owned and operated company that began trading in 1991. The Company started as a small home based business, operated by a father and son team. Over the years Eagle Security Systems has grown into a leader in the supply and installation of Security Systems. All of our products are on display at our conveniently located showroom in Bundoora, Victoria.

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If you have any questions please feel free to contact Eagle Security Systems via telephone, email or drop in and see them in there Bundoora showroom.

Telephone: 1300-259-260

Facsimile: 03-9467-3788

Email: sales@eaglesecurity.com.au

Bundoora Showroom

1308 Plenty Road, Bundoora Vic 3083

P: 9467-1177

F: 9467-3788

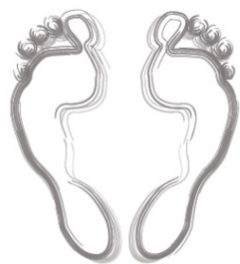
Opening Hours

Monday - Friday 8:00am to 5:00pm

Saturday 8:00am to 12:00pm

Closed Sunday and Public Holidays

A message from Quest Podiatry



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info@questpodiatry.com.au

Ph: (03) 9432 0055

HEEL PAIN IN CHILDREN

Does your child complain of sore or tired heels or feet?

Heel pain is a common complaint of children aged 8-13 years, especially those active in sports, particularly AFL due to the nature of the boots and a hard playing ground. The child may complain of pain during or after sport and may cause them to limp.

This pain is referred to as 'Sever's Disease', and is NOT normal, but can be easily helped. This heel pain is often due to stress and pressure on the growth plate of the heel bone. This stress and pressure can be related to high impact, tight Achilles tendon or calf muscle or improper foot and ankle alignment. There are simple measures and exercises that can be taken to reduce symptoms, and therefore allow the child to continue to be active.

Calf stretching along with either gel heel cushions or corrective shoe insoles can provide with child with almost immediate relief.

Quest Podiatry is conveniently located in Greensborough, just off Yan Yean Rd on Diamond Creek Rd. We have after-hours appointments available for your convenience and can provide care for the whole family. Call us today for an appointment – don't put up with painful feet!

Thank you to all of our 2013 Sponsors.....

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BH Developments www.bhdevelopments.com.au

Warringal Private www.warringalprivate.com.au

Jetts Gym www.jetts.com.au

Morrison Kleeman www.morrisonkleeman.com.au

NFL www.nfl.org.au

Masters Football www.mafv.com

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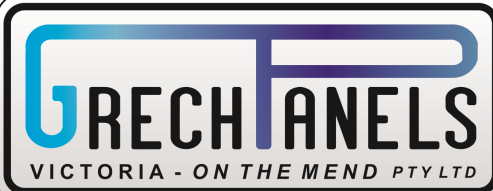
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Blind Effects	www.blindeffets.com.au	Quest Podiatry	www.questpodiatry.com.au
Jim's Mowing	www.jimsmowing.net	Bottlemart	www.bottlemart.com.au
Kiddy Kapers	www.kiddykapers.com.au	Bodywell Osteopathy	www.bodywellosteopathy.com.au
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Thank you to all of our 2013 Sponsors.....



Useful Links.....