

# Sportstalk



## Mallee Sports Assembly Inc. A0016748B NEWSLETTER June 2013

Club Help - One Stop Shop for our Clubs



#### Has your club completed the Club Help assessments online? www.clubhelp.org.au

If you want help to complete this assessment we are willing to visit your club and assist through the process. Give one of the offices at Mildura, Wycheproof or Swan Hill a call to arrange a time to meet.

#### What's in it for our club?

No need to re-invent the wheel, use samples and ideas from other clubs

It's a 'one stop shop' for club volunteers

It can save you valuable time

Club Assessment Tools in 9 areas of club development - Volunteers, Governance, Fundraising, Welcoming Everyone, Membership, Healthy Clubs, Injury Management, Marketing and Running events.

A Club Plan is automatically generated with practical solutions, suggestions and areas for action against your assessment responses Can link you with other support agencies

Assists with short and long term club planning.

Why not ring today and make an appointment with MSA staff to assist you through this process?

Healthy Sporting Environments - Mildura, Swan Hill, Gannawarra and Buloke



#### **Local Clubs Leading the Away – Is your club here?**

Through the *Healthy Sporting Environments* program, hundreds of sports clubs across rural and regional Victoria are committing to making community sport healthier. Creating a healthy sporting environment is also a win-win for sports clubs, who can benefit in a range of ways including funding and sponsorship opportunities and attracting more players, members and volunteers.

Clubs across the Mallee Sports Assembly that have commenced and are implementing the program to create a healthy sporting environment are:

Swan Hill: Swan Hill Bowls Club, Tyntynder Football Netball Club, Racecourse Bowls Club, Swan Hill Soccer League, Lake Boga Bowls Club, Nyah/Nyah West United FNC, Swan Hill Gymnastics Club and Lake Boga FNC.

Gannawarra/Buloke: Koondrook Barham Football Netball Club, Kerang Bowling Club, Murrabit Lawn Tennis Club, Birchip Bowls Club, Birchip-Watchem Netball Club, Charlton Croquet Club, Charlton Football Club, Quambatook Football Club, Donald Golf Bowls Club

Mildura: Eagles Baseball Club, Mildura Workingman's Bowls Club, Three Colours Soccer Club, Merbein South Cricket Club, and Mildura Alcheringa Pony Club.

Creating a healthier culture within community sporting clubs can lead to benefits such as a positive club image as 'family-friendly' welcoming environment, opportunities for increased sponsorship, and the potential for greater volunteer, administration, coaching and officiating services and skills. For more information contact Mallee Sports Assembly.

#### **Promoting our Clubs**

Sportslink is closing soon BUT THE MSA website is being enhanced by including a directory of sport and recreation clubs across our four local government areas. Another great way to continue promoting our clubs and informing our community members to Participate feel great! MSA will notify our members when this goes live.. Just another way of your membership with the MSA working for your Club.





Mallee Sports Assembly is proud to facilitate the VicHealth Active Club Workshop across our four local government areas. These workshop aims to assist sporting clubs to create physical and social environments which are inclusive, safe, responsive and support participation. This will involve the clubs working together during the workshop to look at issues, barriers, success stories and other factors that may influence your club. These workshops are conducted on an annual basis and offer good education and suggestions for all sporting/recreational clubs. These workshops are conducted on an annual basis and offer good education and suggestions for all sporting/recreational clubs.

#### **Swan Hill Active Club Workshop**

The Swan Hill Active Club Workshop will be held on Wednesday 17th July, 2013.

Where: SHIRF, (Previously Kingdom Hall) 98 – 100 Gray St, Swan Hill,

**Time**: 6:30pm – 8:30pm

RSVP: 10th July 2013 Contact: Delia Baber, Mallee Sports Assembly, 296 Campbell St, Swan Hill,

Ph: 50332008, 0429 332008 delia@malleesportsassembly.org.au

We recommend two people per club attend this workshop.

#### Active Club Workshop - Mildura and Ouyen

The first workshop on the 22nd May, was held at the Merbein –South Cricket Club and was attended by 29 participants from 17 clubs. Feedback from the attendees was very positive and encouraging. Participants addressed safety for all members and visitors who attend their facility, on and off the field of play.

The second workshop in Robinvale on the 30th May, was cancelled due to limited registrations but interested clubs from Robinvale attended the Mildura workshop. The Mallee Sports Assembly held a second workshop in Ouyen on the 18th June, at the Ouyen Neighbourhood House with representatives from Ouyen Gymnastics Club, Ouyen Lawn Tennis Club and Ouyen United Football Netball Club attending the workshop.





## Active Clubs Workshops - Kerang (Gannawarra) Wycheproof (Buloke Shire) The first workshop was held at the Kerang Library on the 8th May, 2013 and the

second workshop was held at the Wycheproof Community Resource Centre on the 9<sup>th</sup> May, 2013.

Congratulations to the following clubs on their successful applications for the funding:

#### **Gannawarra Shire**

1st Barham Scouts, Leitchville Community Sporting Complex, Leitchville – Gunbower Football Netball Club, Lalbert Golf Club

#### **Buloke Shire**

Sea Lake Nandaly Tigers Football Club, Donald Angling Club, Donald Golf Club, Birchip Watchem Hockey Club, Charlton Netball Club, Buloke Equestrian Club













#### **Upcoming Activities – Mildura**

#### **International Day Planning 2013**

Mallee Sports Assembly together with a number of other local disability agencies are involved in planning sport and recreational activities for International Day in 2013.

We are now seeking expressions of interest from people and organisations who would like to be involved. We are encouraging teams of 6 to enter into the activities in a round robin style of tournament. Sports include: Table tennis, 3 on 3 Basketball, Bocce, Carpet Bowls, Cricket, Soccer and Goalball.

International Day will be celebrated on the 3<sup>rd</sup> December 2013, at Irymple Leisure Centre, from 9.30am – 2pm.

#### Mildura All Abilities Cricket Carnival

We are celebrating 4 years of the All Abilities Cricket Carnival in 2013. We are encouraging teams and groups to get on board with 2013 Carnival. This will be held on Thursday 24 and Friday 25 October 2013, at Mildura Settlers Cricket Club, 305 Deakin Ave. The cost is \$7 per player and teams of 10 or more are encouraged to enter. This will be a SMOKE-FREE event

We would like to thank Mildura Rural City Council, Events Department, Mildura Settlers Cricket Club, Merbein and District Community Bank, Bendigo Bank, The Christie Centre, and Cricket Victoria for their support and assistance with this event.

#### Eight Ball – for Life Skills participants

As part of the sport activities at Life Skills on Pine, we will be commencing 8 Ball at Irymple Hotel with Sunraysia 8 Ball Association. This activity will be held on Tuesday afternoons from 1-2pm.













#### **Upcoming Activities – Swan Hill**

#### Football for All Abilities

Progressive Unity Swan Hill - Disability Network are currently planning a football for all abilities program. This is in the very early planning stage and will require support from local parents and volunteers interested in coaching, umpiring, scoring, water boy/girls.

To kick this off we have decided to have a Football Come & Try Day for people of all abilities on Thursday June 27th 11:00am - 1:00pm including a free BBQ lunch at Barry Steggall Park, Tower Hill, Swan Hill

If you would like to be a part of this program please contact: Delia Baber at Mallee Sports Assembly, 296 Campbell St, Swan Hill 50332008, 0429 332008



## **Rural Access** 2012/13 All Abilities Sports Star of the Year **Quarterly Awards**

(For people with a disability)

These awards will recognize the contributions and achievements of people with a disability in the sport and recreation sector within the Swan Hill Rural City Council. This could be in their capacity as an athlete, volunteer, committee member, administrator or coach.

#### **SELECTION CRITERIA**

- The person nominated must be a resident of the Swan Hill Rural City Council.
- Performance and/or contributions to sport and recreation will be considered at the local, regional, state or national level.
- Disabilities are considered to be those unrelated to ageing, which might include intellectual, physical, sensory, acquired brain injury, neurological impairment, mental illness, or dual disability.
- Sport is defined as those activities recognized as sporting activities by the relevant State Government Sport and Recreation Department.
- There will be two award categories available -
- Junior Category (under 18 years of age as at 31 December 2012)
- Senior Category (18 years and over)
- The awards are to be selected on a quarterly basis:

November 2012 - January 2013 closed

February – April 2013 closed)

May – July 2013 (Nominations close Friday 9th August 2013)

August-October 2013 (Nominations close Friday 9 November 2013)

Quarterly Award winners to be selected by a selection panel.

- Quarterly Award winners will receive a Certificate of Achievement, sports voucher supported by Clarks and will be acknowledged through the local media/community newsletters (including photographs) of their achievements.
- The All Abilities Sports Star Awards of the Year will be chosen from the quarterly junior and senior category winners.
- The All Abilities Sports Star of the Year Awards will be announced and presented as part of the 2013 International Day of People with a Disability event















#### Completed Activities – Gannawarra/Buloke

#### 4 week carpet bowls program for people of all abilities at Kerang Bowling completed on May 7th 2013

All equipment was supplied and coaching by volunteer club members of the Kerang Carpet Bowls Club-the staff and clients of Murray Human Services enjoyed this great activity. Thank you to Margaret Troy and Marie Basile who volunteered their time to assist the participants.

#### 4 week golf program for people of all abilities at Charlton Golf Club completed on June 4th 2013

All equipment and coaching by volunteer club members of the Charlton Golf Club was appreciated by staff and clients of Murdoch House-St Arnaud and Woodbine-Warracknabeal. 17 clients participated and 9 volunteers from the Charlton Golf Club assisted.



#### **Buloke Youth Expo**

Once again the Buloke Youth Expo was conducted at Birchip Leisure Centre on May 29th 2013. The Yr 9 and 10 students from Wycheproof P-12 College, Charlton College, Donald High School, Tyrrell College and Birchip P-12 School all attended the day. There were several workshops for the students to attend including "Living with a Disability' conducted by Mallee Sports Assembly . This was a fun session with a serious message about looking after yourself and making choices that will not endanger your physical and mental health. A lot of people don't have a choice-they are either born with a disability or acquire one through disease or accidents. The weather held off and all enjoyed the day.



#### Thanks to the MOPS (Mothers of Pre-Schoolers) Group the Wycheproof Kindergarten will be better off

For the fourth year in a row Mallee Sports Assembly-Wycheproof Project Officer Rhonda Allan organized a morning walk around Wycheproof and fun activities with the MOPS group (MOTHERS OF PRE-SCHOOLERS). Red balloons were carried and some wore red clothing to celebrate the fund-raising event. This annual event is to raise funds for the Wycheproof Kindergarten and several hundred dollars was raised.

The MOPS group wish to thank all those who generously donated to support this cause. Project Officer Rhonda informed the ladies during her information session "If you mix regular physical activity with a well balanced diet you are on the right track for good health and well-being" Kim Bish of the MOPS group thanked MSA and Rhonda for her involvement once again.



#### **Completed Activities – Mildura**

#### Lawn Bowls with Mildura Workingman's Bowls Club

On the 9th April we commenced another season of Lawn Bowls with Mildura Workingman's Bowls Club. There have been 5 participants from Life Skills on Pine, who have regularly attended and participated. The club has been changing the games each week, to give the participants different challenges. The skill level of the participants over this time has improved greatly. They are taking more time with each shot and judging distance a lot better.

The club has embraced the participants with open arms and welcomes them back at any time. The program will finish at the

end of June.









#### **Completed Activities – Mildura**

#### Soccer

On the 17<sup>th</sup> April we commenced Soccer 4 All with Three Colours Soccer Club. At the commencement of the session we have had 14 people register for the program, with an average of 10 players each session. The Soccer Program was held once a week on Wednesday evenings. Two coaches, for the program were very supportive and encouraging to all players, to try their best each week.

Mildura Sports Centre supported the group by donating shin pads for players involved in the program. This program was to be for Term 2 only (to the end of June), but we may be extending to Term 3 as well. Any other interested people telephone MSA to register.



#### Inclusive Club Coaching Workshop - Sunraysia Eight Ball

On the 29th April, Sunraysia Eight Ball Association completed an Inclusive Club Coaching workshop. This was very successful with 10 people from the club attending. Feedback from the attendees, included comments like: "The course was very enjoyable and educational, easy to understand, helpful, well presented"; "overall a fantastic presentation, giving the participants a greater understanding of what is required and achievable. Thank you both very much"

If your club or members would like undertake this course, please contact your local MSA office.



#### Completed Activities – Swan Hill continued

#### Club Connections - Swan Hill

#### **Murray Human Services 2013**

Murray Human Services recently participated in a 6 week Tennis for All program conducted at the Swan Hill Indoor Recreation Centre with the participants learning basic tennis skills. The conclusion of the program was celebrated with a certificate presentation and afternoon tea. The program was coordinated by Mallee Sports Assembly and funded by Rural Access.











# Celebrating our Sports Recreation VOLUNTEERS

**Objective**: To acknowledge volunteers who make a positive difference in the lives of others through support and encouragement, often with self-sacrifice and without personal gain.

Mallee Sports Assembly reserves a page in the each edition of our newsletter to recognise our volunteers within our clubs. Our clubs would not exist without having volunteers contributing to the function of your organisation. Clubs can send in their volunteer recognition forms by the beginning of February, April, June, August, October and December each year. To obtain volunteer forms contact one of the MSA offices or visit the MSA website under News. Clubs **are not** restricted to just one nomination per newsletter

#### Colin Scott - Swan Hill Bowls Club

Colin is a tireless volunteer for the Swan Hill Bowls Club, spending most of his time at the Club, particularly during the Pennant and Tournament season. He also contributes to the running of the MVBD. The Swan Hill Bowls Club believes that Colin's untiring devotion to the Club, and to the MVBD, should be recognised not only by this Club, but by the wider sporting community.

Colin has represented the Club at the MVBD as a Delegate since 1988. At the Club level, he has served as President & Chairman of the Board of Management as well as Club Secretary, Treasurer, Bar Manager, Social Club Secretary, and as a member of the Catering Committee.

Colin commenced playing Bowls 37 years ago, and has served in the various positions – as follows:-President – 3 years, Secretary – 9 years, Treasurer – 7 years (and ongoing), Bar Manager – 7 years, Social Club Secretary – 7 years and Catering Committee – longer that he can remember

Colin is also adapt at being the "Odd Jobs" man of the Club, repairing many small items that need his attention. Swan Hill Bowls Club is very appreciative of Colin's volunteering at the Bowls Club.



#### Johanna Majorana - Three Colours Soccer Club

Seventeen year old Johanna Maiorana has been nominated by the Three Colours Soccer Club in Mildura. Johanna coaches the Three Colours Soccer Club Under 7's sub junior team. In 2012 she coached the Under 6's and this is her third year coaching in the subjuniors. Johanna is currently completing her junior coaching certificate.

Johanna has been playing since she was in Under 9' loves coaching the juniors because she really enjoys helping the kids and likes getting down to their level and showing them that as long as they try their hardest then they are winners. Johanna has a great bubbly and happy personality which has a good influence on her young team.

Where would our sporting clubs be without volunteers like Colin and Johanna? Why not nominate a volunteer from your club?

#### **Grants**

The following grants are now available. If you require more information or help in applying for one of these grants please contact Mallee Sports Assembly at one of the offices located at Mildura, Swan Hill and Wycheproof:

The Local Sporting Champions Program - Individual and Team - 12-18 years inclusive
Elite Athletes Travel Grant
Significant Sporting Events
Community Safety Grant

Emergency Sporting and Recreational Equipment

Elite Indigenous Travel & Accommodation Assistance Program

Facility Loan Scheme and National court Rebate Scheme-Tennis Australia







#### 2013 Merbein & District Community Bank 97.9 Sun FM Sports Star of the Year Awards

#### March 2013 Winner – Mr Robbie Faux – Speedway Racing



Robbie Faux was selected as the March winner and was nominated by the Mildura Speedway Driver Club. Robbie recently won the Australian Street Stock title at the Borderline Speedway in South Australia.

Over the many years of travelling all over Australia competing in different classes, Robbie has won five state championships and came second but the Australian title had eluded him until this event. In the heats Robbie managed two wins which then placed him in the A-main final starting from 11<sup>th</sup> position. The final was full of excitement with crashes and restarts and with 11 laps to go Robbie applied pressure to the leader and his dream of receiving a chequered flag in an Australian title was realised.





#### April 2013Winner – Mr Shannon Erskine – Basketball



Shannon Erskine was selected as April winner and was nominated by the Mildura Basketball Associaiton.

Recently thirty-eight year old Shannon Erskine played his 450th game of representative basketball for the Mildura Heat. Shannon 's playing career has spanned twenty years firstly playing with the Mavericks as a young 18 year old and now as a veteran of the Mildura Heat team. Shannon is not only a basketball legend in the Sunraysia area but is also well known throughout the eastern seaboard. Over his long basketball career Shannon has been regarded as a selfless player and has been part of two premiership teams with the Mildura Heat and also played in two grand finals for the Mildura Mavericks.

Robbie and Shannon both receive a voucher proudly sponsored by Sportspower and are now both eligible for the 2013 Merbein & District Community Bank 97.9 Sun FM Sports Star of the Year Awards to be held on the 7<sup>th</sup> February, 2014

Nominations for **June** are now being received for the **2013 Merbein & District Community Bank 97.9 Sun FM Sports Star of the Year** Nomination forms are available from our office at 255 11th Street, Mildura, Sports Power, Merbein & District Community Bank and 97.9 Sun FM offices, or on our website: www.malleesportsassembly.org.au. June nominations close on July 12th, 2013.... For further information please ph 5021 3464

Nominations can now be submitted for the Annual Awards as well as the Hall of Fame. Nominations close on the 10<sup>th</sup> January. 2014. Why not nominate the quite achievers or team who make your sport great for our community. This is a great opportunity to recognise our: Master Athletes (over 40 years old); Senior Team; Junior Team; Clubs; Sports Administrators; Juniors (under 16 years); Coaches; Indigenous, Disability and Volunteer. All completed forms to be lodged at MSA office. Nomination forms are available from MSA Mildura office or at www.malleesportsassembly.org.au

#### **Proud Supporters of the 2013 Northern Mallee Sports Star of the Year**

Audisound

#### Merbein & District Community Bank,

97.9 Sun FM

Lifestyle Plus
City Colonial Motor Inn
Sunraysia Daily

Mildura Rural City Council Auto Synergy Rural Access Department of Justice

Viatek

Leda Farm Equipment and Bearings

WIN TV Sportspower

Leading Edge Computers Mildura







#### **Good Sports**



The Mallee Sports Assembly is the community partner for the Good Sports Program which supports local sporting clubs through an accreditation process. All sporting clubs offer **friendly and safe club facilities**, which comply with Liquor Licensing legal requirements.

The club's main focus is sport, not drinking. The Mallee Sports Assembly currently assists over 50 registered sporting clubs in our local area who are part of the program. Good Sports Accreditation Program has 4 levels – Level 0 -Alcohol free sporting club, Level 1, 2 & 3 sporting clubs with a liquor license. Mallee Sports Assembly delivers the Good Sports Program to Victorian, New South Wales.

#### **Good Sports Clubs**

Following is a list of sporting clubs that have either been monitored or been elevated to the next level since July 1, 2012:

Level 0: Ouyen Gymnastics Club

Level 1: Mildura Bowls Club,

**Level 3:** Sacred Heart/St Andrews Tennis Club, Red Cliffs Lawn Tennis Club, Mildura City Soccer Club, Mildura Basketball Association, Ouyen Lawn Tennis Club.

**Level 3 Monitoring:** Red Cliffs Fire Brigade Cricket Club, Riverside Golf Club, Mildura Football Club, Merbein South Cricket Club Inc, Eagles Baseball Club, Mildura Lawn Tennis Club, Sunraysia Softball Association, Imperial Football Club,

South Mildura Football Netball Club, Kenny Park Tennis Club, Wanderers Baseball Club, Mildura Workingman's Bowling Club, Mildura Settlers Cricket Club, Bambill Football Netball Club, Sunraysia Football Umpires Association, Cardross Football Netball Club, Saints Baseball Club.

**New South Wales Clubs:** 

Level 1: Wentworth District Rowing Club Level 2: Gol Gol Hawks Football Netball Club Level 3 Monitoring: Workers Gol Gol Cricket Club

For more details on the Good Sports Program or to have your club monitored or elevated contact Jeanette at Mallee Sports Assembly on 50213464 or email jeanette@malleesportsassembly.org.au

#### Responsible Serving of Alcohol and Food Handling Courses

Mallee Sports Assembly is seeking expressions of interest from clubs wishing to train their volunteers in Responsible Serving of Alcohol and Food Handling Courses. To register your expression contact Jeanette at Mallee Sports Assembly – 50213464 or email <a href="mailto:jeanette@malleesportsassembly.org.au">jeanette@malleesportsassembly.org.au</a>















#### Club Help -

Why not take a look and view all of the Helpful Resources? Clubs can develop policies such as: Anti-Harassment and Sexual Harassment Policy, Committee Charter, Codes of Conduct - Committee, Codes of Conduct - Players, volunteers, Equal Opportunity Policy, Access and Equity Policy, Financial Management Policy, Grievance and Complaints Policy, Health and Safety Policy, Healthy and Safe Food Provision Policy, Information Privacy Policy, Risk Management Policy, Racial Vilification, Sponsorship Policy, Sports Safety Sample Policies, Use of Social Media Policy.

For more information: Mallee Sports Assembly 03 5021 3464 info@malleesportsassembly.org.au





Mildura East Cricket Club - 75th Anniversary -2<sup>nd</sup> November, 2013

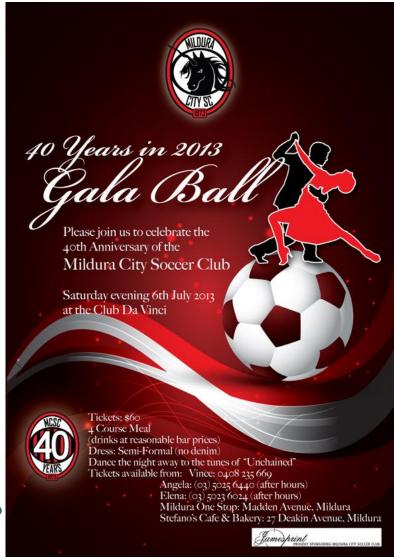
Mildura City Soccer Club - 40th Anniversary -6<sup>th</sup> July, 2013



#### **News from Woorinen South Walking Club**

Woorinen Walking Club meets weekly at Woorinen South Community Hall on Mondays at 10:00am Woorinen Walking Club meets weekly at Woorinen South Community Hall on Mondays at 10:00am.







Mr Robbie Jager pictured with his beloved Tyntynder Football Netball Club representatives receiving his Celebating our Sport & Recreation Certificate from MSA Swan Hill Project Officer Delia Baber

Mallee Sports Assembly is extending an invitation to sporting club to promote their club activities in this section of the newsletter. The next newsletter will be published in August 2013 and closing date for "Around the Traps" is the 9th August, 2013. Email information to info@malleesportsassembly.org.au





#### WOULD YOUR CLUB BENEFIT BY HAVING ITS OWN APP?

#### Welcome to Team App

Team App is a platform for any sporting club to create and manage their own smartphone App.

It's **FREE** to create and **FREE** to use!

Simply follow these 3 easy steps:

- 1 Go to www.teamapp.com and create your Team's App.
- 2 Tell all your players, members and key stakeholders to download Team App from the Apple or Google Play App Store.
- 3 Launch Team App and search for your team.







- Improve communication at your club.
- Send instant messages via push notification to the smartphone, saving you on text message costs.
- Attract and maintain sponsors through greater commercial opportunities.
- Reach a new level of professionalism by utilising the latest technology.

Visit www.teamapp.com for more information on how Team App can benefit your club.

Need help? Email info@teamapp.com

We may be available for demonstrations or to assist with your Team's App.

Create your own Team App now and gain an edge on the competition.



www.teamapp.com





### Mallee Sports Assembly - Staff

Executive Officer (Mildura)
Project Officer (Swan Hill)
Project Officer (Wycheproof)

Administration Officer & Project Officer (Mildura)

Project Officer (Mildura)
Finance Officer (Mildura)
Project Officer (Mildura)
Project Officer (Mildura)
Project Officer (Mildura)
Project Worker (Mildura)

Project Worker (Mildura)

Project Worker (Mildura)

Ms Carmel Mackay
Ms Delia Baber
Ms Rhonda Allan
Ms Jeanette Worthing

Ms Jeanette Worthington

Ms Tanya Wild
Ms Anna Ruddick
Mr Colin Thiele
Ms Edith Gibbs
Ms Elena Nemtsas
Ms Demelsa Wakefield
Ms Karen Hokai,
Ms Joanne Hill
Mr Michael Rickard
Ms Jamuna Jackson
Ms Anne Fitzgibbon

This newsletter contains general information that should not be relied upon as a substitute for professional advice and only be used as a guide on issues.

If undelivered please return to

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MALLEE SPORTS ASSEMBLY INC PO BOX 2316 MILDURA VIC 3502



Mildura Office 255 Eleventh Street, PO Box 2316 Mildura 3502 P 03 5021 3464 F 03 5021 3509 M 0428 213 509 Swan Hill Office 296 Campbell Street PO Box 1419 Swan Hill 3585 P 03 5033 2008 F 03 5033 2007 M 0429 332 008

Wycheproof Office 280 Broadway PO Box 50 Wycheproof 3527 P 03 5493 7796 F 03 5493 7171 M 0427 780 109

Email: info@malleesportsassembly.org.au Website: www.malleesportsassembly.org.au

