# Minor Games / Game sense

Presenter: Paul Schwartz

# Ball Handling Drills

* Body wraps around ankles, knees, waist / Figure 8’s through the legs / catch the ball from front to back
* Handball out in front of self and regather
* Back to back body twist the football with a partner
* Pass the ball under the legs and over the head with a partner
* Ball Drops–Partner A holds ball above head or waist and drops the ball for Partner B to catch (hands above head)
* Ball Drops – Partner A and Partner B hold balls side by side at waist level, on go call drop ball and catch partners
* Tap the ball with hand out in front on the move self, partner or lane work
* Throw or Handball the ball up and mark self or partner or lane
* Bouncing the football

**[](http://images.google.com.au/imgres?imgurl=http://images.brisbanetimes.com.au/2009/09/18/740644/420afl-420x0.jpg&imgrefurl=http://www.brisbanetimes.com.au/sport/st-kilda-survive-scare-from-bulldogs-20090918-fvgo.html&usg=__K6MoDifFG133i-YbXMOuZSesMkY=&h=378&w=420&sz=68&hl=en&start=6&itbs=1&tbnid=SFOAtrHmyDGwMM:&tbnh=113&tbnw=125&prev=/images%3Fq%3Dafl%2Bminor%2Bgames%26hl%3Den%26gbv%3D2%26tbs%3Disch:1)Relay / Tag games**

* Spiders/flys
* Forwards/defender(roosters/hens)
* Ball tag
* Dodgems
* Number the lines

**Fitness Games**

* Knee slaps
* Foot stomps
* Duck fight
* Balance tug (witches hat in middle)

**Grids**

* Keepings off
* Shepherding
* Tackler
* Criss cross handball
* Making position
* Reactions

**Minor Games**

* Free ball / Matball
* Bombs away
* Circle bombardment
* Bombardment

Space Awareness Games

* 30/30
* Alien Invaders
* Scatter Ball
* Tag Team