





Newsletter No 1

Dear All Stars, Federation officials, parents and friends,

Congratulations to everyone who has been honoured with selection in the 2009 FIBA Oceania All Star program. Our 'team' will consist of 10 male and 10 female players, 2 head coaches, 2 Oceania mentor coaches, 2 referees, 2 managers and 1 head of delegation.

This newsletter contains information about the tour, including dates and responsibilities. All Star participants will be required to send contact details and body sizing to FIBA Oceania so we can order uniforms.

Below is the list of 'our team 2009':

Head of Delegation:	Judy Smith	FIBA Oceania	
Women's Head Coach: Women's Mentor Coach: Women's Referee: Women's Manager:	Brigette Langomazin Katrina Ferris Jubilee Kuartei Charrisse Bolabola	o Tahiti Australia Palau Guam	
Men's Head Coach: Men's Mentor Coach: Men's Referee: Men's Manager:	Honoura Bonnet Warwick Allen Mana Moana Audre Hattori	Tahiti Australia New Caledoni Guam	a
Female Players:		Male Players:	
Haamoe Voirin	Tahiti	Perry Oiterong	Palau
Rebecca Tomada	Guam	Dominic Sablan	Guam
Alizee Lefranc	Tahiti	Puraru Muri	PNG
Clarissa Passa	New Caledonia	Jese Sikivou	Fiji
Derin Santos	Guam	Beniela Adjougniope	New Caledonia
Rachel Koivi	PNG	Mika Loko	PNG
Philipa Joumkalop	PNG	Maruki Dury	Tahiti
Brittany Hazelman	Fiji	Rehiti Sommers	Tahiti

The details of the All Star Tour are: Dates:

Fiji

Tahiti

Ofa'aut Moce

Vanina Potiron

Arrive Townsville: Queensland, Australia on Saturday 7th or Sunday 8th February 2009, depending on flights from the different countries.

Depart Townsville: On Sunday 22nd February 2009, or after, depending on flight dates to the various countries.

Tereora Dauphin

Manoa Puamau

Tahiti

Fiji

I expect that the Guam, Palau and PNG people will fly into Cairns, and then catch a 1 hour flight to Townsville.

I hope all other people will be able to fly into Brisbane, meet there and fly together to Townsville. Our travel agent is putting an itinerary together at the moment.

What will happen in Townsville:

- 1. For the first week, the Oceania All Star teams will undertake a training camp. This will mean two trainings per day and practice games in the evenings.
- 2. For the second week, the Oceania All Star teams will play in the Australian Under 20 National Championships. There will be representative teams from Queensland, New South Wales, Victoria, South Australia, Tasmania, Northern Territory and Western

Australia competing. You will play one game per day in the National Championships, and possibly train once each day as well.

What to expect when you get to Townsville:

- 1. It will be very hot and humid weather, very much like your home countries. It will be the middle of the Australian summer.
- 2. The competition will be very tough. The Australian players in this age group will be hoping for future National selection, so if you thought the Australian team in Guam was tough, you will have your eyes opened at this tournament. However, if you are fit from undertaking your home programs as required, and you have learnt the plays from your play book, you will have a fantastic time playing against some superb Australian players.
- 3. If you arrive in Townsville unfit, you will end up sitting on the bench for most of the time, not having a good time. Make sure you are following the home skills and home fitness program so that you are able to represent your country and FIBA Oceania with honour.
- 4. We will be accommodated in an apartment building of 12 rooms. Everyone will be sharing apartments, which will be similar to those we stayed in at Guam. There is a swimming pool at the apartment, as well as a bar-b-que area and laundry. The team managers and head of delegation will look after the catering and laundry. Most meals will be served in the apartments, but we will also have some meals in restaurants.
- 5. There will be an official opening and closing ceremony, just like at the Youth Tournament.

What FIBA Oceania will provide for you:

- a. Your accommodation for 2 weeks, including any overnight stays due to flight arrival and departure times in Australia.
- b. Your international and domestic travel
- c. Your playing uniforms
- d. Your walk out uniforms
- e. Your FIBA Oceania bag
- f. Your meals for 2 weeks
- g. Your team photo

What you must provide:

- a. Your commitment to do your home program, and to arrive in Australia the fittest you have every been in your life.
- \$600 AUD towards the cost of all the above things due to FIBA Oceania by 16th January 2009
- c. Your own basketball shoes and white socks
- d. Your own training and casual clothes.
- e. Your own toiletries
- f. The cost of any visas to get into Australia
- g. Some spending money for souvenirs

Please complete the following form, and return it to the FIBA Oceania office by Wednesday 5th November: (Keep your own copy as well please)

Email to Judy Smith – judy@fibaoceania.com

OR

Fax to the FIBA Oceania office - +61 2 6658 6114

Name	:				
	ct Details: I need to have a <u>reliable email, phone or fax number</u> where I can send ation directly to the All Star participants. This can be at your parent's work.				
Email					
Fax: _					
Phone	e: (Work)				
(Home)				
Flight Arrangements: (For those players who are overseas, so I can organise the itinerary)					
 Will Dat Will 	o you plan to join the All Star group? you fly back home first and then come to Australia? Yes/No e: you fly directly to Sydney or Brisbane? Yes/No e:				
	Sizing for Uniforms: Please give your measurements in centimetres, NOT inches : (cm) Weight (kg)				
Chest	size: (cm) Waist size: (cm)				
Hip siz	e: (cm)				
	Participant Agreement:				
I agree to be part of the 2009 All Star program, and to abide by the conditions listed below (please tick the boxes)					
I will undertake the home training program twice each week.					
I will complete my diary showing that I have undertaken the home program.					
I will send fortnightly reports to FIBA Oceania, indicating when I did my home training program (see attached sheet)					
	I will send FIBA Oceania the \$600AUD by 16 th January 2009. Bank details for FIBA Oceania are: Account Name: FIBA Oceania Account Number: 700364 Bank BSB Number: 032 576 Bank Swift Code: WPACAU2S Bank: Westpac Banking Corporation Address: Harbour Drive, Coffs Harbour, NSW Australia 2450				

Name:				
Date Due to FIBA Oceania	How many times have you done the fitness program?	How many times have you done the skills program?		
5 th November 2008				
Your comments – how do you feel about the program?				
19 th November 2008				
Your comments – how do you feel about the program				
3 rd December 2008				
Your comments – how do you feel about the program				
17 th December 2008				
Your comments – how do you feel about the program				
31 st December 2008				
Your comments – how do you feel about the program				
1.4 th January 2000				
14th January 2009 Your comments – how do you feel about the program				
28 th January 2009				
Your comments – how do you feel about the program				

Any other comments you would like to make: _____