



AFL VICTORIA

TAC CUP ROUND 11
JUNE 29-30, 2013

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TAC
CUP

Speed hurts.
TAC

**Knights
march into
top eight**



Slow down this season.

Speed hurts.



TAC CUP SANDRINGHAM DRAGONS

Team of the First 21 Years



INT: Jackson Sketcher



INT: Carl Steinfort



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Speed hurts. TAC





Geelong Falcons 10.7.67 d Western Jets 9.10.64



Photos: Brian Bartlett



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TAC Cup regions celebrate their history, 21 years on

One of Australia's premier sporting competitions' short but rich history has been rediscovered with the Sandringham Dragons and Geelong Falcons' 21 year celebrations over recent weeks.

Well over one hundred current and former Dragons players and staff filled Trevor Barker Oval's function room last Sunday night to celebrate the club's 'Best Team Ever' presentation.

Carlton champion Chris Judd was drafted from Sandringham with the third selection of the 2001 NAB AFL Draft and was named alongside Collingwood's Luke Ball as one of the Dragons' greatest on-ballers.

"My strongest memories are probably of pre-season. It was really good getting kids from different footy clubs together to play TAC Cup," Judd said.

Since 1992, when the TAC Cup competition started, road safety education of all clubs has been an integral component of the program, with the aim of creating champions on the field and safer drivers on the road.

Messages have evolved from the inaugural 'Live and Learn', to '120 hours of practice' and now 'Speed hurts', which began last year.

"(The TAC Cup) is an amazing program, it really is. For kids

that grow up in Victoria, to be exposed to a program that is not far from AFL level is great," Judd said.

At the Falcons' recent 1992 premiership reunion, ruckman and now Gold Coast Suns assistant coach Matthew Primus also noted the TAC Cup's progression.

"The competition has evolved - TAC Cup clubs are doing a lot of the same things as AFL clubs, with the level of coaching, professionalism and fitness staff in place," Primus said.

"It's great to see that association (between the TAC and Victorian Under-18 representative football) strengthen over 21 years."

In that time, the competition has grown from six regions to 12, and produces around half of the players selected in the NAB AFL National, Rookie and Pre-Season drafts.

TAC CEO Janet Dore said the TAC was extremely proud of its partnership with AFL Victoria.

"It has been and remains one of the great sporting relationships in our country," she said.



Chris Judd with Ian Kyte at the Sandringham function



Members of the Geelong Falcons 1992 premiership reunion

"Young people continue to be over-represented in road trauma, and we see the TAC Cup as a vital platform in working to rectify this."

****Check the inside front cover of today's Record for the full Sandringham 'Best Team Ever'.**



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TAC CUP MEDIA COVERAGE

Keep up to date with all the action from the TAC Cup via the following media coverage:

TAC Cup Radio

Tune in from 1:45pm for the TAC Cup Radio match of the week. Join Phil Crooks, Rick Morris and Gabe Sorrentino as they bring you a weekly TAC Cup match throughout the season.

Saturday June 29 – Northern Knights vs Dandenong Stingrays, 1:45pm

Listen live on the Red Time Sport iPhone App or www.taccup.com.au

Next game: Western Jets vs Gippsland Power



TAC Cup Future Stars

TAC Cup Future Stars is back on Channel 9 for season 2013. Join Craig Hutchinson, Kevin Sheehan, and Terry Wallace as they keep you up to date with results and information from AFL Victoria's TAC Cup competition.

Tune in this Sunday June 30, at 1pm on Channel 9.



TAC Cup Online

Keep up to date with the TAC Cup via the following methods:

Website: www.taccup.com.au



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www.facebook.com/taccupfooty



Pour more into your performance

So you know the importance of eating before exercise, but did you know that what you eat after a game of footy or training can be just as important? The foods and drinks you consume after footy can affect how quickly your body recovers and how well you perform at your next game or training session. The nutrition goals of post-exercise recovery are to rehydrate, refuel carbohydrate stores, and repair muscle tissue. One drink can help achieve all these goals – and it's probably already in your fridge! A growing body of scientific research has identified milk as an effective exercise recovery solution — prompting athletes and sports nutrition experts to take notice.

REHYDRATE

When you train hard, you sweat hard. Milk naturally provides both fluid and electrolytes (sodium and potassium) to assist with rehydration. The electrolyte concentration of milk is similar to conventional sports drinks and fluid retention is aided by other nutrients found naturally in milk. A number of studies have now shown that milk is an effective drink for rehydration. For example a 2007 study found low-fat milk helped dehydrated cyclists replace sweat loss better than water or a sports drink. In four separate trials, volunteers undertook a series of cycling exercises until they had lost about 1.8% of their body mass. They were then given low-fat milk, a sports drink or water to re-hydrate. The cyclists who drank milk were better hydrated by an average 600mL, compared with water and the sports drink four hours after exercise.

REFUEL

During your workout, your muscles use carbohydrate stores (called glycogen) for energy. As glycogen becomes depleted, so does your ability to perform at your peak. Drinking flavoured milk immediately after working out replenishes your muscles' energy stores and sets you up to perform better at your next exercise session.

In fact, research has shown that people who drink milk straight after training are able to exercise longer in their next session than those who drink sports drinks or plain water. And the harder you train, the quicker you achieve your goals.

REPAIR

High-intensity exercise such as footy leads to the breakdown of muscle tissue. Intake of 15-25g of high quality protein (about 2 glasses of milk), in the first hour after exercise can promote faster muscle rebuilding. Milk contains high quality proteins (whey and casein) that can help repair damaged muscle tissue and promote lean muscle growth.

A number of studies have now shown that consuming milk after resistance training promotes more muscle gain than other protein sources. For example a 2007 study compared how much muscle protein young men gained after completing a heavy weight workout followed by consumption of protein as either skim milk or a soy drink. Men who drank two cups of skim milk after each of their workouts gained almost twice as much muscle in 10 weeks than those who drank a soy drink.

To find out how to *pour more into your performance* visit www.dairyaustralia.com.au/sport

Glenys Zucco, Sports Dietitian, Dairy Australia



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Rapid rise for Holman

REWIND a little more than 12 months and you would have found Nick Holman playing seniors for Kyabram in the Goulburn Valley Football League.

On Tuesday, Holman is in the Vic Country squad to play against Vic Metro at Etihad Stadium in the final match of the NAB AFL U18 Championships.

The 18-year-old has been one of the most consistent players during the course of the carnival.

It's a quantum leap in anyone's language, but for Murray Bushrangers coach Darren Ogier it underlines the work ethic, attitude and discipline Holman has displayed in that period.

Ogier doesn't mask that Holman's zest wasn't where it should be for a player with aspirations to maximize his ability.

But, the Bushrangers' coach noted that Holman addressed his inadequacies and that's helped drive his game to its current level.

"Nick's transformation has been tremendous," enthused Ogier.

"He's obviously gone away and said 'I need to improve and he's put in the hard yards to do that.

"It's through work rate more than anything else. He hates being beaten and that has really lifted his output.

"He's realized that if he doesn't work harder than his opponent he's going to struggle. It's good to see a kid get rewards for their effort.

"And, that's what it has been with Nick. His effort has been continually improving."

Holman recalled he simply "couldn't get a game" for the Bushrangers until midway through last year.

When he did break in, Holman played well enough to feature in the club's best and he noted "that got my confidence up".

Apart from his mindset, what has impressed Ogier as well as Vic Country coach Mark Ellis is the high-quality ball use and decision making from Holman, who's been able to comfortably roll through the midfield rotations.

For all that, Holman doesn't shy away from the fact that the Championships have been extremely tough, far

different from anything he's previously experienced.

Holman candidly said that he didn't think he would make the Vic Country squad although it had been a pre-season goal.

Initially, Holman set himself the target to start in the Bushrangers team then push hard to gain an invite to play for Vic Country.

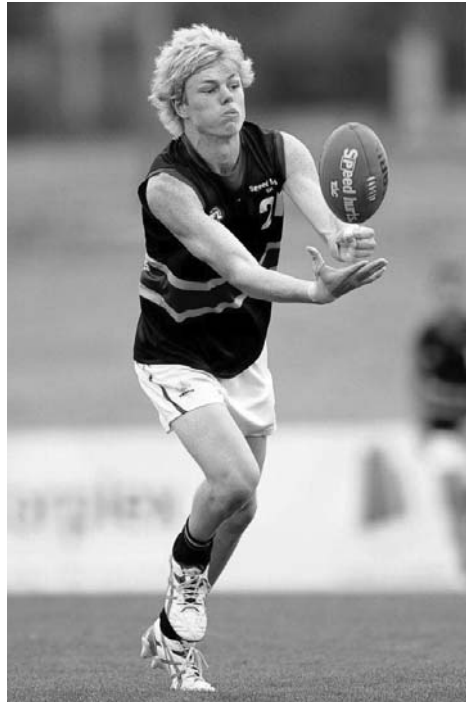
"I thought it was realistic, but I never thought it would happen," Holman said

He pounded the pavement and hit the gym and although Ogier still calls him 'muscles' he's in better knick than last season.

While he's found all components different – quicker, greater intensity, more pressure – Holman said he's relished the opportunity to challenge himself.

"I've been pretty lucky. I've been helped by my teammates," Holman said.

And, more importantly Nick Holman has helped himself.






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Consistency the focus for Lennon

IF season 2013 seems to have been like life in the fast lane for Ben Lennon it's easily explained. It has been.

Consider what the year has held so far for the Northern Knights forward.

For openers, there was the continuation of his AIS/AFL Academy scholarship, which saw him in the team that played Collingwood's VFL team in a curtain raiser to the Richmond/Carlton season opener, which drew 80,000.

Lennon then travelled to Europe with the Academy for what he described as a "life-time" experience.

Back home, Lennon has squeezed in playing for the Knights, Ivanhoe Grammar and Vic Metro in the NAB AFL U18 Championships.

Phew. Time to take a collective deep breath, but if only he could.

Lennon still has much unfinished business in this remarkable journey, beginning on Wednesday when Vic Metro plays Vic Country in the defining Championship match at Etihad Stadium.

"It has all gone pretty quick so far, I haven't had much time to think about," Lennon said.

Ben Lennon (right) in action for Northern Knights



"The AIS component was a really good experience, especially going overseas with 30 of your best mates and getting to use the best facilities and coaching from Brad Johnson, Micky O (Michael O'Loughlin), Glen Jakovich.

"It really does help your footy. We all feel like we've got a lot of benefit from it. It was a great experience; it's something I'll remember forever."

For Lennon the highlight was playing against Collingwood at the 'G as well as playing against the European Legion at Surrey Sportspark.

The temperature may have hovered around 2C, but the playing experience was matched by the ambassadorial role in showcasing and explaining Australian Rules was also most rewarding.

"That was pretty cool," Lennon said.

While there was so much to savor there's been little time as Lennon has dived back into his studies as well as continuing to escalate his football.

Lennon has been pivotal for Vic Metro, especially when the team lost star forward Tom Boyd in the opening quarter against Western Australia.

It came on the back of a six day break, a four hour trip and the daunting realization that not only was the team minus its go-to-guy, but also one player in the rotations.

"It was a pretty gutsy win," Lennon said. "I'm sure it brought the group closer together."

Modesty forebodes Lennon to dwell on the fact that he stepped up to fill the Boyd-void to finish with four goals.

Lennon's goals for the Championship pretty much mirror his pre-season target – play consistent football and play his role for the team.

While last year there was quarters of play that defined him as an emerging talent, what was missing was being able to maintain that over the course of the game.

"Going into the season I just wanted to play consistent footy and to this point I feel like I've done that," he said.

It's just one of many things that Ben Lennon has accomplished and the book is not closed yet.

Neade a Rising Star

Former North Ballarat Rebel Jake Neade is the Round 13 NAB AFL Rising Star nominee.

Now at the Port Adelaide Football Club, the 18-year-old midfielder gathered six kicks, six handpasses, five tackles and kicked a goal in Port Adelaide's 18-point upset win against the Sydney Swans last Saturday at AAMI Stadium.

Port Adelaide coach Ken Hinkley said Jake has been consistent in his debut AFL season, playing all but one match.

"Being nominated for the NAB AFL Rising Star is a great reward for the effort that Jake has put in ever since he arrived at the club during pre-season," Hinkley said.

"The thing we love about Jake is that he is never intimidated by the size of the opposition and that is important given his small physical stature.

"He enjoys the contested style of the game in that he loves tackling, loves chasing and loves doing all the things that we value so highly here at Port Adelaide. And when he does have the ball he uses it very well.

"Being a first-year player Jake has plenty of footy ahead of him. He knows that he needs to work as hard as possible to continually improve his game to give himself the best opportunity to have a great career."

Jake was acquired by the Power as part of a trade with GWS, who pre-selected him as an NT zone selection.

He was recruited from the North Ballarat Rebels, with his original club being Elliot in the Northern Territory. He had an outstanding NAB AFL Under-18 Championships for NT last year averaging 18.4 disposals, winning the Harrison Medal (Division Two Best and Fairest) and was named an All-Australian.

Jake is also an AIS-AFL Academy graduate.



TAC CUP FUTURE STARS

TAC CUP FUTURE STARS

Tune to TAC Cup Future Stars every Sunday at 1pm on Channel 9. One of their segments each week is Slowing Down. Recently they caught up with Tom Boyd from the Eastern Ranges, and Nathan Freeman from Sandringham Dragons.



TOM BOYD-EASTERN RANGES

Best advice you've been given?: Lose some weight

Mila Kunis or Miranda Kerr?: Mila Kunis

Best thing about TAC Cup footy?: Competitive nature and high standard of footy every week

Fav road trip destination: Anglsea

Hobby outside footy?: Surfing

Favourite TV show?: Game of Thrones

Sam Newman, James Brayshaw or Garry Lyon?: Sam Newman

What's one thing your coach says too much?: Press up

Most annoying teammate?: Dan McStay

Song that best describes Kevin 'Shifter' Sheehan?: What About Me - Shannon Noel

NATHAN FREEMAN - SANDRINGHAM DRAGONS

What's the best advice you've been given?: Genuine buy in

What are three things you can't live without?: Phone 2.

Bed 3. Mates

AFL player you most admire?: Patrick Dangerfield

Sam Newman, James Brayshaw or Garry Lyon?: Sam

What's your favourite road trip destination?: Phillip Island

Spell 'Timbuktu'... : Timbuktue

What's a song that you think best describes AFL National Talent Manager and TAC Cup: Future Stars panellist Kevin Sheehan: Mission Impossible theme song

Injury cuts short Boyd's Championships

CRUSHING and devastating are just two of many words that could be used to describe the injury that ruled out Tom Boyd from the last two games of the NAB AFL U18 Championships.

Whatever adjective or phrase you chose it does little to ease the stomach-churning disappointment that must have engulfed the Eastern Ranges power forward.

Boyd's injured ankle will keep out until the final few rounds of the TAC Cup home and away season.

"As these injuries go it was actually pretty good," Boyd said. "There is no structural damage, it is purely ligament damage."

While he's extremely upset at how a freak accident occurred following a marking contest in the Championship match against Western Australia occurred, don't expect Boyd to be looking or playing a sympathy card.

Boyd continues to display maturity beyond his 17-years.

"First and foremost you have to take a positive attitude to get anywhere. There's no point being down in the dumps," Boyd said.

"Yes, it is disappointing. The most disappointing thing is not being able to play for my State again, it's something I've learned to love over the past couple of years.

"Just missing playing is going to be the hardest thing. It's something I've always done."

Boyd noted that preparation for this year's Championships in effect started three years ago as virtually the same group of players have come through together, all with the same focus – win the title.

He said the talent, camaraderie, support and belief within Vic Metro has no ceiling as evidenced with the victory against Western Australia against all odds.

"There really is no bigger challenge than to beat them over there and to do so on a six day break, four hour travel and then to be one rotation down for three and a half quarters tells you a lot about the team," Boyd said.

"I couldn't be prouder about how the boys stuck it out. It was a credit to them how they stood up against the tide to get the win."

Boyd has tentatively earmarked the Round 16 TAC Cup match against Oakleigh Chargers for his return.

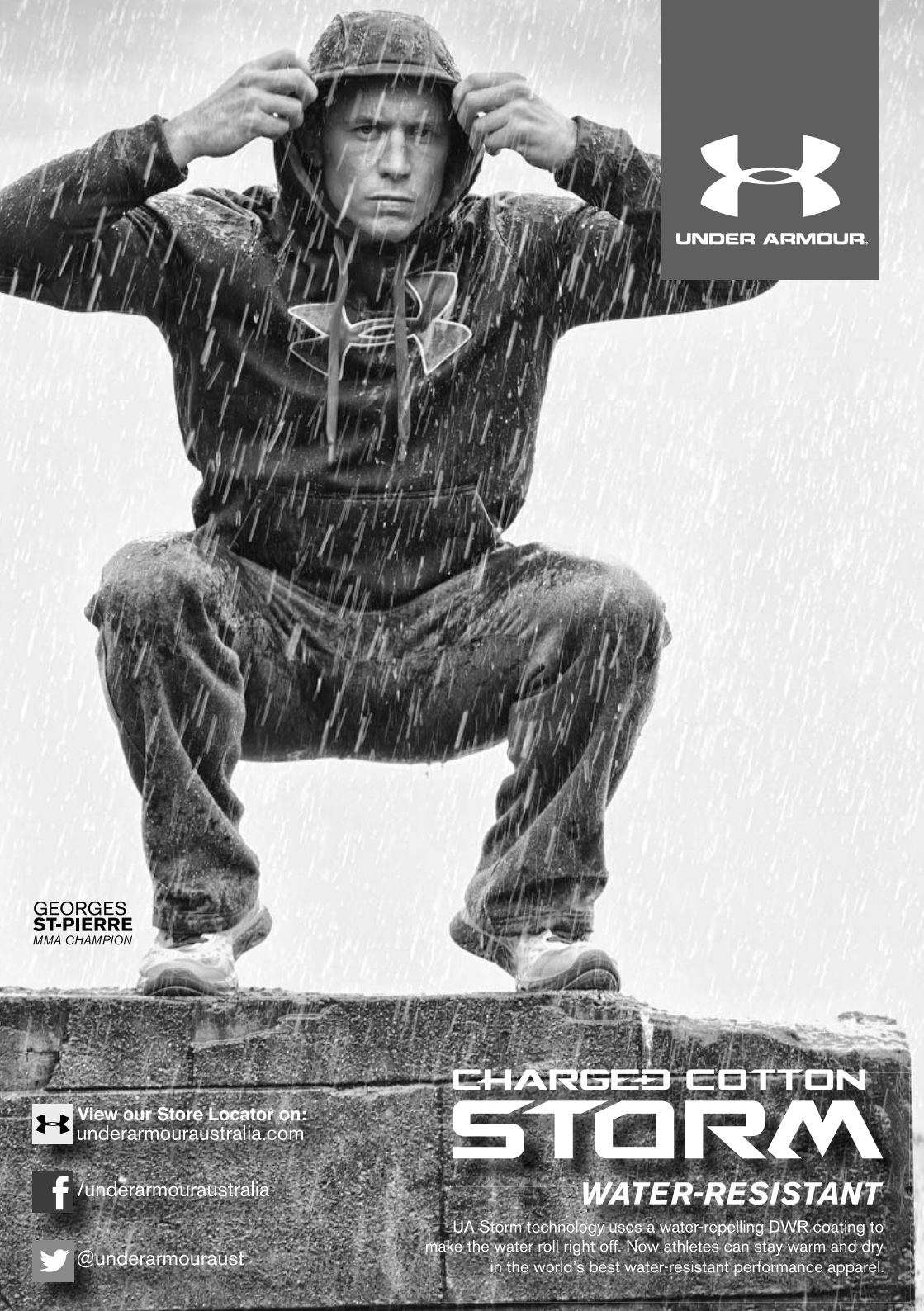
He's keen to get back to help the Ranges finish off what has been the club's best season so far in more than a decade.

"We had a lot of guys play last year as bottom agers and in this competition depth is the key and now we have all these guys with a year's TAC Cup experience and they're playing consistent footy," Boyd said.

"Finals is what you play footy for regardless of all the other distractions. It's giving me the extra drive to put in the hard yards to get back and help the boys do well in the finals."

Tom Boyd and Eastern Ranges have much to look forward to.





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WOMEN'S ROUND

THROW a name, any name, from someone in the TAC Cup, Peter Jackson VFL or AFL Victoria Development League and it is short odds that Sophie Timms can give you the heads up about that person.

Yes, as AFL Victoria Talents Operations Coordinator, it's Timms job to know who's who, but it's more than a 9-5 position, it's become a passion, a way of life.

Timms came to AFL Victoria from Bowls Australia midway through 2008. In many ways, she has been the pulse of the office ever since.

Initially, Timms was an assistant to Mick Danaher in Development, but a vacancy eventuated in Talent and she accepted that position.

"I don't think I knew what was really involved when I said 'yes'," Timms said.

"I remember the first time I called the VFL the reserves and I copped a whack across the knuckles from a girl who worked here at the time. It was the last time I ever did that."

As football around the country this weekend celebrates Women in Football, Timms is not flying solo. This year AFL Victoria appointed Lauren Bunting as Talent Operations Officer in the Football Operations department.

Bunting started at AFL Victoria in 2011 working as an assistant in the community football department.

At the end of last season, Bunting was the successful applicant for the Talent Operations Officer, vacated by Luke Gatti, who is now VFL GM at Collingwood.

"I was looking for a challenge. I'd done my role for two years and I'd always wanted to work in Operations, I believe that's where my skills set lie," Bunting said.

Bunting is an unashamed footy fan. "I'm a mad Richmond supporter," Bunting said.

An active sportsperson, Bunting envisaged she would be involved in football after completing a University degree.

There was no family link. Her father is an accountant, her mother was a teacher. What drew her to the job was a genuine love of football.

"I thought footy is the best there is in terms of sport in Australia. I thought 'yes' I want to get involved in footy," Bunting said.

"Before getting involved I had no idea how much is involved in running the sport and the different areas and skill sets required."

Those views are echoed by Timms, who admitted the magnitude of what happens behind the scenes was all consuming.

When she first started Timms was thrown in the deep end as she had to assist coordinate Liston Trophy night as well as the finals.

"The amount of people involved that's needed to put a club on the field. There are a lot of people putting in a lot of hard work to get players through the development pathway," Timms said.

"Just having an understanding of the whole development program and the juggernaut that is Australian football takes some getting used to."

Timms can recite, for example, the fortunes of Jarryd Cachia who was rookie listed to Carlton then went back to the SANFL and now finds himself back on the Blues list.

Yes, it comes with the job, but extends well beyond it.

"My first draft year was the Jack Watts and Steele Sidebottom year. It's been interesting to see those boys come through," Timms said.

"Don't talk to me about game plans, but the players themselves It's good to work in that environment and be working with real people.

"It's good to watch the players grow and develop and succeed on and off the field. There's been heaps of stories about boys who haven't been drafted, but have been better for the experience and better footballers because they have been involved in the talent program."

Timms likens herself to Switzerland in her dealing with the Championship teams. "I'm neutral," she said. "I float between all programs and help out where necessary."

Booking the flights, all the logistics of the interstate trips down to ensuring there's enough hydration for the players is something that's the domain of Timms.

Is it a challenge for women in football?

Bunting believes her skill sets are valued and she has brought those skill sets to both her AFL Victoria positions.

She oversees the operation of the VFL and TAC Cup Tribunal while sharing with Timms the admin work: fixturing, national Championships, awards nights and finals series.

This season Bunting was the team manager of the Vic Metro Under 17 Futures team, a role she hopes can expand to the NAB AFL Under 16 & 18 Championships next year.

"Actually being involved in the team, rooting for a team and wanting them to do well is something I really enjoyed," Bunting said.

Both women are confident that any person involved in football is chosen on their skill set not their gender.

Timms hopes that pathways and opportunities will continue to present themselves not just for herself, but for all women who choose football as a career.

TAC CUP RADIO PREVIEW

The TAC Cup Radio team will broadcast from Preston City Oval for the Northern Knights versus Dandenong Southern Stingrays clash. The Stingrays have lost 3 in a row and will need to win to keep contact with the top 4. The Knights are just in the 8 and after a good win against the Dragons will look to cement their spot.

Prediction – At home, the Knights are tough to beat. The Stingrays need to arrest their form slump and a visit to Preston will be tough. In a close encounter, the Knights to prevail by 6 points – Gabe Sorrentino.



TAC CUP RADIO REVIEW

Scott powers Gippsland to victory

Last round, the TAC Cup Radio team ventured to a sunny Highgate Reserve to call the match between the Calder Cannons and the Gippsland Power. The match pitted two inform teams and promised to be a great contest. Early in the game, the Power was dominating, with a relentless forward press. The Cannons could not get the ball forward of centre. To the Cannons credit, they were able to absorb most of the pressure. After 15 minutes, the Power led by a little over 2 goals with all the play in their half. The Cannons then started to run and carry the ball a lot better and were able to convert two opportunities and by quarter time the Power’s lead was just 2 points.

The second quarter saw some more open play and the Power showed some skill and structure to suggest that they will challenge the Falcons for the premiership this season. Scott and Keilty were an excellent combination up forward and they were ably assisted by Cunico, Saunders and Carr. Liam Nash was very creative and Cashman was excellent off the half back flank. The Cannons were competitive but were unable to take full advantage from

their opportunities. Peter Wright is going to be a player to watch. He imposed himself on minimal foray forwards by the Cannons, but lacked support when the ball hit the ground. At half time the Power led by 15 points.

The third quarter was more of the same, with the Power dominating and stifling the run of the Cannons. Every time the Cannons threaten, the Power responded in kind and the status quo remained. Scott remained a threat, Nash was lethal and with Carr and Cashman ever present. The Cannons could not match the Power’s class. At three quarter time the margin was 29 points.

The final quarter saw many tired players, with a highly physical contest taking its toll on the players. Gaps around the ground appeared and free and open play was the order. On a couple of occasions the Cannons threaten a comeback but the Power responded with steadying goals. In the end, the Power was too good and won the match by 37 points. Josh Scott was voted the TAC Cup Radio best on ground, booting 7 goals (and 5 behinds).

TAC CUP TIPSTERS

Phil Crooks (42) - TAC Cup Radio	Rick Morris (40) - TAC Cup Radio	Gabe Sorrentino (38) - TAC Cup Radio
Eastern Ranges	Eastern Ranges	Eastern Ranges
Bendigo Pioneers	Murray Bushrangers	Murray Bushrangers
Gippsland Power	Gippsland Power	Gippsland Power
Northern Knights	Northern Knights	Northern Knights
Geelong Falcons	Geelong Falcons	Geelong Falcons
Calder Cannons	Calder Cannons	Calder Cannons

**BENDIGO PIONEERS:**

The Pioneers would like to welcome the Murray Bushrangers to the Queen Elizabeth Oval for today's game.

After a disappointing loss last week against Nth. Ballarat in a close game we will be looking at getting back on the winners board against the Bushrangers. We would like to thank our fantastic staff for their commitment this year in ensuring that our players are able to get out on the track week in, week out! Our medical team including Aimee Ryan and Liz Riddell (Exercise Physiologists), Col Faulkner (Physio), Simon Locke (Doctor), Latrobe University Physio Students and Jake Ford (Strength Conditioning) spend a large amount of time with our players which we are thankful. Our game day staff including Geoff Hodge (Team Manager), Ronnie Crowe (Umpire Escort/Interchange), Ken Gilbee (Property Steward) also ensure our Coaching Staff and Statisticians' have everything they need on game day. Also, we are again curtain raiser to Bendigo Gold so we hope that all parents and players can stay behind and support the Gold in their game versus Frankston. GO Pio's'

**CALDER CANNONS:**

Today the Cannons take on the Oakleigh Chargers in our Women's Round clash at Highgate Recreation Reserve. Our players will be wearing pink socks, our match

committee staff wearing pink polo's and we will be using pink balls for the game to recognise the contribution that Women give to football, especially the female staff, mothers, sisters, aunts and grandmothers of the Cannons. We would like to acknowledge and thank our 2013 U18 Player Sponsors - Ron Ahern Financial Lending, Feedworks, Pre Pak Cartons, Westall Timber, Phil Dunk, JDI Engineering, Wayne Richardson Sales, Clean Fleet, Civic Packaging, Gisborne Hardware Mitre 10, Janet Trott, Murray Nilsson Construction & Carpentry, David Byrne Painting & Decorating, Frontier Advertising, The Pipecleaners, Matty's Meter, CommunityToGo, Northern Fascia, Raine & Horne Gisborne, Sunbury Kangaroos Football Netball Club & Schraven Civil Group. Be sure to jump on the Cannons website www.caldercannons.aflvic.com.au or follow us on Twitter @CalderCannonsFC for all of the latest information. Go the mighty Cannons!

**DANDENONG STINGRAYS:**

This Saturday we take on Northern Knights at Preston Oval, where it is a must win game to keep secure a top 6 spot and gain some breathing space from teams

below. Today gives all TAC Cup clubs an opportunity to continue to look at their depth of their lists with the AFL NAB U18 Nationals taking place yesterday (Vic Country versus Western Australia) and concluding on Wednesday at Etihad Stadium where Vic Country takes on Vic Metro. Over the past few weeks most clubs and especially the Stingrays have promoted players for their first game in the TAC Cup- we have played 46 players this season, today we will see more debuting players for both sides

In closing we would like to congratulate Billy Hartung, Clayton McCartney and Zak Jones who played for Vic Country yesterday and James Harmes who has also been named in the squad of 25 to play in the final match on Wednesday. We would once again like to congratulate the 10 Stingrays Under 16 players who made the final team for Vic Country (8) and World Team (2) in the AFL NAB U16 Nationals that will be played in Blacktown and Skoda Stadium in Sydney in the last week of the school holidays- GO COUNTRY!. The Stingrays would also like to welcome and thank the following companies who have become player sponsors for season 2013:

Precision Fire Protection, sponsored Player-Mitch White, Company Address: 33 Dandenong Street, Dandenong 3175, Company Phone Number: (03) 9769 2200, Mobile Number: 0412 960 634

Email: gavinw@precisionfire.com.au, Contact: Gavin White, Company Information: Precision Fire Protection supplies and installs all aspects of fire protection equipment including hydrant & hose reel, commercial and residential sprinkler and gaseous fire protection systems. Wattmaster, Sponsored Player: Josh Newman, Company Address: PO Box 8178, Carrum Downs 3201, Company Phone Number: (03) 9775 1186, Mobile Number: 0438 332 266, Email: pbendle@elmako.com.au, Contact: Peter Bendle, Company Information: Provides extensive range of electrician tools, consumables and cable glands to the electrical wholesalers.

Your sponsorship and support is helpful for your player, but as a club we hope you find it enjoyable and we thank you once again for your support and look forward to seeing you all at many games this year. The Dandenong Southern Stingrays are on Twitter, please follow us at Dandenong Stingrays@DandyStingrays



EASTERN RANGES: We would like to wish all 9 Eastern Ranges players who made the U/16 Vic Metro side heading to Sydney to compete in the NAB AFL U/16 National Championships

in early July. We would also like to thank all our wonderful sponsors for their on-going support through the 2013 season. Bayswater Jayco are into their 14th year as Major sponsor of the club, which has been tremendous in the development of our program. We would also like to thank The Knox Club, Bendigo Bank Community Branches, Phil Mundays, Connect East, SBH Auto Sales, Excel Drive School, Ultratune Croydon and Ringwood, Diadora Australia, Musashi and Subway Chirnside Park. The clubs major fundraiser for the year, the Online Auction is fast approaching, we are appealing for donations - if you think you can help please contact Mary at Mary@ranges.org.au. For up to date news and information on the Eastern Ranges, please visit our website at www.easternranges.aflvic.com.au, or find us on Facebook & Twitter.



GIPPSLAND POWER: Our match against Calder Cannons last Saturday was played in perfect conditions on an excellent surface at Craigieburn.

In a hard-fought win, Josh Scott's outstanding aerial work was again a highlight and his 7 goals took his season tally to 46. However it was a real team effort that was most instrumental in getting us the vital 4 points. After last week's game all 38 players in our TAC Cup squad have now played this season. Today we host Sandringham Dragons at Morwell and we are of course in anticipation of another tough encounter. Please support our Club raffle at the entrance gate and extra tickets are also available at the Club office before half time. Best of luck to the Vic. Country team which meets Vic. Metro at Etihad Stadium next Wednesday July 3 in the fifth and final game of the NAB AFL U/18 Championships. The national U/16 Championships will then follow and will be played in West Sydney from Sat. July 6 to Fri. July 12. We still have Gippsland Power polo tops, shirts, caps and scarves left for sale and these will be available for parents and supporters at the Club office during today's game. We remind all those parents attending training on Wednesdays that tea and coffee facilities are available in the office from 5.30 PM. Today we welcome Gippsland Power Talent Manager Peter Francis and wife Robin back from their overseas trip and at the same time thank Rob Reid for his excellent work whilst acting in the management role in Peter's absence. A reminder that our next 2 games are successive Sunday encounters at Preston on July 7 at 2.00 PM and at Box Hill on July 14 at 1.30 PM. Staff available

on our Morwell headquarters office phone number, 5134 8133, are Talent Manager Peter Francis, Development Manager / TAC Cup coach Nick Stevens, Football Development Manager East Gippsland Rob Reid, football administration officer Stan Morgan, AFL Vic trainee Troy Oakley and facilities caretaker Roger Knowles.



MURRAY BUSHRANGERS: This week the Bushrangers travel to QEO Bendigo, for the return match with the Bendigo Pioneers. The match in round 3 at Shepparton was a hard fought tight contest, and we expect the same

this week. Thanks to Ray Byrne and the Pioneers for their hospitality today. The Bushrangers would also like to wish Vic Country Under 16 representatives the best of luck as they head to Sydney early next week for the NAB AFL Under 16 National Championships - players Josh Schache, Brydon Robins, Mitch King and Michael Reidy and staff members Matt Glossop (high performance), Rob Ryan and Matt Freyer (trainers). In continuing our preview of our Club partners this week we look at Dunstan's Construction Group. Dunstan's Wangaratta Pty Ltd is a family-owned earthmoving business operating from Wangaratta, Victoria since 1951. Dunstans have worked throughout Australia within the telecommunication, construction and mining industries. Projects have included laying fibre optic cable across all states, Horizontal Directional Drilling, Equipment Hire, Cable Ploughing, Laying gas pipe lines in the far Pilbara of Western Australia and Mining Contracts. Head to www.dunstans.com.au for more information or contact them on (03) 5722 1515. Go Bushies!



NORTH BALLARAT REBELS: A great victory last weekend against our traditional rivals, the Bendigo Pioneers. We showed some composure when challenged which was really pleasing. This week we take on the strong Geelong Falcons team in which

will be a huge test for our playing group. Congratulations to Kyle Hendy who played his 1st game of VFL Football as the 23rd Player for the Roosters last weekend. He acquitted himself very well against the strong bodies but unfortunately found himself in some trouble and will miss this week due to a 1 week suspension. Well done to our players who played for Vic Country on Friday. All showed some good form so hopefully they can all hold their positions in the team to take on WA this Wednesday at Etihad Stadium starting at 5.30pm. Our McDonalds Clinics are now underway and getting some great feedback from the local clubs that have some players visit thus far.

Please mark Sunday 6th of October in your calendar as this will be our Presentation Day. More information on the day will follow in the coming weeks.



NORTHERN KNIGHTS: Today, the Knights welcome Dandenong Stingrays to Preston City Oval and invite their players, parents & officials to our Aftermatch at the conclusion of the game. We look forward

to a hard fought encounter, that is usually the case when these two teams meet. The Northern Knights wish our Vic Metro representatives: Ben Lennon, Marcus Bontempelli & Hugh Curnow the very best for their final NAB AFL U/18 National Championship game vs Vic Country. The Knights also congratulate Jade Gresham & Kyle Thomas on their selection in the Flying Boomerangs Indigenous Squad that will participate in the NAB AFL U/16 National Championships at Blacktown (NSW) in July. The Knights acknowledge our partnership with Technika, a leading producer of high quality kitchen & laundry appliances, for their 3rd year as Major Sponsor of the Club. We thank them for their generous ongoing support of the talent pathway in the Northern Metropolitan Region. For any further news on the Northern Knights, please visit our Website at: www.knights.sportingpulse.net



OAKLEIGH CHARGERS: Today we travel to Craigieburn again to take on the Calder Cannons which we have had some excellent battles and close games with over the past few years.

They are in a similar ladder position to us so it will no doubt be another highly competitive game with both sides bolstered by greater player availability throughout the school holidays. Best of luck to all the Chargers players representing Vic Metro in the remaining games of the U18 National Championships – Jay Kennedy-Harris, Will Maginness, Jack Billings, Aidan Franetic, Darcy Byrne-Jones, Tom Cutler and Angus Milham. We also have Elijah Edwards representing NSW. We would like to acknowledge and thank our Major Sponsor for the 2013 season Bendigo Bank – Murrumbidgee. We are thrilled to have such a committed Major Partner, thank you very much. I encourage families and staff to give them a call for all your loan requirements. Other partner sponsors are: Mulgrave Country Club, Active Lifestyle, Chadstone Toyota, Telstra South Melbourne, Diadora, Musashi, Subway, Genuine Print and Grilled Carnegie.



SANDRINGHAM DRAGONS: The Sandringham Dragons would like to thank all their past players and staff who attended the function on the weekend. It gave the players an opportunity to understand where the program is from and also the quality people who have left the Dragons program. Our congratulations goes to the players who made the squad of the first 21 years, which is now available to view on the Sandringham Dragons website (or inside front cover of today's Record). The Dragons would also like to send a big thank you to all the parents who have helped out at Game Days as well as at our Dinner Nights!



WESTERN JETS: The Western Jets would like to thank and acknowledge all TAC Cup player sponsors for 2013: Fuji Xerox DMS (Connor Menadue) Enviroprotect Pty Ltd (Pele Manivong) Sherrin (Jayme Lawson) St

Albans Exhaust Centre (Jake Greiser) BorCor Commercial Joinery (John Corso) Plaster Wholesalers (Daniel Hillier) Rod Beckwith (Tyson Sims) Premier Roofing Pty Ltd (Billy Myers) Shane & Ashlee Ferrari (Braden Ferrari) SPA Electrics Pty Ltd (Mitch Hughes) Transpacific (Lachlan Hickey) C and K Drake (Mitch Norton) CP Sutherland P/L (Tim Sutherland) Temuskos Produce Australia (Hayden Bray) Williamstown Superules (Jake McKenzie) Patrick Autocare (Brenton Payne) Western Way Roofing (Brett Bewley) IRM Interiors Pty Ltd (Jayden Laverde) Jet Pets Animal Transport Pty Ltd (Mitch Ellis) 1Step Communications (Leslie Butler) Container Logistics (Ben Forbes) Loan Link Pty Ltd (Ajdin Elkasovic) O'Brien Boiler Services Pty Ltd (Caleb Sullivan) Zamperoni Bros Painters & Decorators Pty Ltd (Mitch Appleby) Moonya Dairy (Brent Ellis) Right Way Motors (Mike Maglogiannis) Hillside Football Club (Luke Pulitano) Greenvale News and Lotto (James Sicily) Whitehorse Truck and Bus (Ryley Stuhldreier) Ellis Plumbing Services (Corey Ellis) Inspirations Paint West Footscray (Liam Duggan) Commercial Reality (Harley Walshe) M & K Stafford Engineering Pty Ltd (Harrison King) Patlee Transport Pty Ltd (Nick Jones) Toll IPEC (Liam Carter) Village Real Estate (Will Krithararis) RM Roofing (Jason Robinson) C O'Halloran Plumbing (Zac O'Halloran) Yarraville Seddon Eagles (Lachlan Knight) Aussie Rules Services Pty Ltd (Peter Bell) MMC Electrical Pty Ltd (Harley Armstrong-Weston) Joe Luppino Building Services (Daniel O'Leary) Total Steel Pty Ltd (David Iaccarino) Bacchus Marsh Bobcat Service (Mitch Gillespie) Caroline Chisholm Catholic College (Joseph Blake) Reach Foundation (Duum Dawam) Huggy's Plumbing (Mark Orr) Laverton Swim and Fitness Centre (Daniel Burton). Go Jets!



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Additional Country resources

WorkSafe AFL Victoria Country is pleased to announce the addition of seven new Football Development Managers (FDMs) to our team in regional and rural Victoria.

The extra resources will make a significant impact in every corner of the state, as all stakeholders, particularly affiliated leagues and clubs, receive access to new levels of support and game development expertise.

The role of the FDM is an amalgamation of the current AFL Victoria Region Development Managers and WorkSafe AFL Victoria Country Area Managers, and represents a substantial investment into grass roots football in country Victoria.

The seven new FDMs will play an important role in the development and implementation of a strategic plan for football in their specific region and have a hands-on-role in growing the game in conjunction with WorkSafe AFL Victoria and their local AFL Region Commission.

WorkSafe AFL Victoria Country General Manager Brett Connell said he was delighted by the calibre of the successful applicants.

"We are extremely pleased to have secured the services of such experienced and talented individuals and are excited by the support the additional resources will provide for country football in general," Connell said.

"Having people with local knowledge and strong links to the local football community will flow through to all levels of football from Auskick to senior and junior competitions."

Mark Lambourn, a former Team Leader in the Sports Facilities and Premier Places Department of the Greater Shepparton City Council, is an important addition to the Development team in the Goulburn Murray.

He joins current Goulburn Murray Region Development Manager Greg Liddell and former Central Murray Region

Development Manager Trevor Mellington, who will transition into their new roles during July.

In Geelong – now known as the Barwon Region – Luke Maher, a previous employee at Football and Netball Geelong, and Tim Macmichael, a qualified teacher originally from Tasmania, have joined current Region Development Manager John Edsall as FDMs.

There will also be two additional resources in the North East Border region thanks to the recruitment of experienced football administrator Zak Guilfoyle and former police officer and compliance inspector Grant Saunders.

Guilfoyle and Saunders will join Jeff Chandler (current AFL Victoria Region Development Manager) and Darren Ogier (Murray Bushrangers Coach/Development Manager) as part of the greater North East Border football development team.

The Central Victorian Football community has welcomed the addition of Ricky Coburn, the current coach of South Bendigo and a former primary school teacher, as the second FDM for the region alongside Tony McNamara.

And finally, Jamie Macri has been appointed FDM for the Central Murray region, bringing a wealth experience to the role.

Macri was previously employed as the Welfare Coordinator at the Kerang Technical High School and is the senior coach of the Mallee Eagles in the Central Murray Football League.

"The addition of the FDMs marks an important milestone in the restructure of country football administration and follows the appointments of Adrian Bromage (East Gippsland FDM) and Jason Muldoon (Wimmera FDM) earlier this year," Connell said.

A THANK YOU FOR PARTICIPATING IN AUSTRALIA'S GAME

The AFL and AFL Victoria have launched a great initiative to thank participants for their role in Australia's Game. All Victorian registered community football players, umpires, volunteers and coaches will be offered the chance to see an AFL match during Rounds 15 to 20 of the 2013 Toyota AFL Premiership Season.

Australian Football is built on the commitment of the thousands of participants and volunteers at community level. Community clubs and leagues continue to be the backbone of our code and we want to recognise those who play such a vitally important role in making our game great.

The AFL and AFL Victoria are offering two complimentary tickets to all registered community participants to a selection of matches played at the MCG or Etihad Stadium.

It's our small way of saying thank you for contributions to Australia's Game.

POS	TEAM	P	W	L	D	For	Agst	%	PTS
1	Geelong Falcons	10	9	1	0	838	545	153.76	36
2	Eastern Ranges	10	8	2	0	999	682	146.48	32
3	Gippsland Power	10	7	3	0	991	719	137.83	28
4	Murray Bushrangers	10	6	4	0	677	686	98.69	24
5	Dandenong Stingrays	10	5	5	0	756	728	103.85	20
6	Western Jets	10	4	5	1	870	848	102.59	18
7	Sandringham Dragons	10	4	5	1	638	667	95.65	18
8	Northern Knights	10	4	5	1	770	891	86.42	18
9	Calder Cannons	10	4	6	0	829	732	113.25	16
10	Oakleigh Chargers	10	3	6	1	637	859	74.16	14
11	Bendigo Pioneers	10	3	7	0	625	784	79.72	12
12	North Ballarat Rebels	10	2	8	0	497	807	61.59	8

GOAL KICKERS

Player	Team	LW	Total
Josh Scott	Gippsland Power	7	46
Andreas Roth	Eastern Ranges	DNP	26
Thomas Boyd	Eastern Ranges	DNP	23
Josh Cauchi	Calder Cannons	1	22
Mitchell Norton	Western Jets	1	22
Christian Petracca	Eastern Ranges	4	20
Callum Cathcart	Sandringham Dragons	3	20
Nathan Gardiner	Dandenong Stingrays	DNP	16
Billy Hogan	Oakleigh Chargers	3	16
Alex Carr	Gippsland Power	2	15
Jydon Neagle	Murray Bushrangers	DNP	15
Clayton McCartney	Dandenong Stingrays	DNP	14
Matthew Boag	Geelong Falcons	3	14
James Scily	Western Jets	1	14
Alex Saunders	Gippsland Power	2	13
Liam Bowkett	Northern Knights	2	13

KICKS

Player	Team	Kicks
Alex Carr	Gippsland Power	31
Billy Hogan	Oakleigh Chargers	29
Matt Crouch	North Ballarat Rebels	22
Lewis Taylor	Geelong Falcons	21
Isaiah Miller	Bendigo Pioneers	19
Jacob Sharp	Geelong Falcons	19
Louis Herbert	North Ballarat Rebels	19
Liam Byrne	Bendigo Pioneers	18
Jacob Chisari	Bendigo Pioneers	18
Tom Langdon	Sandringham Dragons	18
David Iaccarino	Western Jets	18
Nicholas Bourke	Geelong Falcons	17
Edward Morris	Gippsland Power	17
Nathan Smith	Oakleigh Chargers	17
Jarryd Bonello	Calder Cannons	16
James Belo	Eastern Ranges	16
Alex Urban	Oakleigh Chargers	16

MARKS

Player	Team	Marks
Nicholas Bourke	Geelong Falcons	12
Lachlan Cassidy	North Ballarat Rebels	11
Jacob Sharp	Geelong Falcons	10
Jason Robinson	Western Jets	10
Louis Herbert	North Ballarat Rebels	9

Tom Langdon	Sandringham Dragons	9
Tyle Williams	Dandenong Stingrays	8
Teia Miles	Geelong Falcons	8
Alex Carr	Gippsland Power	8
Billy Hogan	Oakleigh Chargers	8
Nathan Smith	Oakleigh Chargers	8
Billy Myers	Western Jets	8
Jordan Mangan	Bendigo Pioneers	7
Josh Cashman	Gippsland Power	7
Adrian Indivino	Oakleigh Chargers	7
James Toohey	Oakleigh Chargers	7

HANDBALLS

Player	Team	Handballs
James Harmes	Dandenong Stingrays	16
Lewis Taylor	Geelong Falcons	16
Nathan Foote	Dandenong Stingrays	15
Taylor Grace	Sandringham	14
James Munro	Sandringham	14
Alex Hywood	Bendigo Pioneers	13
Nicholas Bourke	Geelong Falcons	13
Lachlan Devine	Geelong Falcons	13
Matthew Haynes	Northern Knights	13
Meyrick Buchanan	Geelong Falcons	12
Aaron Heppell	Gippsland Power	12
Declan Keilty	Gippsland Power	12
Bryden Squire	Murray Bushrangers	12
Josh Turner	Northern Knights	12
Brett Borland	Oakleigh Chargers	12

GOACHES VOTES

Matthew Haynes (Northern)	Alex Carr (Gippsland)
Josh Webster (North Ballarat)	Bryden Squire (Murray)
Lewis Taylor (Geelong)	James Bello (Eastern)

UMPIRE NUMBERS

1 Richard MILLS	16 Matthew OAKLEY	29 Jack EDWARDS
2 Robert YOUNG	17 Jarrod WAIGHT	30 Ashley BEDFORD
3 Matthew BROWN	18 Nicholas FINCH	32 Haydn O'CONNOR
4 Michael CURTIS	19 Hayden GAVINE	33 Robert MONK
5 Andrew McCOY	20 Robert O'GORMAN	34 Jarryd BARRY
6 Andrew TALBOT	21 Brent WALLACE	35 James DAVEY
8 Shaun GLEESON	22 Jason SCHILLING	36 Daniel BUTCHER
9 Jamie GRINDAL	24 Tim CARLOS	37 Tyler HANKINSON
11 Brett RITCHIE	25 Gareth VERBERNE	

Note: AFL Umpires will wear 27, 28, 31, 38, 39, 40

ROUND TEN

Sandringham Dragons	4.4	7.5	9.6	11.8	74
Northern Knights	1.1	4.2	7.4	13.4	82

Sandringham Dragons

Goal Kickers: C. Cathcart 2, T. Langdon 2, N. Smith 2, P. Hurst, J. Landman, T. Cumming, T. McGowan, J. Grange

Best Players: T. Grace, J. Landman, H. Whitehead, J. Munro, C. Macleod, B. Maynard

Northern Knights

Goal Kickers: L. Hunt 2, M. Bontempelli 2, L. Bowkett 2, C. Bromley 2, C. Porter, K. McDonald, M. Haynes, J. Doherty, T. Grimes

Best Players: M. Haynes, J. Turner, L. Hunt, S. Switkowski, J. Soccio, C. Porter

North Ballarat Rebels	3.2	7.5	8.8	11.11	77
Bendigo Pioneers	3.2	3.4	7.9	10.11	71

North Ballarat Rebels

Goal Kickers: D. Willsmore 3, S. Hooper 2, D. Butler 2, L. Cassidy, L. Herbert, D. Bell, K. Mackay

Best Players: J. Webster, M. Crouch, N. Weightman, L. Herbert, S. Bennett, D. Butler

Bendigo Pioneers

Goal Kickers: R. Harvey 2, B. Connelly, J. Helman, J. Mangan, I. Miller, J. Chisari, A. Hywood, B. Evans, F. Payne

Best Players: I. Miller, L. Barrett, J. Chisari, L. Byrne, F. Payne, J. Mangan

Western Jets	3.2	7.4	8.8	9.10	64
Geelong Falcons	2.1	5.2	9.4	10.7	67

Western Jets

Goal Kickers: B. Payne 3, D. Iaccarino 2, M. Norton, L. Hickey, J. Greiser, J. Sicily

Best Players: B. Ferrari, D. Iaccarino, C. Menadue, J. Sicily, D. Viojo, J. McKenzie

Geelong Falcons

Goal Kickers: M. Boag 3, B. Beardsell 2, L. Donne, M. Thompson, S. Crawley, N. Bourke, P. Bright

Best Players: L. Taylor, G. Cameron, N. Bourke, J. Sharp, A. Hickey, L. Davis

Calder Cannons	2.3	5.4	7.7	11.11	77
Gippsland Power	2.5	7.7	11.12	16.18	114

Calder Cannons

Goal Kickers: P. Wright 3, A. Prestia 2, A. Christensen 2, J. James, J. Cooke, J. Cauchi, J. Bonello

Best Players: M. Goodyear, J. James, P. Wright, A. Christensen, M. Kovacevic, A. Prestia

Gippsland Power

Goal Kickers: J. Scott 7, A. Carr 2, A. Saunders 2, B. Rees, J. Cunico, W. Russell, N. Paredes, P. Pattison

Best Players: A. Carr, J. Scott, M. Mustoe, L. Nash, T. Muir, E. Morris

Oakleigh Chargers	2.4	5.10	6.13	9.17	71
Murray Bushrangers	3.2	7.6	10.11	13.14	92

Oakleigh Chargers

Goal Kickers: B. Hogan 3, T. Gladman 2, A. Urban 2, J. Toohey, A. Indovino

Best Players: B. Hogan, J. Toohey, N. Smith, T. Gladman, B. Gowers, A. Urban

Murray Bushrangers

Goal Kickers: B. Squire 5, M. Brett 3, D. Wilson 2, H. Peni, M. Dalbosco, J. Cousins

Best Players: B. Squire, J. Cousins, D. Wilson, D. Howe, M. Brett, N. Mellington

Dandenong Stingrays	3.4	5.5	7.7	8.9	57
Eastern Ranges	0.3	5.5	8.7	9.13	67

Dandenong Stingrays

Goal Kickers: M. Rennie 2, T. Joyce 2, A. Harnett, R. Fischer, J. Soroczynski, J. Lonie

Best Players: N. Foote, J. Lonie, J. Harnes, J. Wilson, J. Soroczynski, D. Gawley

Eastern Ranges

Goal Kickers: C. Petracca 4, M. Traynor 2, K. Staples, D. McStay, C. Warren

Best Players: J. Belo, D. McStay, J. Fisher, N. Evans, L. Hannon, C. O'Sullivan

Eastern Ranges



Coach: Darren Bewick

Talent Manager: Anthony Parkin

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Colchester Road, Kilsyth, 3137

Ground Address: Kilsyth Recreation Reserve,
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Postal Address: PO Box 594, Kilsyth, 3137

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Email: anthony.parkin@afvic.com.au

Website: http://easternranges.afvic.com.au

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Aaron Bond	25-Apr-95	173	65	Rowville		
2	Ben Cavarra	20-Dec-95	173	69	Ferntree Gully		
3	Nick Evans	1-Jun-95	178	71	Norwood		
4	Rory Sheridan-Ferrie	30-Jul-96	188	71	Vermont		
5	Daniel Erasmus	2-Mar-95	190	89	Scoresby		
6	Jack Edwards	11-Feb-95	190	87	Rowville		
7	Christian Petracca	1-Apr-96	185	96	Beverley Hills		
8	Daniel Nielson	9-May-96	192	87	Vermont		
9	Sam Gibson	9-Jan-95	184	84	Ferntree Gully		
10	Jordan Walker	30-Dec-94	185	77	Donvale		
11	Daniel McStay	24-Jun-95	193	86	Vermont		
12	Mitchell Honeychurch	2-Mar-95	175	65	Vermont		
13	Dion De Pace	11-Jun-95	198	86	Belgrave		
14	Mitchell Keedle	21-Feb-95	184	69	Norwood		
15	Michael Apeness	28-Jan-95	199	101	Donvale		
16	Scott McInerney	19-Aug-95	178	67	Knox		
17	Thomas Boyd	22-Aug-95	199	102	Norwood		
18	Connor O'Sullivan	25-Dec-94	196	92	East Ringwood		
19	Luke Hannon	28-May-96	187	75	Upwey-Tecoma		
20	Daniel Greenwood	11-Aug-95	177	76	Vermont		
21	Joseph Fisher	26-Jan-95	187	79	Vermont		
22	Hayden Laszlo (Nee Pottage)	12-Aug-94	198	94	Healesville		
23	Andreas Roth	3-May-95	174	72	Donvale		
24	Chudier Gatwech-Chol	1-Jan-96	181	70	Lilydale		
25	Christopher McDougall	26-Apr-96	174	66	Whitehorse Colts JFC		
26	James Belo	16-Apr-95	186	78	East Ringwood		
27	Jacob Crowe	18-Apr-95	179	82	East Ringwood		
28	Daniel Welsh	11-Jul-95	186	85	Gembrook/Cockatoo		
29	Matthew Collins	1-Apr-95	190	83	Donvale		
30	Tim Anderson	9-Mar-95	178	80	Woori Yallock		
31	Jarrold Healy	10-Mar-96	183	75	Coldstream		
32	Hugh Skate	13-May-96	182	72	Lilydale/Yarra Valley Gr		
33	Matthew Traynor	12-Dec-96	177	72	Rowville		
34	Kyle Staples	13.05-95	190	84	Vermont		
35	Darcy Smith	18-Aug-95	194	85	Donvale		
36	Adam Miles	3-Apr-95	180	72	Mooroolbark		
37	Liam Riley	14-May-95	180	73	Mazenod Old Collegians		
38	Jarrold Lake	10-Jan-96	190	82	Boronia		
39	Liam Wale-Buxton	9-Sep-96	198	97	Upwey Tecoma		
40	Matthew Burt	22-Feb-96	180	66	Lilydale		
41	Abraham Nyok	6-Dec-96	196	86	Lilydale		
42	Kevin Kean	18-Apr-96	172	75	Noble Park		
43	Nathan Cairns	2-Mar-95	189	77	Ringwood		
44	Ryley Monkhorst	8-Mar-95	198	92	Woori Yallock		
45	Jason Lange	10-Apr-95	183	175	Ferntree Gully		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

Western Jets



Coach: Torin Baker

Talent Manager: Shane Sexton

Office Address: Level 2, 1 Mason Street,
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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Brett Bewley	14-Apr-95	185	81	Darley		
2	Hayden Bray	17-Oct-96	170	61	Hoppers Crossing		
3	Liam McMahon	11-Apr-96	177	78	Hoppers Crossing		
4	Liam Duggan	11-Dec-96	182	72	Bacchus Marsh		
5	James Sicily	06-Jan-95	186	75	Keilor		
6	Ben Forbes	17-Dec-96	187	73	Keilor		
7	Lachlan Hickey	31-Oct-95	179	74	Melton Bloods		
8	Ben Said	06-Nov-95	169	66	Sunbury		
9	Mitchell Hughes	06-Jul-96	178	71	St Bernards		
10	Nicholas Jones	20-Sep-95	173	77	Hoppers Crossing		
11	Tim Sutherland	25-Mar-96	184	66	Bacchus Marsh		
12	Jake McKenzie	12-May-94	181	75	Altona		
13	Mike Maglogiannis	28-Apr-95	173	72	Hoppers Crossing		
14	Pele Manivong	17-Jul-96	173	74	Altona		
15	Connor Menadue	19-Sep-96	185	66	Spotswood		
16	Billy Myers	05-May-96	185	78	Darley		
17	Mitchell Norton	01-Jun-96	174	64	Altona		
18	Luke Pulitano	18-May-96	166	67	Hillside		
19	Tyson Sims	25-Apr-95	174	78	Keilor		
20	Ryley Stuhldreier	12-Mar-96	182	81	Bacchus Marsh		
21	Duom Dawam	01-Jan-96	200	75	Hoppers Crossing		
22	Jake Greiser	22-Aug-95	180	88	Keilor		
23	Joseph Blake	19-Apr-96	189	77	Sunshine		
24	Brent Ellis	05-Jul-95	190	72	Keilor		
25	Daniel O'leary	17-Sep-95	177	72	Altona Vikings		
26	Mitchell Ellis	05-Jul-95	190	74	Keilor		
27	Corey Ellis	09-Oct-96	184	74	Keilor		
28	Braden Ferrari	03-Mar-96	193	85	Hoppers Crossing		
29	Mitch Gillespie	13-May-96	186	84	Darley		
30	Jason Robinson	17-Jul-95	187	82	Altona		
31	Ajdin Elkasovic	06-Apr-94	181	73	St Albans		
32	Anthony Fawcus	10-Sep-95	193	84	St Albans		
33	Harrison King	11-Feb-95	188	89	Werribee		
34	Mitchell Appleby	25-Mar-95	190	85	Hoppers Crossing		
35	Omar Abou-Zeid	22-Feb-95	176	73	Altona		
36	Matthew Singleton	27-Aug-95	193	83	Wesley		
37	Jayden Laverde	12-Apr-96	187	75	Keilor		
38	Jayne Lawson	09-Nov-95	183	79	Werribee Districts		
39	Brenton Payne	03-Sep-96	192	74	Bacchus Marsh		
40	Caleb Sullivan	16-Feb-96	192	91	Werribee Districts		
41	Dillon Viojo-Rainbow	08-Feb-96	185	79	Hoppers Crossing		
42	Harley Armstrong-Weston	17-May-95	195	82	Sunshine Heights		
43	Harley Walshe	23-Feb-94	196	90	Spotswood		
44	Daniel Burton	02-Dec-94	190	94	Point Cook		
45	Liam Carter	11-Sep-96	186	69	Melton Bloods		
46	John Corso	02-Jan-95	181	91	Rupertswood		
47	Peter Bell	03-Jan-95	191	90	Taylors Lakes		
48	William Krithararis	24-Oct-95	181	80	Spotswood		
49	Lachlan Knight	07-Jan-96	186	85	Yarraville/Seddon		
50	David Iaccarino	20-Dec-94	182	81	Williamstown		
51	Zachary O Halloran	03-Mar-96	195	91	St Bernards		
52	Mark Orr	18-Feb-95	195	97	Melton		

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Talent Manager: Ray Byrne

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Ground Address: Golden Square Football Ground,
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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Jaden McGrath	15-Jun-96	179	71	Kerang		
2	Jake Maher	10-May-96	189	82	Lalbert		
3	Liam Byrne	04-Nov-94	184	84	South Bendigo		
4	Jacob Chisari	26-Jan-95	176	76	South Mildura		
5	Danny Jones	28-Feb-96	190	91	Strathfieldsaye		
6	Nathan Holt	16-Apr-96	187	72	Wedderburn		
7	Isaiah Miller	07-Jan-95	187	82	Sandhurst		
8	Blake Poyser	03-Mar-96	185	75	South Bendigo		
9	Joel Helman	27-Jun-95	181	73	Leitchville/Gunbower		
10	Josh Cakitaki	20-Jul-95	183	87	Castlemaine		
11	Trent Bacon	08-Apr-95	186	78	Lockington		
12	Sam Heavyside	09-Jul-94	177	73	Strathfieldsaye		
13	Regan Harvey	18-Apr-95	175	68	Golden Square		
14	Jordan Mangan	19-Mar-95	192	82	Kyneton		
15	Luke Marchesi	14-Feb-95	183	78	Strathfieldsaye		
16	Daniel Davie	30-May-96	189	86	Kyneton		
17	Harry O'Meara	28-Dec-94	175	76	Sandhurst		
18	Harry Conway	15-May-96	189	78	Strathfieldsaye		
19	Harrison Crone	09-Mar-95	196	94	Strathfieldsaye		
20	Joey Cua	24-Nov-95	177	76	Red Cliffs		
21	Joel Swatton	13-Jan-95	185	79	Kangaroo Flat		
22	Bryce Heeps	08-Jun-95	177	68	Irymple		
23	Jake Miller	19-Dec-95	190	80	Kangaroo Flat		
24	Dylan Darby	16-Jul-95	176	72	Imperials		
25	Fergus Payne	22-Oct-96	181	78	Strathfieldsaye		
26	Jordan Hargreaves	04-Feb-95	194	91	Wedderburn		
27	Blake O'Halloran	13-Dec-95	192	90	Sandhurst		
28	Billy Evans	19-Oct-96	188	83	KSJFC		
29	Alex Hywood	22-May-95	181	88	Sandhurst		
30	Ben Connelly	09-May-96	184	76	Golden Square		
31	Nathan Jennings	14-Jul-96	173	73	Strathfieldsaye		
32	Daniel Patterson	04-May-96	179	75	Cohuna Kangas		
33	Cameron Barrett	17-May-96	181	72	Balrarnald		
34	Matthew Hay	10-Jan-95	188	77	Echuca		
35	Matthew Rix	02-Apr-96	189	88	Merbein		
36	Lachlan Ryan	17-Apr-96	184	71	South Mildura		
37	Liam Barrett	28-Mar-96	187	74	Kyabram		
38	Josh Ryan	17-Apr-96	191	78	South Mildura		
39	Brandon Spurr	17-Jul-95	196	82	Kyneton		
40	Eamonn Ogden	20-Jan-96	174	68	Kyabram		
41	Charles Trotman	11-Apr-95	177	79	Deniliquin		

1st Qtr		2nd Qtr		3rd Qtr		4th Qtr	
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Murray Bushrangers



Coach: Darren Ogier

Talent Manager: Andrew Carson

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Wangaratta, 3677

Ground Address: Wangaratta Football and
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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Brady Pritchard	03-Dec-96	177	74	Yarrawonga FC		
2	David Mennen	16-Dec-96	183	76	Benalla Saints FC		
3	Jarman Impey	09-Jul-95	176	78	Shepparton Bears FC		
4	Dylan Wilson	11-Aug-95	173	67	Wangaratta Rovers FC		
5	Elijah Wales	22-Jan-96	173	67	Myrtleford FC		
6	Matthew Munro	17-Nov-95	181	69	Albury FC		
7	Michael Gibbons	15-May-95	174	70	Lavington FC		
8	Henri Peni	01-Feb-96	177	73	Shepparton Swinas FC		
9	Tyler Berry	17-Jan-96	178	70	North Albury		
10	Nathan Drummond	19-Jan-95	181	82	Mooroopna FC/ Melbourne Grammar		
11	Kieran Ellis	30-Jan-95	187	73	Albury FC		
12	Jack Crowe	22-Mar-95	177	76	Euroa FC		
13	Louis Vescio	18-Nov-95	178	76	Wangaratta Magpies FC		
14	Jake Sharp	11-Jan-95	187	76	Myrtleford FC		
15	Ryan Speed	14-Sep-95	180	66	Albury FC		
16	Matthew Brett	02-Aug-94	188	79	Shepparton United FC		
17	Kristian Cary	15-Mar-95	182	81	North Albury FC		
18	Nick Mellington	22-May-96	186	84	Benalla Saints FC		
19	Patrick Sullivan	24-Mar-95	181	72	Myrtleford FC		
20	James Martyn	19-Jun-95	183	79	Benalla Saints FC		
21	Nick Holman	29-May-95	186	79	Kyabram FC		
22	Caleb Marchbank	07-Dec-96	190	84	Benalla Saints FC		
23	Max King	24-Sep-95	200	90	Wagga Tigers FC		
24	Ryley Norris	03-Jan-95	182	78	Alexandra FC		
25	Jake Wild	09-Jul-96	186	83	Yarrawonga FC		
26	Brodie Webster	16-Feb-96	183	80	Benalla Saints FC		
27	Bryden Squire	23-Feb-95	182	73	Shepparton FC		
28	Tom Holman	24-Sep-96	190	81	Kyabram FC		
29	Brydon Hodgson	16-Sep-96	184	73	Lavington FC		
30	James Taberner	04-Apr-95	193	82	Myrtleford FC		
31	Jackson Clarke	15-Oct-96	191	82	Wangaratta Magpies FC		
32	Jade Cleeland	30-Mar-95	198	84	Wangaratta Magpies FC		
33	Harrison Payne	03-May-96	185	83	Corowa Rutherglen FC		
34	Nick Coughlan	12-Sep-96	192	80	Albury FC		
35	Dylan Van Berlo	16-Jan-95	193	83	Wangaratta FC		
36	Mitchell Mahady	09-Sep-96	193	82	North Albury		
37	Lachlan Devine	11-Jul-95	193	88	Mooroopna FC		
38	Dan Howe	04-Dec-95	190	75	Rennie FC/Xavier College		
39	Jydon Neagle	29-Aug-94	185	77	Walla FC		
40	Isaac Edgar	28-Aug-95	180	79	Albury FC		
41	Robert Staff	02-May-96	193	79	Euroa FC		
42	Will Carlile	02-Jul-96	193	85	Wangaratta Rovers FC		
43	Nick Sneyd	08-Apr-95	180	77	Shepparton United FC		
44	Mitchell Dalbosco	13-Feb-95	179	75	Myrtleford FC		
46	Alex Tattersall	11-Mar-96	198	80	Mooroopna FC		
47	Kayne Turner	31-Dec-95	179	64	Mooroopna FC		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr
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Gippsland Power



Coach: Nick Stevens

Talent Manager: Peter Francis

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Adam Diamond	18-Sep-95	170	67	Rosedale		
2	Alex Saunders	10-Jul-95	177	68	Bairnsdale		
3	Bradley Olsson	26-Nov-96	187	76	Sale		
4	Christian Buykx - Smith	27-Mar-96	192	81	Traralgon		
5	Josh Cashman	29-Dec-94	180	75	Sale		
6	Lachlan Channing	14-Feb-95	176	71	Maffra		
7	Jordan Cunico	7-May-96	184	72	Traralgon		
8	Mitchell Stanlake	9-Feb-96	182	76	Newborough		
9	Tom Muir	17-Nov-94	190	81	Warragul		
10	Jack Hammond	30-Jul-96	182	73	Bairnsdale		
11	Bohdi Walker	8-Feb-96	182	82	Sale		
12	Mitchell Mustoe	13-Apr-95	183	82	Traralgon		
13	Aaron Heppell	13-Jan-95	181	78	Leongatha		
14	Rohan Hildebrand	17-Jul-95	180	80	Traralgon		
15	Frazar Brouns	10-Oct-95	191	87	Traralgon		
16	Wes Russell	11-Mar-95	192	100	Bairnsdale		
17	Ben Thomas	12-Feb-95	187	75	MDU		
18	Troy Toussaint	6-Dec-95	174	76	Pakenham		
19	Lukas Webb	4-Mar-96	184	77	Lakes Entrance		
20	Brenton Rees	6-Oct-95	178	72	Sale		
21	Nicholas Dinsdale	25-Jul-95	181	67	Heyfield		
22	Jack Leslie	27-Apr-95	198	93	Sale		
23	Doug Grining	9-May-96	191	72	Traralgon		
24	Nathan Dennison	3-Feb-96	180	82	Bairnsdale		
25	Declan Keilty	8-May-95	192	80	Moe		
26	Brandon Bailey	18-Nov-95	179	65	Morwell		
27	Ashley Di Ciero	1-Mar-96	182	86	Traralgon		
28	Paul Pattison	10-May-95	178	72	Korumburra - Bena		
29	Ben Kearns	12-Nov-94	184	79	Churchill		
30	Alex Carr	4-Feb-95	180	73	Maffra		
31	Adam Wallace	5-Feb-95	183	78	Sale		
32	Edward Morris	20-Aug-95	178	71	Garfield		
33	Brett Waddell	24-Apr-95	173	75	Bairnsdale		
34	Liam Nash	2-Dec-95	186	81	Mirboo North		
35	Josh Scott	3-Mar-94	190	80	Lakes Entrance		
36	Nathaniel Paredes	3-Jan-95	177	79	Ellinbank		
37	Ben Northover	28-Aug-95	186	94	Traralgon		
38	Jake Thomas	9-May-95	201	89	Sale		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

Sandringham Dragons



Coach: Justin Plapp

Talent Manager: Ryan O'Connor

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Will Hayes	05-Jun-95	177	67	Eurora		
2	Tom Langdon	09-Jun-94	188	84	Old Melbourneians		
3	Callum Cathcart	15-Mar-95	173	73	St Peters		
4	Nathan Freeman	16-Jun-95	181	85	Dingley/Haileybury College		
5	Nathan Smith	20-Mar-95	173	63	Beaumaris		
6	Taylor Grace	07-Apr-95	183	76	St Bedes		
7	Matt Hooy	15-Apr-95	181	72	Hampton/Brighton Grammar		
8	Malcolm Neiwand	26-Jul-95	178	80	East Brighton JFC/Wesley College/Colegians		
9	Joshua Kelly	12-Feb-95	182	73	East Brighton JFC/Brighton Grammar		
10	Christian Salem	15-Jul-95	183	82	Hampton/Brighton Grammar		
11	Julian Eimutis	16-Jul-95	180	72	East Brighton JFC/Colegians		
12	Elliot Le Grice	07-Aug-95	192	90	Hampton/Brighton Grammar		
13	Jack Grange	20-Apr-95	174	74	Beaumaris/St Bedes		
14	Karl Amon	19-Aug-95	180	73	Hampton Rovers/Haileybury College		
15	Zachary Merrett	03-Oct-95	178	73	Cobden FC/Melbourne Grammar		
16	Haydon Whitehead	12-Jul-95	189	82	Ormond		
17	Nicholas Lewis	08-Aug-95	176	77	Ajax		
18	Lachlan Ritchie	03-Feb-95	189	78	St Kevins OB		
19	Luke Marchetti	22-Apr-95	176	72	Cora Lynn		
20	Max Hayes	29-Jan-95	191	86	East Brighton JFC/Brighton Grammar		
21	Matthew Lovejoy	22-Jun-95	176	65	Beaumaris/St Bedes		
22	Luke Daidone	12-Jan-95	186	83	Oakleigh		
23	Jack Knight	19-Aug-95	181	71	Old Brighton		
24	Lachlan Howes	10-Feb-95	192	85	Beaumaris/Haileybury College		
25	Michael Rechtman	04-Nov-95	176	74	Ajax		
26	Jack Gabron-Uhe	12-Apr-95	191	78	Beaumaris		
27	Dean Rotenburg	03-Aug-95	172	66	Ajax		
28	Jack Wilson	10-Jul-94	192	88	Hampton		
29	Aaron Hodges	23-Jan-95	180	72	St Bedes		
30	Lachlan Mirams	31-May-94	198	81	Old Mentonians		
31	Kurt Heatherley	01-Jan-95	193	85	Caulfield Grammar (NZ)		
32	Charlie Kelso	10-Aug-94	208	91	Hampton		
33	Alexander Spencer	19-Apr-95	193	83	Old Haileybury		
34	Calum Macleod	27-Jan-95	183	78	Hampton		
35	Martin Ho	10-Mar-96	168	71	Hampton		
36	James Munro	22-Nov-94	182	77	Beaconsfield		
37	Patrick Hurst	21-Feb-96	175	72	Mentone/St Bedes		
38	Angus Brayshaw	09-Jan-96	184	83	Hampton Rovers AFC/Haileybury College		
39	Ed Langdon	01-Feb-96	181	69	East Malvern/Melbourne Grammar		
40	Michael Manteit	18-Jul-96	186	81	Melbourne High School Old Boys		
41	James Landman	04-Jul-96	182	77	Ormond		
42	Connor Lappin	10-May-96	187	72	East Malvern/Melbourne Grammar		
43	Tom McGowan	07-Jun-96	183	79	Noble Park		
44	Joshua Clayton	17-Jan-96	189	76	East Brighton JFC/Brighton Grammar		
45	Brayden Maynard	20-Sep-96	184	85	Hampton		
46	Edward Watkin	20-Jan-96	184	80	Ashburton JFC/Xavier College		
47	Marcus La Greca	12-Apr-96	183	81	Ormond		
48	Edward Vickers-Willis	28-Mar-96	190	74	East Malvern/Melbourne Grammar		
49	William Fordham	14-Mar-96	186	75	Hampton Hammers/St Bedes		
50	Michael Slater	02-Jul-96	185	80	Hampton/Brighton Grammar		
51	Jim Bazzani	08-Feb-96	184	77	St Kilda/Wesley College		
52	Tom Wilkinson	07-Mar-96	180	75	Frankston YCW JFC/Melbourne Grammar		
53	Chris Pitsos	09-Jan-96	183	69	Noble Park		
54	Matt Zagari	25-Jan-96	190	76	Beaumaris		
55	Luke Gogis	05-Aug-96	174	72	Oakleigh		
56	Sam Kelly	12-Jul-96	188	78	South Melbourne/Melbourne Grammar		
57	Anthony Giuliano	14-Feb-96	176	79	Beaumaris		
58	Sam Mason	24-Sep-96	186	77	Ormond		
59	William Barker	05-May-96	178	59	Caulfield/Caulfield Grammar		
60	Tom Laumets	20-Apr-96	191	89	East Brighton/Brighton Grammar		
61	Harry Dear	18-Aug-96	196	96	Beaumaris/St Bedes		
62	Sean McLaren	10-Jan-96	197	91	Beaumaris/Haileybury College		
63	Ben Schwartz	26-Nov-96	180	78	Ajax		
64	Christian Middleton	29-Nov-96	180	70	St Kilda City/Wesley College		
65	Andy Din	11-May-96	181	78	Dingley		
66	Sean Gunning	27-Dec-96	177	70	Caulfield		
67	Adam Heatley	19-Apr-96	182	69	St Bedes		
68	Luke Bravis	18-May-96	188	73	Noble Park		

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Coach: Marco Bello

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Kevin Perry Ph: 9480 0884

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Caitlin Baker Ph: 0411 873024

Lifecare Latrobe Sports Medicine Centre

Nicole Mate Ph: 9473 8780

No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Cameron Conlon	03-Jul-95	198	87	North Heidelberg		
2	Matthew Haynes	19-Mar-94	189	78	Yarrambat JFC		
3	Billy Murphy	21-Jun-96	170	63	St Mary's JFC/Ivanhoe Grammar		
4	Ben Lennon	05-Jul-95	187	79	Macleod/Ivanhoe Grammar		
5	Ned McKeown	23-Jul-95	182	80	Bundoora		
6	Marcus Bontempelli	24-Nov-95	191	83	Eltham/Marcellin College		
7	Jayden Short	24-Jan-96	177	66	Bundoora		
8	Jordan Perry	01-Apr-95	183	77	Marcellin College		
9	Lewis Beers	01-Oct-96	187	76	Ivanhoe JFC		
10	Jesse Tardio	07-Jan-95	179	72	Parkside/Marcellin College		
11	Kyle McDonald	19-May-95	179	69	Greensborough		
12	Jacob Smith	12-Jan-96	181	74	Banyule JFC		
13	Liam Bowkett	19-Oct-95	193	85	St Mary's (NFL)		
14	Jake Potter	08-Nov-95	190	88	South Morang		
15	Julian Soccio	15-Apr-95	188	80	Greensborough/Xavier College		
16	Billy Jenkin	20-Aug-95	179	86	Montmorency		
17	Jake Kalanj	27-Feb-95	184	78	Eltham		
18	Kain Proctor	12-Nov-96	170	58	Fitzroy Stars		
19	Chris McCabe	30-Aug-96	176	74	Eltham		
20	Tom Grimes	01-Dec-94	190	74	Hurstbridge		
21	Zac Ballard	25-Feb-96	183	79	Warrandyte		
22	Jason Castagna	12-Jul-96	181	72	Warrandyte/Marcellin College		
23	Garrett McDonagh	19-Jun-96	183	73	West Preston		
24	Chas Bromley	01-Mar-94	183	80	Lower Plenty		
25	Josh Iacobaccio	15-Aug-96	175	71	St Mary's JFC		
26	Xavier Cahill	31-Jul-95	177	76	Montmorency		
27	Eamon Gilbert	02-Jul-95	192	78	St Mary's (NFL)		
28	Ciaran Porter	29-Jul-96	192	82	St Mary's JFC		
29	Lewis Glasgow	02-Jul-96	180	76	Eltham		
30	James Lowe	14-May-96	190	82	Banyule JFC		
31	Hugh Curnow	25-Feb-95	182	73	Fitzroy/Trinity Grammar		
32	Liam Hunt	03-Feb-95	184	76	Eltham		
33	Josh Turner	29-Mar-95	183	74	Lower Plenty		
34	Joel Bramble	04-Jun-95	190	86	Whittlesea		
35	Michael Kerrigan	21-Aug-95	184	87	Northcote Park		
36	Ben Mossuto	18-Mar-95	171	68	Greensborough		
37	Kyle Langford	01-Dec-96	188	67	Macleod JFC/Ivanhoe Grammar		
38	Nick Mackay	22-May-96	184	73	Greensborough		
39	Jungala Ellis	27-Jan-96	167	65	West Preston		
40	Michael Tilmouth-Turner	14-Sep-96	188	85	West Preston		
41	Patrick Kelly-Briggs	27-May-96	173	62	Northern Saints		
42	Clark Sloan	30-Dec-96	197	80	Whittlesea/Assumption College		
43	Anthony Condello	17-Apr-95	171	70	West Preston		
44	Sam Switkowski	20-Nov-96	176	64	Research JFC		
45	Trent Crouch	07-Jan-96	177	67	Ivanhoe JFC/Ivanhoe Grammar		
46	Brody Waugh	14-Jul-95	182	73	Bundoora		
47	Michael Bouny	20-Nov-95	190	91	St Mary's (NFL)		
48	Mitch Dillon	07-Apr-95	188	82	Montmorency		
49	Gerard Sutton	13-Apr-95	183	67	Northern Blues (VAFA)		
50	Anthony Di Paolo	11-Aug-95	197	93	Lower Plenty		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

Dandenong Southern Stingrays



Coach: Graeme Yeats

Talent Manager: Mark Wheeler

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CLUB CONTRIBUTING SPONSORS



No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Billy Hartung	24-Jan-95	176	71	Mornington		
2	Jordan Bastinac	31-Aug-95	182	76	Berwick		
3	Angus Scott	18-Jun-95	175	70	Edithvale-Aspendale		
4	Nicholas Battle	02-Aug-95	172	71	Doveton		
5	Taylor Joyce	02-Feb-96	187	85	Beaconsfield		
6	Alex Harnett	12-Apr-96	183	80	Frankston YCW		
7	Nathan Foote	13-Dec-95	178	71	Narre Warren		
8	Jack Wheeler	29-Jan-96	171	68	Noble Park		
9	Jack Lonie	13-Aug-96	173	66	Seaford		
10	Clayton McCartney	11-Jun-95	176	70	Cranbourne		
11	Zak Jones	15-Mar-95	181	74	Mt Eliza		
12	Blake Pearson	16-Jan-95	174	74	Doveton		
13	Ryan Marks-Logan	18-Jun-94	191	75	Frankston Bombers		
14	Daniel Capiron	14-Jun-96	188	80	Edithvale-Aspendale		
15	Hayden Rigg	15-Apr-96	184	67	Mt Eliza		
16	Jake Wilson	27-Jun-96	183	84	Berwick		
17	Blake Mullane	18-Apr-95	181	86	Mt Eliza		
18	Nathan Gardiner	15-May-95	187	84	Cranbourne		
19	Brady Egan	18-Dec-94	188	84	Rye		
20	Rourke Fischer	20-Aug-96	184	82	Seaford		
21	Matt Rennie	16-Jun-94	190	81	Rowville		
22	James Hammond	31-Mar-95	187	82	Mt Eliza		
23	Dale Gawley	24-Dec-95	193	83	Narre Warren		
24	Jack Soroczynski	13-Aug-95	186	81	Narre Warren		
25	Troy Jacobson	08-Jan-95	186	77	Somerville		
26	Daylan Kempster	27-Jan-96	192	84	Keilor Park		
27	Jayden Tomkins	22-Sep-95	188	73	Sorrento		
28	Joseph West	08-Oct-95	189	80	Berwick		
29	Tyle Williams	05-Nov-94	189	80	Dromana		
30	Tom Lamb	19-Oct-96	191	82	Edithvale-Aspendale		
31	Joshua Newman	22-Dec-94	181	80	Mornington		
32	Jake Gains	06-Aug-95	191	72	Berwick		
33	Trae Tohiariki	27-Jan-95	178	86	Seaford		
34	Ben Giobbi	04-Apr-96	181	81	Narre Warren		
35	Luke Rowe	24-Jun-95	192	86	Somerville		
36	Corey Micari	14-Jul-95	188	89	Frankston YCW		
37	Caleb Gray	28-Oct-96	182	80	Crib Pt		
38	Agape Patolo	22-Apr-95	197	98	Noble Park		
39	Jack Holden	27-Jan-96	184	77	Edithvale-Aspendale		
40	Emmanuel Jakwot	24-Jan-95	186	73	St John's OC		
41	Josh Pickess	12-Sep-95	180	75	Frankston YCW		
42	Matt Homfray	10-Jan-96	189	85	Narre Warren		
43	Sam Crawford	12-Nov-95	180	74	Mornington		
44	James Harmes	05-Oct-95	183	75	Devon Meadows		
45	Nicholas McPherson	08-Dec-95	179	73	Beaconsfield		
46	Mitch White	10-Apr-96	188	82	Seaford		
47	Kyle Gray	14-May-96	189	81	Edithvale-Aspendale		
48	Joel Monger	03-May-96	189	81	Mt Eliza		
49	Brody Connelly	09-May-96	186	77	Berwick		
50	Aaron Pawel	10-Jun-96	195	90	Seaford		
51	Joel O'Sullivan	02-Aug-95	190	88	Mornington		
52	Dylan Barfoot	27-Jan-96	203	89	Cranbourne		
53	Daniel Moloney	11-May-96	180	74	St Bedes Mentone		
54	James Freeman	14-Feb-96	188	69	Mt Eliza		
55	Daniel Dickinson	03-Aug-95	185	85	Somerville		
56	Chris Johnson	17-Jul-96	182	69	Narre Warren		
57	Trent Castledine	11-Nov-96	187	72	Narre Warren		
58	Aaron Wilson	26-Feb-96	186	72	Narre Warren		
59	Niall Young	16-Sep-96	193	85	Somerville		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

Geelong Falcons



**Geelong
FALCONS**



Coach: Andrew Allthorpe

Talent Manager: Michael Turner

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Rodpak

No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Lewis Taylor	17-Feb-95	173	73	Terang-Mortlake		
2	Billy Beardsell	18-Jun-96	171	71	St. Albans		
3	Marcus Thompson	22-Jun-95	171	71	Leopold		
4	William Langley	03-May-95	176	75	Geelong Amateurs/ Geelong College		
5	Aaron Christensen	09-Apr-95	174	63	Lara/Geelong Grammar		
6	Meyrick Buchanan	15-Sep-93	177	77	Colac		
7	Harrison Kol	15-May-96	179	63	St. Marys		
8	Tom Batarilo	11-Jul-95	178	75	Geelong Amateurs/ Geelong Grammar		
9	Alex Hickey	06-Jan-95	180	75	Geelong Amateurs		
10	Kody Spokes	06-Jun-95	179	81	Colac		
11	George Cameron	05-Feb-94	180	75	Newtown		
12	Reid Adams	28-Apr-95	178	76	St. Josephs		
13	Darcy Lang	21-Nov-95	181	75	Colac		
14	Teia Miles	02-Nov-96	178	63	St. Josephs		
15	Doug Bond	19-May-95	180	68	Deniliquin/Geelong Grammar		
16	James Tsitas	03-Mar-95	180	77	Grovedale		
17	Samuel Russell	29-Dec-95	180	73	Newtown/Geelong College		
18	Joe Maishman	26-Apr-96	178	71	St. Marys/Geelong College		
19	Lachlan Devine	27-Apr-95	182	85	St. Josephs		
20	Nick Dixon	08-Oct-96	179	70	Geelong Amateurs/ Geelong Grammar		
21	Thomas Mathieson	09-May-95	185	71	Bell Park		
22	Jacob Sharp	10-Mar-95	179	79	Geelong Amateurs		
23	Campbell Floyd	12-Jul-96	183	65	Birregurra		
24	Jack Hudson	04-Aug-96	183	71	Leopold		
25	Matthew Boag	09-Apr-95	185	90	Torquay		
26	Will Couch	11-Jun-95	184	80	Warrnambool/Geelong College		
27	Sam Crawley	02-Oct-95	184	74	Terang-Mortlake		
28	Willis Flanders	14-Feb-94	185	79	St. Josephs		
29	Patrick Bright	23-Mar-96	184	69	Bell Park		
30	Nicholas Bourke	22-Feb-95	187	76	Kolora-Noorat		
31	Scott Dixon	11-Jan-95	187	89	Geelong Amateurs/ Geelong Grammar		
32	Blake McPhee	23-Feb-96	186	80	Grovedale		
33	Jayden McHenry	09-Feb-95	189	80	Leopold		
34	Brandon Verfurth	19-Oct-96	184	72	St. Josephs		
35	Jackson Nelson	15-Mar-96	186	78	St. Marys		
36	David O'Sullivan	07-May-95	188	76	Colac		
37	Alex Moloney	30-Jun-95	191	81	Terang-Mortlake		
38	Jack Williams	09-Aug-95	187	82	Colac		
39	Darcy Gardiner	22-Sep-95	192	84	Queenscliff		
40	Zaine Cordy	27-Oct-96	191	75	Ocean Grove/Geelong College		
41	Xavier Lourey	20-Jan-95	191	84	Terang-Mortlake		
42	Jye Cross	28-Mar-95	191	85	Bannockburn		
43	Luke Maddock	22-Jan-96	190	83	West Saints		
44	Patrick McCartin	19-Apr-96	192	90	St. Josephs/Geelong Grammar		
45	Steven Presani	25-Jan-96	191	90	Colac		
46	Tom Rieniets	25-Oct-96	192	75	Colac		
47	Luke Davis	16-Jun-94	195	79	Barwon Heads		
48	Fraser Fort	04-Oct-95	196	84	South Barwon		
49	Hugh Goddard	24-Aug-96	195	92	Geelong Amateurs/ Melbourne Grammar		
50	Jack Berry	06-Dec-95	195	94	Irrawarra-Beeac		
51	Lochie Donne	05-Jan-96	194	79	St. Josephs		

1st Qtr

2nd Qtr

3rd Qtr

4th Qtr

North Ballarat Rebels



Coach: David Loader

Talent Manager: Phil Partington

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Jake Robinson	22-Mar-95	175	69	Ararat		
2	Keegan Mellington	31-May-96	177	68	Horsham Saints		
3	Lachlan Cassidy	22-May-94	181	73	Ballarat		
4	Matt Crouch	21-Apr-95	181	80	Beaufort		
5	James Richards	30-Apr-96	194	83	Horsham Saints		
6	Arthur Armstrong	28-Jun-95	195	84	Tatooon		
7	Joseph Symons	22-Oct-96	178	77	North Ballarat Jnrs		
8	Dallas Willmore	29-May-95	190	81	St Patricks College/ Walpeup Underbool		
9	Louis Herbert	27-Jun-94	187	75	South Warrnambool		
10	Jonathon Lanyon	28-Mar-95	177	72	Boort / University of Ballarat		
11	Daniel Bell	29-Aug-95	183	75	Warrack Eagles		
12	Cam McKenzie	03-Jun-95	173	75	Inymple /Redan/ Ballarat & Clarendon		
13	Liam Hoy	13-Jan-96	177	80	Warrnambool		
14	Kyle MacKay	27-Aug-95	180	80	Redan		
15	Shane McAuliffe	24-Jul-96	172	71	East Ballarat		
16	Daniel Butler	03-Jun-96	181	74	Lake Wendouree		
17	Jackson Fisher	04-Jan-95	183	76	Ballarat & Clarendon College/ Hopetoun		
18	Jayden Whitehead	21-May-95	186	82	Koroit		
19	Josh Webster	16-May-96	187	78	Kalkee		
20	Kyle Hendy	26-Feb-94	199	93	Stawell Warriors		
21	Mitchell Bowman	30-Apr-95	185	84	North Warrnambool		
22	Ned Mabon	23-Jun-95	187	74	Hay NSW/Redan/ Ballarat & Clarendon		
23	Xavier Vearing	07-Jan-96	193	88	Ararat		
24	Jordan Payne	30-Sep-96	176	67	Lake Wendouree		
25	William Austin	04-Jul-96	181	77	Daylesford		
26	Jayden Brennan	14-Mar-96	180	77	Emmanuel Hawks		
27	Seamus Blake	18-Sep-95	176	83	Merrivale		
28	Sam Bennett	22-Jan-95	189	76	North Ballarat		
29	Matt Coleman	16-Feb-95	194	77	Minyip/Murtoa		
30	Sam Hooper	15-Nov-95	191	78	North Ballarat Jnrs		
31	Keegan Mason	12-Jan-96	192	85	Laharum		
32	Charles Gabbe	15-Nov-95	183	74	Horsham Demons		
33	Mitchell Walsh	18-Apr-96	190	77	Hepburn		
34	Jacob O'Beirne	18-Sep-96	176	69	Horsham Saints		
35	Sam Glover	06-Dec-96	191	72	North Ballarat Jnrs		
36	Tom Templeton	11-Apr-96	182	81	Portland		
37	Ignatius Stewart	16-Jan-95	200	77	Ararat		
38	Tyler Constable	28-May-96	180	68	Ballarat		
39	Jesse Palmer	17-Oct-96	188	81	Swan Hill/St Patricks College		
40	Rowan Marshall	24-Nov-95	196	83	Heathmere		
41	Thomas Lynch	16-May-95	186	70	Koroit		
42	Oscar McDonald	18-Mar-96	195	84	Edenhope-Apsley/ Nth Ballarat Jnrs		
43	Eamonn McCuskey	22-Jul-96	186	82	Lake Wendouree		
44	Will Lenehan	19-Nov-95	185	74	Hamilton		
45	Jordon May	05-Feb-96	195	72	Donald/Ballarat & Clarendon		
46	Nicholas Weightman	08-May-96	181	62	Bungaree		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

Calder Cannons



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Talent Manager: Ian Kyte

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Charlie Van Der Byl	29-Aug-95	182	77	East Keilor		
2	Jarryd Bonello	08-Jul-95	182	75	Greenvale		
3	Roarke Smith	11-Sep-96	180	70	Sunbury Kangaroos		
4	Harrison Taylor	31-Oct-95	184	74	Riddells Creek		
5	Ben Allan	04-Jun-96	177	65	Pascoe Vale		
6	Jayden Foster	01-Jun-95	194	87	Aberfeldie		
7	Lachlan Cavanagh	19-Nov-96	189	78	Strathmore		
8	Anthony Prestia	13-Mar-95	174	79	Aberfeldie		
9	Sam Good	14-Jan-96	194	74	Aberfeldie		
10	Josh Rule	02-May-95	177	77	Strathmore		
11	Tom Madden	20-Oct-95	182	69	St Bernards		
12	Reilly O'Brien	20-Aug-95	200	95	Moonee Valley		
13	Tanner Nilsson	07-Dec-96	182	69	Glenroy		
14	Marcus De Leur	06-Mar-96	188	79	St Bernards		
15	Jedd Clothier	04-May-95	189	82	Narooma (NSW)		
16	Jesse Corigliano	30-Apr-96	182	76	Strathmore		
17	Nathan Blair	05-Jul-95	186	83	Romsey		
18	Jason Cooke	06-Feb-95	183	79	Sunbury Lions		
19	Ben McDonald	14-Jun-95	195	94	Maribymong Park		
20	Jake Owen	11-Nov-94	191	82	Woodend		
21	James Latham	07-Mar-96	188	81	Keilor		
22	Charly Williams	05-Jan-95	170	73	Aberfeldie		
23	Billy Morrison	15-Apr-95	191	90	Jacana		
24	Xavier Dimasi	14-Nov-96	183	90	Kilmore		
25	Lachlan Ronaldson	07-May-95	194	83	Glenroy		
26	Daniel Thompson	30-Apr-94	189	96	Aberfeldie		
27	Jacob McCormack	17-Feb-95	185	74	Fitzroy		
28	Mitch Jensen	01-Mar-95	184	68	Essendon Dousta Stars		
29	James Ferry	09-Nov-94	189	84	Gisborne		
30	Jack James	29-Oct-96	181	72	Gisborne		
31	Matt Goodyear	20-Jul-96	183	76	Gisborne		
32	Jack Baker	11-Dec-96	185	85	Gisborne		
33	Tom Donoghue	18-Feb-96	170	78	Rupertswood		
34	Mark Kovacevic	23-Jan-96	200	110	Greenvale		
35	Peter Wright	08-Sep-96	202	95	Moonee Valley		
36	Damien Cavka	03-Jun-96	183	79	Keilor		
37	Ricky Schraven	08-Feb-96	172	71	Greenvale		
38	Jayden Walker	11-May-95	189	87	Greenvale		
39	Touk Miller	22-Feb-96	175	77	Maribymong Park		
40	Liam Berry	25-Feb-95	183	76	Rupertswood		
41	Will Considine	14-Nov-95	193	89	St Bernards		
42	Josh Cauchi	01-Jan-96	170	64	Pascoe Vale		
43	Paul Ahern	01-Aug-96	177	73	Keilor		
44	Errol McConnell	09-Mar-95	179	74	Oak Park		
45	Aaron Christensen	15-Nov-95	190	74	Sunbury Lions		
46	Joel Madden	26-Sep-94	188	83	Aberfeldie		
47	Artur Petryshyn	15-Jan-96	183	71	Greenvale		
48	Matthew Merlo	14-Mar-95	183	85	Aberfeldie		
49	James Barnes	27-Feb-95	195	93	Keilor		
50	Jake Lever	05-Mar-96	190	82	Romsey		
51	Victor Carboni	29-Jun-96	175	75	Aberfeldie		
53	Guy Walker	12-Sep-95	186	78	Maribymong Park		

1st Qtr

2nd Qtr

3rd Qtr

4th Qtr

Oakleigh Chargers



Coach: Justin Wenke

Talent Manager: Mark Smart

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No.	NAME	DOB	HT	WT	PREVIOUS CLUB	G	B
1	Aidan Franetic	20-Jan-95	184	79	Ashburton FC/Scotch College		
2	Nick Prowse	27-Aug-94	198	78	Old Xaviersians AFC		
3	Joel Ernest	2-Aug-95	180	77	Boorondara Hawks/Carey Grammar		
4	Will Maginness	13-Jan-95	182	73	Glen Iris JFC/Scotch College		
5	Jake Kelly	21-Jan-95	188	83	Mansfield FC/Scotch College		
6	Jay Kennedy-Harris	21-Mar-95	173	68	Old Trinity AFC		
7	Lewis Fitzgerald	10-Aug-95	190	82	East Malvern JFC/St Kevins College		
8	Hugh Beasley	12-Nov-95	191	88	Kew Comets/Trinity Grammar		
9	Jack Billings	18-Aug-95	183	78	Kew Comets/Scotch College		
10	Darren Allen	10-Jul-95	175	75	Lindenow FC/Scotch College		
11	Elijah Edwards	31-Aug-95	165	62	Batemans Bay FC/Scotch College		
12	Tom Cutler	20-Feb-95	190	86	Greythorn FC/Trinity Grammar		
13	Adrian Indivino	18-Mar-95	182	72	De La Salle		
14	Angus Milham	11-Aug-94	210	86	Old Trinity AFC		
15	Lachlan Waddell	12-May-95	200	86	Ashburton FC/Scotch College		
16	Jay Canterbury	28-Jun-95	190	80	Camberwell FC/Camberwell HS		
17	Alex Urban	27-Jul-96	179	76	East Burwood FC/Mazenod College		
18	Anthony Scott	28-Feb-95	178	69	Kew Comets/Trinity Grammar		
19	James Toohey	27-Mar-94	196	94	St Mary's Salesian		
20	Guy Dickson	15-Jan-95	188	81	Old Carey AFC		
21	Alex Polidoris	17-Aug-95	188	90	Boorondara Hawks/Trinity Grammar		
22	Mitch Donoghue	6-Sep-95	182	73	Blackburn FC/Trinity Grammar		
23	Darcy Byrne-Jones	20-Sep-95	180	69	Camberwell FC/Scotch College		
24	Tom Gladman	28-Mar-95	195	98	Mulgrave FC/Mazenod College		
25	Sam Anderson	2-Aug-95	187	70	Boorondara Hawks/Scotch College		
26	Daniel McKenzie	17-May-96	184	74	Blackburn FC/Caulfield Grammar		
27	Connor Lindsay	22-Jan-95	185	76	Boorondara Hawks/Trinity Grammar		
28	Samuel De Soysa	16-Oct-95	190	76	Boorondara Hawks/Trinity Grammar		
29	Richard Wilton	26-Apr-95	176	78	Boorondara Hawks/Xavier College		
30	Darcy Moore	25-Jan-96	198	90	Kew Comets/Carey Grammar		
31	Matthew Jackson	15-Jan-96	188	80	Oakleigh Krushers AFC/De La Salle		
32	Jake Buggy	24-Jan-95	178	68	Ferntree Gully FC/St Josephs		
33	Kyle Dove	22-Apr-95	194	76	East Burwood FC/Emmas College		
34	Brett Borland	24-Jun-95	172	70	Balwyn FC/Camberwell HS		
35	Alex Mioni	6-Sep-96	187	77	Nonwood FC		
36	Kieran Nolan	15-Mar-94	186	81	Waverley Blues FC		
37	Alex Morgan	28-Jan-96	181	75	Waverley Blues FC/Mt Waverley SC		
38	Harry Vogler	3-Mar-95	182	75	Warrandyte FC/Doncaster SC		
39	Nathan Smith	5-Jan-95	180	78	Mulgrave FC		
40	Kade Answerth	24-Jun-96	178	70	Caulfield Bears/Caulfield Grammar		
41	Tom Silvestro	6-Jul-95	178	68	Vermont FC/Caulfield Grammar		
42	Tom Young	8-Jun-96	188	82	Whitehorse Colts/Trinity Grammar		
43	William Gowers	10-Jun-96	183	76	Kew Comets/Xavier College		
44	Billy Hogan	26-Apr-95	180	77	Parkside FC		
45	Josh Halsall	11-Jul-96	177	73	Ashburton FC/Scotch College		
46	Matt Bellis	29-Apr-95	180	87	Blackburn FC/Emmas College		
47	Will Mitchell	3-Oct-96	177	68	Carey Grammar		
48	Marc Pittonet	3-Jun-96	201	106	Kew Comets/Xavier College		
49	Charlie Summers	2-Jul-96	193	87	Surrey Park FC/Camberwell HS		
50	James Harkins	1-Dec-95	187	95	Blackburn FC/Whitefriars College		
51	Luke Brown	28-Apr-95	187	76	East Burwood FC/Mt Waverley SC		
52	Ambrose Willet-Fatnowna	9-Aug-96	183	86	Kew Giants FC/Balwyn HS		
53	Marcus Higgins	20-Apr-96	186	76	Boorondara Hawks/Koonung SC		
54	Brody Ledder	14-Jan-96	186	74	Ashburton FC/De La Salle		
55	Alfie Oppy	25-Feb-96	174	68	East Burwood FC/Glen Waverley SC		
56	Patrick Arceri	6-Apr-95	170	71	Ashburton FC/De La Salle		
65	Shem Tatupu	30-Nov-95	197	105	New Zealand		

1st Qtr	2nd Qtr	3rd Qtr	4th Qtr

TAC CUP 2013 FIXTURE

Round 1 (Metro Round)	
Sunday 24th March	
Calder Cannons 11.9-75 def by Northern Knights 15.7-97	
Oakleigh Chargers 9.16-70 def by Eastern Ranges 17.16-118	
Sandringham Dragons 16.3-105 def Western Jets 12.10-82	
Round 2 (Easter Weekend)	
Saturday 30th March	
Bendigo Pioneers 12.18-90 def North Ballarat Rebels 7.6-48	
Gippsland Power 12.13-85 def Dandenong Stingrays 8.14-62	
Geelong Falcons 10.16-76 def Murray Bushrangers 3.4-58	
Sunday 31st March	
Western Jets 17.7-109 def Northern Knights 15.12-102	
Eastern Ranges 7.7-49 def by Sandringham Dragons 10.10-70	
Oakleigh Chargers 11.14-90 def Calder Cannons 11.7-73	
Round 3	
Saturday 6th April	
Gippsland Power 14.7-91 def by Oakleigh Chargers 14.12-96	
Murray Bushrangers 8.15-63 def Bendigo Pioneers 3.5-23	
Eastern Ranges 12.14-86 def by Dandenong Stingrays 20.14-134	
Sunday 7th April	
North Ballarat Rebels 5.6-36 def by Geelong Falcons 14.14-98	
Northern Knights 10.11-71 vs Sandringham Dragons 9.17-71	
Western Jets 14.11-95 def Calder Cannons 14.9-93	
Round 1 (Country Round)	
Saturday 13th April	
Bendigo Pioneers 6.8-44 def by Gippsland Power 23.11-149	
Murray Bushrangers 12.15-87 def North Ballarat Rebels 6.5-41	
Geelong Falcons 18.10-118 def Dandenong Stingrays 7.11-53	
Round 4 (Metro Round)	
Saturday 20th April	
Western Jets 11.11-77 vs Oakleigh Chargers 11.11-77	
Eastern Ranges 17.15-117 def Northern Knights 10.11-71	
Calder Cannons 11.12-78 def Sandringham Dragons 7.10-52	
Round 5	
Saturday 27th April	
Northern Knights 13.15-93 def Bendigo Pioneers 10.12-72	
Calder Cannons 12.11-83 def North Ballarat Rebels 3.11-29	
Oakleigh Chargers 4.8-32 def by Geelong Falcons 10.12-72	
Murray Bushrangers 12.8-90 def by Eastern Ranges 17.11-113	
Sandringham Dragons 7.8-50 def by Gippsland Power 9.16-70	
Sunday 28th April	
Western Jets 12.15-97 def by Dandenong Stingrays 15.8-90	
Round 6	
Saturday 4th May	
Queensland Scorpions 4.10-34 def by Calder Cannons 21.15-141	
Bendigo Pioneers 11.17-83 def Oakleigh Chargers 11.3-69	
Tasmania 9.10-64 def by Eastern Ranges 19.9-123	
Dandenong Stingrays 13.9-87 def Murray Bushrangers 5.7-37	
Geelong Falcons 18.11-119 def Northern Knights 3.5-23	
Sunday 5th May	
Gippsland Power 18.11-119 def Western Jets 16.13-109	
North Ballarat Rebels 1.7-13 def by Sandringham Dragons 5.9-39	
Development Weekend - 11th & 12th May	

Round 7	
Saturday 18th May	
Western Jets 8.15-63 def by Tasmania 12.9-81	
Sandringham Dragons 12.16-88 def Oakleigh Chargers 5.7-37	
NSW/ACT Rams 7.11-53 def by Murray Bushrangers 12.11-83	
Bendigo Pioneers 9.5-59 def by Dandenong Stingrays 10.16-76	
Northern Knights 12.14-86 def North Ballarat Rebels 10.8-68	
Calder Cannons 10.5-65 def by Geelong Falcons 14.11-95	
Eastern Ranges 15.14-104 def Gippsland Power 11.11-77	
Round 4 (Country Round)	
Saturday 25th May	
Bendigo Pioneers 8.8-56 def by Geelong Falcons 9.11-65	
Dandenong Stingrays 13.10-88 def North Ballarat Rebels 5.5-35	
Murray Bushrangers 10.7-67 def Gippsland Power 8.16-64	
Round 8	
Saturday 1st June	
Murray Bushrangers 4.8-32 def by Western Jets 14.11-95	
Calder Cannons 14.5-89 def Dandenong Stingrays 6.11-47	
Gippsland Power 13.19-97 def Northern Knights 10.11-71	
Geelong Falcons 16.11-107 def Sandringham Dragons 4.2-26	
Eastern Ranges 13.14-92 def Bendigo Pioneers 4.14-38	
Sunday 2nd June	
North Ballarat Rebels 16.15-111 def Oakleigh Chargers 5.10-40	
Development Weekend - 8th & 9th June	
Round 9	
Saturday 15th June	
Northern Knights 11.8-74 def by Western Jets 12.17-89	
Bendigo Pioneers 13.11-89 def Calder Cannons 7.10-52	
Gippsland Power 18.17-125 def North Ballarat Rebels 5.9-39	
Geelong Falcons 2.9-21 def by Eastern Ranges 20.9-129	
Oakleigh Chargers 10.5-65 def Dandenong Stingrays 8.6-54	
Sunday 16th June	
Murray Bushrangers 10.18-78 def Sandringham Dragons 8.15-63	
Round 10	
Saturday 22nd June	
Sandringham Dragons 11.8-74 def by Northern Knights 13.4-82	
North Ballarat Rebels 11.11-77 def Bendigo Pioneers 10.11-71	
Western Jets 9.10-64 def by Geelong Falcons 10.7-67	
Calder Cannons 11.11-77 def by Gippsland Power 16.18-114	
Oakleigh Chargers 9.17-71 def by Murray Bushrangers 13.14-92	
Sunday 23rd June	
Dandenong Stingrays 8.9-57 def by Eastern Ranges 9.13-67	
Round 11	
Saturday 29th June	
Eastern Ranges vs. Western Jets <i>Box Hill City Oval</i>	11:00 AM
Bendigo Pioneers vs. Murray Bushrangers (VFL C/R)	
<i>Queen Elizabeth Oval</i>	12 NOON
Gippsland Power vs. Sandringham Dragons	
<i>Morwell Football Ground</i>	1:00 PM
Northern Knights vs. Dandenong Stingrays <i>Preston City Oval</i>	2:00 PM
Sunday 30th June	
Geelong Falcons vs. North Ballarat Rebels	
<i>Highgate Recreation Reserve</i>	12 NOON
Calder Cannons vs. Oakleigh Chargers	
<i>Highgate Recreation Reserve</i>	2:30 PM
Round 12	
Saturday 6th July	
Murray Bushrangers vs. Dandenong Stingrays <i>Wangaratta</i>	11:00 AM
North Ballarat Rebels vs. Eastern Ranges <i>Eureka Stadium</i>	1:00 PM
Sandringham Dragons vs. Bendigo Pioneers	
<i>Trevor Barker Beach Oval</i>	1:00 PM

Geelong Falcons vs. Oakleigh Chargers (VFL as C/R)	
<i>Simonds Stadium</i>	2:00 PM
Sunday 7th July	
Northern Knights vs. Calder Cannons <i>Preston City Oval</i>	11:30 AM
Western Jets vs. Gippsland Power <i>Preston City Oval</i>	2:00 PM
Round 13	
Saturday 13th July	
Calder Cannons vs. Western Jets	
<i>Highgate Recreation Reserve</i>	11:30 AM
Oakleigh Chargers vs. Northern Knights <i>Warrawee Park</i>	11:30 AM
Dandenong Stingrays vs. Bendigo Pioneers <i>Shepley Oval</i>	1:00 PM
North Ballarat Rebels vs. Murray Bushrangers	
<i>Highgate Recreation Reserve</i>	2:00 PM
Sunday 14th July	
Sandringham Dragons vs. Eastern Ranges <i>Box Hill City Oval</i>	11:00 AM
Gippsland Power vs. Geelong Falcons <i>Box Hill City Oval</i>	1:30 PM
Development Weekend - 20th & 21st July	
Round 14	
Saturday 27th July	
Dandenong Stingrays vs. Sandringham Dragons	
<i>Shepley Oval</i>	11:00 AM
Gippsland Power vs. Eastern Ranges	
<i>Morwell Football Ground</i>	1:00 PM
Oakleigh Chargers vs. Bendigo Pioneers <i>Warrawee Park</i>	1:30 PM
Northern Knights vs. Geelong Falcons <i>Preston City Oval</i>	2:00 PM
Sunday 28th July	
Murray Bushrangers vs. Calder Cannons <i>Wangaratta</i>	11:00 AM
North Ballarat Rebels vs. Western Jets <i>Eureka Stadium</i>	1:00 PM
Round 15	
Saturday 3rd August	
Bendigo Pioneers vs. Geelong Falcons <i>Epsom Huntly Reserve</i>	1:00 PM
North Ballarat Rebels vs. Dandenong Stingrays	
<i>Eureka Stadium</i>	1:00 PM
Oakleigh Chargers vs. Western Jets <i>Warrawee Park</i>	11:30 AM
Eastern Ranges vs. Murray Bushrangers <i>Bayswater</i>	2:00 PM
Sunday 4th August	
Sandringham Dragons vs. Calder Cannons <i>Preston City Oval</i>	11:00 AM
Sandringham Jets vs. Gippsland Power <i>Preston City Oval</i>	1:30 PM
Development Weekend - 10th & 11st August	
Round 16	
Saturday 17th August	
Bendigo Pioneers vs. Western Jets <i>Epsom Huntly Reserve</i>	12 NOON
Geelong Falcons vs. Calder Cannons <i>Simonds Stadium</i>	2:00 PM
Dandenong Stingrays vs. Gippsland Power <i>Shepley Oval</i>	1:30 PM
North Ballarat Rebels vs. Northern Knights <i>Eureka Stadium</i>	1:00 PM
Sunday 18th August	
Eastern Ranges vs. Oakleigh Chargers <i>Box Hill City Oval</i>	11:00 AM
Sandringham Dragons vs. Murray Bushrangers <i>Victoria Park</i>	2:00 PM
Round 17	
Saturday 24th August	
Murray Bushrangers vs. Northern Knights <i>Wangaratta</i>	1:00 PM
Oakleigh Chargers vs. North Ballarat Rebels <i>Warrawee Park</i>	2:00 PM
Gippsland Power vs. Bendigo Pioneers	
<i>Morwell Football Ground</i>	11:00 AM
Dandenong Stingrays vs. Geelong Falcons (VFLas CR)	
<i>Victoria Park</i>	2:00 PM
Sunday 25th August	
Calder Cannons vs. Eastern Ranges	
<i>Highgate Recreation Reserve</i>	11:30 AM
Western Jets vs. Sandringham Dragons	
<i>Highgate Recreation Reserve</i>	2:00 PM
Finals Week 1 - Qualifying & Elimination Finals	
Saturday 31st August & Sunday 1st September <i>Visy Park</i>	
Finals Week 2 - Semi Finals	
Sunday 8th September <i>Visy Park</i>	
Finals Week 3 - Preliminary Finals	
Sunday 15th September <i>Visy Park</i>	
Finals Week 4 - Grand Final	
Sunday 22nd September <i>Ethad Stadium</i>	

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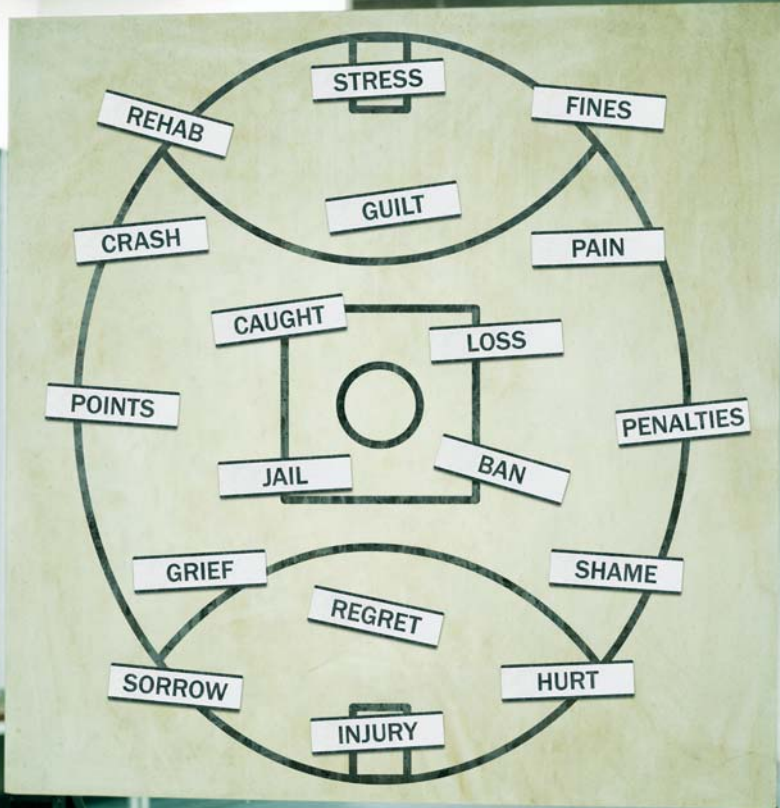
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Northern Knights 13.4.82 d Sandringham Dragons 11.8.74



If you speed, you're in
for a tough game.

Speed hurts.