



# Between the Flags – Mackay SLSC

## Between the Flags

Proudly brought to you my Mackay Juniors (YIPS)

### *North Aussies Special Edition*

#### *A word from our president-*

Presidents Say,

Well I haven't got too much to say this month, but to start on a good note well done to Chenae Cass and her support team. Her achievement at the world titles in Adelaide is huge and a testament to the hard work they have been doing over the past few years. Success doesn't happen overnight and you need plenty of hard work to get there.

By the time you read this, the door knock will have been over and once again we may have missed an opportunity to get quick funds. Thank you to those members who completed their areas and to Steve Bruun who puts in Hugh time to help organise this event. We started off this year being awarded a rescue board from State centre and if we raise over \$1000, we get a bonus.

What's happening with the upstairs operation of the club?, well to date we still have three groups looking at a possible lease so here's hoping they will come on board in the new year. Until then we have taken some bookings and will need members to work the bar, on the night at least one bar staff will need to hold an RSA certificate to comply with Licencing. So if you are able to help please contact me ASAP on 0417713520. We have 5 functions in the first two weeks of December so give me a call.

See you on the beach

#### **Mackay SLS Training Tuesday**

Board - 4pm-5pm  
Ski- 5pm-6.30pm

**Thursday**  
Board - 4pm-5pm  
Ski-5pm-6.30pm

**Friday**  
Board - 4pm-5pm

**Rowing with Stan**  
Tue & Thu - 5.15pm

**Iron Man**  
Sun 3:00pm sharp

**Swimming**  
Born 2 Swim  
At North High pool

Mon/Wed/Fri  
5.30am-7.00am  
Mon/Wed



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This was the 22<sup>nd</sup> North Australian Championships held at Mackay, and as a club we put in a fantastic effort to finish 4<sup>th</sup> overall, but did you know that as a club Mackay won the champion Club shield in 1992, 1993, 1994, 1995 and 2003, something for us strive for in the future. Mackay has been fortunate enough to have had great success in past North Aussie carnivals looking back on an old program from 2006 we have several competitors who made the list of “**Top 50 Individual winners**” including **Paul Barker, Fred Harris, Rebecca Paskins, Peter Hynes, Greg Duncan, Alan Finch, Ellen Paskins, Michael Wilson** and 2<sup>nd</sup> on the list as of 2006 **Stephen Bird**. It’s great to see many of these members still competing and still adding to their medal tally. The club has also produced some worthy Age Champions prior to 2006 including 2003 u/19 male **Kerry Clyde**, 2004 open female **Tennille Dorham** and 2003 open Male **Michael Read**. So let’s take a look at some events we have dominated in the past including the blue ribbon event of North Aussies the open men’s ironman won in 1994 by **Mark Burke**, 1998 by **Ryan Thomas**, 2000 by **Mat Doige** and **2001, 2002 and 2003 by Michael Reed**, Michael also won the U/19’s ironman event also in 2001 and 2002 with **Kerry Clyde** taking the event in 2003. In the masters ranks **Michael Wilson** won in 1993 and 94 and **Tony Weldon** took the gold in the 2002 30-34 age category, 1997, 1998 and 2001 saw **Peter Hynes** win the 35-39yrs iron man with **Michael Wilson** taking the title in 2000, in the 40-44 iron man **Steve Bird** won the title 5 times from 1999 til 2003, in 1999 **David Rossiter** won the 45-49 age category and 50+ was won by **Paul Barker** in 1997 and 98. **Deanne Johnson** won the open iron women in 1992 and 93 and **Desley Williams** the 40+ in 1995. In the junior ranks, in 1996 **Shaun Bright** won U/16 ironman, u/18 ironman was won by **Mark Burke** in 1993 and **Ryan Thomas** in 1994 and 95. 1991 **Marine Rogers** took out u/12 ironwomen, 1993 **Joel Lovett** won U/12 ironman, 1995 **Kylie Brand** won the u/12 ironwomen and again as a u/13 in 1996 with **Bridgett Woodman** taking the u/13 race in 1992, and **Sally Eacott** also winning as a u/13 in 2006.

Ski events have also proven to be an area of success for Mackay, in the 30-34 age group **Steve Bird** won gold in the men’s ski race in 1993 and **James Fell** in 2000, 35-39yr race was won by **Steve Bird** in 1994 and 96 **Michael Wilson** in 1997, 1999 and 2000 and by **Greg Dorries** in 2005 and 2006. The 40-44 age group was taken out by Robert Forsyth in 1997, **Allan McSherry** in 1998 and **Steve Bird** from 1999 til 2003, Steve also won the 45-49yrs category from 2004 til 2006, with **David Rossiter** winning in 1999, **Alan McSherry** in 2000 and 2001 and Rob Forsyth in 2002. 50years+ has seen a win from **Kev Couper** in 1993 and 94, **Paul Barker** in 1997 and 98 and Alan McSherry in 2005 and 2006. The u/19 ski was won by Paul McSherry in 2001, Michael Read 2002 and **Kerry Clyde** in 2003, and the no longer contested u/18 ski was won in 1994 by Mark Burke and 1995 by **Ryan Thomas**. **Lee Kynaston** won the open women’s single ski in 1995.

Swimming greats from the past include u/11 winner **Kylie Braund** in 1994 and again as an U/13 in 96, **Bridget Woodman** U/13 winner in 1992, **Shaun Bright** u/11 winner in 1992, u/12’s in 93 u/13’s in 94 and u/16s in 96, with **Adam Walker** taking the u/13’s in 1996 **Brent Skudutis** in 97 and **Tom Connoles** u/16 winner in 2001. The open women’s race in 1992 was won by **Deanne Johnson** and in 2003 by **Ellie Miles**. 30-34years surf race was won by **Michael Wilson** in 1993 and 95; 35-39years surf race was won in 1996 by **Peter Hynes**, 97 and 98 by **Michael Wilson** and in 2005 and 2006 by **Greg Born** who also took out the tube race in his category in 2004. 40-44years saw victories in 1997 by **David Wilson**, 2000, 2003 and 2004 by **Peter Hynes**, with 50+ winners including **Peter Fenner** in 1997 and **Geoff Robson** in 1994, 95, 96, and 98. Tube Rescue winners also include **Michael Wilson** in 1993, **Geoff Robson** in 1994, **Anthony Carris** in 2000, **David Rossiter** in 1997 and 99 **Steve Bird** in 1994 2001, **Peter Fenner** in 1998 and **Paul Barker** in 99. Past winning board competitors will see the familiar names of **Steven bird** winning his age group in 1993, 94, 96 and 2002, **Michael Wilson** also winning his age category in 1995 and 2000, **Peter Hynes** winner in 1998, **Greg Dorries** 2006 and **Paul Baker** in 1997 and 98. The 2002 30-34years men’s board race was won by **Joseph Cali**, 1992 open women’s won by **Deanne Johnson**, 30-39years won by **Jocelyn Gervais** in 1993 and U/19s 2000 by **Paul McSherry**. In the junior races u/11 **Callan Zahner** took gold in 2003 and again in u/12s in 2004 with **Nathan Lyons** winning u/13s in 2000. **Joel Lovett** won u/11s and 12s in 1992 and 93 and **Mathew Hare** won u/13s in 1992. 2003 witnessed **Hannah Ridland** win the u/16s women’s board and **Lee Murphy** a win in the u/16s men’s in 1994.

With many team gold medals also earned as a club you can see we have a strong competitive history in the water.

## North Aussies Special Edition



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### North Aussies Special Edition

So let's move on and review some of our history on the beach and see how many names you may recognise from these results. Beach flags have seen some great results recently for our club, a game of speed, reaction, tactics and sheer luck. The open male beach flags winner in 2004 was **Mitchell Coles**; Mitchell also took the u/19s title in 2004 and 2005 with **Luke Saunders** winning u/19s in 2000. Open female winners include **Ellen Paskins** from 1994 until 1997 and **Justine Brettell** in 1998. In the Junior ranks U/ 11 wins were awarded to **Kelly Alderman** in 1991 and **Ryan Jones** in 1995, with **Rebecca Paskins** also winning u/11s in 1992, u/12s in 93 and u/14s in 95, another winner in u/12s in 1998 was **Jane Duncan** also taking the title in u/14s in 2000. The u/12 boys had wins in 1992 with **Scott Saron** also winning U/13s in 93 and U/14s in 94, **Brent Hinchin** in 93, **Scott Gillis** in 1997 also an u/13 winner in 98, Jyeran **Blackman** in 2004 and also u/14s in 2006 and **Jaiden Hargrave** in 2005 In the U/13 age group 1991 win was awarded to **Lee Kynaston** who repeated her win as an u/14 in 92. The under 13 boys saw wins from **Anthony West** in 1994 and again in u/14s in 95 as well as **Alan Finch** in 1997 and also again in u/14s in 98, whilst u/14 female winners also includes **Hannah Ridland** in 2001. The under 16s has seen wins for **Alan Finch** in 2000 and **Ellen Paskins** in 92 and 93, **Kim Kynaston** in 94 and 95 **Rebecca Paskins** in 96 and 97 and **Jane Duncan** in 2002. U/ 15s **Dylan Sadd** in 2005, u/17s **Jordon Doonan** in 2006. In the Masters ranks the 30-34 years age group has witnessed wins to **Fred Harris** in 1993 and 95, **Dave Horsenell** in 94 and **Joseph Cali** in 2001. 35-39years winners include **David Saunders** in 95, 96 and 97 and **Fred Harris** in 98, whilst the 45-49 years winners list includes **Greg Duncan** in 2001 and 2003. In the women's 35-39years **Vanessa Bampton** was declared winner in 1991. On the Sprint track junior female winners include, **Rebecca Paskins** u/11s 1992, u/12s in 93, u/13s in 94 and u/14s in 95. **Stacey Renehan** U/11s in 93u/12s in 94u/13s in 95u/14s in 96. Lara Hill u/11s in 94, u/12s in 95u/13 in 96and u/14s in 97. **Jacinta Croft** u11s in 95 and u/13 in 97. **Cora Doyle** took out the u/11s in 2000, **Hannah Ridland** the u/13s in 2000 and u/14s in 2001. **Margot Bird** the u/13s in 2003 **Jessica Keeton** u/12s in 2000 **Andrea Mezzen** u/14s in 1991 and **Lee Kynaston** u/14s in 1992. In the junior boys **Scott Saron** U/11s in 1991, u/13s in 93 and u/14 in 94. **John Fink** u/11s in 1992u/13s in 94and u/14s in 95. U/11 winners also included **Todd Crispin** in 1995 and **Nathan Lyons** in 1998. **Douglas Kynaston** was the u/13 winner in 95 and u/14s in 96, **Alan Finch** also an u/13 winner in 97 and u/14 winner in 98, also winners in the u/13s were **Reece Bailey** in 1998 and **Duane Moss** in 2000 u/15s was won by **Kelvin Nielsen** in 2006..The u/ 16 age groups also witnessed wins by **John Fink** in 96 and 97, **Alan Finch** in 2000,, who also took out the u/19s in 2001 and 2002, **Mitchell Coles** in 2002 and **Duane Moss** in 2003 and the girls with wins in 1992 with **Robbin Renehan**, **Ellen Paskins** in 93, **Kim Kynaston** in 94, **Stacey Renehan** in 97 and **Hannah Ridland** in 2003. The opens men past winners include **Ben Dobsen** in 1993, **Alister Wydell** in 97 and again **Allan Finch** in 2002, whilst the women include **Kelly Renehan** in 1991, **Deanne Johnson** in 92 and 93, **Marissa Cant** in 95 and **Sarah Reneham** in 98. In the masters divisions the 30-34 years have seen wins from **Alister Wydell** in 1997, the 35-39 years **David Saunders** in 1997 and **Vanessa Bampton** in 2001, the 40-44years **Gregory Duncan** in 99 and **Colin Coles** in 2002 and 2003, the 45-49years **Greg Duncan** in 2001, 2002 and 2003 and the 50+ **Paul Barker** in 1998. Along with these individual wins are several relay victories including the open women's relay won for 6 years in a row from 1993 til1998 and the prestigious all age beach relay won by Mackay for 7 years straight from 1992 til 1998.

R &R, perhaps a forgotten event by our modern day competitors , but at North Aussies of yesterday Mackay walked away victorious with wins including the junior 2 person R&R in 1993 and 94 , the open 5 women R&R in 1994 and the open 5 person R&R in 1996 and 97.

**So where are they all now?** Well it's great to see so many of these names from the past still involved at Mackay Surf Club, with many still competing and continuing to add to their medal tally, some are coaching and training with our upcoming stars of the future, others have turned to official roles within the club and you may even find a former Surf Girl among them, importantly they have all done an excellent job representing Mackay in the past and serve as inspiration to our competitors of the future. Since the publication of the 2006 program we have continued to enjoy the success of gold and new age champions to join the list of names above we wish them luck as they continue their journey and perhaps we can read of their success in years to come.

All results have been taken from a 2006 program



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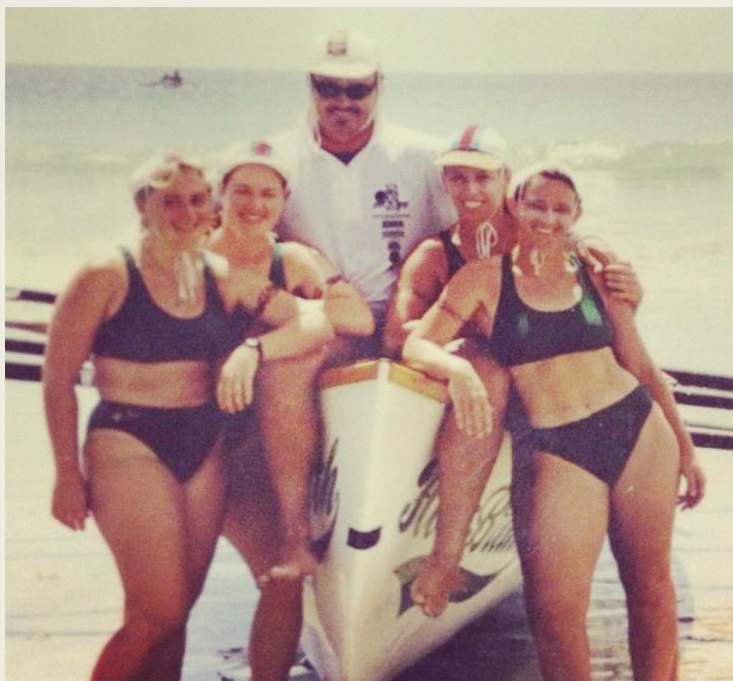
### North Aussies special Edition

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*Could our greatest victory at North Aussies have involved a team of oar bearing boaties,?*

*Similar to these stunners photographed boaties of the past have also managed to bring home some gold from North Aussies (prior to 2006) including the u/19 Surf Boat competitors in 2000 and the Reserve Surf Boat Team in 2003.*

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### Important Dates to Remember

December 1st Mackay Tri-series

December 2<sup>nd</sup> Door Knock money due back

December 8th U/8 to masters Carnival Mackay

December 8th Mackay Club Xmas Party

December 14<sup>th</sup> Corporate Golf Day

January 20<sup>th</sup> Fastest Man on Sand Eimeo

Members please note that for **all** training, carnivals and nipper sessions **all** members must wear a **high-vis vest**. Any member not wearing hi-vis will not be able to participate in future activities. All nippers must also wear a stinger suit. SLSC approved **high -vis vests** are available for purchase from the uniform shop for \$25, please also check out the weekly specials available at the uniform shop every Sunday morning. As a courtesy to the uniform shop please refrain from using the area as a dumping ground, please put equipment away rather than storing it on the uniform shop bench and surrounding area, thank you.





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## North Aussies Special Edition



*Pool Rescue Competition*



The North Australian Surf Life Saving Championships were off to a start on Friday with the Champion Lifesaver events in the morning, a combination of gruelling exams, R&R, beach and water events. Mackay member Zoe Breikreutz collected Mackay's first medal of the carnival collecting gold in the u/14's.

The Pool Rescue events held at the Memorial Pool followed that afternoon. The juniors were the first to compete, they competed in the 50m brick carry, 100m obstacle and medley relay events. The under 14's also competed in the 50m manikin carry and 100m manikin tow. Mackay SLSC had several juniors competing; they all did a great job with Zoe collecting another medal with bronze in the 50m manikin carry. There was a lot of tough competition from northern clubs.

Later that afternoon it was time for the seniors to compete, for some events heat after heat, all you could hear was the frightening noise of the huge fibreglass fins slapping against the wall of the pool as competitors dived into the water. Seniors have several different events to juniors, they compete in the 100m obstacle, 50m manikin carry, 100m manikin carry with fins, 100m manikin tow with fins and the medley relays. The Mackay competitors competed well, collecting bronze in the U15-U17 Medley relay consisting of Maegan Cass, Jordan Chapman, Kaylarni Close and Erin Brotherson, Joe Cali also took bronze in the 100m manikin tow and Greg Born won silver in the 100m obstacle. After a long night of competing, the competition slowly came to an end. It was well dark when the last competitors left to rest and recover for all of the action to occur over the next two days, many thanks to Jenny Mac and Geoff Robson for again running the pool rescue clinic this year to help us prepare for this year's pool







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### North Aussies Special Edition

#### North Aussies 2012 Junior Water Arena



Weldo had us out in the water at 7am on Saturday morning, while the parents loitered around the tent with coffee in hand. There was a sea of pink vests; our new compulsory accessory, the sea was calm totally different to the waves during the week. Though most of us had only been back for a few weeks, the first major carnival of the year North Aussies- was a huge success.

In the u/14s Mackay had a team of 7 competitors, one of the highlights was when all the u/14 girls made the board final with Zoe taking out the gold convincingly and also taking placing's in the ironperson and swim., and narrowly missing out on age champion after a count back decided the winner. The u/13's competed well all day including a great effort by new member Cameron Wharton to make a board final in his first carnival. The u/12s also competed well all day with loads of finals also contested as did our u/11 competitor. We all had a great weekend with a number of Mackay competitors selected for QLD country teams including Zoe for her efforts in the water. Thanks to all the parents, age managers, coaches and volunteers for making this carnival so much fun and rewarding

P>S There is a rumour going around that several team members failed to turn up to school the Monday after, and someone else woke to find themselves on the weights bench, I have also heard that Karen Bro is handing out cement tablets for those in need of some hardening up!

Clara Friswell







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### North Aussies Special Edition

#### Senior and masters water arena



The North Australian Championships 2012 senior and master water arenas were filled with many tough competitors from the North Australian Coast, Mackay managed to win our share of medals with some brilliant performances which include gold to our masters ski relay team of Stephan Bird, Peter Hynes and Allan McSherry, with Stephan, Allan and Jo Cali also collecting gold in their individual ski events, Jo also collected gold in the 40-44 yr boards with silver to Tony Weldon, the pair also picked up silver in their board rescue and double ski. Gold also went to Jo and Peter in the open double ski, in the open mixed double Stephen Bird and Alison Friswell took silver in a tight finish whilst Maegan Cass and Paul McSherry collected the bronze, a further bronze was won in the open ski relay with Jo Cali, Peter Hynes and Michael Wilson. Tige Conway picked up bronze in the 35-39 board and silver in the ironman. Peter Hynes won gold in the 50-54yr surf race and his iron man event. Maegan Cass took the bronze in the U/ 17board and was unfortunate to miss out on a further bronze in the U/ 17 board relay along with Jordan Chapman and Erin Brotherson. A special congratulations to the open men competitors who took part in their first North Aussies carnival, we look forward to watching you compete again next year.

First timers in the senior arena the u/15s also competed well making most of their finals with plenty of top 6 finishes including 4<sup>th</sup> to Ben Brotherson in the ironman.

The Open Lifesaver Relay was definitely a highlight of the carnival with gold going to Mackay in a relay involving our boaties David Fitzmaurice, Ian Insch, Jason Scrimshaw, Mark Vairy and Michael Watson, ski leg Paul McSherry, board paddler Maegan Cass, swimmer Jordan Chapman and runner Laura Zambon. The Open surf belt was definitely another highlight and after a quick lesson on the beach Tim Carris recovered from last year's misfortune when they ran out of rope, to swim the team to a bronze.

Cheers could be heard in the distance from the boaties arena when Joshua Apanui, David Fitzmaurice, in Insch Peter Ridland and Mark Vairy took Gold in the over 120yrs surf boat event.

It being my first year competing in the under seventeens against some of our clubs toughest competitors I have to say it's very different, the courses are longer and can be killers when it comes to swimming and boards, we were very lucky to have the greatest team manager Sue Cass there to keep us all in line and make sure we all marshalled for our events, thanks Sue we couldn't have done it without you. I can't wait till next year because I enjoyed myself and can't wait to race the best of the north again.

Erin Brotherson





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### Action on the sand!

Harbour beach buzzed with excitement as the first of the beach events of North Aussies began.

Competitors from Cairns to Harvey Bay tested their skill on the sand participating in sprints, beach flags, relays and all age relay. Throughout all events and age groups competition was fierce. Maegan Cass put on an outstanding performance for Mackay winning gold in the U/17 and open flags along with the u/17 and open sprints, and being selected once again as part of the QLD country team. Zoe Breitkreutz added to her tally with a bronze in the u/14 female sprint and Jack Hargrave also took a bronze in the u/13 male sprint.

An honourable mention should also go out to Isobel Crothers-Stomps (U15), Claudia Finney (U14) and Jack Hargrave (U13) for being selected as beach reserves for the QLD country team.

A special congratulation's goes to Tim Caris for making his first ever beach final competing in the open flags and all our open flags boys for their first attempt at this gruelling competition. Mark Vairy won silver in the 30-34 male flags and sprints, Jo Cali also took Silver in the 40-44 male beach flags with a further silver to Ian Insch in the 55+ male flags and sprints, and the master of them all Colin Coles winning gold in the 50-55 male beach sprint.

Our competitors in the 2km beach run woke extra early for this event with medals won by Ben Brotherson silver in u/15's Tayla Baillie also silver in the u/15's, Isobel Crothers-Stomps bronze in u/15's and Reece Muir took gold in the open mens.

A valiant effort by our all age relay team who made the final even after a little baton fumble. The weekend ran smoothly and was thoroughly enjoyed by all!

Isobel Crothers-Stomps







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### North Aussies- behind the scenes

North Aussies is an event held at Mackay Harbour every year on the last weekend of October. The carnival is always a blast, and whilst everyone is thinking about the competition have you ever considered who takes the time to make it the carnival it is? Many people put weeks and months into organising this carnival so that is to the best advantage for its competitors, so let's take a look at behind the scenes and stop to thank the people that spend their time preparing this carnival. Although the Mackay Surf Club pays a very large role in the preparation of this carnival, it could not have been carried out without the help of some of the officials and the services that help to make this a great weekend.



Reginald Butler is one of the many officials that officiate at the North Australian Championships, Reg states that "To become an official it is really quite simple, all you have to do is take an officials course. When you head down onto the beach, you will be given an arena to work in and an activity to do such as a place to observe, results to record, etc. once you are in that arena all you really have to do is watch what others do and it will show you how to do your part. Once you have started and done it for a while it becomes really easy and it just becomes natural. As officials we have to set up our arenas and get the attention of the competitors so they all understanding what is going on." Reginald Butler is a life member of the Mackay Surf Life Saving Club, and is someone who is always around the club to lend a helping hand.

Another person who is a very big part of this carnival is announcer Marg Gutschlag, Marg has been an announcer at many carnivals, she says that "It's very easy to be an announcer when you know what you are doing, I have been on radio now for 10 years and it comes naturally. At carnivals like North Aussies, I announce the events and how long left until an event, sometimes I have to fight for the microphone but it's worth it." Marg is a very big part of North Aussies and helps it to run smoothly.



There are also many companies that are seen at North Aussies and provide us with refreshments and clothing. At the 2012 North Australian Championships there were a few small companies that attended including Dippin Dots, Kozii, The Coffee Van and a few others. The Kozii tent provided us with new swimmers and the opportunity to talk to new people. In the Kozii tent for 2012 was Ashleigh Adams. Ashleigh is also a Surf Life Saver and competes in the pool rescue events; she is a dual member with North Cliff and Townsville Picnic Bay. Ashleigh is a coach at Townsville for pool rescue and is still a competing athlete; she works for Kofi Australia in designing and selling new swimmers which allows her to travel around to all different north carnivals on behalf of Kozii Australia. "Travelling around to all different



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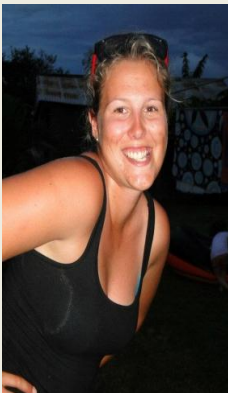
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carnivals as a representative of Kozii is an honour. North Aussies is the second biggest carnival that I attend as a Kozii representative coming after states. At North Aussies, Kozii's main goal is to be recognised by club designers. If we are recognised by them and they like our work then they generally hire us to create their club swimmers. Not only are we there for clubs but we are also there for the kids to look at new designs that Kozii has.' Ashleigh said.

Two other main groups of people that are at North Aussies every year, the Canteen and the Uniform shop without them we would never have had great clothes to sell or food to eat.

The Uniform shop is a way for the surf club to raise money; they sell clothing, towels, hats, and a few other things that are great for a large carnival like this one. They open up a few days before the carnival for our club members to get first pick of the merchandise and the gear is always fabulous. Running the uniform shop at this year's carnival was the one and only Joe Hargrave, she had many of other parents assisting her during the day which gave her a big helping hand but the shop would not have happened without her organisation.



Members of the Surf Club also ran the canteen at North Aussies. One of these people is Hannah Ridland. Hannah was the Mackay Surf Clubs last season's Miss Surf Girls and has been a member of the surf club for many years now, along with the current Surf Girl Starleigh Blackman, she ran the 2012 North Aussies carnival canteen with the help of some other parents from the club and it was a great success. 'Being in the canteen at North Aussies has some disadvantages like not being able to see the live action sometimes but it definitely does have its advantages. From the canteen you get to meet new people from other clubs and at the same time raise money for your own. You get to listen to what other clubs think of how it is running and sometimes you even get some tips on how to make it better.' Said one of the canteen volunteers.

And finally, someone who definitely puts in a lot of effort and time to making this carnival great is Mick Blair; Mick is one of the many people that help to set up the beach for this carnival. "It takes a lot of time and organisation to get this carnival ready with having to ask for permission for machines and tents to be on the beach and needing to apply for licenses. Then there is the preparation of the beach and getting companies to supply equipment, then rosters need to be worked out so that there are still work force around while the carnival is on" He said.

These are just a few of the people and roles involved in putting together a successful North Australian Carnival, without these and many other volunteers there would be no carnival so we take this opportunity to say a big THANK YOU to each and every one of you.



Zoe Breitreutz.





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Congratulations to our junior march past team on winning bronze at this year's North Aussies. Whilst the suits didn't give the u/12 relay team any super powers, they certainly look spectacular on our march past team



Congratulations to our senior and junior teams who competed for Mackay Surf lifesaving Club in the recent Corporate Triathlon. Our senior team finished 12<sup>th</sup> overall, ahead of our junior team who finished in 43<sup>rd</sup> spot. Think the juniors may still owe our senior team breakfast!





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**CHARITY GOLF DAY**  
Friday 14<sup>th</sup> December 2012

Mackay Surf Life Saving Club is fundraising for  
Mackay's Jupiter Summer Surf Girl  
**STARLEIGH BLACKMAN**

**COST: \$250 per team (4 ppl)**  
**WHERE: Mackay Golf Course**  
(Mackay-Brantham Road)  
**Registration: 11:00 - 11:45am**  
**Ten off: 12pm (stroke-play)**

**PRIZES TO BE WON**  
**WINNING CART AVAILABLE FOR PRIZE**  
**Lunch Included & Nibbles after game**  
**Golf & Clubs available for sale**  
**From Monday 24th until**

If you are interested in registering a team  
Please phone: 0448 874 812  
or Email [mackaysurfgirl@hotmail.com](mailto:mackaysurfgirl@hotmail.com)



**Mackay Surf Life Saving Club**  
**Christmas Hamper Raffle**  
**Drawn at the Christmas Party**  
**8<sup>th</sup> December**  
**Please drop off non-perishable goods**  
**to the canteen on 2<sup>nd</sup> - 8<sup>th</sup> Dec**







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### Introducing your Junior Club Captain

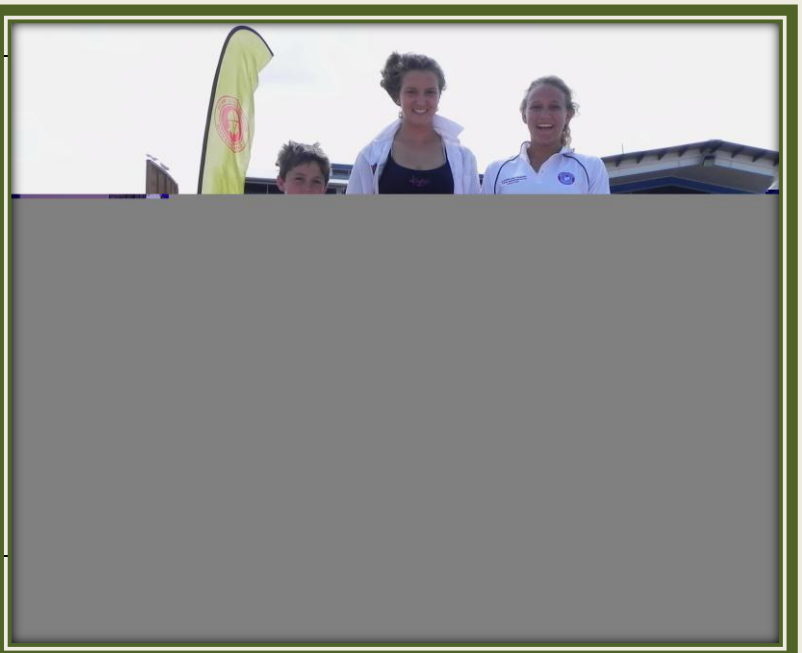


I am really pleased to be your female club captain for 2012. I have been involved in Nippers since 2008 when I joined the Mackay Surf Lifesaving Club in the under 10s. I was brand new to surf club then and was a little nervous to be swimming in the ocean around the buoys which seemed so far out (they don't seem to be getting any closer either!). Little by little I gained confidence and learnt how to paddle a board, swim in the surf, do flags and beach relays. I started competing at

carnivals and realised how much fun it was. Surf club is great because there are so many different events and ways that you can be involved. There are water events, beach events, water safety and rescue, fundraising, first aid, patrols, and volunteering for club events. In fact there is something for everyone. I enjoy competing for my club even though I don't usually win. I encourage all club Nippers to do the same and especially to have a go at everything they can - you won't know what you are capable of unless you try. This year will be my last one competing in junior State Titles (sad). However I intend to keep up my involvement with the surf club and compete for many more years- maybe even when I'm in Masters.

Clara Friswell

Congratulations to our QLD Country Representatives Maegan Cass and Zoe Breitreutz and team reserves Jordan Chapman, Isobel Crothers-Stomps, Claudia Finney and Jack Hargrave.





# Between the Flags – Mackay SLSC Between the Flags

*Proudly brought to you my Mackay Juniors (YIPS)*



Team Mackay, it's time to come together again and show off our talents. Nominations are now open for Mackay's u/8s to Masters Branch Carnival, to be held at Harbour Beach December 8<sup>th</sup>.

And afterwards

Mackay's Gender Bender Christmas Party

Mackay Surf Club

December 8<sup>th</sup> from 5.30pm

BBQ Dinner

DJ and dance floor

Bring along your tent and camp the night

\$15 p/head or \$55 a family

Please RSVP to Hannah 0409728089