

The Importance of Parents

Parents play a critical role in children's sport. They are the lift to games and training, the uniform washer and most importantly the bank. But parents can sometimes not just be a positive influence on their child but quite often they are the opposite.... It is important that parents consider why their children want to play sport and also why they want their children to play sport. Parents should want to see their children play well and have fun.

What's Winning all About?

Sport for all children provides a solid base for later life. Attitudes and skills involving physical well-being, the ability to interrelate and rely on others, to train for improvement and learning to accept both winning and losing are all part of our everyday adult life. These aspects are developed in children's sporting activities.

Your responsibilities as an adult involved in children's sport relies on you knowing that there is more to this game than just scoring points. Kids sport needs adults to make it work. If you are a genuine, concerned adult don't pass up the opportunity to get involved. Apart from anything else, children and sport make great entertainment.

What you teach them as children will stay with them as they grow up, so teach them well.



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BUILDING BETTER **BASKETBALL**

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The Importance of POSITIVE Parents

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Parents & Aussie Hoops

There are more children playing sport, who just want to enjoy the fun of playing the game, than there are participants simply wanting to win. For the sake of all children playing sport, adults need to think clearly about winning and losing and put it in to perspective.

Aussie Hoops encapsulated the idea of non-pressure sport, thus giving the ultimate environment for children to learn and grow. At this level of participation the encouragement and support of parents is vital.

Remember to always consider;

- Competitions must have winners and losers
- Wining scoreboards are great, but did your child win in any other ways?
- Winning is watching children laugh, learn and grow.
- Regardless of the game result, encourage kids to always keep trying
- Even the best players make mistakes, learn form them.
- **Winning in sport includes: scoreboard results, friendship, teamwork, skill development and fun.**

On Game Day

The friendly cheering and rivalry that goes with sport can be great fun, but you need to know when to draw the line. Children love to hear encouraging words of support, but there is a difference between support and abuse. Your advice and encouragement is vitally important to your children.

Always remember:

- Children have egos too – build those egos, don't tear them apart, let them learn from your example.
- Acknowledge the good efforts of the children playing against your child.
- Find out more about the game. Learn the rules.
- Encourage them to enjoy their game
- Encourage them to accept results and learn from their mistakes; also teach them by accepting results and setting high standards of behaviour yourself.
- Be proud and encourage them when they try their best
- Encourage them by letting them see your pride in **their good efforts is more important than winning or losing**