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| Date |  |  |  |  |
| 21/03/2011 | Academy Session | Introduction | Role of the Coach  Coaching Philosophy  Injury Prevention and Management  Fitness for Football  Umpiring | This session will be two and a half hours indoors |
|  |  | 1 hour | 30 minutes indoors | 30 minutes indoors |
| 18/04/2011 | Academy Session | On Ground | Effective Coaching of Youth Players | Talent Identification |
| 02/05/2011 | Academy Session | On Ground | Planning and the training session | Mat Session: Coaches’ scenarios |
| 06/06/2011 | Academy Session | On Ground | Communication Skills | Mat Session: Coaches’ scenarios |
| 20/06/2011 | Academy Session | On Ground | Effective Kicking | Mat Session: Coaches’ scenarios |
| 18/07/2011 | Academy Session | On Ground | Game Sense | Mat Session: Coaches’ scenarios |
| 10/10/2011 | Academy Session | On Ground | Team Play and Tactics | Mat Session: Coaches’ scenarios |
| 28/11/2011 | Academy Session | On Ground | Skills and Drills | Mat Session: Coaches’ scenarios |

All members of the Academy program will be required to submit a written statement of their coaching philosophy, to keep a training diary (to facilitate mat sessions), to submit a training plan, including game sense drills.