

Your questions answered

What will I be doing?

As a community coach you will be delivering sport or other structured physical activity sessions to primary school children in the after-school timeslot during the school term.

What sort of activities could I deliver?

We are seeking enthusiastic and motivated community coaches who can conduct game-based activity sessions in not only traditional sports such as netball, hockey and rugby league, but also non-traditional activities such as dancing, frisbee and martial arts. The possibilities for getting kids active are endless!

Do I need any qualifications or experience?

You will need to demonstrate sufficient knowledge and/or experience within the activity you wish to deliver and a desire to have fun helping kids get active. Our Community Coach Training Program will show you the rest.



What do current community coaches think of the AASC program?

'On the basis of children being involved in the AASC program, there has been an increase in numbers in the local netball team. This has impacted on player availability, team flexibility, skill ranges and social networking for both children and coaches.'
(Community coach, South Australia)

'I have greater knowledge and understanding of working with children of all ages.'
(Community coach, Victoria)

'The number of students attending our martial arts classes for 3-12 year olds have tripled, perhaps even quadrupled in the past 12 months. These numbers are growing steadily and the business is looking at expanding in 2012.' (Community coach, New South Wales)

'The program has created a greater awareness of my club and sport with both parents and children. It has helped to establish links and relationships between my club and school.'
(Community coach, Victoria)

'The AASC Community Coach Training Program helped to improve my planning, organisation, communication and coaching techniques.' (Community coach, Queensland)

'[I] have been able to pass on skills to children who had no idea how to play the sport.'
(Community coach, Western Australia)

For further information visit ausport.gov.au/aasc or contact your local AASC regional coordinator.

Information current as of January 2012.

SP 32818



Australian Government
Australian Sports Commission

Active After-school Communities

Helping kids and communities get active



Help kids get active!



ausport.gov.au/aasc

Be part of a national program
that gets kids moving!

Around Australia, 190 000 kids
have been jumping, throwing,
catching, running, dancing,
swimming, cycling, climbing, kicking,
rowing, skiing, somersaulting ...

... thanks to the Australian
Government's Active After-school
Communities program.

You can be part of this program by becoming
a community coach at your local school or
after-school care centre.

The Australian Government's Active After-school
Communities (AASC) program is a national initiative
providing primary school children with a fun, free and
safe introduction to a selection of over 70 sports and
20 other structured physical activities in the after-
school timeslot. The program is run in up to 3270
schools and after-school care centres across Australia.

The AASC program has already trained over 53 000
community coaches who run a huge variety of
activity programs across
the country. These coaches
are students, club coaches,
teachers, parents, brothers,
sisters, retirees, community
members, professional
athletes and volunteers.



What are the benefits of being involved?

- > Payment for coaching (if you have the necessary insurances)
- > Access to a free Australian Sports Commission coaching course — the Community Coach Training Program (equivalent to the National Coaching Accreditation Scheme Beginning Coaching General Principles)
- > Access to excellent resources at all sites, including activity kits and equipment
- > Support and training through your locally based regional coordinator
- > Comprehensive resources, including the AASC program Playing for Life CD-ROM filled with innovative activities and games
- > Opportunities to develop networks and pathways to increase your club membership
- > A fantastic way to volunteer in your local community and/or to complete work experience and student placements



How do I become involved?

Step 1

Contact your local AASC regional coordinator using the details provided on the back of this brochure. Visit the AASC website (ausport.gov.au/aasc) if you would like further information on the AASC program.

Step 2

Your AASC regional coordinator will invite you to their next Community Coach Training Program session and assist you with completing your registration.

Step 3

Attend and complete the Community Coach Training Program course.

Step 4

Your AASC regional coordinator will find you a school or after-school care centre to deliver up to seven weeks (nine weeks in Tasmania) of activity programs within a school term (based on program availability).

Step 5

Get kids active and have fun!

