

NEXT EVENT: SEASON
LAUNCH MARCH 24

SPECIAL
POINTS
OF INTER-
EST:

- Coles says Magpies "Ready To Aim Up"
- Div 5 reinstated, for now.
- Trial games coming up, Kiama, Parramatta, Randwick
- 60 seconds with Sarah Macdonald
- Parker announces engagement

INSIDE
THIS ISSUE:

Ready To Aim Up	2
Presidential Address	2
Want To Be Selected?	2
Div 5 reinstated	3
Rego Fees 2013	3
Upcoming Events	3
60 seconds with....	4

News From The Nest

VOLUME 2 ISSUE 4

MARCH 2013

Eagle Set To Land At Launch

The Moorebank Magpies are extremely excited to announce that Lauryn Eagle has kindly agreed to appear at the clubs season launch on March 24th at Mounties Starz Room starting at 12:00pm.

Eagle will present the jumpers to the players as well as give the opportunity for a question and answer session about her life and career so far.

Eagles sporting career to date has involved her being a world champion water skier and boxer, and she has now turned her attention to Rugby sevens in a bid to play the sport at the next Olympic games.

Aside from her sporting prowess, she has also been involved in TV as "lady luck" on the Sydney footy show, as well as on the second season of celebrity

apprentice, where she lasted to the final episode, finishing fourth.

She won the Lara Croft challenge in 2006, which involved a



Lauryn Eagle will be coming to the season launch!

number of grueling physical challenges, and is also one of the ambassadors for Lonsdale.

"Lauryn is clearly a tremendous athlete" event organizer Chris

Hunt enthused "she seems to have the ability and work ethic to be good at whatever she sets her mind to"

"We are very excited to have Lauryn coming out to talk to the club, and we are sure everyone will get a lot out of hearing her speak"

The event is compulsory for all players, with free entry for all and finger food provided.

The jumpers will be presented to players in each grade and each coach will give their thoughts on the season ahead and what their expectations and aims for the year will be.

Please RSVP to Chris Hunt for catering purposes by 17th March, or accept the invitation on facebook. See you there.

Season Begins April 6

After months of hard work on the training track, working on skills, fitness and camaraderie, April 6 will see the beginning of the 2013 Sydney AFL season begin with senior set to play Camden in a round one local derby at Sir Warwick Fairfax Reserve, Harrington Park.

The Cats were semi finalists in 2013 and have recruited well, meaning it will be a tough test for the Magpies first seniors first up. The match will start at 2:10pm

Div 4 will be playing Sydney Uni at Mahoney Park at 10:30, while the under eighteens will clash

with Macquarie University at university oval starting at 10:00am.

The division 5 draw was yet to be finalized at release date of newsletter.

Check with your coaches for what time you will be required at the ground.

Seniors Ready To Aim Up Says Coles



The boys warm down after a big night on the track

After hours on the training track, senior coach Mark Coles believes the division 2 Magpies are ready to aim up for a full on tilt at a title in 2013.

The disappointments of last season have been forgiven but not forgotten as the club aims to make good on it's long term plan of becoming a premier league club, and the commitment levels from the senior playing group have been encouraging to say the least.

"We have been really impressed by the commitment levels this year as opposed to last year" Coles enthused "the boys seem to have been steeled to push themselves for a big year and are making the most of the opportunities the club is providing through the likes of Levih (Warby strength and conditioning coach)"

"The whole culture of the club is changing to as we see this commitment level and enthusiasm increase"

Coles was quick to impress however that no one was getting to far ahead of themselves

"no way" Coles remarked "round one is our primary focus, and the old cliché of one week at a time after that" "premierships aren't won in April, but they can be lost so we are looking at being as well prepared for each week as possible, and ensuring we are focused on the job at hand only" Coles added.

A reminder that limited numbers of training singlets are available for \$5 for the 2011 version and \$10 for last years version. See Paul Prepost for singlets

The Presidential Address: Paul Prepost

The season preparations remain on track despite the lack of cooperation from the weather in recent weeks. The numbers attending training are encouraging and we look forward to strong hit outs in March against Kiama, Holroyd-Parramatta and Randwick. We have additional physios coming on board from a local company "ActivTherapy" at Chipping Norton, we look forward to them providing our players with quality medical care in 2013. The Club is also increasing our medical insurance cover

with the JLT company to Gold level for all senior players and Platinum cover for our U18's team.

Now is the time for all new players arriving at the Club to complete their registration forms and hand in to our Registrar, Rick Wicken to enable you to be entered into the Sportspulse system which is compulsory. Also for those players who still owe registration money (\$290 Seniors, \$140 U18's) you can now pay at training or at any of the trial matches to Rick or to the Treasurer, Blake Parker. No

player will be selected for competition matches in 2013 if they are not financial.

Our new Jumpers/Shorts/Socks are just a couple of weeks away now and the new training singlets wont be far behind them. The Club Polos tops are expected by the end of April and we are still working with our sponsors for the supply of kit bags and jackets for all players. The Club is in a great position in terms of sponsors, equipment & support as we strive to continuously improve in everything we do, both on and off the field.

Want To Be Selected?

Ryan Forrester takes a strong grab overhead



In recent years on a Thursday night, coaches at many clubs made tens of phone calls to players checking on availabilities for the weekend as the search for a team heats up. This is especially prevalent in lower grade coaching as the nature of lower grade footy means that the commitment levels to training are sometimes not as

serious as the coaches would like.

This year, Moorebank is not going to be one of those clubs as the onus will be on the players to let the club know of their availability. There will be a white board in the change room where you will be able to note any matches you will not be able to make for any reason. This will be your responsibility as coaches have a lot on their mind and

simply telling them can mean they forget.

Also, if you haven't trained and the coaches have not heard if you are available, you will be classed as unavailable. Make it easy on your coaches guys and keep the lines of communication open so we can be organised appropriately. It will be very much appreciated, and will go a long way towards making the club successful in 2013.

The Thirds Are Alive....For Now



Due to the numbers who have shown some commitment and got to training, the club has now de-

Will the new coach of div 5 have better dress sense????

decided to field a third senior side for the 2013 season. The committee asked for a show of 70 players at training pre season which has happened, so now the search is on for support staff for this grade, which will be fielded in division 5.

There will be a number of strictly adhered to guidelines allocated to this grade for selection as the side is there for the development of new players as well as to allow a

few stalwarts the opportunity to have a regular competitive kick, without the full commitment to training that is expected of the other grades.

However as they say, the lord giveth, the lord taketh away, and this side will be removed from competition if the commitment to the club that is required is not shown.

This will include things such as payment of rego fees (prior to round one), and filling the jobs on the match day roster when required .Further details of these

CONGRATS:
To Senior Captain Blake Parker who recently got engaged to his girlfriend and senior team manager Penny Chaney. Yes, he knows he is punching!!!!

Registration Fees 2013

While the club has yet to establish its exact registration fees for 2013, it will be something in the order of \$260-\$270 for senior players.

This entitles players to all the necessary playing and training equipment, coaching, and limited insurance.

The coaching staff have decided to implement as part of their selection policy a "no pay no play" policy for this season.

Players are expected to have paid

their full registration fees by the Tuesday prior to round 1 in April or they will be considered unavailable for selection.

If a player is unable to meet this requirement, they can make a payment plan with treasurer Blake Parker which must be kept to. Failure to do this will result in the player being deemed unavailable for selection.

Should a new player come after or within a month prior to the due date, they will be required to pay \$50 to

cover their necessary playing equipment, and then will be required to pay the balance within one month from the time they register with the club.

Bank Account Details Are As Follows:

Commonwealth Bank of Australia
Moorebank Magpies AFC
BSB: 062 322
Acct: 10394100

Coming Events

March 17th: Moorebank Magpies v Parramatta Holroyd Goannas at Kelso Oval, ALL GRADES. Please advise your availability to your coaches ASAP

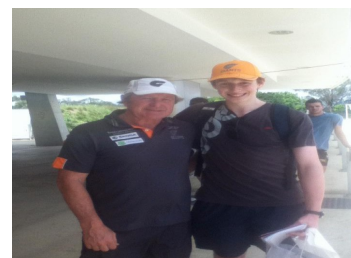
March 23rd: Moorebank Magpies v Randwick Saints at Kelso Oval, SENIORS ONLY starting at 11:00am. Be there at 10:00am. Please advise your coaches of your

availability.

March 24th: Moorebank Magpies Season Launch at the Starz Room Mounties, Meadows Rd Mt Pritchard. Free entry, finger food provided, jumper presentation and special guest presenter Lauryn Eagle. Partners and families welcome and encouraged. Contact Chris Hunt to let him know if you

are coming for catering purposes or accept the invitation on facebook.

April 6th: Round 1, all sides away in the first round of what promises to be a successful and enjoyable season for all.



Joe "milky" O'Meara meeting Kevin Sheedy last year, will "Sheeds" be at Rosedale this year???



Moorebank Magpies AFC

Rosedale Park - Stroud St, Warwick Farm

President: Paul Prepost (0407 279 118)

Football Manager: Adam Parker

Senior Coach: Mark Coles (0424249078)

Assitant Coach: Chris Hunt (0412787798)

2nd's Coach: Mark Currant (0418220363)

Treasurer: Blake Parker

U/18's Coach: Terry Radecki

U/18's Asst Coach: Chris Eckert

**Moorebank Football Club: One Club,
One Goal, One Future**

Established in 1947, the Moorebank Magpies are an Australian Football Club which has a rich history within the South west Sydney Area.

The club fielded teams last season in divisions two, three, five and under eighteens division two, and offers the opportunity for players with varying degrees of skill, fitness and experience levels to play the game of Australian Rules Football.

If you, or someone you know is interested in finding out more about playing or supporting the club, feel free to contact one of the numbers on the left!

Go To The Sydney AFL Sporting Pulse Web Site And Click On The Moorebank Magpies Link For More

Sixty Seconds With.....

In This issue we take sixty seconds to meet Club secretary Sarah MaCdonald. Sarah is married to Andy Davis and recently had their first child, Ariel

Sarah tells us below a bit about herself.

My name is Sarah MaCdonald and I am 27 years old. This will be my sixth season at Moorebank AFC and my favourite club position is Secretary.

My funniest club mate is Mark Currant because of his love of Hawaiian shirts.

What annoys me most is people who don't pick up their rubbish off the ground but my worst habit is being a control freak.

My hero is Bruce Lee because he was my inspiration to start Karate and my favourite AFL player is Heath Shaw.

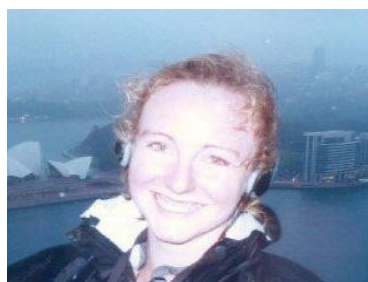
My worst injury was a fat lip

from Karate.

If I could play like one of my team mates it would be Daniel Balderston because he is a fast sprinter and speed would help my Karate

The three people I would most like to have to dinner are Muhammad Ali, Bruce Lee and Sarah Michelle Gellar and I

would serve my favourite meal which is Satay chicken with my favourite drink which is Bundy. I would least like to sit next to Andy Davis on a plane and the thing at the top of my bucket list is to sky dive.



Club Secretary Sarah MaCdonald on top of the world!!!!