



FREMANTLE
DOCKERS

PROGRAMMED

woodside

Proud Major Sponsors

LADIES, HAVE YOU EVER WANTED TO COACH?

HERE'S WHAT THE FREM DOCKERS HAVE IN STORE FOR 2013...

We Want You!

Female involvement in football is moving at a lightning pace. Not only is female participation in the sport growing year by year, many AFL clubs like Fremantle Dockers can boast around 50% female membership. To continue to grow the game, we are hosting a Ladies Coaching Clinic where you can learn from the best as Fremantle Dockers players take you through a variety of sessions to enhance your knowledge of football. No experience necessary, just bring your love of the game!

DETAILS

DATE: Tuesday 30 April 2013

TIME: 3.00pm - 5.00pm

REGISTRATION: From 2.30pm

VENUE: Fremantle Football Club, Parry Street, Fremantle WA 6160

BRING: Active sportswear, shoes, hat, water bottle, pen and notebook

COST: Nil

COURSE OUTLINE

- Coaching basics
- Secrets to managing a group
- Learning the rules
- Positioning
- Practical skills sessions conducted by Fremantle Dockers Players: kicking, handballing, marking etc
- All other sessions taken by qualified WAFC & AFL Development Staff

INCLUDES

- Tour of the Fremantle Football Club



CONTACT

If you have any further questions please
contact **Wade Spilcker – Community Programs Manager**
wades@fremantlefc.com.au or phone 9433 7175

To secure your position, please RSVP
by Wednesday 24 April 2013 by
filling out the booking form below

LET'S GO FREO

BOOKING FORM

Name			
Address			Postcode
Phone			Mobile
Email			

Return your completed form via
Fax: (08) 9433 7001 OR Email: reception@fremantlefc.com.au

Confirmation:
You will receive a confirmation letter
via email or post with further information