



PIONEERS NEWSLETTER

COACH COMMENTS:

Our loss against the Power on Saturday was extremely disappointing as we surrendered easy goals across the second half. Whilst acknowledging Gippsland's fantastic performance I felt our inability to hold the score to a respectable defeat was a major let down. We made simple mistakes and were undisciplined at times, which it is totally unacceptable.

There were positives to take from the game including the encouraging performances of first year players such as Josh Cakitaki, Jake Maher and Fergus Payne. Was again the defence can be applauded for their efforts as they were faced with far too many advances. Our midfield was unfortunately hit further before the game with the loss of Chisari, Cua and McGrath to injury. It provided an opportunity for Eammon Ogden to make his TAC debut. Another notable debutant was Harry Conway who played extremely well as a tall forward. Harry took several strong marks and kicked two goals and had a hand in others.

Unfortunately we have to wait two weeks before we get an opportunity to redeem our performance. We will regroup, learn from our errors, train hard and then take on the Northern Knights at Preston.

In very good news for the Pioneers, we will be represented at this year's Under 18 Vic Country Trials by:

Jaden McGrath, Jake Maher, Liam Byrne, Jacob Chisari, Danny Jones, Isaiah Miller, Blake Poyser, Trent Bacon, Jordan Mangan and Harry O'Meara. It a fantastic achievement by all the boys and wish them well.

We hope to see you supporting the Pioneers on the 27th April at Preston.

IMPORTANT DATES/TIMES AND ACTIVITIES:

Wednesday 17th April: **TRAINING**

- Epsom at 5.15pm − 7.00pm

Team Vision at 7.15pm – 8.00pm

- NO DINNER!

Thursday: 18th April: **LOCAL TRAINING**

ONLY FOR PLAYERS WHO WILL BE PLAYING WITH LOCAL CLUBS ON SATURDAY

Saturday 20th April: **DEVELOPMENT WEEKEND**

Sunday 21st April: Vic Country Trial Games @ Visy Park

Monday 22nd April: **TRAINING**

Epsom at 5.15pm – 7pm

Wednesday 24th April: **TRAINING**

- Epsom at 5.15pm – 7pm

- BSSC players to attend POOL post their school game then out to Epsom

Dinner post training

Thursday 25^h April: ANZAC DAWN SERVICE

Meet 5.55am outside Bendigo Bank

Friday 26^h April: **SQUAD TO PLAY KNGHTS TRAVEL TO MELBOURNE**

Training at Epsom 5.15-6pm
Dinner supplied at Epsom
Bus leaves Epsom at 7pm

Players to bring snacks and fruit

Saturday 27th April: *BENDIGO PIONEERS vs NORTHERN KNIGHTS*

- Game starts at 12pm - arrive 10am

PLAYERS WILL BUS BACK FROM MELBOURNE

Subway provided after game for players

Sunday 28th April: **POOL RECOVERY SESSION**

- All regional and PIONEER players to attend recovery session

Monday 15^{5h} April: **RECOVERY/REVIEWS/WEIGHTS SESSION**

BENDIGO BASED PLAYERS onlyWADE STREET at 4pm – 6.00pm

Notes:

EMPLOYMENT -

* One of our Pioneer players is an apprentice builder and is seeking an employment position. If you are a builder or know of a builder that is possibly seeking an apprentice, can you please contact our office.

INJURED PLAYERS -

All injured players must contact their physio and/or our club physio Col Faulkner 03 54421954 for assessment. ALL injuries must be communicated with the Pioneers staff.

- * It is CLUB POLICY that all players must wear mouthguards when playing and training
- * All players must report any injury they receive to the club medical officer A.S.A.P.
- * A reminder to all Parents, any player wishing to make an Insurance claim must notify JLT SPORT on 1300 130 373 & then go to www.jltsport.com.au to access your claim form.
- * PLEASE NOTE WE DO NOT HAVE CLAIM FORMS AT THE PIONEERS OFFICE
- * ANY PLAYER INJURED TRAINING OUTSIDE OF CLUB SANCTIONED SESSIONS <u>WILL</u> <u>NOT BE COVERED BY OUR INSURANCE</u> CONFIRM IF THE TRAINING IS CLEARED WITH DAVID

TRAINING LOADS -

Our training sessions are designed specifically to ensure our players do not overload and put themselves at risk of injury. All players are required to consult the Pioneer strength and conditioning staff regarding their training schedules and workloads.

CONTACT NUMBERS and EMAILS -

All players and/or parents should be now on our email list. If you speak to a parent who has not received this information and letter please contact Leigh at the office on 5442 4466/0438225155

NON-ATTENDANCE AT TRAINING -

Please call the Pioneers office 5442 4466, or the coach in their respective area if you are unable to attend training.

CHANGEROOMS -

We ask that only players and staff be in the change rooms before, during and after games and training sessions to ensure our boys remain focussed on their roles. Parents will be invited into the rooms by Pioneers staff at the completion of player's post game procedures.

PHONE NUMBERS –

Region manager: Ray Byrne – 0419 881 908

Football operations/marketing: Leigh Byrne 0438 225 155

Pioneers Coach: David Newett – 0412 967 109

2013 Bendigo Pioneers Player Levy - \$440 (Cash/Cheque/Direct Deposit)

These fees contribute to many things throughout the season including;

- Apparel
 - Bendigo Pioneers Hoodie
 - Bendigo Pioneers Polo Shirt
 - Bendigo Pioneers Shorts
 - Bendigo Pioneers Hat
 - Bendigo Pioneers Bag
 - Bendigo Pioneers Warm Up Top
 - Bendigo Pioneers Slacks
 - Bendigo Pioneers Track Pants
 - Bendigo Pioneers Sherrin Football
 - Bendigo Pioneers Guernsey
 - TAC Cup Hoodie/Beanie
 - Medical Bands/Massage Rollers
 - TAC Testing Melbourne
 - Return bus trips
 - 2 x Overnight Stays
 - After training / match catering
 - Champion Data stats
 - 3 Day Team Camp in Swan Hill
 - Football coaching / Use of facilities
 - Respect & Responsibility Course

This season we will be requiring all players listed to pay their levies by Saturday April 28th (Round 5).

Please contact the club if you have any issues paying the levies this season.

PLEASE FORWARD PAYMENT TO: BENDIGO PIONEERS, P.O. BOX 140, GOLDEN SQUARE. 3555.

Please find below our banking details;

Bank – NAB BSB No – 083-054 Acc. No – 187402930 Ref. – Player Full Name

Bendigo Pioneers Web Page details: http://bendigopioneers.afllvic.com.au

THIS NEWSLETTER WILL BE EMAILED AND POSTED ON FACEBOOK

PLEASE CALL IF YOU HAVE ANY QUERIES