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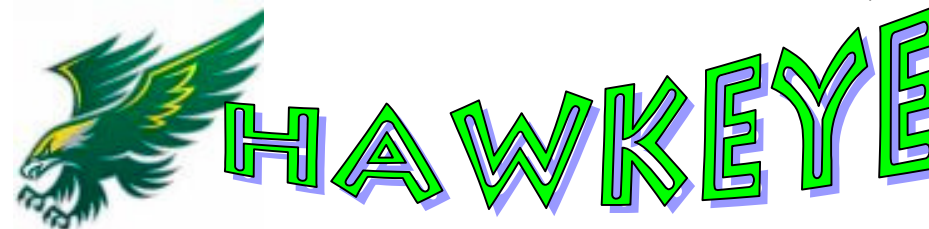
The Goondiwindi Hawks would like to acknowledge and thank our very generous sponsors for their continued support of our juniors and seniors.

- Hawks Sponsors -

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Articles for Hawkeye

You can email articles, player profiles etc. to the Editor at rthomas1@vtown.com.au



Newsletter of Goondiwindi Hawks AFL

Two rounds have now been played for both juniors and seniors. This week we host the University Cougars in U12s and U14s, as well as seniors, and we look forward to some great contests today.

There will be no Under 16 match today. There are only 6 x Under 16 teams in the AFLDDJ competition this season – Goondiwindi, Tmba East, Souths, Dalby, Lockyer, Coolaroo.

Unfortunately, Ben Herde's season is over before it really started. Ben suffered a season-ending knee injury in the Rd 1 match against the Tigers and won't take to the field again.

Tyson Haigel and Lachlan Tulloch head off to Rockhampton next week as part of the AFLDDJ Under 16 representative team, which will compete with the

Congratulations to Michael Langton on his outstanding performance with the Toowoomba Crows U18s in their first match last Sunday. From all reports, it was an outstanding match and Mickers played an exception role in that game...well done, mate.



The Club is calling for more volunteers to help out during home games, as well as on game day. Our Club is only as strong as our volunteers, and OUR KIDS (big & small) NEED YOUR HELP. Please offer your assistance – NO EXPERIENCE NECESSARY – just a willingness to help out. Our current volunteers do a huge job – they cannot do it alone.

Have a great day at the footy!

TODAY'S MATCHES – ROUND 3:

Seniors:

Goondiwindi	Vs.	University	Riddles Oval, Gwindi
Souths	Vs.	Tmba Tigers	Harristown Park, Tba
Coolaroo	Vs	Warwick	Gold Park, Tmba
Highfields	Vs	Dalby	Kratzke Oval, Hfields
Lockyer	BYE		

Juniors:

Goondiwindi	Vs.	Uni Cougars	Riddles Oval, Gwindi
Souths	Vs.	Tmba East	Harristown Park, Tba
Coolaroo	Vs	Warwick	Gold Park, Tmba
Highfields	Vs	Dalby	Kratzke Oval, Hfields
Pittworth	BYE	Lockyer	Bridgeman Oval, Psth

PLEASE CONSIDER.....

WE NEED YOUR HELP, especially on match day.

We are seeking your assistance, just a little bit of your time is all that's needed. Our coaching staff need help, as well as our canteen staff. All our volunteers work tirelessly in order to provide a positive environment for our kids and their footy!

- Canteen helpers
- Team Water carriers
- Fill up water bottles
- Team Runners
- Ground marshall
- Scoreboard attendants



Our Club will NOT tolerate abusive language and behaviour by players, coaches, managers, parents and supporters, especially towards the umpires and/or officials and opposition players. Please note that this IS a reportable offence and the Umpires will be keeping a close watch on this. Remember that the boundary umpires are young AFL players, so please be understanding and tolerant – they are still learning.

SPOTLIGHT ON SPONSORS....

GUNSYND BAKERY & CAFE

Debbie Ash, along with her husband, Dave, are Hawks Life Members and own GUNSYND CAFE. Debbie & Dave's sons have all played with the Hawks and are long time supporters of this Club. Their ongoing and continued support to the Club is always welcome and greatly appreciated.

Every time you eat our pies, sausage rolls, hot dogs or steak sandwiches you can be thankful for the support of "Gunsynd Café". Call Debbie with your catering needs.....

Gunsynd Bakery and Café
Marshall Street,
GOONDIWINDI QLD 4390
Ph: (07) 4671 1189

Proudly sponsoring the Goondiwindi Hawks

.....GOOD LUCK, BOYS....

TYSON HAIGEL AND LACHIE TULLOCH are heading off to Rockhampton next week to compete in the Qld Country U16 AFL Championships. Everyone at the Club wishes you both all the very best,. Play well, play fair, give it your best shot. Most of all play as part of a team - do yourselves, your families and your Club proud - we know you will!

A LITTLE HUMOUR...

A man asked his wife what she'd like for her birthday. "I'd love to be eight again." she replied. On the morning of her birthday, he arose early, made her a nice big bowl of Coco Pops, and then took her off to the local theme park. What a day! He put her on every ride in the park: the Death Slide, the Wall of Fear, the Screaming Monster Roller Coaster, every thing there was.

Five hours later she staggered out of the theme park. Her head was reeling and her stomach felt upside down. Right away, they journeyed to a McDonald's where her loving husband ordered her a Happy Meal with extra fries and a refreshing chocolate shake. Then it was off to the movies: the latest Star Wars epic, a hot dog, popcorn, all the Coke she could drink, and her favourite lollies and M & M's.

What a fabulous adventure. Finally she wobbled home with her husband and collapsed into bed exhausted. He leaned over his precious wife with a big smile and lovingly asked, "Well, Dear, what was it like being eight again?" Her eyes slowly opened and her expression suddenly changed. "I meant my dress size, you twit!"

The moral of the story - Even when a man is listening, he's gonna get it wrong."

RAPID RECOVERY – AFTER GAME

The following foods and fluids are good choices for post-game recovery:-

- ❖ Water, Sports Drinks, Liquid Nutrition Supplements
- ❖ Fresh Fruit, Sandwiches, Low Fat Muffins
- ❖ Fruit Bread, Grain and Fruit based bars

Nutrition intake is essential for optimal recovery. Food and fruit is best consumed as soon as possible after exercise – intake should begin within 15-30 minutes.

AFLDDJ U12 LADDER – after Rd 2

	TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
1	Tmba East	2	2	0	0	0	0	272	23	1182.61	8
2	Highfields	2	2	0	0	0	0	238	33	721.21	8
3	Coolaroo	2	2	0	0	0	0	223	74	301.35	8
4	Dalby	2	1	0	0	0	1	147	0	0.00	8
5	Souths	2	1	1	0	0	0	100	91	109.89	4
6	Warwick	2	1	1	0	0	0	125	144	86.81	4
7	University Juniors	2	0	2	0	0	0	100	244	40.98	0
8	Goondiwindi	2	0	2	0	0	0	20	236	8.47	0
9	Lockyer Valley	2	0	2	0	0	0	15	276	5.43	0
10	Pittsworth	2	0	2	0	0	0	6	125	4.80	0

ROUND 2 MATCH REPORT

Souths vs Hawks

After leading at half time and providing a scare for Souths Bombers, the Goondiwindi Hawks dropped their game with scoreless third quarter. This lapse by the Hawks opened the gates for a Bombers' fightback, propelling them back into the winners circle with a 9 goal second half performance and a 39 point win.

Souths, keen to avenge their humiliating loss to Coolaroo in Round 1, grabbed first advantage in the opening minutes of the match. Yet, minutes later the Hawks fought back levelling the score; both teams playing solid team football.

Goondiwindi had more possession of the ball in the dying minutes of the first quarter, kicking two quick goals set up by some brilliant team play created by centre/ruckman, Dave O'Toole whilst Andy Thomas, created plenty of run on the wing. The Hawks going into the first break with an unexpected lead.

Play was fairly even from both sides in the second quarter, with possession changing hands regularly; both teams fighting for the ball. Goondiwindi going into the long break with a slender 5 point lead.

It was a reinvigorated Souths side, who took to the field in the premiership quarter with plenty of run and team play kicking 5 goals and not allowing the Hawks to convert in front of goal. Try as they might, the Hawks could not counteract the Bombers' play and ran out of legs during this term.

The final quarter was a more even contest with some outstanding play by Dave O'Toole, who stood tall kicking 3 goals for the Hawks, well supported by some courageous play by Cam Thomas in the backline. Great leadership by Daryl Martin, whose experience and direction in the backline, was outstanding.

Although the Goondiwindi Hawks side is a relatively young side, there is plenty of experience and skill amongst the players as well. The team showed plenty of determination during this match in taking the game up to the Bombers. They will continue to improve and play four quarters of football; a win is just around the corner.

Final Scores:

Teams	1 st Qtr	2 nd Qtr	3 rd Qtr	Final
South Toowoomba	3.4 (22)	5.9 (39)	9.11 (65)	14.7 (101)
Goondiwindi Hawks	5.2 (32)	7.2 (44)	7.2 (44)	10.2 (62)

Goondiwindi Goalkickers: Dave O'Toole 5, Michael Lynn 1, Mick Langton 1, Joel Drier 1, Matt Brown 1, Cam Thomas 1

Goondiwindi Best: : Dave O'Toole, Daryl Martin, Cam Thomas, Andy Thomas

OTHER SENIOR PRE-MATCH REVIEWS...RD 3

Souths Bombers vs Toowoomba Tigers

This will be a very interesting match. Tigers have won both of their matches so far this season, whilst the Bombers have 1 loss/1 win ratio. Souths appear to have lost a few of their 2009 team, but gained a few new players whilst former Bomber, Tom Zilm has returned to the fold. Souths appear to have a few kinks in their armour.

However, on the other side of the ledger, Tigers appear to be going from strength to strength and welcoming new and old players into their 2010 lineup. They appear to have a good blend of youth and experience. There is certainly no love lost between the two teams but the winner of the match will need to play 4 full quarters and put in a 100% effort to secure the win. Make no mistake, it will be a hotly contested match.



Coolaroo Roos vs Warwick Redbacks

Coolaroo are the front runners, even at this early stage of the season. They have played and won both their matches. Coolaroo have an extended playing list, they will be hard to beat. Warwick had a Rd 1 bye followed by a solid win against the newly formed Highfields Lions and they will be keen to prove that they can continue improving from their 2009 season.

These teams have a history, so you can guarantee it will be a physical encounter.

Highfields Lions vs Dalby Swans

With Highfields new to the AFLDD competition, they have a very experienced coach in Bert Cherry. Bert has coached the Coolaroo seniors, as well as the Darling Downs U16s, so he has a wealth of experience. With the Chimes brothers back in the AFLDD saddle, together with the youth from the Toowoomba Crows, the Lions will continue to improve.

Dalby have also had 1 win (Lockyer) and 1 Bye, so they will be looking to test their skills against another newcomer. Dalby has plenty of young blokes with their U16s moving into the senior ranks, so they can only improve from there.

LOCKYER have the BYE this week.

RD 4 MATCHES:

Warwick vs Goondiwindi	Slake Park, Warwick
Dalby vs Coolaroo	Dalby Swans Oval, Dalby
Lockyer vs Highfields	Gatton Showgrounds
Tmba East vs Pittsworth	Rockville Oval, Tor St, Tmba
Tmba Tigers (snrs) – BYE	
University vs Souths	USQ Oval, Tmba



Junior Match Reports Hawks vs Souths

UNDER 12's

The Under 12's have improved a lot since the first game - their courage has really lifted and they are getting in there when it come to tackling and going for the ball. The kids are also doing what is asked of them. Even though we are the smallest and youngest team in the league the kids are having a ball playing the game.

UNDER 14's

The team work amongst the Under 14's is really starting to come together and not far off their first win. The boys really took it up to the Stingers in Rd 1 and battled hard last week against Souths.

Matt North who was one of our missing players had been selected for the Western Taipans skills day on Saturday and a big good luck to him.

UNDER 16's

Even though we are down on numbers from last year the Under 16's had a red hot go last week and never gave up. They kept fighting until the final siren. A Big thanks to the Under 14's who had to double up (as they do every weekend) to fill the positions for the Under 16's - they played a good game even though they were knocked up from the previous game.

AFLDDJ U16 LADDER – after Rd 2

	TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
1	East	2	2	0	0	0	0	180	11	1636.36	8
2	Coolaroo	2	2	0	0	0	0	135	121	111.57	8
3	Dalby	2	1	1	0	0	0	262	84	311.90	4
4	Souths	2	1	1	0	0	0	260	101	257.43	4
5	Goondiwindi	2	0	2	0	0	0	47	340	13.82	0
6	Lockyer Valley	2	0	2	0	0	0	14	241	5.81	0

This week's Hawks' Recognition go to Craig Naismith & Tania Sheahan for the huge amount of volunteer work that they do each & every weekend. THANKS.....



GARFIELD ON THE OIL CRISIS.....

A lot of folks can't understand how we came to have an oil shortage here in Australia Well, there's a very simple answer.



Nobody bothered to check the oil
We just didn't know we were getting low
The reason for that is purely geographical,

Our oil is located in
Bass Strait
East Queensland Shale Fields
Canning Basin
Perth Basin, and
North-West Continental Shelf

Our DIPSTICKS are located in
Canberra!

Any questions, I didn't think so?

GOONDIWINDI JUNIORS – ROUND 2 RESULTS

*Under 12s: Souths 11.6 (72) def. Hawks 1.6 (12)

*Under 14s: Souths 14.6 (90) def. Hawks 4.6 (30)

*Under 16s: Souths 17.2 (104) def. Hawks 7.2 (44)

* NB: Mercy rule invoked when one team reaches a 60pt lead

Clothing Range...

Don't forget that our Junior Registrar, Nettie, is chasing orders for the Goondiwindi Hawks clothing range for both adults & kids. Don't forget to order & pay soon...eg: Polo shirts, Jackets, Track Pants, Polar Fleece, Caps, Bucket Hats & Bags.....



PRE-MATCH REVIEW Goondiwindi Hawks vs. Univ Cougars



University has 1 win/1 loss ratio, whilst the Hawks have had 2 straight losses. In Round 1, Uni beat newcomers, Highfields, by over 100 points and last week the Cougars tested the Roos but in the end were beaten by 58 points. On the other side of the ledger, the Hawks were beaten by Tigers by 59 pts in Rd 1 and 39pts by the Bombers last week, after leading at half time.

Uni are a well-seasoned team with strength, youth and experience across the field. They have an experienced forward line, ruck and centre combination and backline. They will be out to record their second win.

Goondiwindi are rebuilding and have plenty of youth and determination on their side, as well as a few seasoned players. If they can put four quarters together, they could come away with a win – the team has proved they have what it takes to win matches this season. Their determination to win can never be questioned and they have the players to do it, especially the ones returning from injury.

Should be a great match – closer than you might think!

AFLDD/J SCORECARD

	1 st Qtr	2 nd Qtr	3 rd Qtr	4 th Qtr
HAWKS	/	/	/	/
	1 st Qtr	2 nd Qtr	3 rd Qtr	4 th Qtr
UNI	/	/	/	/

AFLDD ROUND 2 RESULTS

- ❑ Coolaroo 20.9 (129) def. University 11.5 (71)
- ❑ Tmba Tigers 30.22 (202) def. Lockyer 3.3 (21)
- ❑ Warwick 23.14 (152) def. Highfields 9.9 (63)
- ❑ Dalby - BYE

HAWKS PLAYER PROFILES

JEREMY LEAHY

Nickname: Jezza
Age: 24
Position: On the field (doesn't like the sideline!)
Fav. Jersey No: #5
Loves: Country music, Essendon Bombers, his Mum's lamb roast, a pie with his old man
Fav. Pastime: Watching footy from the couch
AFL Idol: James Hird (Essendon #5)
AFL History: Played junior AFL with the Hawks, playing first senior game with Hawks B team as a 14yr old, then played Hawks A Grade as 15yr old. Elected Hawks Captain in 2009 by his team mates.
Rep Footy: DD U12s, DDU14s, DDU15s, DDU16s
Other Footy: Senior AFLDD rep team 2006 & 2008
Comments: Great team player. Likes to play fair and is a run and carry type of footballer who loves to push forward and kick a goal. Usually dobs a freakish goal or two from tight angles. Last year was made captain by his team mates and would love to see Gundy have a crack at finals soon. Very passionate about his footy and last weeks miss due to injury would be the first game that he has missed in years. Spends all summer waiting for the footy season to kick off

AFLDD SENIOR LADDERS – after Rd 2

	TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
1	Toowoomba Tigers	2	2	0	0	0	0	357	118	302.54	8
2	Coolaroo	2	2	0	0	0	0	258	97	265.98	8
3	Dalby	2	1	0	0	1	0	179	31	577.42	4
4	Warwick	2	1	0	0	1	0	152	63	241.27	4
5	University	2	1	1	0	0	0	227	183	124.04	4
6	Souths	2	1	1	0	0	0	127	191	66.49	4
7	Goondiwindi	2	0	2	0	0	0	159	256	62.11	0
8	Highfields	2	0	2	0	0	0	117	308	37.99	0
9	Lockyer Valley	2	0	2	0	0	0	52	381	13.65	0

AFLDDJ U14 LADDER – after Rd 2

	TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
1	Dalby	2	1	0	0	0	1	200	11	1818.18	8
2	Souths	2	2	0	0	0	0	209	44	475.00	8
3	Warwick	2	1	0	0	1	0	184	13	1415.38	4
4	University Juniors	2	1	0	0	1	0	173	19	910.53	4
5	Tmba East	2	1	0	0	1	0	80	55	145.45	4
6	Goondiwindi	2	0	2	0	0	0	85	200	42.50	0
7	Coolaroo	2	0	2	0	0	0	33	262	12.60	0
8	Pittsworth	2	0	2	0	0	0	24	384	6.25	0

TO SETTLE A DISCUSSION...SOME HAWKS' HISTORY

In 1999, the Goondiwindi Hawks grabbed their 6th A Grade AFL Darling Downs premiership flag when they defeated the Toowoomba Tigers.

Final Score: Hawks 16.18 (114) def. Tigers 4.6 (30)

SKILLS – SHEPHERDING

Helping a team mate

The aim of a shepherd is for a player to block the approach of an opponent to stop him making contact with the player's teammate.

A shepherd is achieved by using the arms and body to form a barrier to protect a teammate. The fingers are outstretched with the arms spread below shoulder level.

An opponent can be legally shepherded by placing the body between the player and the ball, as long as the ball is not more than five metres away. Bend your knees and be strong but do not hold or grab your opponent.

A shepherd can also be used when contesting an overhead mark. The player shepherding must communicate clearly with his teammate, telling him he is all clear to mark.