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Reaching the half way mark of the 2013 season and we want to start with a call out to ALL senior

football coaches and football department staff.

At the start of the year we sent out a request for clubs to supply nominations for the 2013 Young Gun awards in each league. Excluding Bonbeach, Devon Meadows and Frankston Bombers, the response to date has been ordinary to say the least.

The recognition of potential is the idea of these awards and that is important to those who are nominated, given most young players hold aspirations of taking their football to as high a level as possible.

So the message is clear – your club can assist young up-and-comers to be the best they can be by acknowledging their effort and nominate them for your league's Young Gun award.

On a positive note, congratulations to Edithvale-Aspendale and Chelsea for their acknowledgement of the memory of club legends Ricky Hart and Dave Baker last Sunday. Both former players passed away far too young and the presentation of awards in their names was a fitting tribute.

Similar ceremonies are regularly held across all our leagues as a way of celebrating the lives of people in our clubs who have had a major impact on many and also as a form of gratitude to their extended families. This continues to be encouraged by all involved in our league.

Our three new individual league websites are taking off with many across our sports district taking advantage of the information contained and traffic through all sites consistently rising. This is testament to the investment made, ultimately through your clubs, to developing these platforms for the continued promotion of our leagues, our clubs and our culture of family-orientated competition.

Remember that we are also active on Facebook and Twitter.

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Celebrations

This weekend highlights wonderful examples of what football-netball clubs are all about in the PCN Sports Alliance. There are celebration rounds in all three leagues with tradition and club reunions featured as a major part of the community focus that keeps our sport alive and healthy.

The Casey Cardinia League round will focus on longstanding rivalry rounds. The traditional Battle of the Creek between Berwick and Beaconsfield will take place along with the O'Brien Batten Cup as the spoils for the winner of the clash between Doveton and Hampton Park. Over in the Nepean League Crib Point will lay Hastings for the Ron Moncrieff Shield while Devon Meadows and Pearcedale will battle it out for the Larnach Cup.

Jubilee Park will be the scene of a double celebration with the legends of the 2003 Frankston YCW senior premiership side reuniting to watch the Stonecats take on Mornington for the Aidan Graham Shield, while nearby Langwarrin will host Karingal for the Shane Wells Shield.

On the Radar

It is finally here – the sixth annual Luncheon to support Women in Sport will be held at the Sandhurst Club, this Friday 28 June. A huge event every year, there are still a few seats available. All proceeds go to the Reach Foundation and contact Sue Jones at the office for last-minute tickets.





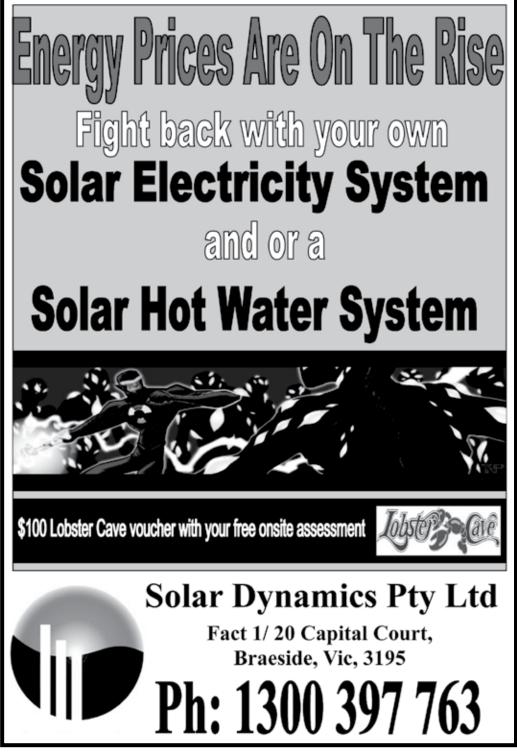
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STARTING TIMES

8.30am
10.10am
12.00pm
2.00pm

NETB	ALL		
ade:	1	1.0	

11.00am
12.20pm
1.40pm



AFL Vic Country

V/Line Umpire Academy Program

Every weekend at country grounds across Victoria, the men and women with whistles and flags in hand play a pivotal role in making local football what it is.

Insuring the development of the next generation of umpires is, at the very heart of keeping country football the great social and community event it is for everyone involved, from players, officials and of course the spectators.

Because of the key role umpires play, each year WorkSafe AFL Victoria Country's Umpiring Department invites a group of talented whistle blowers to participate in the V/Line Umpire Academy Program.

Invitations are sent to young developing field, boundary and goal umpires to participate in Junior Football Programs, as well to more experienced umpires from local associations that are then considered for selection in a wide-range of umpiring appointments.

In 2013 the V/Line Umpire Academies are located at

- Camperdown / Terang
- Ballarat / Geelong
- Morwell / Churchill
- Berwick / Dandenong
- Albury / Wangaratta
- Shepparton / Echuca
- Horsham
- Bendigo
- Mildura

The location for each academy was determined in the latter part of last year and at pre-Christmas sessions, summer training programs are distributed to the new members and the current fitness levels are determined.

Post-Christmas – usually in mid-February – the Academy Program resumes with fitness levels of all participants measured once again.

Coaching sessions at the Academy sessions include on-track coaching with discipline-specific coaching groups and also indoor-coaching sessions that range from umpiring philosophies, personal goalsetting, the completion of self-development plans and an outline of what the year ahead will include.

Active participants of the AFL National Umpire-Coach Professional Development Program play an important role in the delivery of the Academy sessions and conduct skill-based coaching sessions where the participants are exposed to 'a different voice' where the expectations of the performances are extremely high.

This year members of the Academy have thrived in the opportunities the program offers, with all umpiring appointments for the 2013 V/Line Cup (U15 country representative carnival) and AFL Victoria's 2013 U16 Championships being active participants in the V/Line Umpire Academy Program.

The Academy Program also proved 230 of the 248 umpires for last month's WorkSafe Country Championships.

In addition to these achievements, 12 umpires have been invited to umpire at the three WorkSafe AFL Victoria Country versus Victorian Amateur Football Association games on Sunday July 7.

For anyone who is interested in learning more about the V/Line Umpire Academy Program, please visit www.vcfl.com.au





Ladders

Seniors								
Team	Р	W	L	D	For	Agst	%	Pts
Fston YCW	10	8	2	0	976	658	148.33	32
Edi-Asp	10	6	4	0	951	779	122.08	24
Mt Eliza	10	6	4	0	886	787	112.58	24
Pines	10	6	4	0	871	823	105.83	24
Karingal	10	5	5	0	847	771	109.86	20
Bonbeach	10	5	5	0	928	845	109.82	20
Mornington	10	5	5	0	846	790	107.09	20
Seaford	10	5	5	0	778	900	86.44	20
Langwarrin	10	3	7	0	771	935	82.46	12
Chelsea	10	1	9	0	639	1205	53.03	4

Reserves

Team	Р	W	L	D	For	Agst	%	Pts
Langwarrin	10	8	2	0	861	359	239.83	32
Seaford	10	8	2	0	772	372	207.53	32
Mt Eliza	10	8	2	0	833	409	203.67	32
Fston YCW	10	7	3	0	637	392	162.50	28
Pines	10	6	4	0	503	503	100.00	24
Karingal	10	4	6	0	512	718	71.31	16
Mornington	10	3	7	0	518	660	78.48	12
Edi-Asp	10	2	8	0	461	808	57.05	8
Bonbeach	10	2	8	0	383	712	53.79	8
Chelsea	10	2	8	0	399	946	42.18	8

Under 18's

			_		-	-		
Team	Р	W/	L	D	For	Agst	%	Pts
Seaford	10	9	1	0	1022	368	277.72	36
Fston YCW	10	9	1	0	1060	399	265.66	36
Mt Eliza	10	8	2	0	1107	344	321.80	32
Mornington	10	7	3	0	753	593	126.98	28
Chelsea	10	5	5	0	550	649	84.75	20
Edi-Asp	10	4	6	0	592	865	68.44	16
Langwarrin	10	3	7	0	474	682	69.50	12
Karingal	10	3	7	0	516	846	60.99	12
Pines	10	2	8	0	355	944	37.61	8
Bonbeach	10	0	10	0	266	1005	26.47	0

Club Championship						
Club	Snrs	Res	U18	Total		
Frankston YCW	24	14	9	47		
Mt Eliza	18	16	8	42		
Seaford	15	16	9	40		
Pines	18	12	2	32		
Mornington	15	6	7	28		
Langwarrin	9	16	3	28		
Karingal	15	8	3	26		
Edi-Asp	18	4	4	26		
Bonbeach	15	4	0	19		
Chelsea	3	4	5	12		



Name	Club	Rnd	Tot
David Bodley	Fston YCW	4	29
Ricky Morris	Fston YCW	3	28
Shane Mcdonald	Bonbeach	1	28
Jackson Calder	Mornington	7	27
Luke Damon	Langwarrin	3	27
Thomas Shaw	Seaford	0	26
Benjamin Lean	Mt Eliza	1	22
Guy Hendry	Pines	4	22
Calhan Mcqueen	Bonbeach	1	20
Michael Burke	Karingal	0	20
Dale Tedge	Pines	3	19
Darragh Chadwick	Seaford	2	19



Name	Club	Rnd	Tot
Bradley Wakeling	Fston YCW	4	31
Mathew Poore	Langwarrin	3	28
David White	Mt Eliza	0	22
Dale Kirschenberg	Seaford	1	16
Paul Vyverberg	Seaford	0	16
Dylan Crump	Seaford	0	14
Samuel Duffield	Karingal	0	14
Ashley Moore	Langwarrin	1	13
Timothy Groot	Mt Eliza	3	13
Hassan Kiki	Edi-Asp	0	12



Name	Club	Rnd	Tot
Kieran Albanese	Fston YCW	3	38
Nicholas Strickland	Mt Eliza	5	32
Jackson Mockett	Seaford	1	31
Jayden Canepa	Fston YCW	5	28
Corey Micari	Fston YCW	2	21
Corey Hanger	Langwarrin	3	17
James Freeman	Mt Eliza	0	17
Matthew Herbert	Seaford	2	17
Zac Clements	Karingal	0	17
James Herbert	Seaford	0	16
Nathan Ryan	Mt Eliza	2	16

Spirit of Sport Awards.

Congratulations to the following player who has been awarded the Spirit of Sport Award.

Peninsula - Jake Smart, Mornington

This player will be presented with his Certificate and a SOS Medallion by a member of Victoria Police on Saturday 29 June, 2013







6th Annual Luncheon to Celebrate Women In Sport at

The Sandhurst Club on Friday 28 June



Guest Speaker SUSAN ALBERTI

Member of Order of Australia Medal (AM). Awarded an AO (Officer of the Order of Australia). Western Health Foundation Board Member

National President of the Juvenile Diabetes Research. Vice President and Patron of the Western Bulldogs FC. 2008 Australian Rules Football Woman of the Year Board Member Victoria University Foundation.

\$50.00

Per Ticket MC - Russell Robertson



Time: 12noon - 4pm



Bookings: Sue Jones - 59781202 suej@mpnfl.com.au

Peninsula Results

Seniors

Fston YCW	3.2	7.3	9.7	12.13.85
Bonbeach	2.0	5.1	6.1	8.4.52
Pines	3.4	5.8	8.10	14.15.99
Karingal	2.3	4.4	8.7	10.10.70
Langwarrin	6.2	6.7	11.10	14.12.96
Seaford	2.1	3.4	5.5	7.11.53
Edi-Asp	3.6	7.13	16.17	19.26.140
Chelsea	2.2	4.3	6.5	7.5.47
Mt Eliza	5.6	8.11	13.16	14.18.102
Mornington	0.2	4.4	5.6	12.12.84

Under 18's

Fston YCW	6.4	11.7	15.10	21.15.141
Bonbeach	0.1	0.1	0.2	0.3.3
Karingal	2.4	3.6	6.7	8.8.56
Pines	1.0	3.6	5.7	6.8.44
Seaford	5.2	6.3	9.8	11.8.74
Langwarrin	0.0	4.2	6.2	7.5.47
Edi-Asp	4.0	8.1	11.4	13.7.85
Chelsea	4.1	6.2	8.6	10.7.67
Mt Eliza	2.1	5.3	9.5	14.7.91
Mornington	3.3	5.3	6.4	7.6.48

Reserves

Bonbeach	3.2	3.4	4.4	6.5.41
Fston YCW	2.2	4.3	4.4	5.5.35
Pines	2.4	4.5	7.10	10.11.71
Karingal	0.2	2.3	2.4	3.5.23
Langwarrin	1.3	2.5	4.8	8.11.59
Seaford	1.2	1.6	3.8	4.10.34
Edi-Asp	0.1	4.5	8.5	11.7.73
Chelsea	2.4	3.4	4.6	7.8.50
Mt Eliza	4.3	8.4	10.6	14.8.92
Mornington	1.2	1.2	4.6	4.7.31

Peninsula Community Club Championship

Club	Snrs	Res	U18	Α	В	С	Total
Fston YCW	8	7	9	4	7	7	42
Edi-Asp	6	2	4	10	10	9	41
Mt Eliza	6	8	8	9	9	1	41
Pines	6	6	2	8	6	6.5	34.5
Langwarrin	3	8	3	5.5	7.5	6	33
Seaford	5	8	9	4	3	3	32
Mornington	ı 5	3	7	4.5	4.5	7	31
Karingal	5	4	3	4	2	7	25
Chelsea	1	2	5	1	1	-	10
Bonbeach	5	2	0	0	0	2	9

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HUNGRY TIGERS CHASE WIN

By Simon McEvoy – Leader Newspapers

A MONTH ago SEAFORD was sitting pretty in second spot. A four-game winning streak announced the Tigers as a new and exciting contender.

Now, after 10 rounds, the Tigers are 8th.

Three successive losses have taken the wind out of their sails. The dash and dare the Tigers displayed on their way to a 5-2 record has faded in recent weeks. Somehow they need to rediscover it, and quick.

The Tigers' claw-back can start today when they meet bottom side CHELSEA. Win and they'll be back in the hunt, but lose and their season would be totally derailed. Back in round two, Seaford beat Chelsea by 15 points but probably should have won by more had it kicked straighter (the Tigers scored 9 behinds in the last term).

The in-form Mark Di Blasio, Brendan Doyle, Aaron Walton and Brayden Irving will play key roles for Seaford today.

Chelsea had a crack against Edi-Asp last Sunday before falling to a 93-point loss. A lean season has tested the Seagulls' resilience, but to their credit they continue to play with spirit under coach Paul Carbis.

MT ELIZA took a 43-point spanking from EDI-ASP back in round two. The loss hurt but it seemed to sting the Redlegs into action. They've won six of their eight games since to storm into flag contention.

The Mounties have really got motoring in recent weeks, and today chase their fifth successive win.

Likewise, Edi-Asp have built momentum, posting their highest score of the season last week.

This third-versus-second clash could reveal who is the biggest danger to Frankston YCW. Both the Redlegs and the Eagles can lay claim to the title, having beaten the Stonecats in the past month or so.

Spectators will see some great talent on display at Madsen Reserve today. Mt Eliza's Sam Gill, Jimmy Clayton and Rohan Heasley will go head-to-head with in-form Eagles Tim Mannix (40 touches last week), Troy Ogier and Jeremy Heys. The forwards will also have a big say in the outcome, with Scott Lockwood, Ben Lean and Tim Strickland looking to kick a winning score for the Redlegs, and Edi-Asp youngsters Josh Tripcony and Bailey Dale combining with Brent Bowden and Matt Kremmer.

Football

Preview

With the evenness of the competition, the next seven weeks will toss up crunch games each week as sides' finals hopes rise and fall. Such a crunch game occurs today at Eric Bell Reserve where PINES host BONBEACH. It's a 4th-versus-6th match-up, and a potential blockbuster.

Pines are definitely the in-form side, having won four of their past five games – including wins over top five sides Mt Eliza, Edi-Asp and Karingal.

Matt Goodman, Shaun Stewart, Jake Prosser and Joel Brunn have been outstanding in the past few weeks, while Guy Hendry and Dale Tedge have formed a strong combination up forward.

The Pythons look hungry and motivated. If they can maintain this mindset they'll go a long way this season.

Bonbeach, on the other hand, has lost its way in the past month, dropping three of its past four games. This is moment-of-truth time for Steve Capp's Sharks, who can either kick-start their season today, or sink further into the mire.





Football Preview

FRANKSTON YCW may have lost its invincible tag with a couple of losses in recent weeks, but at home this season the Stonecats are untouchable.

Unbeaten in five games at Jubilee Park in '13, YC return to their home soil today to host 7th-placed MORNINGTON.

Bonbeach, Langwarrin, Pines, Seaford and Chelsea have all tried but failed to collar the Stonecats at Jubilee this season. Can Mornington be the first to burst YC's home ground bubble? The Bulldogs are much-improved, and this game will show us how much they've come along. After beating Pines a fortnight ago, Mornington pushed Mt Eliza last week, going down narrowly. The emergence of Jackson Calder (7 goals last week) has been exciting this season and if he can continue to sparkle then the Dogs might be able go a long way.

Frankston YCW should be confident today. The Stonecats posted their highest score of the season against Mornington back in round two when David Bodley provided a handful for the Bulldogs' back line.

LANGWARRIN has turned the corner, notching back-to-back wins to boost spirits at Lloyd Park. From wooden spoon contender to finals smoky, the Kangaroos are showing what happens when you persist and stay positive. Today, Langy tackles old foe KARINGAL. A few weeks ago you wouldn't have given the Kangaroos a hope, but today they are a genuine winning chance.

Karingal's inconsistent season has it battling to hold its place in the five. Make no mistake, this is a huge game for the Bulls.

KANGAS HOP TO TOP

IN THE RESERVES...

LANGWARRIN is enjoying the view from the top after a red-hot run. Brad Dredge's talented side has rocketed into flag favouritism after dispatching Seaford last week, and today face an out-of-sorts KARINGAL. Look for Luke Churcher and Jack Henderson to make an impact for Langy.

FRANKSTON YCW received a reality check last week and should bounce back today against MORNINGTON.

BONBEACH snapped a six-game losing streak last



week and enter today's challenge against PINES with a spring in their step. Luke Buswell and Richard Ferri sizzled last week.

Few teams are travelling better than MT ELIZA, which has returned to its free-flowing ways in recent weeks. The Redlegs face last-start winners EDI-ASP today but should take the points.

On a three-game tear, PINES will look to maintain their momentum against BONBEACH. Scott Manders and David McLaren have been playing eye-catching footy.

TIGERS ON PROWL

IN THE UNDER 18s...

High-scoring SEAFORD takes on a CHELSEA side looking to snap a three-game losing streak. The dynamic form of exciting young Tigers Matt Pola and Mitchell White has been a highlight.

KARINGAL showed plenty of steel to get the points last week, with Pat Davenport leading the way, and today the Bulls face an inconsistent but talented LANGWARRIN.

Flag contender MT ELIZA, with plenty of talent, host finals hope EDI-ASP.

FRANKSTON YCW has fired off 40 goals in its past two games and looks to be back in top-notch form. The Stonecats can expect a tougher test from fourthplaced MORNINGTON.

PINES' improvement should be rewarded with a win today when they host BONBEACH.

T I P S	Bryan Mace Frankston Dolphins	Michael Voss BRPP	Trevor St Kilda Mascot	Bata Turtle Tipper Bata Industrials	Leader Newspaper
Т	Seaford	Seaford	Seaford	Seaford	Seaford
E	Mt Eliza	Mt Eliza	Mt Eliza	Mt Eliza	Mt Eliza
R	Frankston YCW	Frankston YCW	Frankston YCW	Frankston YCW	Frankston YCW
S	Pines	Bonbeach	Pines	Pines	Pines
	Karingal	Karingal	Langwarrin	Langwarrin	Karingal
	30	33	27	32	33

Stingrays Jekyll and Hyde season continues



The Dandenong Southern Stingrays finally hit the goals in the last quarter, which was too late as the Oakleigh Chargers dominated play for the first three quarters at Warrawee Park Oakleigh in the Round 9 TAC Cup last Saturday to snatch a 11 point victory and make it two losses in a row for the Stingrays.

In good old Melbourne wintery conditions, the game started with all one way traffic on the scoreboard as Oakleigh completely dominated the scoring-4 goals, 2 points from 11 inside 50's to the Stingrays 1 goal, through Jack Soroczynski, and 1 point for roughly the same amount of entries. The Chargers counter attack and first use in the midfield was the difference as they held a 19 point lead at the first change and looking like the game was safely in their hands. The Stingrays seemed to panic and were second to the ball, whilst the Chargers were hunting in numbers looking for the first kill since round 3.

At the first break not even and an old fashioned chat from the Stingrays coach, Graeme Yeats could spark the boys into drive. Yeats challenged the young Rays to change their mindset with too many broken tackles and incipit efforts from many players that had crept into the game that allowed the Charges easy scoring chances as they pressed forward.

The Chargers were gathering steam and growing in confidence as the Stingrays Midfield and back 6 allowed too many opportunities for them to move the ball forward. By the time the siren sounded Oakleigh kicked 2 goals, whilst the Stingrays kicked their one and only goal, through Josh Newman, to be 22 points down at the long break. The Stingrays forwards were far too predictable in their pattern movements and the backs that were playing undersized against the far taller Chargers forwards. They also gave up front position too often, whilst the miss chances in front of goal also added to the scoreboard pressures.

There were patches of quality football from the Dandenong Stingrays but they were regularly sprinkled with basic unpressured errors that Stingrays Talent Manager Mark Wheeler put down to inexperience players and other top age players down on form and more than likely heading back to local football in the coming weeks. Every time the Stingrays managed to go forward it was playing into Oakleigh's hands as delivery was straight to the hot spot or high and the taller Chargers defenders easily picked off the high ball to sling shot, run and spread and convert.

The third quarter was superb football, but unfortunately it was the opposition. Oakleigh kept the Stingrays scoreless and even more impressive with less than 5 inside 50's by the time the siren sounded.

"It will be remembered as one of the worst performances for any Stingrays team in the 22 years of putting the jumper on said Wheeler.

He went on to say "it will be a huge challenge for the playing group in the coming weeks to prove it was a blimp on the radar. I look forward to watching them grow." The last quarter saw the Hyde team turn up kicking 6 goals and all momentum going the Stingrays way. All goals came through effort and willingness to work as a team, whilst Oakleigh were tiring and the young Rays could smell blood.

Stingrays

Players were prepared to run, spread and work for each other and the forwards worked hard keeping front spot or bringing the ball to ground allowing the fast running smalls to swoop. The procession of goals came in a flurry through Alex Harnett, Jake Lonie, Brady Egan, Rourke Fischer, Ben Giobbi and Dale Gawley- all on the back of hard work from Daylan Kempster who went into the Ruck and gave first use to the midfield and the back six who were plucking the ball and sling shooting it forward through precision kicking, something that had been missing in the past 3 quarters.

"It would have been the steal of the year if the clock had run a few minutes longer" said Yeats.

He went onto say "We were very poor today, but that's football. Nothing taken away from Oakleigh, they were a team who wanted it a lot more than us and had been building towards today over the past month or so. We now regroup and set ourselves for our next challenge, Eastern who are the team to beat this year. If we can play like we did for the last 15 minutes I think we can match it with most teams."

Wheeler said "We had ten 17 year olds play today, 2 for their first game in the TAC Cup in Ben Giobbi and Jack Wheeler, all of them will be better off for the experience moving ahead. I thought both debutants were serviceable and have something there to work with."

He added "This is a great time of the year when the AFL NAB U18 Nationals are on which Graeme and I really look forward to as it challenges our list selection. It gives opportunities to 17 year old players and those who may be outside our best 22. Some step up and challenge to become the 22, others are found out and they have two ways to go over the next 6-18 months."

Next Sunday 23rd June the Stingrays host the TAC Cup ladder leaders in the Eastern Rangers.

The game starts at 12.30pm at Shepley Oval, Dandenong and entry is free.

Scores:

Stingrays	1-1	2-4	2-4	8-6-54
Chargers	4-2	6-2	10-5	10-5-65

Stingrays

GOAL KICKERS: Alex Harnett, Brady Egan, Josh Newman, Ben Giobbi, Dale Gawley, Jack Lonie, Jack Soroczynski and Rourke Fischer

BEST PLAYERS: Jake Wilson, Dale Gawley, Ben Giobbi, Tyle Williams, Jack Soroczynski and Jack Lonie

Club Notes Pines Pythons

Oops, this column incorrectly stated that our seniors were in the Five before last week's game v 2nd placed Karingal when actually we were 7th with percentage being the only difference. This didn't stop our team from defeating the Bulls by 29 pts at their bullpen and we should now see a better ladder placing. Best; Matt Goodman, Shaun Stewart, Jake Prosser and Guy Hendry (4 gls).

Pondered over the reserves score but it was correct in that we were stubborn victors by 48 pts so allowing the Bulls to score only 3 gls. Best; Scott Manders, David McLaren and Sam Baker. Memo Will, 2 = 200 res gls.

Disappointing for our Thirds who, with victory at reach, were pipped by 2 gls in a game that was wide open from start to finish. Best; Jack Peace-Stirling, Lachlan Pizzey and Jean Bezzene (3gls).

Let's rewind back some weeks to that I-L game of Peninsula defeating O & M and not only say well done to the Pines chaps involved but also to scan the situ of two bros in the same team, being Beau and Guy Hendry. Thought that this may have been a bit of a rarity but a search of league archival files reveals that there have been at least 25 different pairs of bros who have teamed together in local I-L teams and 3 pairs of bros who have opposed each other on the same day. One pair of these were two bros who began and finished at Pines but opposed each other in an I-L game on the same day in 1985. Work that one out.

Welcome to Bonbeach who we first met in 1964 and who are one of only two clubs from then who are current opposition clubs. Most career games v BB, Gary Abblitt and Jack Norris both 24 with Jack also having the most career goals, 37. Craig Neal is our highest one game goalkicker with 9 gls in Rd 14, 1987. All 1983 players and officials are asked to contact Paul Williams at pmwilliams7@bigpond.com or 9786 6690. More next week.

Good luck to our teams today.

The Last Bud.

Mt Eliza Red Legs

Welcome to the Edi-Asp FC to Madsen Res for what promises to be an exciting day of footy.

A fantastic day at Mornington last Sunday with all teams scoring strong victories.

The Seniors started well with the first five goals of the game and led well throughout, leading by 10 goals at the last change, before a spirited last quarter saw Mornington peg the final margin back to 3 goals.

Norman was unstoppable for the Redlegs with another BOG performance, closely followed by Gilly, Jimmy C, Heasa and Lockwood with another 5 goals.

Congrats to debutants Sam Siggins and Bryce Hayes who were handy contributors also.

"Trumpy's Two's" once again led throughout, sustaining their 7 goal half time lead, to run out easy 10 goal winners, with Groota and Damo booting 3 apiece and Youngy, Carlos and Wetters getting plenty of the ball

The Under 18's were level with the Doggies at half time but put the foot down in the next half to run away with a fantastic 7 goal victory. Stricko booted another 5 and Clears, Tills, Zal and Cal Armstrong were solid contributors.

The "Devels" took on and defeated the previously undefeated Narre Warren away. Trailing by 20 points at the last change a 4 goal to nil last term got the fellas across the line and consolidated their spot in the top 3.

Social – TONIGHT - Mr Mt.Eliza - \$10 entry includes finger food. \$10,000 Draw – Sun 7th July

Sponsor of the Week – Thanks to Club Great Rob Docherty and his team at Peninsula Plaster (8790 8933) for their continued support of the Club.

Good luck to all teams today! Redleg



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Match of the Day Broadcast 1.45pm Devon Meadows v Pearcedale



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Club Notes



Seaford Tigers

Under 18 dev - Friday nights game against Beaconsfield was full of highs and way too many lows after all was going to plan, surrendering a 3 goal lead at quarter time with too much ball watching and lack of commitment at the ball. No excuses for being second to the ball for the final 3 quarters. A full four quarter effort will be required for us to regroup this week.

Under 18 - A solid result on the scoreboard, but could have impressed more had some boys not lost their focus on playing the good team football that set up our impressive lead at quarter time. Our team goal for this week is to play 4 quarters of quality disciplined football.

Reserves - In an even and low scoring game for three quarters with not much between the teams we couldn't afford to concede 4 goals to one in the last. Credit to the opposition for running out the game better than us and making the most of their scoring opportunities.

Seniors- The 'Broo Cup' was played for in great spirit, however the boys couldn't get over the line. Injuries to some important players didn't help our cause, but with that said, we weren't clean with the ball at critical contests and credit to Langy for capitalising on our mistakes and leading us to the footy. No doubt we will be putting in a huge week on the track as we prepare to take on Chelsea in what has become a very even competition. Netball - A competitive effort by all teams, with the A graders just falling short of a win. Time for a perfect preparation as we take on Chelsea this week.

Women's -Remember to get to Scoreseby on Sunday at 2:30PM to support the tigerettes, who are playing some great footy at present.

Social - A big thank you to the large number of players and supporters from Langwarrin that stayed in the rooms for a social drink or two after last weeks game. Also, a reminder of the 10K draw, at 7:30PM this Saturday June 22nd in the clubrooms. Get your sold ticket stubs and money back to Cam Scott and Dylan Hatfield ASAP. Tigerettes are hosting a pasta night at the club this Friday night June 21st, \$10 a head, starting at 7:00PM. Upcoming events for July are the Trivia Night on the 5th and not to be missed, Seaford Idol on the 20th.

Edithvale - Aspendale Eagles

What a great day it was at Regents Park last week, naming of Ken Lyons Pavilion, three wins over the old foe, and the netballers remaining undefeated as well.... doesn't get any better.

Great to see the thirds show what they are capable of, played some pretty slick footy, Big Fisher took home the Jake Corcoran medal, being well supported by Obrien, Walters, Byrnes, Aston. Sang that song pretty loud as well!

Reserves got jumped at the start, got back on the bit and with a little urging from Mick just lengthened the gait and powered away to victory. Kye Campbell showing all what a little confidence can do, Marchy with six majors, Alex the Man with two, well supported by Luxy, Miller and Houghton. Andy Luxa was selected as the Rick Hart medalist.

The seniors took a while to get going and in the end got the job done in a convincing manner, Timmy Mannix taking home the Dave Baker medal, with Trippers, Dale ferreting around the forward line, Ogier turning the clock back and the smuggler doing his best work. Tight season so every percent is required boys and a huge month is coming up.....no corners can be cut!

This week Mt Eliza, good luck to all teams!

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Club Notes

Langwarrin Kangaroos

Another great day for the club last week to go down to Seaford and get the points in the Seniors, Reserves and all the netball. The boys at Broo Lager have jumped on board as a great sponsor this year for both clubs and to take the silverware and 10 slabs back to the clubrooms again this season was very pleasing.

I'm sure Wheats is relieved to finally notch up back-toback wins and see some new belief and effort from the group keen to get our season rolling again. Parker stood up to play one of his physically strongest games for the club and was well supported by Herdman ad Muston.

In a top of the table clash in the reserves it was great to see the boys grind out a well contested match to get the chocolates for Moorey's 250th. Lukey Churcher continues to develop into a fine footballer and Jimmi J, Hendo and Pooley all played key roles in the win.

Despite the unders game being marred by an incident in the last quarter resulting in an early finish the effort and desire from our kids to take it up to a very talented Seaford outfit was great.

Fantastic to see our netball girls continue their great form in all grades against Seaford. With this week's game being played Friday night allows time for the footballers to get down and really support the girls.

Thanks to all the boys that attended the Gentlemen's night last week - extremely funny night and one I'm sure young Matty Davie won't forget any time soon. Today is the ladies turn as we host Karingal and watch the girls enjoy Ladies Day upstairs. If the last few Ladies Day's are anything to go by a great night will be in store.

We haven't got within 80pts of the Bulls in the last four outings - LET'S STAND UP TODAY!

Social Notes.

TODAY - LADIES DAY.

29/6 during Y.C.W. at home PLAYER SPONSORS COCKTAIL FUNCTION followed by THE MOUSE CUP. 20/7 during Mt.Eliza at home JUNIOR PARENTS COCKTAIL FUNCTION. Thanks to all our sponsors in particular Beretta's, Harcourts, Burdetts, RAMS & Graham Quarries.

Go Langy!



Chelsea Seagulls

Well it wasn't much fun for any of us at Edi-Asp last week was it? Locals chuckling in their beer after the game. For those who don't know, they are right up there on the list of teams we hate to lose to, in fact there's only one above them and we play them today. Something to look forward to ay?

But in adversity you've got to look for positives, so what about the effort of young Jacko in the ruck-the other codger was about a foot taller than him, but he won heaps more tap-outs, great work laddie! And Trav Graham showed stacks of pace and dash all around the ground and big Juice turned the clock back and kicked three quarters of our score- see there's some good bits, actually Richard J flew the flag all match too and he leads the official best players list along with Nizam, Seppa and of course Jacko and Juice.

Only saw the last half of the twos and to be honest, that was plenty, but out of the wreck there was a bunch of good triers, including Wiz, Burkey, Niter, Somar Sara and Rhys Chadwick.

Didn't see any of the thirds, but I know it must be disappointing for Foz and the rest of the boys, playing without four or five of their better players. Might be time to think outside the square and look after the unders just a bit, because they will play finals. Best boys last week were Kal Hogan, Daniel Menhennitt, Michael Hart, Dan Aarsman, Mat Silva and Ross Aitcheson.

So today we host the top of the list we mentioned earlier, in front of the past players mingling upstairs and plenty of those gents spilled more than sweat in the past. For them, for us, for yourselves, let's have three massive efforts today.

Apprehensive, METHUSELAH

PS the under 18s Jake Corcoran award was won by Sean Fisher of Edi- Asp and the Dave Baker seniors award was won by Tim Mannix also of Edi -Asp.



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Karingal Bulls

They say a week is a long time in footy and never have these words rung more true than now. With the most even competition in years one slip up will cost you, as we found out last week sliding from 2nd to 5th within 3hrs and now only percentage between us an 8th. What this means is that each and every game is now a "must win" opportunity. Forget wether its at home or away – to play finals we must win and keep winning and with 6 clubs in the same boat it's shaping up to be a ripper 2nd half to the season. With some big inclusions in the next few weeks (hopefully) we're well placed to do exactly what is needed.

The unders started the day last week with a determined win against a dogged Pines team. Not having played particularly good footy but still getting the win is critical and means there should be plenty of improvement for this week. The Reserves have had an ordinary couple of weeks after hitting a purple patch and will certainly be looking to get back on the winners list today.

Make sure you all get your \$5k draw tickets from players or committee members ASAP – Friday 5 July is the date to lock in and as always it promises to be a ripper night. Tonight back at the rooms is Poker Night so sharpen up your card handling skills and see if you can play or buff your way to the prize.

Remember also to get along to the club every Thursday night for a meal, team selections and Jackpot Joker Draw. RAMS Happy Hour is every Thursday between 6 and 7pm for all paid members and sponsors and we look forward to continued good support. Dunney's wheel has been hit so far – who will be the featured club celebrity in coming weeks?

No club can survive without the generous support of sponsors and Karingal is lucky to have some of the best around! Major sponsors NP Distrubution, Reddy Roasts Frankston, Bluegum, Frankston RSL, RAMS Home Loans and BMK are ALL long term supporters of the club and we're thrilled that Bank of Queensland and TAFT have continued their support after coming on board for season 2012 – PLEASE – use our sponsors and let them know you're from Karingal.....support those who support the club.

Follow all our updates on Facebook, Twitter or www. karingalfc.com

Go Bulls. Bullseye

Bonbeach Sharks

This week we go to the Pines Oval for what's a crucial game for the seniors. A win today can put us back in the mix and start building again to climb back up the ladder. Last week the top side YCW put us back in the pack recording a five goal win, but still left us wondering what if ? The talents there guys!! Great to see Geoff McMullan playing his first senior game, another family regenerating. Also great to see Jackson Sole getting another opportunity in the ones. The future looks bright !

The two's got the points by a goal to give themselves a much needed boost and some self belief. Great games to Hicksy, Collo & Charlie Hoges. Also good to see Carps get through the game.

The 3rds did it tough again but can look forward to an opportunity today. Good Luck Guys !

Netball Function tonight : Thrifty Shop Dress Up' with Jacob Nolan, \$10 per head, 7.30pm-12.30am # Ladies Day 29th June from Noon : \$25 per head , see Karen Hogan # Annual Ball 6th July , Patterson Lakes Community Centre : \$45 single \$80 double

Sharks / Beaches





Club Notes

Frankston YCW StoneCats

After a few weeks on the road we return home and welcome Mornington FNC to the Stonecave for what should be an actioned packed day on the footy field and netball courts.

Last week the Colts ventured to Casey fields to face Cranbourne in a crucial match up. After a weeks R & R the colts shot out of the gates at the first siren and were never headed from there. Plaka, Trav Lee, Josh D and Lucas Lee led the way.

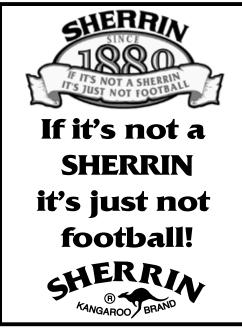
The Unders had a big win against a plucky Bonbeach team to continue their push for a top three spot with a crucial match up against Mornington today. Todd Cracknell, Keiran Albanese, Jake Theobald and Michael Debenham were the standouts last week.

Reidy's Magoos had a day to forget and look forward to redeeming themselves this week against the Doggies. The ones were back on track last week with a great win against another finals contender. BT, Ryley, Jie and Byza named as Bugsy's best. Mornington really pushed us all the way last time around so another cracking game is in store.

The Stonekittens were magnificent last week with three great wins. They'll be looking to consolidate in today's crucial matches. Please read all the details in their notes. On the Social Scene:

Tonight – the reunion dinner for the 2003 Premiership team. Bookings are essential with seats still available. Greg Lane (then President) and Doug Koop (then Coach) will be leading the reminiscing. Book with Reddas.

July 20 – The Gala Ball being held at the Frankston RSL. Dress code is formal with 1920's Flappers and Feathers being the theme. Table plans are up in the Rooms. Please note: Ticket prices are \$50 for a three course meal and entertainment. See Carlee or Laffa for tickets. You can email Laffa on sean@kernow.net.au.



Mornington Bulldogs

It was the traditional Sunday clash against up the road neighbours Mount Eliza who came out on top in all grades except for C Grade Netball who had another win for the doggies, so we done girls.

In the reserves it was all one way traffic in the first half, Mt Eliza working harder and wore willing to put their head over the football. The boys came out after half time and played some good footy before being overrun in the final term. Damo McDowell was solid across half back throughout the game whilst Chris Dean worked hard in his first game back for a number of weeks. Good to see Bartolo keep putting his name up for senior selection along with Justin McLeary and Schultzy.

The seniors were slow to start the game and played catch up for the remainder of the afternoon after giving Mt Eliza a five goal quarter time lead. To the boys credit they fought the game out well and managed to reduce the margin to 18 points at the final siren with a good last quarter effort. Jackson Calder was terrific up forward with 7 goals whilst Mick Bray was solid down back again. It was good to see Mossy and Baz start to get their hands on the footy, hopefully the form continues today.

YCW are the benchmark of the competition, a huge challenge awaits us, let's give it a crack as we have nothing to lose!

Another thank you this week to Mary & David Wade from Mornington Dry Cleaners who clean all the footy jumpers for us each week. So if you need any dry cleaning done make sure you support those who support us.

Go Doggies and good luck to all teams



A referral from your GP is recommended to obtain maximum rebates

Game Milestones

A year for milestones at Seaford Football Netball Club

Jeremy (Shorty) Walker. Round 7 saw Jeremy notch up his 300th club game and 2 weeks later play his 250th Senior game Jeremy has now leapt ahead of all before him at Seaford to hold the record for games played. A fantastic achievement especially when you look at his size and stature, Jeremy has given a new meaning to long jeopardy and has shared the high and lows over a long distinguished career, which include 2007, 2008 senior premierships, many awards including Seaford Team of the Decade and recently Life Membership at Seaford, Jeremy would be regarded as one of the clubs favorite sons and we are all very proud of his achievements.

Joshua (Stoker) Stokes a product of Seaford Junior Football Club recently notched up his 150th senior game, Josh over the years has become one of Seaford's most reliable defenders ever reliable, and one of the clubs vice captains. Member of Seaford's 2007, 2008, 2009 premiership sides and recently named in the Seaford Team of the Decade, it would be fair to say Josh was destined to be a leader of this club showing maturity from an early age and one of the most well respected player within the club by players and supporters, and we all congratulate Josh on his milestone. Aaron (Azza) Walton like Jeremy and Joshua a product of Seaford Junior Football Club also recently notched up his milestone of 150 senior games, has played the majority of his games as an onballer / wingman silky skills left and right. Member of Seaford's 2007, 2008, 2009 premiership teams, has won many club awards over the years and recently named in Seaford's Team of the Decade, shares the vice captains role with Josh Stokes, quiet in nature and prefers to do his talking out on the ground through his football, well respected player within the club by all, and like Jeremy and Josh we congratulate Aaron on his milestone.

Footnote: Jeremy Walker as a senior player once took Aaron Walton's Under 9 team for training.

Seaford have one more milestone to come in Kieran Shaw towards the end of the year we look forward to honoring Kieran in the same manner as Jeremy,

Joshua and Aaron when he reaches his milestone.







Frankston Park News

Haretuku Magic Not Enough For Dolphins

A brilliant return to form from key forward Khan Haretuku wasn't enough for the Dolphins as they fell to a talent-packed Blues VFL team by eight goals at Preston City Oval.

Haretuku, who missed the first six games of the season, was superb for the Dolphins on his way to six goals in a dominant high-marking display, easily eclipsing Carlton defender Matthew Watson in their one-on-one battle.

Doveton big man Russ Gabriel (19 possessions, 25 hit-outs, 9 clearances) was superb as he more than matched the Blues' dynamic ruck duo of Robbie Warnock and Shaun Hampson.

Veteran David Gallagher was superb with his fearless attack, while Tyabb youngster Corey Buchan (20 possessions, 9 marks) had his best game for the year.

Perhaps the performance of the day though was from emerging Berwick defender Riley Heddles, who made a statement with his speed, athleticism and attack on the ball to completely shut down Blues' star Chris Yarran.

The Blues put the foot down early with the wind at their backs, booting the first five goals to set up their ultimately match-winning lead.

The Dolphins steadied thanks mainly to the courage of Gallagher (18 possessions, 12 marks), who was marking back with the flight of the ball, throwing his body into contests and providing run from defence.

A late snap from Sam Lloyd gave the visitors some momentum, and with Gabriel getting on top of his ruck battle the Dolphins started the second quarter on fire.

Haretuku capitalised on the good work, flying for the mark of the day on his way to four majors for the quarter as the margin closed to under two goals.

for more information visit

But a crucial late lapse from Frankston hurt them going into half-time, and when the Blues put their foot down to open the third quarter the margin was beyond 40 points and the task near impossible.

While Leigh Kitchin (27 possessions, 9 clearances) helped the visitors split the honours from that point they could make no genuine inroads.

In the early game, the Dolphins development team made a huge statement by knocking over the thirdplaced Blues on their own dunghill to take their record to 2-2 against the top four teams.

After a slow start cost them dearly last round against Werribee, the visitors split the first quarter before holding the Blues goalless in the second term to set up a 16-point half-time lead.

When their more-fancied opponents booted the first two goals after the break the Dolphins unleashed a barrage of five straight goals, including four in six minutes, to set up their victory.

Red Hill and Karingal youngster Rob Clements was dangerous again around goals with three majors, while Chelsea's Todd Gardiner, Skye junior Sam Fox and Mornington's Nic Newman were also outstanding.

* The Dolphins return to Frankston Park this Sunday (23 June) to face traditional rivals Sandringham in a crucial clash for both teams.



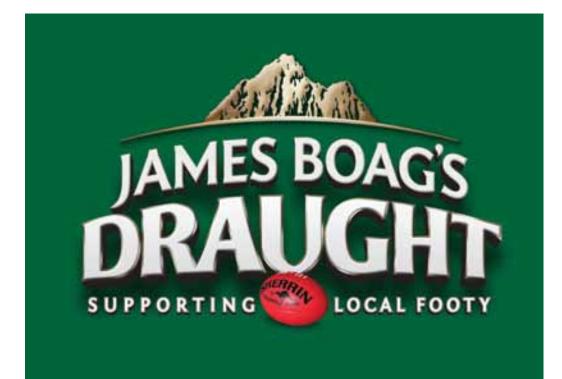


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Under 18's

- 2 Dylan Mizzi
- 3 Kal Hogan
- 4 Tom Crooke
- 5 Mat Silva
- 6 Lachie Williams
- 7 Tom Stephens
- 8 Daniel Aarsman
- 9 Dylan Rhys-Jones
- 10 Michael Hart
- 11 David Menhenitt
- 12 Daniel Knowles
- 13 Cameron Tomkinson
- 14 Beau Robertson
- 15 Sam Appleford
- 16 Joel Rae
- 18 Brandon Edmunds (C)
- 19 Travis Graham
- 20 Liam Charity
- 21 Mat Cameron (VC)
- 22 Michael Shaw
- 23 Ross Aitcheson
- 24 Bradley Clark
- 26 Ronnie Hunt
- 27 Chris Bauer
- 28 Jordan Marshall
- 29 Mat Ponton
- 31 Kristian Harper
- 32 Michael Hatzis
- 50 Jarryd Maddaford
- 51 Mitchell Clarke

Ground: Chelsea Reserve, Beardsworth Ave, Chelsea Mel: 68 B6 Tel: 9772 1541 Secretary: Ben Connolly Colours: Navy Blue & White

> Seniors Coach: Paul Carbis Reserves Coach: Steve Gardiner Under 18's Coach: Wayne Foster

Seniors & Reserves

- 1 Brett Brisbane
- 2 James Sivijs
- 3 Matthew Gardiner
- 4 Bradley Clark
- 5 Joel Connelly
- 6 Grant Trew
- 7 Michael Salem
- 8 Fia Too Too
- 9 Ben Finemore
- 10 Retired for 2013
- 11 Luke Clark
- 12 Jason Clark
- 13 Jackson Arthur
- 14 Calum Dodson
- 15 Jack O'Riley
- 16 Ryan Stewart (C)
- 17 Mark Nightingale
- 18 Nizam Abdullah (VC)
- 19 Richard Jarosczcuk
- 20 Michael Shaw
- 21 Gavin Marusic
- 22 Jarrad Schober
- 23 Brad Langenberg
- 24 Rory Gregg
- 25 Nathan Herrington
- 26 Jessie Odell
- 27 Robert Lancaster
- 28 Nick Allsep
- 29 Travis Graham
- 30 Chris Hatzis

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32 Jake Chevailer33 Curtis Bywater34 Matthew Pearson

31 Hudson Thomas

- 34 Matthew Pearso
- 35 Pete Murphy
- 36 Mitchell Clarke
- 37 Jack Gaze
- 38 Matthew Ponton
- 39 Daniel Bourke
- 40 Chris Charity
- 41 Matthew Torcasio
- 43 Ryan Dyer
- 42 Rhys McMurray
- 44 Charles Ryan Orchard
- 45 Thomas Van Vliet
- 46 Jordan Marshall
- 47 Michael Dver
- 48 Luke Pickett
- 49 Luke Jones
- 51 Michael Cameron
- 52 Luke Caspersz
- 53 Steven Vos
- 54 James Torcasio
- 55 Matt Cameron
- 56 Somar Sara
- 57 Rhys Chadwick
- 58 Gonar Gatluak
- 59 Tod Gardiner
- 60 Daniel O'Keeffe

1/4 Time 1/2 Time Team 3/4 Time Final Score Seniors Reserves Under 18's 6th Annual women in Sport Luncheon MPNFL Women Final tickets on sale NOW MAKING **Guest Speaker** DR Susan Alberti AO, MAICD TO BOOK CONTACT Sue Jones - 0359 78 1202 Vice President Western Bulldogs Football Club Friday 28th June | 12pm until 4pm | \$50.00 per head | Sandhurst Club

Ground: R.F. Miles Oval, Seaford Rd, Seaford Mel: 99 E5 Tel: 9786 7895 Secretary: Russell O'Brien Colours: Black & Gold

> Seniors Coach: Craig McIndoe Reserves Coach: Andrew Clarke Under 18's Coach: Dom Letho Devels Coach: Dave Birtles

Seniors & Reserves

- 1 Aaron Turner
- 2 Mitch Finn
- 3 Tom Shaw
- 4 Jamie Quanchie
- 5 Tyson Horton
- 6 Liam Davenport
- 7 Joey Hallal
- 8 Kane Taylor
- 9 Damien Lawrence
- 10 Beau Cannon
- 11 Braydon Irving
- 12 Tom Lonie
- 13 Kuut Underwood
- 14 Harry Czarnecki
- 15 Aaron Walton (VC)
- 16 Kieran Shaw (VC)
- 17 Mark Di Blasio
- 18 Sam Lonie
- 19 Aaron Lees
- 20 Matt Haverfield
- 21 Dean Kemble (C)
- 22 Peter Azzopardi
- 23 Dylan Sloan
- 24 Dale Kirschenberg
- 25 Dylan Hatfield
- 26 Sean Nestor
- 27 Josh Stokes (VC)
- 27 JUSTI SLOKES (VC)
- 28 Christopher Brooking
- 29 Darragh Chadwick
- 30 Paul Vyverburg (RC)

1/4 Time

Team

Seniors Reserves Under 18's Devel's

- 36 Cameron Scott37 Rizwan Harun38 Dylan Crump20 Drad Drada
- 39 Brad Doyle
- 40 Mitchell Uaongo

31 Anthony Falzon

32 Trae Tohiariki

33 Aaron Miller

34 Rory Luxton

35 Jeremy Walker

- 41 James Brierley
- 42 Lochlan Heller
- 43 Jarrod Miller
- 44 Cruze Tohiariki
- 45 Brendan Doyle
- 46 Anthony Caruso
- 47 Brent Hood
- 48 Jake Rackham
- 49 Nathan Taylor
- 50 Jack Clancy
- 51 Luke Newton
- 53 Andrew Deacon
- 54 Geordie Scott
- 55 Michael White

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3/4 Time

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Final Score



SEAFORD

Under 18's / Devels

1

- Dillon Williamson
- 2 Angus Evans
- 3 Liam Birtles
- 4 James Herbert (C)
- 5 Rourke Fischer
- 7 Jack Lonie
- 9 Jordan Watters
- 10 Arron Pawel
- 12 Haydon Jack
- 13 Sam Foggie
- 14 Blake Burnham
- 15 Jamie Smith
- 16 Daniel Moynihan (VC)
- 17 Jordan Andrewartha
- 19 Corey Hanvey
- 21 Joseph Woodward
- 23 Mitchell White
- 24 Zane Davenport
- 25 Harley Cook
- 26 Kayle Henderson
- 27 Ryan Mosca
- 28 Max Carroll
- 29 Matthew Edwards
- 30 Mitchell Bleeker
- 31 Ben Howlett (C)
- 32 Ben Letho
- 33 Blake Helsham
- 34 Matt Kelly
- 35 Daniel Courts
- 36 Jake McCartney
- 38 Matthew Herbert
- 40 Michael Craik
- 41 Craig Norton
- 42 Ethan Barrett
- 43 Jye Martin Thornell
- 44 Mason Shepherd
- 45 Martin Leinmueller
- 46 Jackson Mockett
- 47 Dylan Chisholm
- 48 Michael Boswell
- 49 Andrew Nash
- 50 Matthew Pola
- 51 Rory Fisher
- 52 Joshua Rhodes
- 54 Johnathan Haidon
- 56 Matthew Edwards
- 59 Luke McGennisken 60 Patrick Torcasio

21





Frankston & District Junior Football League Inc.

- Weekly News Update

Youth Leadership Program

Session No 5 – June 17 - Social media protocols and discipline "Respect and Responsibility

Susan McLean delivered an outstanding workshop entitled "Respect and Responsibility" at the F&DJFL Inc Bendigo Community Bank Youth Leadership Program. The wide ranging subjects and in simple terms Susan encouraged the YLP participants to treat everyone in the Cyber Space with Respect and Responsibility and very little can go wrong. The general focus was about "Personal On-line Safety" and addressed the popular sites for youth; many misconceptions were put to rest in a hard-hitting "Facts versus Fiction" delivery. The young people were surprised to learn about the illegality of many issues that are considered OK.

Susan also spoke about the possibility of a Cyber topic being added to the national education curriculum.

This session is a must for all Leagues and their Clubs in first understanding and then educating club members; the Cyber Space is changing at an accelerated rate and ongoing education is necessary; the F&DJFL Inc are playing their part through the Youth Leadership, Club and Player programs.

The next session is session 6 and will be held on July 15 and is being presented by the Saints AFL Emerging Leaders Group; their theme is RESILIENCE



Peninsula Fixture

ROUND 1 - Saturday 6 April YCW 16.9.105 v Bon 7.11.53 Pin 13.9.87 v Kar 12.10.82 Lan 21.11.137 v Sea 14.8.92 Sunday 7 April Che 7.8.50 v Edi 19.15.129 Mt E 10.10.70 v Mor 14.8.92

ROUND 2 - Saturday 13 April Sea 11.21.87 v Che 10.12.72 Edi 20.16.136 v Mt E 14.9.93 Mor 12.5.77 v YCW 19.12.126 Bon 18.9.117 v Pin 12.11.83 Kar 18.13.121 v Lan 5.9.39

ROUND 3 - Saturday 20 April Che 9.7.61 v Bon 24.18.162 Mt E 7.12.54 v Kar 9.12.66 Fra 18.12.120 v Lan 7.6.48 Pin 8.12.60 v Sea 16.13.109 Edi 7.9.51 v Mor 14.12.96

ROUND 4 - Saturday 27 April ANZAC DAY ROUND

Mor 19.22.136 v Che 10.8.68 Bon 9.11.65 v Mt E 12.11.83 Kar 9.9.63 v Fra 10.19.79 Lan 9.10.64 v Pin 17.20.122 Sea 15.9.99 v Edi 8.23.71

ROUND 5 - Saturday 4 May Che 10.10.70 v Kar 20.15.135 Mt E 15.10.100 v Lan 12.18.90 Fra 16.11.107 v Pin 9.7.61 Edi 14.10.94 v Bon 19.9.123 Sea 8.17.65 v Mor 9.7.61

ROUND 6 - Saturday 11 May

PINK FOOTBALL NETBALL ROUND Lan 12.11.83 v Che 13.9.87 Pin 13.14.92 v Mt E 10.10.70 Fra YCW 17.24.126 v Sea 9.8.62 Kar 10.7.67 v Edi 16.15.111 Bon 13.14.92 v Mor 11.11.77

ROUND 7 - Saturday 18 May

Che 12.13.85 v Pin 14.12.96 Mt E 13.13.91 v Fra 9.13.67 Edi 11.13.79 v Lan 8.8.56 Mor 7.22.64 v Kar 12.16.88 Sea 14.11.95 v Bon 12.17.89

Electricity

Saturday 25 May - BYE AFL VIC COUNTRY CHAMPIONSHIPS PENINSULA v OVENS & MURRAY FNL

ROUND 8 - Saturday 1 June Fra 15.11.101 v Che 4.12.36

Mt E 13.9.87 v Sea 3.14.32 Pin 13.10.88 v Edi 4.6.30 Lan 7.8.50 v Mor 10.10.70 Kar 7.12.54 v Bon 11.18.84

ROUND 9 - Saturday 8 June QUEENS BIRTHDAY WEEKEND Che 9.9.63 v Mt E 20.16.136 Edi 16.14.110 v Fra 8.12.60 Mor 13.11.89 v Pin 10.18.78 Bon 14.7.91 v Lan 17.6.108 Sea 12.12.84 v Kar 14.17.101

ROUND 10 - Saturday 15 June

Bon 8.4.52 v Fra 12.13.85 Kar 10.10.70 v Pin 14.15.99 Sea 7.11.53 v Lan 14.12.96 **Sunday 16 June** Edi 19.26.140 v Che 7.5.47 Mor 12.12.84 v Mt E 14.18.102

ROUND 11 - Saturday 22 June

Chelsea v Seaford Mt Eliza v Edi-Asp Frankston YCW v Mornington Pines v Bonbeach Langwarrin v Karingal

ROUND 12 - Saturday 29 June

Bonbeach v Chelsea Karingal v Mt Eliza Langwarrin v Frankston YCW Seaford v Pines Mornington v Edi-Asp

ROUND 13 - SPLIT ROUND

Saturday 6 July Edi-Asp v Seaford Mt Eliza v Bonbeach Pines v Langwarrin

ROUND 13 - SPLIT ROUND

Saturday 13 July Chelsea v Mornington Frankston YCW v Karingal

ROUND 14 - Saturday 20 July

Karingal v Chelsea Langwarrin v Mt Eliza Pines v Frankston YCW Bonbeach v Edi-Asp Mornington v Seaford

ROUND 15 - Saturday 27 July

Chelsea v Langwarrin Mt Eliza v Pines Seaford v Frankston YCW Edi-Asp v Karingal Mornington v Bonbeach

ROUND 16 - Saturday 3 August

Pines v Chelsea Frankston YCW v Mt Eliza Langwarrin v Edi-Asp Karingal v Mornington Bonbeach v Seaford

ROUND 17 - Saturday 10 August

Chelsea v Frankston YCW Seaford v Mt Eliza Edi-Asp v Pines Mornington v Langwarrin Bonbeach v Karingal

ROUND 18 - Saturday 17 August

Mt Eliza v Chelsea Frankston YCW v Edi-Asp Pines v Mornington Langwarrin v Bonbeach Karingal v Seaford

FINALS

 OUALIFING
 - Sat 24 August

 ELIMINATION
 - Sun 25 August

 2nd SEMI
 - Sat 31 August

 1st SEMI
 - Sun 1 September

 PRELIMINARY
 - Sun 8 September

 GRAND FINAL - Sun 15 September

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Holding the Ball

Was it a legal tackle? Did they have prior opportunity? Have they had a reasonable opportunity to dispose of the ball? Have they made a genuine attempt to dispose of the ball? Did they dive on the ball? Did they legally dispose of the ball?

There are many questions an umpire must consider when interpreting holding the ball situations. The Spirit of the Laws are distributed at all levels of football to assist umpires in achieving consistency and accuracy in their decision making.

When considering tackling and holding the ball situations the Spirit of the Laws firstly outlines that the tackle must be legal.

"For a holding the ball free kick to be awarded, the tackle must be legal."

Once it has been determined that a tackle is legal the umpire should consider whether the player has elected to dive on the ball.

In relation to diving on the ball the Spirit of the Laws explain that "the ball shall be kept in motion".

Where a player elects to dive on the ball or elects to drag the ball underneath their body and is correctly tackled, the player is to be penalised for holding the ball if they fail to knock the ball clear or correctly dispose of it.

If the player hasn't dived on the ball then the umpire needs to consider whether they have had prior opportunity to dispose of the ball.

The Spirit of the Laws explain that if the player who has possession of the ball has not had prior opportunity to dispose of the ball prior to being tackled correctly they should be "given a reasonable opportunity to make a genuine attempt to kick or handball the ball". If the tackle pins the ball and a genuine attempt is made to dispose of the ball, a field bounce will result.

If a correct tackle or bump causes the player with the ball to lose possession, play on will result.

However, where a player "has had prior opportunity to dispose and is then correctly tackled by an opponent they must immediately and successfully kick or handball the ball".

And in these situations if a correct tackle pins the ball or causes the player with the ball to lose possession, a free kick will result.

However, if a bump or knock to the arm causes the player with the ball to lose possession, play on will result.

Schedula

Schedula is up and running quite smoothly. For those who are having trouble still, make sure you contact the following people for assistance: Bernie, Kate or Tammy otherwise send an email to webmasters.sua@gmail.com Also please ensure you put your back details on to your Schedula profile so that you can be paid. To those who haven't yet done so, will be paid next pay run in a fort-night. Double check the SUA website for more details.

Other News

Peter Marshall is away for the next 4 weeks and manning his phone will be Brett Gent. While Ivan is also away, Genty and Mounsey will be assisting to hold the forte. It is very important if you are field umpires that if you are going to be unavailable in the next 4 weeks, make sure you have updated the information in the Schedula system under your profile. All umpires who decline their umpiring appointments via the schedula system must also make direct contact by phone with your coach. Also make sure that you check out our weekly recap on the SUA website to be kept up to date with what's happening at the SUA.

TRIBUNAL REPORT

NAME	CLUB	CHARGE	PENALTY
S. Appleford J. Maddaford J.Quanchi J. Walker	Chelsea U18s Chelsea U18s Seaford Seniors Seaford Seniors	Striking Striking Charging Charging	OSP 2 Matches OSP 2 Matches Guilty 4 Matches Not Guilty
VICTORIAN HOME L TAC COMMUNITY AGAD SAFETY GRANTS RoadSafe South East		A OO	Proudly umpiring ootball since 1959 Aww.sua.org.au
Victorian Count	try Umpiring Assoc		- 2011

Footy Short Stories

Footy short stories is an weekly update of the little but important things going on in local football and netball communities, if you have a short story you would like to have featured please email all the details to ianb@mpnfl.com.au

Your stories can be about people around the club, club legends or funny moments shared at the football and/or netball

Respectful Relationships

Everyone has the right to feel safe, to be treated with respect, to be valued and feel accepted for whom they are and what role they play in community sporting clubs.

While it has been part of the game back in the good old days, times have changed and the traditional supporter needs to change and move with the times and come up to a level that is expected in this day and age as todays local community sporting clubs are far from the male dominated environment they once were.

With increased participation in Netball there are more and more young girls, females and families attending local sporting matches and its putting pressure on all of us to re-think how we behave at the local football and how we can assist our clubs who are committed to providing a safe, family friendly environment.

You're Challenge

Stop and think before you make a comment towards a player, runner, trainer, umpire as these people are just doing their job and just want to play or be a part of the game.

While these players and officials are doing their job I challenge you to go to your work place on Monday and get your work colleagues to criticise your every move in the work place and see how your day pans out....

Berry Street – supporting families and sport

Berry Street is the largest child and family welfare organisation in Melbourne and Victoria, helping over 20,000 Victorians during the past year. We work with children, young people and families with the most challenging and complex needs. These children and young people have suffered great distress and significant harm, growing up in families where family violence, chronic neglect, substance abuse, mental illness and poverty have prevented them from having a good childhood.

Berry Street never gives up on children and young people because we believe that all children should have a good childhood, growing up feeling safe, nurtured and with hope for the future.

In Victoria, the number of children who cannot live safely at home has risen every year over the last ten years. Berry Street offers a range of services including foster & kinship care for children who can't live safely at home. We are urgently looking for a variety of people who can make a difference in a child's life by offering a stable and secure environment, enabling him or her to grow and mature into a unique and aspiring young adult.

Foster carers come from a range of different backgrounds, cultures and experiences. Each child who enters foster care is different and unique and, therefore, it takes a variety of people with special qualities to meet the needs of children in care.

If you are interested in becoming a foster carer who can provide emergency, respite, short or long term care for vulnerable children and young people contact us today on 1800 367 837. Berry Street, and our kids, need someone like you.



Help give someone like Sara a good childhood.

Berry Street is looking for families like yours who can provide emergency, respite, short and long term care for vulnerable children and young people.

If you have room in your heart and home, call us today to discuss how you can become a Foster Carer.

> 1800 U FOSTER (1800 836 7831) www.berrystreet.org.au

Bata Industrials - Devels

Development Competition Providing opportunities to young footballers

Team	Ρ	W	L	D	For	Agst	%	Pts
Narre Warren	8	7	1	0	913	160	570.62	28
Mt Eliza	8	7	1	0	566	384	147.40	28
Berwick	8	6	2	0	723	253	285.77	24
Beaconsfield	8	6	2	0	702	255	275.29	24
Seaford	8	4	4	0	576	409	140.83	16
Frankston YCW	8	4	4	0	511	379	134.83	16
Hampton Park	7	2	5	0	281	514	54.67	8
Officer Kangaroos	7	2	5	0	176	807	21.81	8
Somerville	8	1	7	0	161	789	20.41	4
Cranbourne	8	0	8	0	180	839	21.45	0

Results from Round 8

Fston YCW	4.6	5.10	9.15	12.19.91
Cranbourne	0.0	0.4	1.4	3.4.22
Berwick	6.2	11.4	15.11	22.15.147
Somerville	0.1	0.1	0.2	0.2.2
Mt Eliza	1.1	4.1	4.1	8.2.50
Narre Warren	1.4	2.7	6.9	6.11.47
Officer Kangaroos	0.0	0.0	0.0	6.7.43
Hampton Park	0.0	0.0	0.0	4.13.37
Beaconsfield	0.6	7.11	11.13	14.19.103
Seaford	4.2	4.3	4.3	4.3.27

This weeks Games

Berwick vs Beaconsfield Mt Eliza vs Somerville Officer Kangaroos vs Frankston YCW Seaford vs Hampton Park BYE: Narre Warren BYE: Cranbourne



Name

Club Rnd Tot

Joshua Dowling	Narre Warren	2	28
Cayden Bulleid	Berwick	1	24
Dylan Chisholm	Seaford	1	21
Shaun Richards	Narre Warren	0	19
Corey Bader	Narre Warren	0	16
Joshua Cook	Beaconsfield	3	12
Callum Armstrong	g Mt Eliza	0	10
Daniel Wickens	Beaconsfield	0	10
Josh Degregorio	Fston YCW	0	10
Benjamin Jankovi	ic Hampton Park	0	9
Jake Bowd	Beaconsfield	4	9
Sam Chaudhery	Narre Warren	0	9
Timothee Mashad	lo Narre Warren	0	9



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IT'S A GREAT FEAT TO KNOW YOUR FEET WHEN PLAYING COMPETITIVE SPORT!

Anybody who has ever had a plaster cast, can well relate to the feeling of having to use a knitting needle to scratch that awful itchiness that usually appears around a day after getting the cast on!

For the past five weeks my own son has had the pleasure of wearing a moon boot, as result of a fractured foot. Fortunately for him he didn't require a full plaster cast and is able to remove the boot to scratch an itch without using a knitting needle and able to take a shower without having to 'bag' his entire limb. My son's foot injury was sustained during a football match, so I thought it was a good opportunity to look at some of the foot injuries and conditions, which can affect football and netball players. There are many sports related foot conditions, unfortunately I cannot summarise all of them in this article. The conditions I have summarised, you may already know about, some you may have even experienced them first hand in your sporting career. Whatever the case, I hope this article will shed some light on some of the sports related injuries that can happen to your feet.

Achilles tendinopathy or tendinitis: The Achilles tendon is the large tendon that runs down the back of the ankle attaching the lower leg muscles to the heel bone (calcaneus). With this condition pain is usually present when pressure is applied on the heel, in the area where the tendon attaches to the bone. As well as pain, inflammation can also be present in the heel area and surrounding tissues. Football and netball players are prone to this condition from the nature of these sports with lots of running and jumping. Unfortunately this condition usually also increases with age, affecting older players or players who do not play sport often.

Ankle sprains/strains: These are very common and can occur when the foot rolls or twists in an abnormal range of motion movement. The feet as with other parts of the body have ligaments that support the bones and joints. Ligaments are like stretchy elastic bands and have a limit on how far they can stretch in the normal range of movement. Being diagnosed with a sprain basically means the ligaments have overstretched, which causes them to become weak and unstable. In severe cases the ligaments can detach from the bone, which may require surgical repair.

Fractures: Bones form part of the skeletal system; the bones in the feet include the phalanges, metatarsals, cuneiforms, cuboid, navicular and calcaneus bone. The ankle joint is a 'hinge joint' which consists of the tibia and fibula (which are the two bones in your lower leg) and the talus bone. When a bone is subjected to force (trauma) stronger than it can tolerate, it can fracture (break). Bone fractures are diagnosed with an x-ray and treatment varies depending on the site of the fracture and type of fracture. Treatment for fractures can include splinting with a plaster cast or moon boot, surgical repair with pins, plates or rods and traction in some cases.

Plantar fasciitis: Foot Pain from plantar fasciitis occurs underneath the foot (along the sole) in the area around the arch of the foot and can also cause heel pain. It is caused by micro tears or compression

the plantar fascia. The plantar fascia is a thick fibrous band of connective tissue; which runs underneath the foot from the heel to the arch area of the foot.

Netballers and footballers are more prone to this condition, due to the high impact of these sports. In some cases medication will be prescribed to assist with inflammation and pain management, as it can be difficult for some people to weight bear on the feet with this condition.

Severs Disease: Physically active young footballers and netballers, are more prone to this condition than adults. I thought it was pertinent that I mention Severs Disease in this article for anyone who may be coaching or a team trainer in junior football or netball team. Severs disease medically referred to as calcaneal apophysitis, is a condition which usually occurs around the onset of puberty. In puberty the growth plates in the bones grow rapidly. This growth spurt can result in surrounding tendons, muscles and ligaments becoming tight and inflamed, as they do not grow as quickly as the bones. In children diagnosed with Severs disease tightness occurs in the Achilles tendon, which runs down the back of the heel. This tightness causes inflammation and pain, which can cause the child to limp and have heel soreness for no apparent reason. Severs disease can cause a great deal of pain, distress and discomfort to any child, so always be mindful of this if you are involved junior sport. Some of the treatment for Severs Disease includes rest, pain relieving medications, heel pads, orthotics and specific types of stretches.

Any injury takes time to heal and repair, but good advice; good injury management from a sports physiotherapist or podiatrist; and a positive mindset can assist greatly assist in rehabilitation for these types of injuries. (A good orthopaedic surgeon also helps, if it comes to surgery!) I myself have had pleasure of a cortisone injection into my ankle for a netball related injury in the past. I have also cared for a husband who has had two major ankle reconstructions from his football playing days. I love netball and football, but they have the potential to cause problems with your feet over many years of playing. If I could give some advice about foot injuries from personal experience, it would be to eat well, stretch well, warm up and cool down properly, use appropriate interventions, such as strapping, icing, orthotics and any other strategies recommended by a health professional. To all the netballers and footballers out there today, braving icy cold conditions have a great game and I hope you come of the court or field injury free.

References:

http://www.aflcommunityclub.com.au http://www.betterhealth.vic.gov.au http://www.podiatryvic.com.au http://www.rch.org.au Karen Barton, Copyright, 2013.

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The second half of the season is well underway and with only eight games left of our home and away season have we seen the final set of the ladder for the end of the

year. The Eagles still sit undefeated have the other teams got the fitness and skill level to take them down at the right time of the season. The question of the unknown for us all can we get them.....

Last weeks Wrap Up

Pines v Karingal

With a late change of venue the girls headed over to Monash Uni for a dry round of indoor netball. C Grade started off as a close game with both teams trying to hold there spot in the top 4 position but Karingal proved to strong this time around and took Pines down by 11 goals and pushed them out of the top 4 position. B Grade the tables turned and Pines came out on fire from the first whistle ending the game with a 21 goal win sitting them just out side the 4. A Grade also going the way of the visitors ending the day with a 11 goal win to Pines putting them clearly in 3rd spot with only a game behind mounty for 2nd spot.

Bonbeach v YCW

The Bonbeach ladies welcomed the Stone Kittens for a long afternoon for the home team. C Grade being the closest match up of the afternoon with the YCW ladies taking victory by 6 goals giving them 3rd spot tittle on the ladder. B Grade with the Bonbeach ladies still looking for there first win for the season where unable to achieve with the inform YCW ladies going down by 57 goals. A Grade went on the same journey with the YCW ladies taking victory at the final sire by 30 goals.

Seaford v Langwarrin

The Langy ladies headed over to Seaford for a long afternoon of netball for the host. C Grade game victory went to the away team by 5 goals getting them closer to 4th spot but not quite there. B Grade again went the way on the Langy girls with a 17 goal win securing the Langwarrin ladies 3rd spot on the ladder. A Grade in a very close encounter gave Langwarrin the clean sweep for the afternoon getting up over Seaford by 2 goals. In form Langwarrin Netball club continue to shine great work ladies.

Edi Asp v Chelsea

With no real home game advantage for the Edi Asp ladies the Chelsea girls were looking at giving the Eagles a run for there money - with the late start to the day and the B Grade ladies took to the court with a game that was lead all day by the Eagles and the final whistle giving them a 18 goal victory. A Grade going the Eagles way also with a 25 goal win and no movement from top spot for all three grades.

Mornington v Mt Eliza

The battle of the Peninsula Post Codes saw the local derby played on a Sunday with the ladies from Mornington welcoming their neighbours for what was said to be a tough afternoon of netball. C Grade looking for two in a row for the Doggies they continued their form with a 1 goal victory over the mounties. B grade went back in the way of the visitors with a 14 goal win to Mt Eliza. A Grade would be seen to be a tough battle but the Mt Eliza ladies took it in their stride with a 33 goal win securing 2nd spot on the ladder.

With some interesting games ahead and only 8 games to go for the season we are looking for some upsets ladies - can anyone have the passion to overcome the ladies from Edi Asp with Mt Eliza & Pines coming within 5 goals of the A team can they take them down second time round.....

Good Luck today ladies

Seaford Tigers

Back to the start of the draw we go & last week we faced off with Langwarrin down at the nook. Unfortunately for us it wasn't our day & we went down in all three games.

C grade kicked things off & started the proceedings with a bang. Genna was on fire in the defence end taking some ripper intercepts & Tiana held strong in the centre court. Big ups to Mel who played out 3 quarters despite being sick as a dog. There were some great passages of play throughout the court and the tiges stuck with the roos. Unfortunately our last 5 minutes let us down & Langy managed to pull away to take the match out by 5.

Although we had a loss in the B grade you girls should keep your heads held high. I know a lot of you walked off the court disappointed but you truly put in a great 3 quarter performance. Great to see Sally in the defensive end always shouting out encouragement to her team mates. Positive vibes are what will lift your team mates & I have no doubt this team will be posting some great wins in the near future.

A grade match was a ripper. Langwarrin came out firing from the first whistle & proved that they are a force to be reckoned with. Down by 9 at half time & with changes to the line up across the court the girls lifted to produce a great second half of netball. Stand out this week went to Rach C who was killing it in the centre court . Our slow start let us down again & although we out scored in the second half it is always hard to play catch up against a quality opposition. Congratulations to Langwarrin for taking out the 3 wins & providing 3 ripper games of netball.

GO TIGES!!!!

Club Notes Karingal Bulls

Last Saturday we had the hard task of taking on Pines. With the weather dismal all week, Ebony thought it best to secure an indoor court.

The C team came out firing. Kate Sims & Cakers proved strong in defence & held the Pines goalers to a minimum. Our tall shooting combination of Renae & Laura were on target & led the team to an impressive win. Jade Cappola was a welcome return from injury & was sensational.

B grade took to the court & were in the game until half time. Unfortunately changing of combinations led us away from our game plan. Karen & Kel were good in defence as always. Emma adjusted to many changes & played in three different positions. Jess A provided drive through the centre court & Amy was a welcome inclusion from A grade. We need to adjust our game to the umpiring & unfortunately we didn't.

A grade knew their task was going to be tough. Only going down by 6 the last time we met, we were hoping we could turn that margin around. Emily & Rach were tight in defence. Steph was playing on a defender twice her height, but still her accuracy was excellent. Beck played out at GA, giving us a tall option to go to. Ebony held the Pines WA well & forced errors in the second half. Petrina was an excellent match up through the centre & Jaime was strong in WD then used her speed through the centre. A sensational game girls!

This week we take on Langwarrin on Friday at the Peninsula School. Don't forget the \$5000 draw, tickets can be purchased at the club.

GO BULLS!

Chelsea Seagulls

Last week we played Edithvale/Aspendale on a wet slippery court. Thankfully despite a few tumbles from both sides, no one was hurt. Our B's tried their best but were unable to match Edi's speed and accuracy in the goals. Our B's lost by 18 goals, although looking back to Rd 1 we definitely showed improvement since we last met. Our A's also put in a good effort, but eventually went down by 25 goals. This week we host Seaford on our home courts, lets hope for a dry surface to play on, and a good competitive game. Thankyou as always to Hocking Stuart for their ongoing support,

Go Seagals!



Round 10 Results A Grade

PROMOTIONS

Karingal	29	v	Pines	40
Bonbeach	31	v	Frankston YCW	61
Seaford	40	v	Langwarrin	42
Edi-Asp	61	v	Chelsea	36
Mornington	33	v	Mt Eliza	66
	В	Gra	de	
Karingal	28	v	Pines	49
Bonbeach	16	v	Frankston YCW	74
Seaford	23	v	Langwarrin	40
Edi-Asp	42	v	Chelsea	24
Mornington	26	v	Mt Eliza	40
	С	Gra	de	
Karingal	37	v	Pines	23
Bonbeach	29	v	Frankston YCW	35
Seaford	25	v	Langwarrin	30
Mornington	35	V	Mt Eliza	34



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Frankston YCW StoneKittens

A great start to the second half of the season with three convincing wins for the Stonekittens!

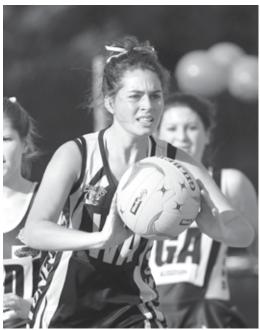
Bibsy's girls took control of the first half of the game from the initial whistle with some good strong netball and putting into practice set plays at both ends of the court. The sharks increased the tempo in the final quarter with some goal for goal action but the Stonekittens stayed strong worked hard towards team goals and held onto the lead to come away with the four points. Lozza Barry with some great defensive pressure with Ness and Lauren staying focused and cool at the opposite end of the court.

The B grade girls had a spectacular day coming away with a much need percentage boosting win, 74-17. The centre court dictated the play this week, controlling each and every ball that passed through. A great effort by the B grade girls who are really settling as a team with an exciting second half of the year to come. Steph Beckett and Goldie dominating the court once again and some brilliant work by the goalers, Evie, Brooke and Indie.

The A grade girls came out all guns blazing scoring the first 7 goals of the match, without the sharks even getting a look in. Tackling the game quarter by quarter the girls moved from strength to strength. A short lapse in the final quarter allowed the Sharks a few easy goals but the Stonekittens put a stop to that as soon as it started. Katie, Lea and Cat with some fantastic defensive pressure through the mid court, Boults a great effort out of position and Lyshae some tough body on body defence in the goal circle.

Let's keep this winning feeling alive girls and continue with the Dogs this week at home!

Go Stone kittens!



Club Notes

A Grade

Team	Р	W	L	D	F	Agst	%	Pts
Edi-Asp	10	10	0	0	494	280	176.43	40
Mt Eliza	10	9	1	0	496	324	153.09	36
Pines	10	8	2	0	421	276	152.54	32
Langwarrin	10	5	4	1	384	376	102.13	22
Mornington	10	4	5	1	379	427	88.76	18
Fston YCW	10	4	6	0	381	339	112.39	16
Karingal	10	4	6	0	320	346	92.49	16
Seaford	10	4	6	0	340	373	91.15	16
Chelsea	10	1	9	0	319	445	71.69	4
Bonbeach	10	0	10	0	234	582	40.21	0

B Grade

Team	Р	W	L	D	F	Agst	%	Pts
Edi-Asp	10	10	0	0	541	261	207.28	40
Mt Eliza	10	9	1	0	473	292	161.99	36
Langwarrin	10	7	2	1	353	339	104.13	30
Fston YCW	10	7	3	0	447	295	151.53	28
Pines	10	6	4	0	345	350	98.57	24
Mornington	10	4	5	1	369	387	95.35	18
Seaford	10	3	7	0	303	363	83.47	12
Karingal	10	2	8	0	280	386	72.54	8
Chelsea	10	1	9	0	240	417	57.55	4
Bonbeach	10	0	10	0	259	520	49.81	0

C Grade

			_					
Team	Р	W	L	D	F	Agst	%	Pts
Edi-Asp	9	9	0	0	427	142	300.7	36
Karingal	10	7	3	0	297	237	125.32	28
Fston YCW	10	6	2	2	266	223	119.28	28
Mornington	10	7	3	0	292	299	97.66	28
Pines	10	6	3	1	328	277	118.41	26
Langwarrin	10	6	4	0	248	270	91.85	24
Seaford	10	3	7	0	246	275	89.45	12
Bonbeach	10	2	8	0	232	333	69.67	8
Mt Eliza	10	1	8	1	226	326	69.33	6

Clu	b Cha	mpio	nship	
Club	Α	В	С	Total
Edi-Asp	30	20	9	59
Mt Eliza	27	18	1	46
Pines	24	12	6.5	42.5
Langwarrin	16.5	15	6	37.5
Fston YCW	12	14	7	33
Mornington	13.5	9	7	29.5
Karingal	12	4	7	23
Seaford	12	6	3	21
Chelsea	3	2	-	5
Bonbeach	0	0	2	2

Club Notes Pines Pythonettes

Well last weeks games was our chance to cement our positions on the ladder but unfortunately C Grade wasn't able to. The girls came out with all guns blazing a few silly mistakes in the first half had them sitting one goal down at half time. Third qtr the cookie sure did crumble and the girls went to 11 goals down all due to silly mistakes - special mentions Amanda Riley & Danielle Saunders. B Grade girls moved closer to that 4th spot position leading all day and playing high quality netball - ending the final siren with a 21 goal victory - special mentions to Ash Perry. A Grade were in for a tough game with Karingal being on a winning streak of late but that didn't stop the girls one bit finishing the day with a 11 goal win sitting us in 3rd position by 3 games - special mentions to Maggie Tamoau and Stacey Webber.

Thank you to all the ladies that attended the Gala Ball it was a great night and everyone looked absolutely Fab. Social Functions -

Mystery Night - Saturday 29th June come along and enjoy the fun of the unknown \$10.00 Entry

Day ^(a) The Sandown Greyhounds - Sunday 14th July - \$30 Entry - Includes Bus to & from, \$10 Betting Voucher, Entry, Finger Food, Form guide...

Good Luck Today Ladies



ADVANCE

Langwarrin Kangaroos

3 wins last week to the girls against Seaford, we may not have earnt them in true langy style, but we'll take them.

PROMOTIONS

C girls came away with a 5 goal win against Seaford. It was a hard fought game with many intercepts by both teams. Our girls defensive pressure was impressive. Everyone stuck on their players and always had hands over every pass and second efforts by all were commendable. Unfortunately the awesome intercepts were slightly over shadowed by the passing that followed. The support from the sideline was great and at the end of the game all girls should have walked away proud. Looking forward to getting in the top 4 in the coming weeks. Go team!

Tough B game this week, facing off against Seaford. Cassie led the team as she returned to her roots at the Kananook courts. All the girls tried their hardest, under some challenging game conditions.

Overall, four points to the girls with some lessons learnt on things we need to improve on.

Round 10 saw the A girls facing off against the tough team of Seaford. It was an important game for us and we needed a win. With no Mich, we had Kristy Herdman stand up in defence with Sharna taking over in goals. A great effort by both girls. Our game started off with a strong first half where we had a 10 goal lead at half time. In the second half the determined Seaford girls came fighting back hard. Even though they came out strong we managed to hold a lead all the way to the end, bringing home a 2 goal win.

Good luck in Round 10 against our neighbours, Karingal. Thanks to the girls for playing us on a Friday night. We appreciate it.

Lets come away with 3 wins tonight so that we can Charleston up the Lloyd Park Dance Floor, Gatsby style tomorrow. I think we 'Can Can'!!!!

Please continue to support those who support us, Mirror Mirror and RAMS.

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Mt Eliza Red Legs

Once again the C grade match was full of excitement as both teams battled it out right down to the final siren! The defence end with Renae, Zoe and Jacki were a very tough combination creating lots of turnovers. The strength through the centre court saw Karen, Sarah and Rachael move the ball cleanly down to the gaolers. Hayley and Meagan worked the circle well creating shooting opportunities. A hard fought out match with plenty of lead changes. The game could have gone either way, it simply came down to the timing of siren. Well done girls. Mt. Eliza 34 Mornington 35.

A strong opening quarter saw Emma, Eliza and Lucy fire early in defense creating many opportunities for Sam and Karen in goals. Great outlet passes made for a quick transition through the centre court, with Carly and Michelle working well together and finding the edge of the goal circle with ease. Ella came on in defense in the second quarter, teaming well with Emma, continuously backing each other creating many turnovers. The third quarter saw our intensity drop slightly, and Mornington rallied, each team adding on 11 goals. The girls dug deep in the final quarter, showing determination and encouragement for each other, eventually coming away winners 40-26.

After last week's narrow win, the team was forced to regroup and assess our performance and what we were putting into game days. And assess we did! Having only beaten adversaries Mornington by the smallest of margins earlier this year we knew we had a hard task ahead of us and that there would be no room for complacency and laziness. So we are happy to report all 8 players that took the court on the cold Sunday just passed played the game of the year. Timing, effort levels, accuracy, tenacity were all 100% and I couldn't have asked for more from the girls. With an early lead underway - we were able to make a number of changes testing a number of combinations and all the girls adapted to every change made. Shelley and Jess W were unstoppable in the circle forcing Mornington goalers to shoot from wherever they received the ball. Di A played a stellar WD getting hands to every ball that came her way! Chloe, Anna and Jess A, hit the ring with timing and precision feeding excellent ball to our gaolers Brookey and Taz who are already slotting into the formidable partnership they had played in the past. The end result was a 30 goal win – a truly exceptional result from an exceptional bunch of girls. Looking forward to next week ladies! Mt Eliza 66 Mornington 33.



Bonbeach Sharks

Last week the C' grade girls put up a great effort against YCW and nearly got the points. Letting it slip by just 5 goals in the end. They should all be congratulated on a great game.

The B's had a tough day on the court going down comfortably, but all girls had a go which is pleasing. The A's and B's were missing a few players giving Amy a chance to play others in new positions. This worked well particularly in the A's with Steph Hensen doing well as shooter helping us to 31 goals for the game.

The A's put up a great effort and perhaps a win's not far away. This week we go to Pines' indoor courts. It's always nice to stay out of the weather.

Netball Function tonight : Thrifty Shop Dress Up' with Jacob Nolan. 7.30pm-12.30am.\$10 entry

Ladies Day : Sat 29th from Noon. \$25 per head see Karen Hogan

Annual Ball : July 6th Patterson Lakes Community Centre. \$45 single, \$80 double

Go Sharkettes





Club Notes

Club Notes

Edithvale - Aspendale Eagles

Last Saturday was wet and miserable with a few spills on court, a fantastic display of the 'splits' from one Chelsea player and two great games of netball.

Before the Chelsea game we received a request from a young family. Eight year old Jameaya is suffering from double kidney failure and as the last few weeks have been particularly hard, her mother asked if she could come down to netball and meet some of the Eagle players. Thank you to Karen, Casey & all the Seagals for your support as Jameaya began the A Grade game by tossing the coin, Caris presented her with an Eagles netball signed by our players and Wendy presented Aleah (mother) with some flowers. Jameaya was so excited. Thanks again to everyone!

Also thank you to the Aspendale Gardens branch of the Bendigo Bank! It was great to have the use of your marquee with the weather being a bit unkind. Everyone appreciated being able to get out of the rain and we have the feeling that the marquee will get a lot of use this season.

We honoured the late Ken Lyons last Sunday with a luncheon to announce the naming of the Ken Lyons Pavilion at Regents Park. Thanks to the Lyons family who all attended and congratulations to Teddo and Phil from the Frankston International for putting together such a fantastic day. Ken would have been proud!

This week we are looking forward to three great games against Mt Eliza in the comfort of their indoor courts.

Good luck to all Eagles teams playing this weekend. Fly Eagles!!





PROMOTIONS

Mornington Bulldogs

Thank you to Barb, Vicki, AJ and Courtney for helping us out last Sunday to field 3 competitive teams.

The day started with a close encounter in C grade. Only a penalty shot on the siren was the difference. Kaylah played well even though she wasn't well and Cathy was a rock at GK rebounding and giving us opportunities to move into attack. A one goal win to Bulldogs.

B grade took the court with 6 of the 7 players being defenders and took some time adjusting to each other. A strong second half saw the match even but we were always on the chase. Captain Sarah led from the front ably backed by Michelle at GK. Meg finally found her aim and played well at GA.

A grade contested well but the height of the Mounties GS was the difference. Tess made the WA's earn every possession and Grace and Chris combined well to feed Alyshia and Sarah. I was impressed by the endeavours of Caitlin and Jess for the full 4 quarters under extreme pressure. You never gave up!

This week we meet YCW away and need to get back on the winning list to keep the season alive.

GO DOGGIES.



Frankston Hi-Fi

450 Nepean Hwy Frankston, VIC 03 9781 1111 frankstonhifi.com.au

Nepean Football Round 9 Update Ladders Results Comiere

Seniors										
Team	Р	W/	L	D	For	Agst	%	Pts		
Sorrento	9	9	0	0	1313	553	237.43	36		
Dromana	9	8	1	0	1255	490	256.12	32		
Frankston	9	8	1	0	985	697	141.32	32		
Rosebud	9	5	4	0	818	750	109.07	20		
Pearcedale	9	5	4	0	820	898	91.31	20		
Somerville	9	4	5	0	883	890	99.21	16		
Crib Point	9	4	5	0	811	1021	79.43	16		
Hastings	9	3	6	0	898	868	103.46	12		
Rye	9	3	6	0	760	856	88.79	12		
Red Hill	9	2	7	0	589	1086	54.24	8		
Tyabb	9	2	7	0	669	1295	51.66	8		
Devon M	9	1	8	0	598	995	60.10	4		

Seniors

Dromana	5.4	11.8	14.9	20.16.136
Frankston	2.5	5.7	9.11	10.12.72
Somerville Crib Point	5.5 2.2	15.5 7.5	18.9 13.7	22.11.143 18.13.121
Sorrento	5.6 3.2	11.9	17.16	23.22.160 10.10.70
Devon M		4.4	7.5	
Rye Pearcedale	5.3 2.1	8.8 4.3	11.10 8.5	16.13.109 10.6.66
	4.2	4.5 6.4	0.5 14.10	10.8.88 17.12.114
Rosebud Red Hill	4. Z 3.0	6.4 4.3	4.5	9.7.61
	4.3	4.5 11.5	16.9	24.13.157
Hastings	4.3 4.1	4.6	5.9	24.13.15 / 5.11.41
Tyabb	4.1	4.6	5.9	5.11.41
Reserve	es			
Dromana	3.1	6.1	8.7	11.8.74
Frankston	0.4	4.6	6.8	7.10.52
Somerville	2.5	4.9	6.11	7.14.56
Crib Point	0.2	0.8	3.9	4.11.35
Sorrento	4.2	5.4	7.7	8.11.59
Devon M	2.0	4.2	6.3	7.3.45
Rye	2.7	5.8	7.13	8.13.61
Pearcedale	1.1	5.3	5.3	7.5.47
Red Hill	4.3	8.5	10.6	15.10.100
Rosebud	0.4	1.5	1.7	2.7.19
Hastings	4.3	6.4	9.4	12.6.78
Tyabb	0.1	2.3	5.3	7.4.46
Under	18's			
Dromana	4.3	6.7	11.12	17.16.118
Frankston	1.0	-1.1	1.1	3.2.20
Somerville	2.3	5.7	10.8	13.11.89
Crib Point	1.2	1.2	3.2	5.5.35
Devon M	2.3	7.4	8.10	14.12.96
Sorrento	1.2	3.3	4.3	4.6.30
Pearcedale	3.3	8.6	12.8	21.12.138
Rye	2.1	5.1	7.1	7.1.43
Rosebud	3.3	4.6	10.9	11.11.77
Red Hill	1.3	3.5	4.6	5.10.40

Recerves

Р	W	L	D	For	Agst	%	Pts			
9	9	0	0	811	287	282.58	36			
9	8	1	0	688	333	206.61	32			
9	7	2	0	881	341	258.36	28			
9	5	3	1	659	398	165.58	22			
9	5	3	1	554	482	114.94	22			
9	5	4	0	494	522	94.64	20			
9	4	5	0	541	640	84.53	16			
9	4	5	0	457	579	78.93	16			
9	2	6	1	331	625	52.96	10			
9	2	7	0	369	595	62.02	8			
9	1	7	1	462	746	61.93	6			
9	0	9	0	278	977	28.45	0			
	9 9 9 9 9 9 9 9 9 9	P W 9 9 9 8 9 7 9 5 9 5 9 4 9 2 9 2 9 1	P W L 9 9 0 9 8 1 9 7 2 9 5 3 9 5 4 9 4 5 9 2 6 9 2 7 9 1 7	P W/ L D 9 9 0 0 9 8 1 0 9 7 2 0 9 5 3 1 9 5 4 0 9 4 5 0 9 2 6 1 9 2 7 0 9 1 7 1	P W L D For 9 9 0 0 811 9 8 1 0 688 9 7 2 0 881 9 5 3 1 659 9 5 4 0 494 9 4 5 0 457 9 2 6 1 331 9 2 7 0 369 9 1 7 1 462	P W L D For Agst 9 0 0 811 287 9 8 1 0 688 333 9 7 2 0 881 341 9 5 3 1 659 398 9 5 3 1 554 482 9 5 4 0 494 522 9 4 5 0 541 640 9 4 5 0 457 579 9 2 6 1 311 625 9 2 7 0 369 595 9 1 7 1 462 746	9 9 0 0 811 287 282.58 9 8 1 0 688 333 206.61 9 7 2 0 881 341 258.36 9 5 3 1 659 398 165.58 9 5 3 1 554 482 114.94 9 5 4 0 494 522 94.64 9 4 5 0 541 640 84.53 9 2 6 1 331 625 52.96 9 2 6 1 331 625 52.96 9 2 7 0 369 595 62.02 9 1 7 1 462 746 61.93			

Under 18's

Team	Р	W	L	D	For	Agst	%	Pts		
Devon M	9	9	0	0	763	258	295.74	36		
Sorrento	9	8	1	0	1000	368	271.74	32		
Rosebud	9	6	2	1	791	479	165.14	26		
Pearcedale	9	6	3	0	724	433	167.21	24		
Somerville	9	6	3	0	742	447	166.00	24		
Red Hill	9	6	3	0	610	426	143.19	24		
Dromana	9	4	4	1	658	584	112.67	18		
Crib Point	9	3	6	0	477	653	73.05	12		
Hastings	9	3	6	0	435	738	58.94	12		
Frankston	9	2	7	0	397	741	53.58	8		
Tyabb	9	0	9	0	353	965	36.58	0		
Rye	9	0	9	0	301	1159	25.97	0		

Club Championship								
Club	Snrs	Res	U18	Total				
Sorrento	27	16	8	51				
Dromana	24	14	4.5	42.5				
Frankston	24	11	2	37				
Red Hill	6	18	6	30				
Rosebud	15	8	6.5	29.5				
Somerville	12	8	6	26				
Pearcedale	15	3	6	24				
Devon M	3	11	9	23				
Crib Point	12	5	3	20				
Rye	9	10	0	19				
Hastings	9	4	3	16				
Tyabb	6	0	0	6				



6.6

5.5

11.6

8.6

14.8.92

10.8.68

Hastings 1.5

0.3

Tyabb

Nepean Netball Round 9 Update

Crib Point Sorrento Pearcedale Red Hill

Dromana

Crib Point Sorrento

Pearcedale

Red Hill

Hastings

Team	Р	W	L	D	F	Agst	%	Pts
Rye	9	9	0	0	503	187	268.98	36
Crib Point	9	8	1	0	504	274	183.94	32
Tyabb	9	7	2	0	464	260	178.46	28
Devon M	9	6	3	0	333	252	132.14	24
Somerville	9	6	3	0	374	315	118.73	24
Frankston	9	4	5	0	336	368	91.30	16
Red Hill	9	4	5	0	312	399	78.20	16
Pearcedale	9	4	5	0	253	351	72.08	16
Rosebud	9	3	6	0	305	397	76.83	12
Sorrento	9	2	7	0	175	371	47.17	8
Hastings	9	1	8	0	32	237	13.50	4

B Grade

Team	Р	W	L	D	F	Agst	%	Pts
Somerville	9	8	0	1	463	249	185.94	34
Crib Point	9	8	1	0	349	250	139.60	32
Devon M	9	7	2	0	366	227	161.23	28
Tyabb	9	6	2	1	325	251	129.48	26
Rye	9	5	4	0	299	260	115.00	20
Hastings	9	5	4	0	329	312	105.45	20
Dromana	9	4	5	0	319	293	108.87	16
Frankston	9	3	6	0	292	330	88.48	12
Pearcedale	9	2	7	0	282	406	69.46	8
Rosebud	9	2	7	0	250	369	67.75	8
Red Hill	9	2	7	0	261	408	63.97	8
Sorrento	9	1	8	0	217	397	54.66	4

C Grade

Team	Р	W	L	D	F	Agst	%	Pts
Devon M	9	9	0	0	331	132	250.76	36
Somerville	9	8	1	0	260	161	161.49	32
Rye	9	7	2	0	242	160	151.25	28
Pearcedale	9	5	3	1	210	204	102.94	22
Dromana	9	5	4	0	232	213	108.92	20
Red Hill	9	4	5	0	219	233	93.99	16
Hastings	9	4	5	0	185	249	74.30	16
Sorrento	9	3	5	1	210	235	89.36	14
Crib Point	9	3	6	0	195	219	89.04	12
Tyabb	9	2	7	0	208	271	76.75	8
Frankston	9	2	7	0	154	245	62.86	8
Rosebud	9	1	8	0	120	244	49.18	4

Round 9 Results

A Grade

44 10	v v	Somerville Devon Meadows	34 71
22	v	Rye	48
54	V	Rosebud	45

B Grade

35	v	Frankston	45
28	v	Somerville	39
17	v	Devon Meadows	75
19	v	Rye	41
39	v	Rosebud	37
23	V	Tyabb	31

C Grade

Dromana	28	v	Frankston	25
Crib Point	20	v	Somerville	23
Sorrento	8	v	Devon Meadows	37
Pearcedale	12	v	Rye	28
Red Hill	27	v	Rosebud	16
Hastings	14	v	Tyabb	31

Club Championship						
Club	Α	В	с	Total		
Rye	27	10	7	44		
Somerville	18	17	8	43		
Crib Point	24	16	3	43		
Devon M	18	14	9	41		
Tyabb	18	13	2	33		
Pearcedale	12	4	5.5	21.5		
Red Hill	12	4	4	20		
Frankston	9	6	2	17		
Hastings	-	10	4	14		
Rosebud	9	4	1	14		
Dromana	-	8	5	13		
Sorrento	6	2	3.5	11.5		



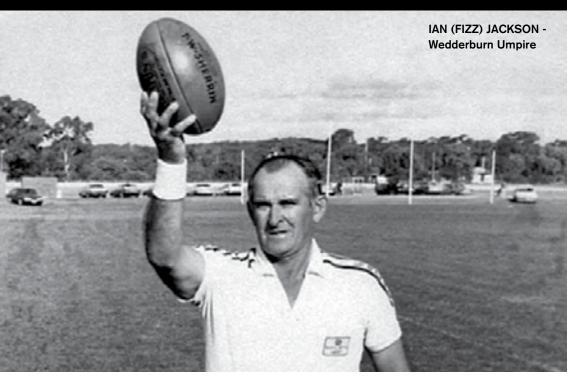
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