



PIONEERS NEWSLETTER

COACH COMMENTS:

On Saturday we took on the undefeated Falcons and played extremely competitive football due to our defensive acts and pressure.

Like against the Stingrays the week before, a slow first half cost us the game. The Falcons capitalised on some of our crucial errors and shot out to a 19-point quarter time lead. The Falcons controlled a lot of the first half, but to our players' defensive efforts, they couldn't capitalise on the scoreboard. We went into half time 20 points down, requiring a huge effort to get back in it.

The playing group came out with belief in the team's structures, their teammates and themselves that had been missing in the first half. It was really encouraging to see the players back themselves in and really take it up to the top side in the competition.

We brought a frenetic approach to the game in the third term, we won first use of the ball and denied the Falcons any room to run and spread offensively. This defensive intensity saw our players gain in confidence and start to really take the game on. We hit the front midway through the third quarter, before a late Geelong rally saw us trail by 7 points. Despite the best efforts of our group, the Falcons withstood our strong last quarter charge and we narrowly lost by 9 points.

Even though it's disappointing to suffer our second close loss in two weeks, it's great to see the players come really close to two of the best sides in the TAC.

Isaiah Miller again provided trademark dash off halfback, and his 18 disposals and a goal really complemented his strong defensive efforts. Fergus Payne's grunt work in the middle almost singlehandedly lifted the team in the third quarter. Jacob Chisari, Sam Heavyside and Liam Byrne worked tirelessly all day to cut off the Falcons spread and kick start our attacks. Danny Jones and Liam Barrett were steadfast in defence, with both rarely beaten one on one. Josh Ryan and Josh Cakitaki showed their versatility with strong performances in different roles.

It was a great team effort against the best team in the competition and now we take on the Eastern Ranges at Box Hill. We look forward to your continued support of the Pioneers on Saturday.

IMPORTANT DATES/TIMES AND ACTIVITIES:

Wednesday 29th May: **TRAINING**

- Epsom
- 5.15pm – 7.30pm
- Food provided for players and staff

Friday 30th May: **TRAINING**

- Epsom at 5.15pm – 6.30pm
- For selected 22 plus 2 emergencies.
- Food provided for players and staff
- Players who require accommodation please contact the club

Saturday 1st June: ***BENDIGO PIONEERS vs. Eastern Ranges***

- Game starts at 2pm – arrive 12pm
- Box Hill City Oval,
- Cnr, Middleborough & Whitehorse Rd. Box Hill (Melways Map 47 G9)
- Subway provided after game for players

Sunday 2nd June: **POOL RECOVERY SESSION**

- All players to attend a pool recovery session

Monday 3rd June: **RECOVERY/REVIEWS/WEIGHTS SESSION**

- BENDIGO BASED PLAYERS only
- WADE STREET at 4pm – 6.00pm

Tuesday 4th June: **LOCAL CLUB TRAINING**

- FOR THOSE PLAYERS INVOLVED.

Wednesday 5th June: **NO PIONEERS TRAINING**

- RECOVERY SESSION FOR PLAYERS INVOLVED IN SCHOOL FOOTBALL TBA.

Thursday 6th June: **LOCAL CLUB TRAINING**

- FOR THOSE PLAYERS INVOLVED.

Friday 7th June: **NO PIONEERS TRAINING**

Saturday-Sunday 8th-9th June: **DEVELOPMENT WEEKEND**

PLAYERS WILL BE ADVISED IF THEY ARE TO PLAY LOCAL FOOTBALL.
EACH PLAYER IS ASSESSED INDIVIDUALLY AND THE DECISION IS MADE IN
CONJUNCTION WITH OUR MEDICAL STAFF.

Notes:

INJURED PLAYERS –

All injured players must contact their physio and/or our club physio Col Faulkner 03 54421954 for assessment. ALL injuries must be communicated with the Pioneers staff.

- * It is CLUB POLICY that all players must wear mouthguards when playing and training
- * All players must report any injury they receive to the club medical officer A.S.A.P.
- * A reminder to all Parents, any player wishing to make an Insurance claim must notify JLT SPORT on 1300 130 373 & then go to www.jltssport.com.au to access your claim form.
- * PLEASE NOTE WE DO NOT HAVE CLAIM FORMS AT THE PIONEERS OFFICE
- * ANY PLAYER INJURED TRAINING OUTSIDE OF CLUB SANCTIONED SESSIONS WILL NOT BE COVERED BY OUR INSURANCE – CONFIRM IF THE TRAINING IS CLEARED WITH DAVID

TRAINING LOADS -

Our training sessions are designed specifically to ensure our players do not overload and put themselves at risk of injury. All players are required to consult the Pioneer strength and conditioning staff regarding their training schedules and workloads.

CONTACT NUMBERS and EMAILS -

All players and/or parents should be now on our email list. If you speak to a parent who has not received this information and letter please contact Leigh at the office on 5442 4466/0438225155

NON-ATTENDANCE AT TRAINING -

Please call the Pioneers office 5442 4466, or the coach in their respective area if you are unable to attend training.

CHANGEROOMS -

We ask that only players and staff be in the change rooms before, during and after games and training sessions to ensure our boys remain focussed on their roles. Parents will be invited into the rooms by Pioneers staff at the completion of player's post game procedures.

PHONE NUMBERS –

Region manager: Ray Byrne – 0419 881 908

Football operations/marketing: Leigh Byrne 0438 225 155

Pioneers Coach: David Newett – 0412 967 109

2013 Bendigo Pioneers Player Levy - \$440 (Cash/Cheque/Direct Deposit)

These fees contribute to many things throughout the season including;

- Apparel
 - Bendigo Pioneers Hoodie
 - Bendigo Pioneers Polo Shirt
 - Bendigo Pioneers Shorts
 - Bendigo Pioneers Hat
 - Bendigo Pioneers Bag
 - Bendigo Pioneers Warm Up Top
 - Bendigo Pioneers Slacks
 - Bendigo Pioneers Track Pants
 - Bendigo Pioneers Sherrin Football
 - Bendigo Pioneers Guernsey
 - TAC Cup Hoodie/Beanie
 - Medical Bands/Massage Rollers
- TAC Testing Melbourne
- Return bus trips
- 2 x Overnight Stays
- After training / match catering
- Champion Data stats
- 3 Day Team Camp in Swan Hill
- Football coaching / Use of facilities
- Respect & Responsibility Course

This season we will be requiring all players listed to pay their levies by
Saturday May 4th 2013 (Round 5).

Please contact the club if you have any issues paying the levies this season.

**PLEASE FORWARD PAYMENT TO:
BENDIGO PIONEERS,
P.O. BOX 140,
GOLDEN SQUARE. 3555.**

Please find below our banking details;

**Bank – NAB
BSB No – 083-054
Acc. No – 187402930
Ref. – Player Full Name**

Bendigo Pioneers Web Page details:
<http://bendigopioneers.aflvic.com.au>

THIS NEWSLETTER WILL BE EMAILED AND POSTED ON FACEBOOK

PLEASE CALL IF YOU HAVE ANY QUERIES