

Managers to be present at all pre-game and post-game discussions

These important discussions have sometimes been held with just the coach and player(s) present.

Some coaches have recognised the importance of having their manager present at such discussions – particularly if they are held behind closed doors. However, the club requires the manager to be present at any such discussion.

Special Note

In the past a number of coaches have provided additional skills based training for individual players. It will be important for coaches and parents to realise that these are not club sanctioned sessions and would prefer that they did not take place.

However, if they are deemed necessary, we suggest that coaches provide coaching to small groups of 2-3 players and that there is a parent present at each session – perhaps on a rotating basis. This provides a level of protection for all involved.

If you have any queries at all, on member protection, please contact David Durant 0418 825 207.



North Adelaide Basketball Club Junior Club Booklet

(May 2011)



In compiling this booklet, North Adelaide Basketball Club has used information and ideas from similar booklets produced by other sporting clubs. We recognise and appreciate their contribution.

- Club values and objectives.
- Contacts
- Players
 - Age Group and Team Selection
- Training Sessions
- Games
- District Basketball Seasons
- Player Movement between teams
 - Summer Season
 - Winter Season
- Uniforms
- Fees
- Tournaments
 - Melbourne Classic
 - June Long Weekend
 - Local Tournaments
- State Championships
- Under 14's National Championship
- Basketball Pathways
- Club Expectations
 - Players
 - Parents & Supporters
 - Coaches & Managers
- Harassment
- Grievances
- Codes of Behaviour
- Member Protection and North Adelaide Basketball Club Team Protocols

The adoption of this policy means that we have a formal process in place to investigate initial complaints against coaches, parents and players. It is a priority to protect children in our care.

Our procedure in the event that we have any level of complaint levelled against any coach will include an initial assessment by our mandatory reporting team. If there is any element of doubt, we will favour the rights of the child.

Member Protection Protocols in Detail

All coaches must have Basketball SA passes.

Coaches will need to carry these in any stadium.
The club will provide access to a kit, and instructions for its completion.
We expect coaches to complete and lodge the elements of the kit with BSA
The kit also requires a mandatory police check – which is paid for by BSA.

Every team will be required to have a manager

The club requires that each team will appoints a manager by the second week of any basketball season.
The appointment of a manager is seen as one method to protect coaches and players alike.

Any team building function will need to be approved by Junior Operations Group one month before the event

Occasionally, teams want to hold some specific event(s) to for players within a team. Whilst we will not move to deny this opportunity, we do require each event to be approved by the Junior Operations Group (JOG). JOG meets regularly, but can also communicate quickly via email. We do need some time to consider applications – so please contact your co-ordinator sooner, rather than later.

Two approved adults are to be present at any such event, in addition to the coach.

In any submission for team-building events needs to nominate two adults who will be present at the event. Without adults present, no team-building events can take place.

- Encourage players to follow the rules and officials decisions.
- Do not use foul language or harass players, coaches, officials or other spectators.

MEMBER PROTECTION - THE NORTH ADELAIDE BASKETBALL CLUB PROTOCOLS

The North Adelaide Basketball Club is introducing a range of protocols to ensure the safety of children in our care, as well as the protection of our coaching staff and volunteers.

These new protocols include: -

1. All coaches to have Basketball SA passes.
2. Every team will be required to have a manager.
3. Any team building function will need to be approved by Junior Operations Group one month before the event
4. Two approved adults are to be present at any such event, in addition to the coach.
5. Managers to be present at all pre-game and post-game discussions.
6. The establishment of a formal member protection policy
7. Establishing a reporting process for parents and children within the club – via mandatory reporting officers – initially David Durant, who has done Member Protection Training - 0418 825 207.

We will also introduce some guidelines on the transport of juniors within to and from games as we are aware of some coaches being relied upon by parents to get their child to, or from, training sessions and games.

Children are the responsibility of their parents and the rest of the basketball community. They therefore deserve our very best efforts to provide a safe learning environment within the sport.

The safe environment is different to the one we may have grown up in, and we need to accept that change. Part of that change includes the ability to take photographs and videos – as innocent as that may seem.

The club will be appointing four Mandatory Reporting Officers within the club and will also adopt the Australian Sports Commission's Member Protection Policy.

CLUB VALUES AND OBJECTIVES

- North Adelaide Basketball Club (NABC) will endeavour to enhance the long-term development of all our players and coaches to reach their highest potential.
- We will deal with all club personnel with honesty and integrity.
- While the good of the NABC is paramount, the club will endeavour :-
 1. To recognise the worth and the contributions of the individual.
 2. To be at the forefront of club management in order to provide the best Club possible for all its members and players.
 3. To maintain the highest possible standard of excellence on and off the court.
 4. To pursue and attain on court success at all levels and develop players to their personal potential.

CONTACTS

Position	Name	Contact (phone/ email)
Club Secretary	Linda Strudwick	0412 041 678
Junior Operations Group (JOG)		
JOG Chairperson	Peter Stirling	0417 829121
U23 men & U18 boys	Peter Stirling	0417 829121
U23 women, U18 & U16 girls	Barry Mansfield	0438 239 012
U16 boys	Kevin Rock	0401 199 657
U14, U12 & U10 boys	Bob Cecchi	0412 038 125
U14, U12 & U10 girls	John Della-Pia	0403 353 259
Junior Development Manager (JDM)	Jaimi Rock	0433 574 411
JOG Secretary / Admin	Susan Goggins	0422 059 900

PLAYERS

Age Groups and Team Selection

- Junior age groupings for the year are determined by the age a player will be on the 31st of December, eg:- a player who has attained the age of 12 years on or before the 31st December will not be eligible to play in an under 12's competition that year.
- Team members are selected on several criteria including, but not limited to:-
 - Player ability / skill level
 - Personal endeavour / work rate
 - Attendance to training and games
 - Personal attitude
 - Team balance
 - Willingness to listen to and act upon feedback from coaches
 - Ability to work well in a team environment
- Player's performance is continually evaluated across the year and movement within teams is quite usual and desirable so as to place players in the correct team for their development.

TRAINING SESSIONS

- All players are required to be ready to start training at their designated training time. This means arriving at all training sessions at least 15 minutes early.
- Any player who is unable to attend a training session or will be late must inform their coach before the session commences. Coaches prepare training programs in advance. The more notice that you can give the better they can plan the session.
- Players may be required to bring a club reversible training singlet, basketball, skipping rope and water bottle to all trainings.
- If a player is injured they may be required to attend the training session – many skills can still be practiced while stationary and new drills or concepts can still be watched and learnt. For long term injuries please make arrangements with your coach regarding attendance.
- If a player is sick they should not attend training sessions.
- Players must inform their coach of any injuries or ailments that may prevent them from training or impact on their performance before the session commences – it is important that the coach knows so that they can adjust the training session.

- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation of volunteer coaches, officials and administrators. Without them, your child could not participate.

Coaches

- Remember that children participate for pleasure and that winning is only part of the fun.
- Never ridicule or yell at a child for making a mistake or losing.
- Be reasonable in your demands on young players' time, energy and enthusiasm
- Teach your players to follow the rules
- Whenever possible group players to ensure that everyone has a reasonable chance of success.
- Avoid over playing the talented players. The just-average need and deserve reasonable time.
- Ensure equipment and facilities meet safety standards and are appropriate to the age and abilities of the players
- Ensure that all training and fitness drills are appropriate for the age and development of the players
- Develop team respect for the ability of opponent and for the judgement of officials and opposing coaches.
- Follow the advice of the professionals when determining an injured player is ready to recommence training or competition.
- Keep up to date with the latest coaching practices and the principles of growth and development of children.

Spectators

- Remember that children play sport for their enjoyment, not yours.
- Applaud good performance and efforts from each team. Congratulate all participants upon their performance regardless of the game's outcome.
- Respect officials' decisions and teach children to do likewise.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.

- If you are dissatisfied with the result, please speak with the Div 1 coach
- If you are still unhappy please approach the appropriate Age Group Coordinator
- Finally if the issue is not resolved you can contact the JOG Chairperson.

Please remember at all times that the club is run by volunteers who are trying their best to manage many people in an environment that will allow everyone to achieve their full potential.

CODES OF BEHAVIOUR

The North Adelaide Basketball Club Inc will not tolerate any untoward behaviour by any person associated with the Club - be they Coach, Player or Spectator.

Any person who transgresses the accepted codes of behaviour will be called before the Committee. Transgressions may result in suspensions or bans.

Players

- Play by the rules.
- Never argue with an official. If you disagree, have your coach approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they be by your team or the opposition.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- Co-operate with your coach, team mates and opponents. Without them there would be no competition.
- Play for the fun of it, and not just to please parents and coaches.

Parents

- Remember that children play sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example. Applaud good plays by all teams.

- All players must treat training venues with respect, leave them clean and tidy – they must report any damage immediately to their coach.
- Players must follow coach's instructions. (Remember what players put into the training session is what they get out of it. Work hard at all times.)

GAMES

- All players must arrive at the game venue at least 20 minutes prior to the scheduled game time.
- If a player is unable to attend a game, or will be late, they must inform their coach as soon as possible.
- Players must wear club attire when they enter the stadium where they are about to play.
- Division 1 and 2 players in the U12 through to U23 young men's & women's age groups will not have guaranteed court time. Knowledge, effort, ability, attitude and training attendance will determine court time. In all other divisions' reasonable court time across the season will be given. However non-attendance at training, poor attitude, lateness etc. will affect court time.
- A player's attitude has a great impact on the team, it is important that a player is positive at all times. A player is not permitted to argue with the referees at any stage, this will not be tolerated by the club. Players shall always support their team, whether on the court or on the bench, both verbally and through positive body language.
- Players may be expected to complete a cool down and attend the team meeting after the game and before leaving the venue.

DISTRICT BASKETBALL SEASONS

- Basketball is a year round sport split into two junior seasons of competition per year. Starting and finishing times for each season will vary slightly from year to year but basically, Summer season starts in October and concludes in March This season is brief and is mainly to assess a players' position for the upcoming Winter season. It is not unusual for players to be moved a number of times between divisions in the Summer season. Winter season commences almost immediately after the Summer season is concluded and runs to September. This is the major junior basketball season of the year generally consisting of approximately 18 games.

PLAYER MOVEMENT BETWEEN TEAMS

Summer Season

During the Summer grading season, no formal process is needed in order to move players from one team to another. For courtesy, the coach will advise the player involved and his or her parent/s of the move. Several players may be rotated into and out of a team during the grading season in order to have all positions settled ready for the main Winter season.

Winter Season

In order to maintain a consistent approach, whenever the need arises to move a player between divisions within the Winter season the following procedure shall be conducted:-

- The coaches of the two teams involved and the division 1 coach shall discuss the proposed change.
- The division 1 coach shall then advise any proposed change to their relevant JOG Coordinator.
- The players' current coach together with the respective division one coach, shall arrange an appropriate time to inform the player and their parent/s of the decision and the reason it was made. (If the player is moving down to a lower division, this must be done in a positive and constructive manner, emphasising what skills, attitude or behaviour the player needs to work on).
- The player's new coach shall inform the player of when the next training session and game shall be for the new team.

This procedure is not meant to create a bottleneck, or prevent changes from happening. Changes can and will occur at any stage throughout the year. The procedure is to ensure that these decisions are considered carefully and are made consistently.

UNIFORMS

All players are required to have the correct uniform. This consists of a playing top, playing shorts, warm-up top and reversible training singlet. Uniforms are available from the SportsPower Sport Store at The Golden Grove Village shopping centre. The Club runs a second hand uniform shop managed by volunteer Karen Puvogel. Karen can be contacted on 0407 974 647 to make arrangements to purchase.

They have to make decisions every day concerning the welfare of the club, the team and the individual players, and it is not easy. Effective communication is the key between yourself and the coaches.

If you have positive feedback please provide this at any time. If however you have issues that need to be resolved, please follow the appropriate process.

MANAGERS

- Every team requires a manager.
- Team Managers provide the link between Management and the Teams. If you have any questions about the Club please approach your team manager, they may have the answer.
- Team managers do a marvellous job supporting the coach and removing the day to day administrative duties and organisation of the team, thus allowing the coaches to devote all of their time to coaching.
- Duties include organising training venues for midweek trainings, scoring rosters and trips away.
- Please indicate to the coach if you would be interested in helping the team out in this role.
- All managers are supplied with a booklet outlining the roles and responsibilities along with helpful contacts.

HARASSMENT

Harassment, abuse or disclosure of inappropriate information by any club personnel either personally or by means of electronic media such as emails, mobile phones, Facebook, etc will not be tolerated by the club. Any such incident will be referred directly to the police by the club.

GRIEVANCES

If you have an issue with trainings, games or how a team is being run please adhere to the following procedure:

- Do not approach a coach immediately after the game – please wait for the following day to allow tempers to cool. Coaches are instructed not to deal with negative feedback immediately after the game.
- If an issue still exists, approach the coach in the presence of the Manager to discuss the issue

Parents & Supporters

NABC is privileged to be able to work with your son or daughter and we appreciate the enormous personal sacrifices you make so that your son or daughter can be involved in a worthwhile pursuit. Our success would not be possible without your support.

- NABC encourage parents to be vocal supporters, however it is important that you are positive and give general encouragement and support to the TEAM.
- Players need to learn to follow the coaches' directions and to make decisions on their own.
- Please understand that the Coaches and Managers are volunteers who make sacrifices in both time and money to give back to the club and the community. They are doing their best. If you have any issues please follow the grievance procedure listed in this booklet. Management will not discuss issues where this process has not been followed.

COACHES

- Coaching with NABC can be enjoyable and rewarding. Coaches have the most important job in the club. They must be a positive role model for the players. Their players' actions will generally mirror the leadership they provide.
- They must be firm but fair when dealing with players. Player actions which are contrary to the interests of others, the team or the club will not be tolerated.
- Enjoy the experience. It is most rewarding to be able to work closely with a committed group of players, parents and supporters
- The club thanks them for the commitment they make.
- NABC provides funding for LEVEL 0 and 1 Coaching courses to enable coaches to develop their knowledge of the game.
- If you are able to help out and are interested in volunteering as a coach, please contact the Junior Organising Group

NABC has a great group of successful and qualified junior coaches. Their commitment of time and effort is balanced by the rewards of success, personal friendship and the opportunity to work with some fine young people. Please be supportive of them.

FEES

The Club levies a playing subscription on all players for each season. These fees go towards club expenses such as training court hire and Basketball SA (BSA) nomination / registration fees – the club could not run without them. Door fees at the various stadiums go to BSA and not the club. Players will receive an invoice for subscriptions early in each season and are required to pay them by the due date. Any player who has then not paid their fees will not be permitted to play until they become financial. In the case of financial hardship a graduated payment scheme is available. Please contact the Treasurer or Secretary to organise a graduated payment scheme. Fees can be paid at the Hillcrest canteen, if you plan to pay by credit card please note that a surcharge is levied on credit card payments to cover the cost of the credit facility.

TOURNAMENTS

- The NABC will support and encourage the participation of their teams in tournaments. In some cases participation in particular tournaments is compulsory. In other cases, the decision to participate is made by the coach in consultation with the relevant Junior Organising Group (JOG) age coordinator. To nominate for a tournament, teams shall obtain approval from JOG.
- The North Adelaide Basketball Club communications officer will advise all coaches and managers of upcoming carnivals as they arise.
- It is strongly recommended that travelling teams have a minimum of eight players and must be accompanied by a club-appointed coach, a team manager and at least two other parents.
- Players competing in these tournaments must be in club uniform which includes playing uniform with an alternative top, a warm-up top and a tracksuit.

Melbourne Classic

The Melbourne Classic is held in Melbourne (MSAC for Under 12s and Under 14s, Dandenong for Under 16s and Under 18s), and is one of the most prestigious club-based tournament in Australia. Invitations are granted to SA Division 1 teams based on their performance in the State Championships. Generally, the top four SA teams are invited to the Classic. Teams that do not qualify for the Classic are granted automatic entry to the Nunawading tournament. It is compulsory for all Division 1 players in Under 12s through to Under 18s to make themselves available for these tournaments.

June Long Weekend

All teams are encouraged to enter a tournament in the June Long Weekend. Nunawading and Ballarat are appropriate for Div 2 and 3 teams. Mildura is appropriate for div 3 and 4 teams.

Local Tournaments

There are a number of local tournaments throughout the year. Teams are encouraged to participate in these tournaments.

STATE CHAMPIONSHIPS

This tournament is held in May in Adelaide. It is compulsory for all Division 1 and 2 teams in Under 12s to Under 18s.

UNDER 14 NATIONAL CLUB CHAMPIONSHIPS

The Under 14 National Club Championships is the only truly national club tournament in Australia. Invitations are granted to Division 1 SA teams based on their performance in the State Championships. Generally, the top two SA teams are invited to the National Club Championships. It is compulsory for all Under 14 Division 1 players to make themselves available for this tournament.

BASKETBALL PATHWAYS

Advanced Training.

Junior players who show above average potential may be invited to attend the various talent identification activities run by Basketball South Australia (BSA) and the South Australian Sports Institute (SASI).

Camps are run through school holidays for Under 12, 14 and 16's and are open to players in division 1 and 2 teams. There are two camps for each age group – a "Talent ID" camp, and a "Development" camp. Clubs are invited to allocate a certain number of players to the "Talent ID" camp based on the performance of their division 1 team in the previous season. These invitations are distributed to the best players in the division 1 team. The remainder of the division 1 players and all division 2 players are invited to the "Development" camp. Both of these camps are a great opportunity for players to receive coaching from some of the best coaches in the state.

Players are selected in SASI squads based on their performance at Under 12, 14 and 16 BSA Talent Identification camps.

SASI runs a program in which elite basketball players in Under 16s and 18s participate in weekly training sessions throughout the year. In this program, players receive detailed individual feedback on fundamentals and are provided with the opportunity to train with some of the best players their age in the state. They also attend information sessions on topics such as diet, nutrition, fitness and psychology, and are provided with a weights program and free access to the SASI gym. The SASI basketball program is one of many, Basketball Australia "Intensive Training Centres" (ITC) around Australia. The main purpose of the ITC program is to develop players who may be capable of competing at a state or national level.

At Under 16 level and Under 18 level, teams are selected to represent SA Metro and SA Country at National Championships. Trials for these teams are generally held in February, and are advertised on the club notice board.

CLUB EXPECTATIONS

Players

Recommended actions for Coaches in the following circumstances:

- Technical Foul
 - On receiving a technical foul the offending player is to be subbed off the court.
 - The coach then decides whether the player can continue play in that game depending on the severity of the action.
 - Repeat breaches must be referred to the Age Group Coordinator for possible further action. Severity of penalties will increase for each breach.
- Poor Sportsmanship
 - On viewing behaviour the coach deems to be of poor sportsmanship, the coach has the option to sub the offending player off the court and let them sit out the remainder of the game.
 - Subsequent breaches must be referred to the Age Group Coordinator for possible further action. Severity of penalties will increase for each breach.
- Umpiring Decisions
 - Players are not permitted to criticise, discuss, query, or ask for an interpretation of umpiring decisions at any time. Breaches may be reported to the Age Group Coordinator for possible further action. Severity of penalties will increase for each breach.