It is interesting to note that in 100 years, for things that change, so many things remain unchanged. Nowdays we handball more, wander to any position on the oval freely and interchange when we like, but most of these tips are as relevant today as a century ago-:

Hints to Players (from the West Coast Recorder, 1912)

- 1. Play together. A combined team of moderates will always beat 18 champions playing brilliant individual games.
- 2. Pick out a comrade directly you get the ball and when he is in a better position than you, pass it to him at once, fast and low.
- 3. Don't forget long kicks. A 50 yard punt is better than half a dozen hand passes.
- 4. Don't use your elbows.

 Remember if you give a man an unfair dig in the ribs you will probably get it back with interest before the game is over.
- 5. Don't shout advice. Let the captain do that, you are there to work, not to talk.
- 6. When you get within kicking distance of the goal, shoot hard.
- 7. Keep your hands off the man. Remember a free kick to you opponents may lose your side the match.
- 8. Train hard. Remember the last quarter is often the winning quarter, and in a close match especially.

- 9. Do as your skipper tells you cheerfully and willingly. You will make his hard task easier.
- 10. Don't forget that there are 17 men on your side besides yourself.
- 11. Have a few kicks amongst yourselves before the match starts.
- 12. Senior men, don't forget to give the juniors a pat on the back when they deserve it. A word of encouragement from a leading player now and then means a lot to a new man.
- 13. When forwarding the ball kick it straight down the centre. It is easier for your forwards to kick goals from in front of the post than from the boundary line.
- 14. Forwards, spread out and try to get away from opponents.
- 15. Backs, stick to the forward man you are marking like a leech.
- 16. Place men, stick to your places. Don't follow the ball into the forward or back lines and so crowd the play.

- 17. Don't argue with the umpire. It is undignified and a waste of breath.
- 18. If an opponent beats you for the ball, don't get wild. Keep cool and make up your mind to beat him next time.
- 19. Never give up chasing a man, he might lose the ball at any moment.
- 20. Don't shut your eyes and kick wildly. Always pick out someone to kick to.
- 21. If your side is winning, don't crow over the other fellow, he may have that chance next time.
- 22. If your side is losing, don't worry, work!