



Hallam
Senior College
Sports Academy

Australian Rules Football Academy Girls' Program

The Hallam Senior College Sports Academy offers students a unique Australian Rules Football Development Program that provides specialisation in conditioning, training and playing whilst simultaneously providing career pathways connected to the Australian Rules Football Industry.

Aims

- ✓ Recognise high performance conditioning, skill training and playing as an integral educational tool and implement it as part of the student's study
- ✓ Develop advanced skills, knowledge and understanding of Australian Rules Football
- ✓ Allow students to participate in competency based learning that will contribute to their ENTER score
- ✓ Promote and enhance self discipline, goal setting, time management and leadership through team participation and team experiences
- ✓ To increase the employability skills of students connected to the Sport & Recreation industry.

The program is accessible to Year 10, 11 and Year 12 students from Hallam Senior College.

Weekly Program Includes

Rehabilitation, strength & conditioning and/or physiotherapy, skills practice and match play, community links & structured workplace learning.

Playing Opportunities

The 1st XVIII participate in the following competitions:

- ✓ VSSSA Knockout Competition
- ✓ Interstate Sporting Exchanges

Coach



Brett Alexander
Head Coach

- Bachelor of Education (Physical Education)
- AFL - NCAS Level 2
- 2009 Bonbeach FC Assistant Coach
- 2008 Sth Eastern U/18 Youth Girls Interleague Assistant Coach
- 06-08 Hallam U/18 Youth Girls Assistant Coach
- 2000 ROC Football Club Assistant Coach
- 95-99 Dandenong Stingrays Fitness Coach

Sports Academy Scholarships

The Hallam Senior College Sports Academy offers Sports Scholarships on a year by year basis to successful applicants. Sports scholarships cover all associated costs within the Sports Academy. For more information and application forms, please contact the College or visit: www.hallamssc.vic.edu.au

VSSSA

State Premiers
2010

VSSSA

State Semi-finalists
2008, 2009

Victorian

Representatives

Ellie Blackburn
Kristy Borg
Lauren Chalkley
Danielle Hardiman
Chantelle Hawkins
Alicia Heins
Bianca Jakobsson
Ripley McLachlan
Kirsten McLeod
Chloe McMillian



Recreate Physiotherapy
448 Centre Rd
Bewick Victoria 3806
phone: 03 9702 6800



Hallam Senior College
Linking Learning and Life

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