Quickness, Agility and Speed

Take your basketball game to the next level, Jordan Page said" completing this program took my game to the next level" contact Shaka or Chris for this 4 week intensive, pay for 2 weeks recieve 2 weeks free.

Info: 6th,13th Dec 2011 at Immanuel

1pm, Tue, Thurs, Sat

Contact: 0450 835 962 or

0438310500

Cost: \$240 - Offer ends Nov 18th

Registration: Nov 18th final registraion day.



The Gift of Movement