



PIONEERS NEWSLETTER

COACH COMMENTS:

On Saturday we took on the Stingrays and played with the same intensity that we displayed against Oakleigh.

We the game started extremely well kicking 3 goals in the first term; however we made some simple errors that resulted in goals against. Going into the first break 18 points down was disappointing due to strong performance. The second term we couldn't capitalise on our efforts and were again outscored.

At half time the difference was 56 – 21 and facing this type of margin it could have quite easily have slipped away to greater deficit. The players responded extremely well in the second half and kicked six goals to two to restrict the final result to a respectable 17 point difference at the end of the game.

Our defenders performed extremely well across the course of the game, with Isaiah Miller returning to his best. Liam Barrett played his best game for the season with 12 marks and 20 possessions. Danny Jones also performed strongly with a season best game. Josh Ryan, Liam Byrne, Josh Cakitaki and Daniel Patterson, in his first game, performed well to thwart many Stringray forward 50 entries. Jacob Chisari continues his impressive form in the midfield with 29 possessions. In the forward line Joel Helman again hit the scoreboard with three valuable goals. Overall it was a very strong team performance against a quality opposition.

This week we face another big challenge taking on the undefeated Geelong Falcons at Craigieburn. We look forward to your continued support on Saturday.

IMPORTANT DATES/TIMES AND ACTIVITIES:

Wednesday 22nd May: **TRAINING**

- 5.15pm – 7.30pm
- A meal provided for players and staff

Friday 24th May: **TRAINING**

- Epsom at 5.15pm – 6.30pm – for selected 22 plus 2 emergencies.
- Subway provided for players and staff
- Players who require accommodation please contact the club

Saturday 25th May: ***BENDIGO PIONEERS vs. GEELONG FALCONS***

- Game starts at 11.30AM – arrive 9.30am
- HIGHGATE REC RESERVE, CRAIGIEBURN
- Cnr, Cleveland drive and Grand Boulevarde (Melways ref. 386 J3)
- Subway provided after game for players

Sunday 26th May: **POOL RECOVERY SESSION**

- All players to attend a pool recovery session

Monday 27th May: **RECOVERY/REVIEWS/WEIGHTS SESSION**

- BENDIGO BASED PLAYERS only
- WADE STREET at 4pm – 6.00pm

Notes:

INJURED PLAYERS –

All injured players must contact their physio and/or our club physio Col Faulkner 03 54421954 for assessment. ALL injuries must be communicated with the Pioneers staff.

- * It is CLUB POLICY that all players must wear mouthguards when playing and training
- * All players must report any injury they receive to the club medical officer A.S.A.P.
- * A reminder to all Parents, any player wishing to make an Insurance claim must notify JLT SPORT on 1300 130 373 & then go to www.jltsport.com.au to access your claim form.
- * PLEASE NOTE WE DO NOT HAVE CLAIM FORMS AT THE PIONEERS OFFICE
- * ANY PLAYER INJURED TRAINING OUTSIDE OF CLUB SANCTIONED SESSIONS WILL NOT BE COVERED BY OUR INSURANCE – CONFIRM IF THE TRAINING IS CLEARED WITH DAVID

TRAINING LOADS -

Our training sessions are designed specifically to ensure our players do not overload and put themselves at risk of injury. All players are required to consult the Pioneer strength and conditioning staff regarding their training schedules and workloads.

CONTACT NUMBERS and EMAILS -

All players and/or parents should be now on our email list. If you speak to a parent who has not received this information and letter please contact Leigh at the office on 5442 4466/0438225155

NON-ATTENDANCE AT TRAINING -

Please call the Pioneers office 5442 4466, or the coach in their respective area if you are unable to attend training.

CHANGEROOMS -

We ask that only players and staff be in the change rooms before, during and after games and training sessions to ensure our boys remain focussed on their roles. Parents will be invited into the rooms by Pioneers staff at the completion of player's post game procedures.

PHONE NUMBERS –

Region manager: Ray Byrne – 0419 881 908
Football operations/marketing: Leigh Byrne 0438 225 155
Pioneers Coach: David Newett – 0412 967 109

2013 Bendigo Pioneers Player Levy - \$440 (Cash/Cheque/Direct Deposit)

These fees contribute to many things throughout the season including;

- Apparel
 - Bendigo Pioneers Hoodie
 - Bendigo Pioneers Polo Shirt
 - Bendigo Pioneers Shorts
 - Bendigo Pioneers Hat
 - Bendigo Pioneers Bag
 - Bendigo Pioneers Warm Up Top
 - Bendigo Pioneers Slacks
 - Bendigo Pioneers Track Pants
 - Bendigo Pioneers Sherrin Football
 - Bendigo Pioneers Guernsey
 - TAC Cup Hoodie/Beanie
 - Medical Bands/Massage Rollers

- TAC Testing Melbourne
- Return bus trips
- 2 x Overnight Stays
- After training / match catering
- Champion Data stats
- 3 Day Team Camp in Swan Hill
- Football coaching / Use of facilities
- Respect & Responsibility Course

This season we will be requiring all players listed to pay their levies by
Saturday May 4th 2013 (Round 5).

Please contact the club if you have any issues paying the levies this season.

**PLEASE FORWARD PAYMENT TO:
BENDIGO PIONEERS,
P.O. BOX 140,
GOLDEN SQUARE. 3555.**

Please find below our banking details;

**Bank – NAB
BSB No – 083-054
Acc. No – 187402930
Ref. – Player Full Name**

Bendigo Pioneers Web Page details:
<http://bendigopioneers.afllvic.com.au>

THIS NEWSLETTER WILL BE EMAILED AND POSTED ON FACEBOOK

PLEASE CALL IF YOU HAVE ANY QUERIES