# Minor Games / Game sense

Presenter: Paul Schwartz

# Ball Handling Drills

* Body wraps around ankles, knees, waist / Figure 8’s through the legs / catch the ball from front to back
* Handball out in front of self and regather
* Back to back body twist the football with a partner
* Pass the ball under the legs and over the head with a partner
* Ball Drops–Partner A holds ball above head or waist and drops the ball for Partner B to catch (hands above head)
* Ball Drops – Partner A and Partner B hold balls side by side at waist level, on go call drop ball and catch partners
* Tap the ball with hand out in front on the move self, partner or lane work
* Throw or Handball the ball up and mark self or partner or lane
* Bouncing the football

**Relay / Tag games**

* Spiders/flys
* Forwards/defender(roosters/hens)
* Ball tag
* Dodgems
* Number the lines

**Fitness Games**

* Knee slaps
* Foot stomps
* Duck fight
* Balance tug (witches hat in middle)

**Grids**

* Keepings off
* Shepherding
* Tackler
* Criss cross handball
* Making position
* Reactions

**Minor Games**

* Free ball / Matball
* Bombs away
* Circle bombardment
* Bombardment

Space Awareness Games

* 30/30
* Alien Invaders
* Scatter Ball
* Tag Team