



Penrith Australian Football Club

"IGA Rams – The Thundering Herd"



2011 Player Information Book





BACKGROUND

The Penrith Australian Football Club was formed in 1981. The club has contested seven First Grade and two Reserve Grade grand finals in Sydney football, winning two premierships (1989 and 1991), as well as winning U/18 flags in 2001, 2002 and last year's 2010 flag.

The senior club currently comprises of First Grade, Reserve Grade and U/18 teams. The First & Reserve Grade teams compete in the Sydney AFL Division Two and Four competitions, whilst the U/18's team competes in the Sydney AFL Premier Cup.

The Rams play their home games at Greygums Oval, Greygums Road, Cranebrook.

SPONSORS

The Rams are pleased to announce that IGA Signature will continue as Platinum Sponsors of the Rams again in 2011. The deal, which is by far the largest in the history of the club, has been supplemented by the announcements that IceBreak Ice Coffee and Goulburn Valley have also teamed up with the club again this year. The club have also secured the continued support of the Red Cow Inn for 2011, which will continue to host our after match functions.





2011 COACHING PANEL

Geoff Payne (First Grade)

Geoff takes over the senior team after a distinguished career in junior and youth football in the local region. An astute tactician, Geoff has been involved in various premierships including last year's Under 18's win and believes in working on the basics. Despite stepping up a division there are very high hopes for the team this year in what promises to be an exciting season

Craig Sharp (First Grade)

Last year's premiership winning 18's coach steps up to first grade this season after two years in coaching roles with the youth side. Prior to that, he had great success with the Emu Plains/Glenmore Park Lions. A "No-Nonsense" style of coaching will be the order of the day.

Kevin Tate (Reserve Grade)

After two years of coaching at senior level, Kevin has taken on the role as Reserve Grade coach. Kev took the Under 18's to a prelim final berth in 2009 before mentoring the first grade side to last year's grand final. This year he will be taking the Reserve Grade team to greater heights with some help from assistant coaches Nathan White, Mick Bottrill and Mark Jackson

Rob Murie (Under 18's Premier Cup)

Rob returns to the Rams where he played his senior football with excellent credentials being a TPP coach with the Pioneers and heads the Hills Sports High AFL programme. He will be assisted by Rams life members Michael Walker and David Nolan. All three coaches have Level 2 accreditation.



PLAYING VENUES

PENRITH

Greygums Oval Greygums Road, Cranebrook

Auburn Tigers *Mona Park, Cnr Mona Rd and Chisholm St AUBURN*

Balmain Dockers *Drummoyne Oval Bayswater St, Drummoyne*

Blacktown Olympic Park *Eastern Rd, ROOTY HILL*

Camden Cats *Fairfax Reserve, Sir Warwick Fairfax Drive, HARRINGTON PARK*

Campbelltown Blues *Monarch Oval, Park Rd, MACQUARIE FIELDS*

East Coast Eagles *Bruce Purser Res cnr Commercial & Withers Rds, KELLYVILLE*

Holroyd-Parramatta Goannas *Gipps Rd Oval Gipps Rd, GREYSTANES*

Macquarie Uni Warriors *Roger Sheeran Oval Talavera Rd, MACQUARIE PARK*

Manly-Warringah Wolves *Weldon Oval Stirgess Ave, CURL CURL*

Maroubra Saints AFC *Pioneers Park, Anzac Pde, MALABAR*

Moorebank Sports Magpies *Rosedale Oval Stroud St, WARWICK FARM*

North Shore Bombers *Gore Hill Oval, Pacific Highway, ST LEONARDS*

Nor-West Jets *Bensons Lane Res Bensons Lane, RICHMOND*

Pennant Hills Demons *Mike Kenny Oval Greenway Park, CHERRYWOOD (From June 2011)*

Southern Power *Gwawley Park cnr Box & Taren Pt Rds, CARINGBAH*

St George Olds *Park, Forest Rd, PEAKHURST*

UNSW/ES Bulldogs *Village Green Barker St, KENSINGTON*

UTS Bats *Trumper Park Glenmore Rd, PADDINGTON*

Western Suburbs Magpies *Picken Oval, Hampden Rd, CROYDEN PARK*

Wollongong Lions *North Dalton Park Pioneer Rd Towradgi (Nth Wollongong)*



WEBSITE

The Rams have their own website where you can find all the information on what's happening around the club, including match reports on each week's game. You can find it at the new address of:

www.penrithrams.com.au

Please take the time to check in as we will update things as regularly as possible.

JUNIORS

The **AFL Sydney West Juniors** is the junior association based in the greater western suburbs of Sydney.

The AFL Sydney West Juniors was initially formed in 2000 as the Penrith Valley Junior Football Association and later became the Greater Western Football Association.

The competition consists of clubs representing Penrith (Swans), Emu Plains/Glenmore Park (Lions), Hawkesbury (Saints), Blue Mountains (Kangaroos), St Clair (Crows), Quakers Hill (Bombers), Winston Hills (Lions), and Rooty Hill (Power). The AFL Sydney West Juniors caters for Auskick right through to U/16's.

As a club we are very aware that our future success depends on the continued growth and development of this competition, and our ability to attract players to our club once they leave the U/16's age group. We are committed to providing any assistance we can to these junior clubs, and ask that you try and get along to a junior ground at some stage with your club shirt on to help show that we as a senior club are interested in what is going on with the Rams of the future.



CODE OF CONDUCT

The Code of Conduct is in place so that each and every member of the Penrith Australian Football Club (both playing and non-playing) is fully aware of his/her responsibilities when representing the club. This covers conduct at all Penrith and representative matches on and off the field, as well as while representing the club in public.

The type of behaviour which is not welcome at this club includes, but is not limited to:

- Swearing and unruly behaviour in front of patrons or spectators
- Being disruptive to others
- Lack of consideration for the general public (especially women & children)
- Any illegal activities
- Theft of, or damage to, club property (including taking club guernseys)
- Fighting amongst club members
- Actions detrimental to the club's relationship with its sponsors
- Any other behaviour deemed to adversely reflect on the club

The Board reserves the right to determine whether or not a player is deemed to have breached this Code and to apply an appropriate penalty, after due consideration of all the circumstances.

The Rams have made a tremendous effort to lift its profile in the local community. While you are a representative of the club, your actions reflect not only upon yourself but the club as a whole. The ramifications of poor behaviour on the part of club members are therefore enormous, whilst responsible behaviour can benefit the club in many ways.

This is especially important with the large number of junior players that are now starting to come through the local competition. We must create an environment where young players and their parents are happy to be involved, and this in turn helps spread goodwill for the Rams amongst the local football community.

The Code is not intended as a restriction on players enjoying their time at the club, rather it is in place to define the type of behaviour which is required from club members. It is expected and hoped that the Code will only ever have to be in place in writing only, never having to be acted upon by the club.

Please read this Code of Conduct carefully. If there are any aspects which you do not understand, please contact a Board member.



CLUB & CONTACT INFORMATION

Penrith Rams comprises of a five person board and an eight person advisory committee with a vast array of experience in both football and business administration.

Board

Kevin Tate – Chairman	Ph: 0407 222 414	kevin@penrithrams.com.au
Michael Haynes – Administration	Ph: 0410 685 761	michael@penrithrams.com.au
Greg Corless – Senior Football Operations	Ph: 0412 579 061	greg@penrithrams.com.au
Geoff Payne – Planning & Development	Ph: 0434 073 583	geoff@penrithrams.com.au
David Nolan – Youth Football (Under 18's)	Ph: 0438 220 555	david@penrithrams.com.au

Advisory Committee

Barry King-Smith – Finance	Ph: 0425 210 378	barry@penrithrams.com.au
Scott Duffus		
Paul Crisfield		
Fred Kinnaird		
Murry Reinhard		
Adam West		
Craig Sharp		
Michael Walker		

Coaches & Managers

First Grade

Geoff Payne – Head Coach	Ph: 0434 073 583	geoff@penrithrams.com.au
Craig Sharp – Coach	Ph: 0431 592 194	craig@penrithrams.com.au
Barry King-Smith – Manager	Ph: 0425 210 378	barry@penrithrams.com.au

Reserve Grade

Kevin Tate – Head Coach	Ph: 0407 222 414	kevin@penrithrams.com.au
Michael Bottrill – Assistant Coach	Ph: 0403 669 700	bottrimd@tpg.com.au
Nathan White - Assistant Coach	Ph: 0400 678 720	nathan.white5@defence.gov.au
Mark Jackson – Assistant Coach	Ph: 0428 354 763	jack32mar@police.nsw.gov.au
Scott Duffus – Manager	Ph: 0439 383 387	scottandjene@optusnet.com.au

Under 18's

Rob Murie – Head Coach	Ph: 0411 133 919	robertmurie@optusnet.com.au
David Nolan – Assistant Coach	Ph: 0438 220 555	david@penrithrams.com.au
Michael Walker – Assistant Coach	Ph: 0408 640 747	michael.walker1@bigpond.com
Rob Swarbrick – Manager	Ph: 0419 416 550	swarbrickclan@aapt.net.au



GENERAL INFORMATION

TRAINING

Seniors - Tuesday and Thursday evenings from 6.30 pm

U/18's – Tuesday and Thursday between 6.00pm and 7.30pm

All at Greygums Oval unless otherwise notified

TEAM SELECTION

All teams will be selected and announced after training on Thursday nights at around 8.30pm. It is also posted on the club website on Friday. If you are unable to get to training, please let your respective coach know by Thursday evening at the latest on your availability for the weekend's game. This courtesy will make selecting the teams a whole lot easier for the coaching staff.

MATCH DAYS

Players are encouraged to arrive early and stay afterwards to support the other teams and help out a bit where possible. **Please be reminded that it is compulsory that club uniform be worn to all matches.** This comprises of the club polo shirt, club jacket, black trousers and black shoes. The club are also providing players with sports bags this year. Match start times will vary given the new competition restructure. Please consult the draw in this handbook or contact your coach if you are still unsure.

It is especially asked that as many people as possible get down early to support the U/18's in their games. These guys are the future of the club, and it is important that we all support each other as one unit. It would also be great if the U/18's could hang around and support the senior sides, even if you're not backing up in one of those teams on the day.



SOCIAL

The club will hold a number of social functions throughout the year, culminating in the Michael Walker Medal night at years end. Please get behind these functions as best you can, as they help provide vital funds to the club, as well as fostering club spirit. Further details will be provided on the website as well as being advertised throughout the club.

CANTEEN/VOLUNTEERS

As always the club is in need of people to help out in areas such as goal/boundary umpiring, running water and canteen duty. Please make an effort to help out in one of these areas.

The canteen is one of our major revenue raisers, so it is vitally important that everyone chips in and does their bit to help so that the workload is spread. Karen Ponton has kindly agreed to run the canteen this season and she would certainly appreciate anyone willing to give her a hand, even for just 30 minutes. It's not fair that the work falls on the same few people, so please do your bit to help out over the course of the year.

CLUB MEMBERSHIP

Membership fees for this year are as follows:

- Senior Players New- \$250
- Senior Players Existing - \$220
- U/18's New - \$190
- U/18's Existing - \$170

All players (new and existing) receive shorts, socks, training top, sports bag, use of jersey and 2011 gym membership. New players receive in addition a polo shirt and club jacket. (Existing players can also purchase these if required) It also helps cover the cost of other expenses such as medical, umpires, footballs, match day physio and affiliation fees which in 2011 will total over \$30,000.

Our fees continue to be amongst the lowest in Sydney football, and the Board have worked hard to add considerable value for your money this year, so please support us by paying your money as soon as possible. Please also note that those who haven't paid their fees or made arrangements in order to do so with Greg Corless by Round 1 will not be selected to play. Please don't let your club mates down and get your money in.



PLAYER SPONSORS

The club also has a Player Sponsor category for 2011. For \$250 you will have your registration fees covered, and your sponsor will be given publicity around the club and on our website. If you know of anyone who may be interested in becoming involved, please see a Board member who will be happy to discuss this with you further.

CLUB SONG

(Tune: Road to Gundagai)

*We're the Rams, we're the Rams,
We're the mighty Penrith Rams,
And we are football through and through.*

*And when it comes September,
We want you to remember,
The Rams will be there too.*

*We play with guts and courage,
And fight 'til the end,
And until the final siren -
All we know is to win.*

*Come on one, Come on all,
See the greatest team of all,
We are the mighty Penrith Rams !!!*



DRAW – 1st Grade (Div 2)

RD	Date	Opponent	Venue	Home/Away	LocalTime
1	Saturday, Apr 02	Moorebank	Greygums Oval	Home	2:10 PM
2	Saturday, Apr 09	Sydney University	St Pauls Oval	Away	2:10 PM
3	Saturday, Apr 16	Manly Warringah	Greygums Oval	Home	2:10 PM
4	Saturday, Apr 30	St George	Olds Park	Away	12:00 PM
5	Sunday, May 07	Balmain	Drummoyne Oval	Away	12:00 PM
6	Saturday, May14	Holroyd Parramatta	Greygums Oval	Home	2:10 PM
7	Saturday, May21	Auburn	Greygums Oval	Home	2:10 PM
8	Saturday, May28	Manly Warringah	Weldon Oval	Away	12:00 PM
9	Saturday, Jun 04	Nor West	Greygums Oval	Home	2:10 PM
10	Saturday, Jun 18	Holroyd Parramatta	Gipps Road	Away	2:30 PM
11	Saturday, Jun 25	Moorebank	Rosedale Oval	Away	3:30 PM
12	Saturday, Jul 02	Balmain	Greygums Oval	Home	2:10 PM
13	Saturday, Jul 09	Camden	Greygums Oval	Home	2:10 PM
14	Saturday, Jul 16	Nor West	Bensons Lane	Away	2:10 PM
15	Saturday, Jul 23	Auburn	Mona Park	Away	2:10 PM
16	Saturday, Jul 30	Sydney University	Greygums Oval	Home	2:10 PM
17	Saturday, Aug06	St George	Greygums Oval	Home	2:10 PM
18	Saturday, Aug13	Camden	Harrington Park	Away	2:10 PM

DRAW – Reserve Grade (Div 4)

RD	Date	Opponent	Venue	Home/Away	LocalTime
1	Saturday, Apr 02	Moorebank Sports	Greygums Oval	Home	12:00 PM
2	Saturday, Apr 09	UNSW/ES	Greygums Oval	Home	12:00 PM
3	Saturday, Apr 16	Manly Warringah	Greygums Oval	Home	12:00 PM
4	Saturday, Apr 30	Saints afc	Pioneer Park	Away	2:10 PM
5	Saturday, May07	Macquarie University	University Oval	Away	2:30 PM
6	Saturday, May14	Holroyd Parramatta	Greygums Oval	Home	12:00 PM
7	Saturday, May21	Auburn	Greygums Oval	Home	12:00 PM
8	Saturday, May28	Manly Warringah	Weldon Oval	Away	10:00 AM
9	Saturday, Jun 04	Nor West	Greygums Oval	Home	12:00 PM
10	Saturday, Jun 18	Holroyd Parramatta	Gipps Rd	Away	12:30 PM
11	Saturday, Jun 25	Moorebank	Rosedale Oval	Away	1:30 PM
12	Saturday, Jul 02	UTS	Greygums Oval	Home	12:00 PM
13	Saturday, Jul 09	Saints afc	Greygums Oval	Home	12:00 PM
14	Saturday, Jul 16	Nor West	Bensons Lane	Away	12:00 PM
15	Saturday, Jul 23	Auburn	Mona Park	Away	12:00 PM
16	Saturday, Jul 30	Macquarie University	Greygums Oval	Home	12:00 PM
17	Sunday, Aug 07	UTS	Trumper Park	Away	12:00 PM
18	Saturday, Aug13	UNSW/ES	Village Green	Away	12:00 PM

DRAW – Under 18's Premier Cup

RD	Date	Opponent	Venue	Home/Away	Time
1	Saturday, Apr 02	Pennant Hills	University Oval	Away	2:30 PM
2	Saturday, Apr 09	North Shore	Greygums Oval	Home	10:00 AM
3	Saturday, Apr 16	UNSW/ES	Greygums Oval	Home	10:00 AM
4	Saturday, Apr 30	St George	Olds Park	Away	10:00 AM
5	Sunday, May 07	Sydney University	Alan Davidson Oval	Away	1:00 PM
6	Saturday, May14	Riverview	Greygums Oval	Home	10:00 AM
7	Saturday, May21	Wollongong	Greygums Oval	Home	10:00 AM
8	Saturday, May28	North Shore	Gore Hill Oval	Away	10:00 AM
9	Saturday, Jun 04	Western Suburbs	Greygums Oval	Home	10:00 AM
10	Saturday, Jun 18	East Coast Eagles	Bruce Purser Reserve	Away	12:00 PM
11	Saturday, Jun 25	Sydney University	Greygums Oval	Home	10:00 AM
12	Saturday, Jul 02	Wollongong	North Dalton Park	Away	10:00 AM
13	Saturday, Jul 09	Pennant Hills	Greygums Oval	Home	10:00 AM
14	Saturday, Jul 16	Western Suburbs	Picken Oval	Away	10:00 AM
15	Saturday, Jul 30	UNSW/ES	Village Green	Away	10:00 AM
16	Saturday, Aug06	St George	Greygums Oval	Home	12:00 PM
17	Saturday, Aug13	East Coast Eagles	Greygums Oval	Home	10:00 AM
18	Saturday, Aug20	Riverview	Riverview	Away	10:00 AM



